Beth Shalom of Whittier

Conservative Progressive Judaism

August 2024 Tamuz - Av 5784



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Everyone is Welcome

Hazzan's Notes

Dear Friends,

This month of August includes the most difficult time of our Jewish liturgical year—the black fast of Tisha B'Av (the 9th of Av). This dusk to dusk fast (like Yom Kippur) commemorates all the horrible atrocities that have befallen our people in the many centuries of our existence. We are a people who remembers!

We remind ourselves of the fall of our temples in Jerusalem. We remind ourselves of the massacres in England, France, and Germany among other places in the Middle Ages. We remind ourselves of the pogroms of the 19th century in Eastern Europe and the holocaust of the 20th century. And....now we will mourn what happened to those who perished on Sh'mini Atzeret-Simhat Torah in 2023 in Israel.

We contemplate and read the scroll of *Eicha* (Lamentations) as well to remind us of what Jeremiah saw poetically during the destruction of the first temple firsthand. It is brutal and gut wrenching and gives us understanding of the suffering our people endured as they were first taken into captivity again for the first time since their exodus from Egypt.

Be sure to be at services on August 9th whether in person or virtually to hear more of our observance of this important milestone in our liturgical year.

Hazzan Lance H. Tapper, Hon DMus

From our President

Hello Everyone,

Where did July go? I somehow managed to be out of town three of the four weeks of the month. I was on a cruise for one week and on a trip through Switzerland for two weeks. My grandson Joey came to Switzerland with me and we had a great time. The Alps and scenery in general was beautiful. We saw the Matterhorn. Joey took a gondola to the top and to an ice cave but I passed on that one. We both took the cog wheel train to the top of Mt. Pilatus and the gondola down from there. We went to Zurich, Bern, and Lucerne as well as Lakes Geneva, Lucerne and Zurich. We ate chocolate at the Lindt factory, saw a couple of castles and went to the tiny country of Liechtenstein. We also went into some of Italy and to the area where the author of Heidi got her inspiration for and wrote the story. It was a definite "bucket list" trip.

I hope you are all doing well in the July heat and drinking plenty of water. Beth Shalom is doing well and starting to get ready for the High Holidays. As usual, we didn't plan many extra activities for July and August because of so many people going on vacations.

Shalom,

Lila

Donations

Myra Becker - in appreciation of Mi Shebeirach prayers for Kole Prosku & Edith Binke

Yahrzeit Donations

Remembered by	Beloved Departed	Relationship
Michelle Hess	Benjamin Steinhauer	Uncle
	Dora Sandler	Aunt
Myra Becker	Irving Ninberg	Uncle
	Morris Beckelman	Grandfather
	Ida Ninberg	Aunt
	Daniel B Beck, MD	Father

FAST DAYS

In addition to Yom Kipper there are five more fast which Jews throughout the world observe. One of these fast days "Tannit Esther" we have already discussed during Purim. In this article I will study the other four.

Our history records that Jews were always devoted to the land of Israel. When they were exiled from their homeland they took an oath never to forget it. They vowed that they would remember Jerusalem even on the happiest of occasions. This is expressed in a meaningful way in Psalm 107:

"By the waters of Babylon we sat down and wept when we remembered Zion...How shall we sing the Lords song in a foreign land? If I forget you, O Jerusalem, let me forget my right hand! May my tongue cleave to the roof of my mouth if I not remember you, if I do not set Jerusalem above my highest joy."

The allegiance, which the Jews swore to the land of Israel together with the prophecies that they would eventually return to it, gave them courage that they would exist as a nation despite the fact that they were scattered throughout the world. The fast days have served the Jews as reminders of the land that once belonged to them and are again part of the nation that will rebuild the Temple.

In our joy as well as our sorrow we look to the rebuilding of our Temple in Jerusalem. It will shine forth as a spiritual light that will be admired by all the nations of the world.

"For out of Zion shall go forth the Law", said the prophet Isaiah, "and the word of the Lord from Jerusalem." Our tradition tells us our fast days will change from days of sorrow to days of joy and celebration.

<u>The fast of the ninth of Av</u> The most important of the four fast days is "Tisha B'av" which commemorates the destruction of both the Temples. This means a complete fast just like Yom Kippur, 24 hours from evening to evening.

<u>Kinos</u> On the night of Tisha B'av special services are held in the synagogue. The curtain is removed from the Holy Ark as a sign of mourning. Many congregants remove their shoes as a sign of mourning, or wear soft-soled shoes. The "Ma'ariv" service is recited in a soft mournful chant. After the service many people act on the floor and put themselves in a mood of lamentations that are to be recited. These are called in Hebrew, "Ninos"; they are said in a tearful tone.

<u>Services</u> In the morning "Shacharis" is said in the usual weekday mode. Since the "Tallis" and "Tephillin" are considered adornments, we do not wear them during the "Shacharis" service on "Tisha B'av", a day of major mourning. The Torah is taken from the ark in the "Shacharis" service and three people are called up for honors. The third person or "Hazzan" also recites the "Haftorah" for "Tisha B'av", which is chanted in a mournful tone. The Torah is then returned to the ark and special lamentations are again recited.

During "Mincha" the Tallis and Tephillin are put on and the benedictions for them is recited. The Torah is then taken again and read. The "Haftorah" that is recited on all other fast days is chanted. If "Tisha B'av" occurs on a Sabbath, it is postponed to Sunday.

<u>Fast of Gedaliah</u> After the destruction of the first Temple by Nebuchadnezzar, the King of Babylonia (now Ariq) the Jews were governed by a man named Gedaliah ben Achikam who was appointed by Nebuchadnezzar. On the third day of the Hebrew month of "Tishrei" Gedaliah was killed by murder of a cleverly instigated plan by the ammonites king, Baalis, for certain military reasons. This meant more disaster for the Jews, for Nebuchadnezzar exiled them to Babylonia.

Ever since that day, the third of Tishrei has been regarded as a day of sorrow. The fast of Gadaliah is the day following Rosh Hashanah.

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Continued from page 3.

<u>The Fast of the Tenth of Tevet</u> This fast day commemorates the beginning of the siege of Jerusalem by Nebuchadnezzar, king of Babylonia. This siege finally led to the destruction of the first Temple.

The Fast of the 17th of "Tamuz" This date commemorates four sorrowful events in the history of Jews as follows:

- 1. When Moses descended from Mount Sinai with the Tablets that he broke;
- 2. The daily sacrifice in the Temple was abolished;
- 3. Apostomus the wicked, burned the Torah and placed an idol in the Temple;
- 4. The walls of the city of Jerusalem were broken through by the Romans which led to the destruction of the second Temple by Titus in 70 AD.

Three weeks pass from the 17th of Tamuz to the 9th of Av. These days are known as days of mourning. No weddings or other joyous celebrations are held. The last 9 days are especially marked as mournful.

The above three fast days begin as usual the preceding evenings. The actual fasting however, does not begin until the morning. The morning services on these days are the same as the usual weekday morning services.

Sam Pearlman

P.S. During the afternoon service, the Torah is read and a special "Haftorah" is recited. Three people are called to the Torah and in the "Shemoneh Esrei" the prayer "Aneinu" is added.

If any of these fast days occur on a Sabbath, it is postponed to Sunday.

BOOK CLUB NEWS

On Tuesday, August 20th, we are reading "Americanh" by Chimamanda Ngozi Adichie

We are continuing to meet on Zoom.

Everyone is welcome to join in our discussion.

If you have any questions, please call either Michelle or Myra.

Happy Reading Everyone.





BETH SHALOM OF WHITTIER PRESENTS



Join your Beth Shalom friends and family for an afternoon at the theatre!

Saturday, September 21, 2024 **★** 2:00 p.m.

La Mirada Theatre for the Performing Arts 14900 La Mirada Boulevard, La Mirada 90638

There are a limited number of tickets, reserve yours today by calling or emailing the Temple office.

Tickets are free for MEMBERS ONLY plus one guest.

We do not have any extra tickets for sale.

Tickets can be picked up at the office during regular office hours.

Let the office know if you need transportation.

bswoffice@verizon.net **★** (562) 941-8744

Clergy Schedule

Current policy for Beth Shalom Services: We are open as usual to members, former members and anyone who is known to our Board of Directors. Any major events will require pre-registration and/or tickets. We will continue to have security guards on the premises and reserve the right to inspect any bags or purses. All others may watch on our Facebook page, **Beth Shalom of Whittier.**

August 2--7:30 pm--Rabbi Ken

August 9--7:25 pm Prelude; 7:30 pm Service--Hazzan Lance and Ty

August 16--7:25 pm Prelude; 7:30 pm Service--Hazzan Lance and Aryell Cohen

August 23--7:30 pm--Rabbi Ken

August 30--7:30 pm--Rabbi Ken

Directions for viewing livestream services:

If you are a current Facebook subscriber, you need only to go to our Facebook page, **Beth Shalom of Whittier**, to view these announcements and videos. If you are not a current Facebook subscriber, you need to go to www.facebook.com and sign up with a username and password and then you can access our page at that point.

Candle Lighting Times

August 2 - 7:35

August 9 - 7:28

August 16 - 7:21

August 23 - 7:12

August 30 - 7:03





Beth Shalom of Whittier Birthdays

Delaine Shane August 17
Jordan Eres August 19
Liz Herrera August 20

Anniversaries

Alberto & Liz Herrera - August 20 - 36 years

This is Our Mishpacha

Our Mishpacha is published monthly, on or near the first of the month.

If you want an article or announcement to appear in the next issue, the submission deadline is the 20th of the month prior.

Our Mishpacha is sent on-line to the members of Beth Shalom with computers.

If you wish a printed copy mailed to you, please call the office (562) 941-8744.

Printed copies are also available in our lobby. \$18.00 per year for non-members.

The editor welcomes comments and suggestions. bswoffice@verizon.com

Tribute Cards

To send a Tribute Card in honor or in memory of someone, please contact Michelle Hess with your request @ michelleh3532@gmail.com.

	Yahrzeit	
Observed By	Dear Departed	Relationship
Mark Singer	Shirley Singer	Mother
Michelle Hess	Dora Sandler	Aunt
Susan Lieberman	Nat Arnold	Father
Mariam Brookfield	Werner Brookfield	Brother-in-Law
	Howard Brookfield	Husband
Jay Weinschenker	Evelyn Weinschenker	Mother
Dorothy A Wiener	Leonard Wiener	Husband
Arlene Norton	Louis Vinetsky	Father
Esther Dobrin	Louis Rosen	Father
Mark Hilliard	Carol Hilliard	Mother

Yahrzeit Observed by Beth Shalom of Whittier **Dear Departed** Abraham Marovitz Frank Herzog William Fritz Edith Goldstein Sate Abrams Sadie Weiss Max Fleischman Jacob Friedman Irving Wemdrousky Minnie Fritz Beatrice Sarkin Dora Friedman Louis Slade Max Segarnick Sarah Jaffe Lillian Lovitch Robert Feder Freda Friedman Walter Popkin Nathan Klasky Jacqueline Herman Francis Winter Mary Levy **Arthur Diamond** Eve Levy John Harber Ida Markovitz Arthur Fishbein

We honor the memory of our loved ones who have departed this earth as we kindle the Yahrzeit candle in remembrance. May their memory endure as an eternal blessing.

Tamuz – Av 5784

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 7:30p Shabbat Service	3 28 Tamuz Parashat Matot / Massei
4	5	6	7	8	9 7:30p Shabbat Service	10 6 Av Parashat Devarim
11	12	13	14	15 7:00p Board Meeting	16 7:30p Shabbat Service	17 13 Av Parashat Vaetchanan
18	19	20 12:30p Book Club	21	22	23 7:30p Shabbat Service	24 20 Av Parashat Ekev
25	26	27	28	29	30 7:30p Shabbat Service	31 27 Av ParashatRe'eh