



We offer a comprehensive benefits package including, but not limited to:

Employee Workout Policy/Benefits: All employees (full or part time with a minimum of 8 hours per month) are expected to work out for free during their employment. Second family member and family rates are also discounted for employees. Workouts must be done during open hours but not during the employee's scheduled work hours. Group exercise instructors may take part in any other group exercise class free, regardless of the number of hours teaching.

Child Care Policy: Fitness Forum is committed to helping its employees balance their personal and family interests as fully as possible. To that end, one of the unique benefits provided employees is the drop off child care services in the PlayHouse while working. Drop off child care for a maximum of three hours per day is available for full time and part time employees.

Vacation Time: The amount of vacation to which an employee becomes entitled is determined by the employee's length of service as of his or her anniversary date. Vacation is available to full time employees.

Personal Days: In addition to paid time off for vacation and designated holidays, each full time employee is credited with 6 paid personal days per calendar year beginning with January 1 of the first calendar year after the hire date. Days will be prorated to the date hired for the year.

Holidays: Fitness Forum Sports & Wellness recognized six holidays each year. Full time employees will receive 8 hours of pay. Part time employees will receive 4 hours of pay. Holidays include: New Year's Day, Memorial Day, Independence Day, Labor Day, Thanksgiving Day, and Christmas Day.

Health/Vision Insurance: Available for full time employees.

Long-Term Disability: Available for full time employees.

Retirement Plan: Available for full time employees after 2 years of service.

Continuing Education: Not required but encouraged. A seminar allowance is provided. Group exercise instructors may use the allowance for training expenses outside the 20 mile market area.

Uniform Allowance: A uniform allowance of \$50 per calendar years is given to Group Exercise instructors and Lifeguards.