

**PWCS MIDDLE SCHOOL CENTRAL EASTERN GIRLS
REGIONAL CHAMPIONSHIP**

Dale City, VA

Gar-Field HS

Monday, October 21, 2019



OFFICIAL MEET REPORT

printed: 10/22/2019 9:32 PM

RESULTS

#1 Girls 55 Meters

Pl	Name	Yr	Team	Time	H(Pl)	Pts
1	Asterilla-Anderson, Nyela	JR	Hampton Mid	7.84 (NW)	3(1)	10
2	Jackson, Keeniyah	5	Graham Park	7.98 (NW)	2(1)	8
3	Englert, Emma	6	Benton Middl	8.00 (NW)	3(2)	6
4	Cain, Cayla	5	Rippon Middl	8.06 (NW)	3(3)	5
5	Nickens, Dashanique	8	Saunders Mid	8.07 (NW)	3(4)	4
6	Leath, Soraya	7	Rippon Middl	8.27 (NW)	3(5)	3
7	Reynolds, Reghan	5	Potomac Mid	8.31 (NW)	2(2)	2
8	Zarsah, Cazlyn	7	Potomac Mid	8.34 (NW)	2(3)	1
9	Johnson, Zoe	7	Saunders Mid	8.36 (NW)	1(1)	
9	Blakey, Aiyana	7	Woodbridge	8.36 (NW)	2(4)	
11	McDuffie, Alexis	7	Lake Ridge M	8.37 (NW)	1(2)	
12	Parker, Laylah	JR	Hampton Mid	8.45 (NW)	2(5)	
13	Corbin, Cireyna	7	Fred Lynn Mi	8.50 (NW)	3(6)	
14	Davil, Rediet	7	Fred Lynn Mi	8.53 (NW)	1(3)	
15	Yeboah-Kodie, Elizabeth	6	Benton Middl	8.55 (NW)	3(7)	
16	Kamgang, Denise	7	Graham Park	8.56 (NW)	3(8)	
17	Wilbourn, Kimora	7	Beville Middle	8.64 (NW)	1(4)	
18	Holbrook, Kayla	6	Lake Ridge M	8.71 (NW)	2(6)	
19	McClean, Devyn	5	Beville Middle	8.94 (NW)	1(5)	
20	Lumpkin, Kiyane	5	Woodbridge	9.13 (NW)	1(6)	

#2 Girls 100 Meters

Pl	Name	Yr	Team	Time	H(Pl)	Pts
1	Hudson, Deianna	JR	Hampton Mid	13.24 (NW)	3(1)	10
2	Chambliss, Jada	7	Potomac Mid	13.75 (NW)	3(2)	8
3	Wright, Ke'Shae	7	Rippon Middl	13.77 (NW)	3(3)	6
4	Baker, Aaralyn	7	Beville Middle	13.84 (NW)	3(4)	5
5	Rainey, Keyarah	8	Saunders Mid	13.91 (NW)	2(1)	4
6	Puller, Olivea	6	Potomac Mid	13.96 (NW)	3(5)	3
7	Davis, Maleeha	5	Woodbridge	13.99 (NW)	3(6)	2
8	Langaster, Nadia	6	Benton Middl	14.01 (NW)	2(2)	1
9	Estwick, A'Jahnae	7	Benton Middl	14.17 (NW)	3(7)	
10	Johnson, Ava	8	Saunders Mid	14.27 (NW)	2(3)	
11	Hyman, Jai	5	Rippon Middl	14.41 (NW)	3(8)	
12	Ward, Tatiana	JR	Hampton Mid	14.47 (NW)	1(1)	
13	Vance, Jaelynn	7	Graham Park	14.49 (NW)	1(2)	
14	Crawley-Howell, Asima	5	Graham Park	14.58 (NW)	2(4)	
15	Watkins, Dicia	7	Lake Ridge M	14.66 (NW)	2(5)	
16	Thomas, Aniyah	7	Beville Middle	14.95 (NW)	1(3)	
17	Banks, Aalaysia	5	Fred Lynn Mi	14.98 (NW)	1(4)	
18	Adame, Isabel	7	Lake Ridge M	15.03 (NW)	1(5)	
19	McColum, Erin	6	Fred Lynn Mi	15.28 (NW)	2(6)	
20	Lugaro, Yvelyse	6	Woodbridge	15.54 (NW)	1(6)	

#3 Girls 200 Meters

Pl	Name	Yr	Team	Time	H(Pl)	Pts
1	Germain, Jordann	7	Lake Ridge M	28.23 (NW)	3(1)	10
2	Jackson, Keeniyah	5	Graham Park	28.27 (NW)	3(2)	8
3	Boateng, Amanda	7	Rippon Middl	28.41 (NW)	3(3)	6
4	Rainey, Keyarah	8	Saunders Mid	28.66 (NW)	2(1)	5
5	Baker, Aaralyn	7	Beville Middle	28.71 (NW)	3(4)	4
6	Estwick, A'Jahnae	7	Benton Middl	29.10 (NW)	3(5)	3
7	Puller, Olivea	6	Potomac Mid	29.18 (NW)	2(2)	2
8	Koroma, Mercy	6	Rippon Middl	29.58 (NW)	3(6)	1
9	Nickens, Dashanique	8	Saunders Mid	29.67 (NW)	3(7)	
10	Crawley-Howell, Alejandra	6	Graham Park	29.72 (NW)	2(3)	
11	Davis, Maleeha	5	Woodbridge	30.05 (NW)	3(8)	
12	Williams, Ayauna	7	Potomac Mid	30.11 (NW)	1(1)	
13	Andrew-Thompson, Ariel	6	Benton Middl	30.18 (NW)	2(4)	
14	Corbin, Cireyna	7	Fred Lynn Mi	30.42 (NW)	2(5)	
15	Osafo, Audrey	7	Beville Middle	30.63 (NW)	1(2)	
16	Konadu, Diana	JR	Hampton Mid	31.17 (NW)	1(3)	
17	Fain, Lauren	6	Lake Ridge M	31.29 (NW)	2(6)	
18	Horton, Madison	7	Fred Lynn Mi	32.30 (NW)	1(4)	
19	Boateng, Martina	JR	Hampton Mid	32.79 (NW)	1(5)	
20	Connor, Deja	6	Woodbridge	34.40 (NW)	1(6)	

#4 Girls 400 Meters

Pl	Name	Yr	Team	Time	H(Pl)	Pts
1	Hudson, Deianna	JR	Hampton Mid	1:01.63	3(1)	10
2	Johnson, Cori	8	Saunders Mid	1:05.02	3(2)	8
3	Asterilla-Anderson, Nyela	JR	Hampton Mid	1:05.25	3(3)	6
4	Watkins, Dicia	7	Lake Ridge M	1:06.16	3(4)	5
5	Cook, Destiny	7	Rippon Middl	1:06.60	3(5)	4
6	Cortez, Adrianna	7	Lake Ridge M	1:07.78	2(1)	3
7	Nurse, Madison	6	Potomac Mid	1:07.79	3(6)	2
8	Kamal, Salma	6	Rippon Middl	1:08.58	3(7)	1
9	Shelton, Jasmin	6	Benton Middl	1:09.16	2(2)	
10	Opar, Veronica	7	Fred Lynn Mi	1:10.42	2(3)	
11	Ogo, Marissa	7	Graham Park	1:12.01	1(1)	
12	Konadu, Celeste	5	Graham Park	1:12.17	2(4)	
13	Thrash, Aaliyah	5	Beville Middle	1:12.40	2(5)	
14	Braxton, Tierra	5	Saunders Mid	1:12.71	1(2)	
15	Jennings, Jalisa	5	Beville Middle	1:14.04	2(6)	
16	Gough, Sara	6	Fred Lynn Mi	1:14.35	1(3)	
17	Jones, Reign	5	Benton Middl	1:15.18	2(7)	
18	Johnson, Lily	5	Woodbridge	1:20.48	1(4)	
19	Connor, Deja	6	Woodbridge	1:20.87	1(5)	

#5 Girls 800 Meters

Pl	Name	Yr	Team	Time	H(Pl)	Pts
1	Jones, Psalmn	7	Benton Middl	2:41.71	2(1)	10

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#5 Girls 800 Meters (cont'd)

Pl	Name	Yr	Team	Time	H(Pl)	Pts
2	Banks, Aalaysia	5	Fred Lynn Mi	2:43.73	2(2)	8
3	Harford, Mauli	6	Benton Middl	2:46.10	2(3)	6
4	Bautista, Alexa	JR	Hampton Mid	2:46.74	2(4)	5
5	Mejia-Cruz, Isabella	6	Saunders Mid	2:47.21	2(5)	4
6	Espinoza, Samantha	5	Beville Middle	2:48.26	2(6)	3
7	Nowell, Penny	6	Lake Ridge M	2:48.70	1(1)	2
8	Johnson, Maddie	7	Saunders Mid	2:48.92	2(7)	1
9	Lamont, Kailey	7	Lake Ridge M	2:48.96	2(8)	
10	Carpenter, Kylie	5	Potomac Mid	2:49.96	2(9)	
11	Granados, Amie	JR	Hampton Mid	2:51.51	1(2)	
12	Carter, Rania	6	Rippon Middl	2:54.84	2(10)	
13	Blakey, Aiyana	7	Woodbridge	2:55.64	1(3)	
14	Pili, Andrea	6	Potomac Mid	2:56.58	1(4)	
15	French, Lily	5	Woodbridge	2:58.83	1(5)	
16	Burruss, Mila	6	Rippon Middl	2:59.40	1(6)	
17	Patel, Anjali	7	Graham Park	3:02.59	1(7)	
18	Rsimi, Nour	7	Beville Middle	3:03.70	1(8)	
19	Szapiaczan, Olivia	5	Fred Lynn Mi	3:08.77	1(9)	
20	Homan, Annabelle	7	Graham Park	3:11.75	1(10)	

#6 Girls 1600 Meters

Pl	Name	Yr	Team	Time	H(Pl)	Pts
1	Jones, Psalmn	7	Benton Middl	5:46.50	2(1)	10
2	Lamont, Kailey	7	Lake Ridge M	5:46.71	2(2)	8
3	Bautista, Alexa	JR	Hampton Mid	6:01.01	2(3)	6
4	Johnson, Maddie	7	Saunders Mid	6:06.40	2(4)	5
5	Nowell, Penny	6	Lake Ridge M	6:11.11	2(5)	4
6	Williams, Audrey	6	Benton Middl	6:20.98	2(6)	3
7	French, Lily	5	Woodbridge	6:22.46	2(7)	2
8	Kosmicki, Sophia	6	Saunders Mid	6:25.56	2(8)	1
9	Hall, Breonna	7	Rippon Middl	6:36.98	2(9)	
10	Fielding, Sarah	5	Fred Lynn Mi	6:41.49	1(1)	
11	Patel, Anjali	7	Graham Park	6:43.83	2(10)	
12	McKnight, Emma	5	Beville Middle	6:46.99	1(2)	
13	Rich, Vayda	5	Woodbridge	6:52.42	1(3)	
14	Alvarez, Yazmin	6	Potomac Mid	7:02.80	1(4)	
15	Funes, Lourdes	7	Potomac Mid	7:08.26	1(5)	
16	Moncada, Sheyla	5	Fred Lynn Mi	7:08.44	1(6)	
17	Adair, Madison	6	Graham Park	7:25.79	1(7)	
18	Cruz, Kimberly	SO	Hampton Mid	7:28.06	1(8)	
19	Thomas, Faith	7	Beville Middle	7:35.71	1(9)	

#7 Girls 55m Hurdles

Pl	Name	Yr	Team	Time	H(Pl)	Pts
1	McDuffie, Alexis	7	Lake Ridge M	10.68 (NW)	3(1)	10
2	Williams, Nyla	6	Benton Middl	10.76 (NW)	3(2)	8

#7 Girls 55m Hurdles (cont'd)

Pl	Name	Yr	Team	Time	H(Pl)	Pts
3	Yeboah-Kodie, Elizabeth	6	Benton Middl	10.83 (NW)	3(3)	6
4	Johnson, Ava	8	Saunders Mid	10.90 (NW)	3(4)	5
5	Grant, Taylaur	7	Graham Park	10.91 (NW)	3(5)	4
6	Sharp, Serena	7	Lake Ridge M	10.92 (NW)	2(1)	3
7	Kamara, Kenyeh	7	Graham Park	10.99 (NW)	2(2)	2
8	Blackwell, Madison	8	Woodbridge	11.09 (NW)	3(6)	1
9	Galarza, Alyssa	6	Beville Middle	11.10 (NW)	3(7)	
10	Brown, Claire	7	Saunders Mid	11.15 (NW)	3(8)	
11	Granados, Amie	JR	Hampton Mid	11.17 (NW)	2(3)	
12	Zarsah, Cazlyn	7	Potomac Mid	11.38 (NW)	1(1)	
13	Dancy, Kamiya	9	Hampton Mid	11.39 (NW)	2(4)	
14	Casselle, Alyssa	6	Woodbridge	11.45 (NW)	2(5)	
15	Guzman, Sha'Niya	5	Fred Lynn Mi	11.63 (NW)	1(2)	
16	Shelton, Patience	6	Rippon Middl	11.65 (NW)	1(3)	
17	David, Destinye	6	Fred Lynn Mi	11.75 (NW)	1(4)	
18	Delgarde, Dakota	6	Beville Middle	12.41 (NW)	1(5)	
19	Johnson, Christinia	6	Potomac Mid	12.67 (NW)	1(6)	
20	Semenuk, Breanna	5	Rippon Middl	15.52 (NW)	2(6)	

#8 Girls 4 x 100m Relay

Pl	Team	Time	H(Pl)	Pts
1	Saunders Middle School (A)	54.98	2(1)	10
	1) Kubegah, Jessinta 7			
	2) Nickens, Dashanique 8			
	3) Rainey, Keyarah 8			
	4) Johnson, Zoe 7			
2	Rippon Middle School (A)	55.27	2(2)	8
	1) Wade, Quenn 5			
	2) Hyman, Jai 5			
	3) Leath, Soraya 7			
	4) Wright, Ke'Shae 7			
3	Potomac Middle School (A)	55.87	2(3)	6
	1) Puller, Olivea 6			
	2) Chambliss, Jada 7			
	3) Dooley, Zion 6			
	4) Martin, Jai-yana 7			
4	Benton Middle School (A)	56.10	1(1)	5
	1) Englert, Emma 6			
	2) Yeboah-Kodie, Elizabeth 6			
	3) Shelton, Jasmin 6			
	4) Langaster, Nadia 6			
5	Lake Ridge Middle School (A)	56.64	2(4)	4
	1) Vaile, Javonni 6			
	2) Adame, Isabel 7			
	3) Watkins, Dicia 7			
	4) Germain, Jordann 7			
6	Graham Park Middle School (A)	56.95	2(5)	3
	1) Jackson, Keeniyah 5			
	2) Kamgang, Denise 7			
	3) Vance, Jaelynn 7			
	4) Crawley-Howell, Asima 5			
7	Beville Middle School (A)	58.59	1(2)	2
	1) Thomas, Aniyah 7			
	2) Baker, Aaralyn 7			
	3) Mclean, Devyn 5			
	4) Wilbourn, Kimora 7			
8	Fred Lynn Middle (A)	59.26	1(3)	1
	1) Corbin, Cireyna 7			
	2) Coleman, Mia 7			
	3) Horton, Madison 7			
	4) Banks, Aalaysia 5			

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#8 Girls 4 x 100m Relay (cont'd)

Pl	Team	Time	H(Pl)	Pts
9	Woodbridge Middle School (A)	59.82	1(4)	
	1) Veracruz, Cadence 7		2) Mensah, Kendal 6	
	3) Lugaro, Yvelyse 6		4) Davis, Maleeha 5	
	Hampton Middle School (A)	DQ	2	
	1) Konadu, Diana JR		2) Hudson, Deianna JR	
	3) Parker, Laylah JR		4) Asterilla-Anderson, Nyela JR	

#9 Girls 4 x 200m Relay

Pl	Team	Time	H(Pl)	Pts
1	Rippon Middle School (A)	1:55.70	2(1)	10
	1) Koroma, Mercy 6		2) Nyinaku, Anabel 7	
	3) Cain, Cayla 5		4) Boateng, Amanda 7	
2	Saunders Middle School (A)	1:57.23	2(2)	8
	1) Fuentes, Layla 7		2) Johnson, Ava 8	
	3) Jackson, Kenzie 6		4) Alvarado, Ashley 8	
3	Benton Middle School (A)	1:57.74	2(3)	6
	1) Bryant, Isabella 7		2) Andrew-Thompson, Ariel 6	
	3) Young, Jaelyn 7		4) Estwick, A'Jahnae 7	
4	Potomac Middle School (A)	2:02.81	2(4)	5
	1) Williams, Ayauna 7		2) Buie, Shakiya 6	
	3) Zarsah, Cazlyn 7		4) Keels, Jewel 7	
5	Lake Ridge Middle School (A)	2:03.03	1(1)	4
	1) Sharp, Serena 7		2) Chiboub, Jannat 7	
	3) Fain, Lauren 6		4) McDuffie, Alexis 7	
6	Graham Park Middle School (A)	2:04.81	2(5)	3
	1) Obeng, Delasy 6		2) Villegas, Amanda 7	
	3) Grant, Taylaur 7		4) Crawley-Howell, Alejandra 6	
7	Woodbridge Middle School (A)	2:05.32	2(6)	2
	1) Blakey, Aiyana 7		2) Lumpkin, Kiyane 5	
	3) Manley, Samantha 6		4) Augustine, Madison 6	
8	Fred Lynn Middle (A)	2:05.68	1(2)	1
	1) Guzman, Sha'Niya 5		2) King, Margarita 5	
	3) Davil, Rediet 7		4) McCollum, Erin 6	
9	Hampton Middle School (A)	2:06.67	1(3)	
	1) Boateng, Martina JR		2) Ward, Tatiana JR	
	3) Frierson, Bridgette SO		4) Dancy, Kamiya 9	
10	Beville Middle School (A)	2:06.76	1(4)	
	1) Galarza, Alyssa 6		2) Osafo, Audrey 7	
	3) Chapman, Alyssa 5		4) Ackah, Michelle 7	

#10 Girls 4 x 400m Relay

Pl	Team	Time	H(Pl)	Pts
1	Rippon Middle School (A)	4:36.20	2(1)	10
	1) Hyman, Jai 5		2) Smith, Nya 6	
	3) Cain, Cayla 5		4) Byrd, Ruquyyah 7	

#10 Girls 4 x 400m Relay (cont'd)

Pl	Team	Time	H(Pl)	Pts
2	Benton Middle School (A)	4:40.15	2(2)	8
	1) Dias, Natalia 7		2) Griese, Natalia 7	
	3) Langaster, Nadia 6		4) Bryant, Isabella 7	
3	Potomac Middle School (A)	4:40.32	2(3)	6
	1) Chambliss, Jada 7		2) Nurse, Madison 6	
	3) Thomas, Laila 6		4) Dooley, Zion 6	
4	Saunders Middle School (A)	4:48.18	1(1)	5
	1) Johnson, Cori 8		2) Fletcher, Simone 8	
	3) Brown, Claire 7		4) Alvarado, Ashley 8	
5	Lake Ridge Middle School (A)	4:53.81	2(4)	4
	1) Sharp, Serena 7		2) Chiboub, Jannat 7	
	3) Fernandez, Marissa 6		4) Cortez, Adrianna 7	
6	Graham Park Middle School (A)	5:02.66	2(5)	3
	1) Clark, Elon 7		2) Crawley-Howell, Asima 5	
	3) Vance, Jaelynn 7		4) Grant, Taylaur 7	
7	Woodbridge Middle School (A)	5:03.83	2(6)	2
	1) Wright, Jaleah 6		2) Manley, Samantha 6	
	3) Weaver, Grace 6		4) Prescott, Aniya 7	
8	Fred Lynn Middle (A)	5:04.02	1(2)	1
	1) Gough, Sara 6		2) Opar, Veronica 7	
	3) Flores Flores, Monica 7		4) Kamara, Isatou 6	
9	Beville Middle School (A)	5:09.83	1(3)	
	1) Galarza, Alyssa 6		2) Jennings, Jalisa 5	
	3) Smith, Fatima 5		4) Thrash, Aaliyah 5	
10	Hampton Middle School (A)	5:46.83	1(4)	
	1) Ward, Tatiana JR		2) Cruz, Kimberly SO	
	3) Ewing, Deja SO		4) Monzon, Heather JR	

#11 Girls 1600m SMR

Pl	Team	Time	H(Pl)	Pts
1	Rippon Middle School (A)	4:44.13	2(1)	10
	1) Cook, Destiny 7		2) Smith, Nya 6	
	3) Kamal, Salma 6		4) Byrd, Ruquyyah 7	
2	Saunders Middle School (A)	4:50.78	2(2)	8
	1) Kubegah, Jessinta 7		2) Jackson, Kenzie 6	
	3) Fletcher, Simone 8		4) Mejia-Cruz, Isabella 6	
3	Benton Middle School (A)	4:54.43	2(3)	6
	1) Bryant, Isabella 7		2) Andrew-Thompson, Ariel 6	
	3) Handle, Kaitlyn 7		4) Fenster, Nina 7	
4	Lake Ridge Middle School (A)	4:59.25	2(4)	5
	1) Vaile, Javonni 6		2) Germain, Jordann 7	
	3) Cortez, Adrianna 7		4) George, Brooklyn 5	
5	Fred Lynn Middle (A)	5:12.34	2(5)	4
	1) Flores Flores, Monica 7		2) McCollum, Erin 6	
	3) King, Margarita 5		4) King, Maria 7	

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#11 Girls 1600m SMR (cont'd)

Pl	Team	Time	H(Pl)	Pts
6	Beville Middle School (A)	5:14.18	1(1)	3
	1) Osafo, Audrey 7			
	2) Thrash, Aaliyah 5			
	3) Jennings, Jalisa 5			
	4) Espinoza, Samantha 5			
7	Graham Park Middle School (A)	5:15.37	1(2)	2
	1) Conway, Diamond 7			
	2) Obeng, Delasy 6			
	3) Crawley-Howell, Alejandra 6			
	4) Homan, Annabelle 7			
8	Potomac Middle School (A)	5:16.95	2(6)	1
	1) Williams, Ayauna 7			
	2) Buie, Shakiya 6			
	3) Keels, Jewel 7			
	4) Thomas, Laila 6			
9	Hampton Middle School (A)	5:28.04	1(3)	
	1) Alvarez, Ana SO			
	2) Frierson, Bridgette SO			
	3) Delerosa, Pauleen SO			
	4) Del Cid, Gladis JR			
10	Woodbridge Middle School (A)	5:36.36	1(4)	
	1) Veracruz, Cadence 7			
	2) Connor, Deja 6			
	3) Weaver, Grace 6			
	4) AlHamdy, Hannah 7			

#12 Girls High Jump

Pl	Name	Yr	Team	Mark	Pts
1	Hudson, Deianna	JR	Hampton Mid	4' 9"	10
2	Baker, Aaralyn	7	Beville Middle	4' 9"	8
2	Englert, Emma	6	Benton Middl	4' 9"	6
4	Martini, Megan	8	Saunders Mid	4' 9"	5
5	Nickens, Dashanique	8	Saunders Mid	4' 7"	4
6	Fain, Lauren	6	Lake Ridge M4	4'	3
6	Corbin, Cireyna	7	Fred Lynn Mi	4' 4"	2
8	Reynolds, Reghan	5	Potomac Mid	4' 4"	1
9	Handle, Kaitlyn	7	Benton Middl	4' 4"	
10	Grant, Taylaur	7	Graham Park	4' 4"	
11	Galarza, Alyssa	6	Beville Middle	4' 2"	
12	Williams, Ayauna	7	Potomac Mid	4' 0"	
12	Koroma, Mercy	6	Rippon Middl	4' 0"	
14	Crawley-Howell, Alejandra	6	Graham Park	4' 0"	
	Germain, Jordann	7	Lake Ridge MNH		
	Petillo, Mahleah	7	Rippon Middl	NH	

#13 Girls Long Jump

Pl	Name	Yr	Team	Mark	Pts
1	Asterilla-Anderson, Nyela	JR	Hampton Mid	15' 4" (NW)	10
2	Keels, Jewel	7	Potomac Mid	15' 0" (NW)	8
3	Dooley, Zion	6	Potomac Mid	14' 11" (NW)	6
4	Rainey, Keyarah	8	Saunders Mid	14' 4 1/2" (NW)	5
5	Johnson, Ellie	6	Lake Ridge M	14' 0 1/2" (NW)	4
6	Jones, Psalmn	7	Benton Middl	13' 11" (NW)	3
7	Cook, Destiny	7	Rippon Middl	13' 9 1/2" (NW)	2
8	Mitchell, Chloe	6	Lake Ridge M	13' 7 1/2" (NW)	1
9	Villegas, Amanda	7	Graham Park	13' 4 1/2" (NW)	

#13 Girls Long Jump (cont'd)

Pl	Name	Yr	Team	Mark	Pts
9	Kamgang, Denise	7	Graham Park	13' 4 1/2" (NW)	
11	Yeboah-Kodie, Elizabeth	6	Benton Middl	13' 4" (NW)	
12	Cain, Cayla	5	Rippon Middl	13' 3 1/2" (NW)	
13	Porter, Ayanna	6	Woodbridge	12' 11" (NW)	
14	Parker, Laylah	JR	Hampton Mid	12' 8 1/2" (NW)	
15	Thomas, Aniyah	7	Beville Middle	12' 2 1/2" (NW)	
16	Ibekwe, Divine	5	Woodbridge	12' 2" (NW)	
17	Avila-Hernandez, Heather	5	Fred Lynn Mi	11' 9" (NW)	
18	McClean, Devyn	5	Beville Middle	11' 7" (NW)	
19	Garay, Jullisa	7	Fred Lynn Mi	11' 5" (NW)	
20	Kubegah, Jessinta	7	Saunders Mid	10' 9 3/4" (NW)	

#14 Girls Shot Put

Pl	Name	Yr	Team	Mark	Pts
1	Robinette, Allison	6	Benton Middl	28' 4"	10
2	Addei, Bryanna	7	Woodbridge	27' 10 1/4"	8
3	OfoSuMensah, Emmanuella	6	Potomac Mid	27' 6 1/4"	6
4	Wells, Olivia	6	Fred Lynn Mi	26' 6 1/4"	5
5	Jennings, Freniyah	7	Beville Middle	26' 1 1/2"	4
6	Okeoma, Desiree	JR	Hampton Mid	25' 6 1/2"	3
7	Sorto, Alison	7	Rippon Middl	25' 4 1/2"	2
8	Adame, Isabel	7	Lake Ridge M	25' 0 1/2"	1
9	Crawley-Howell, Asima	5	Graham Park	24' 11 1/2"	
10	Fenster, Nina	7	Benton Middl	24' 7 1/2"	
11	Young, Trinity	5	Fred Lynn Mi	24' 0"	
11	Barnes, Riley	7	Saunders Mid	24' 0"	
13	Akindale, Maryam	7	Rippon Middl	23' 11 3/4"	
14	Johnson, Lily	5	Woodbridge	22' 9"	
15	McDuffie, Alexis	7	Lake Ridge M	22' 6 1/2"	
16	Fuentes, Layla	7	Saunders Mid	22' 3 1/2"	
17	Atabong, Nkeza	5	Beville Middle	21' 11 1/2"	
18	Ward, Tatiana	JR	Hampton Mid	21' 10 1/2"	
19	Johnson, Christinia	6	Potomac Mid	21' 0 3/4"	
20	Nzeutcheb, Rebecca	6	Graham Park	20' 9"	

Girls Scores

Pl	Team	Code	Score
1	Benton Middle School	BENT	97
2	Saunders Middle School	SAUM	82
3	Lake Ridge Middle School	LAKE	71
4	Hampton Middle School	HAMP	70
5	Rippon Middle School	RIPP	68
6	Potomac Middle School	POTM	57
7	Graham Park Middle School	GRAH	33
8	Beville Middle School	BEVI	29
9	Fred Lynn Middle	FRED	22

**PWCS MIDDLE SCHOOL CENTRAL EASTERN GIRLS
REGIONAL CHAMPIONSHIP**

Dale City, VA

Gar-Field HS

Monday, October 21, 2019



OFFICIAL MEET REPORT

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RESULTS

Girls Scores (cont'd)

Pl	Team	Code	Score
10	Woodbridge Middle School	WOOD	17