



Northern Virginia Association for
the Education of Young Children

2019-2020
Professional Development
Fairfax, VA
\$25/Workshop OR \$70/Series

Reflective Discipline and Social-Emotional Growth

Presented by Jacky Howell



Workshop #1 Together We're Better: Building Classroom Community

Saturday October 12, 2019
9-11 AM

This workshop will focus on how we can establish a classroom community for all its members—children, families, and staff. Ten principles of building community will be discussed as well as concrete methods that encourage community in our programs.

Workshop #2 Reflecting on Positive Discipline: Moving Beyond Time Outs to Learning Social-Emotional Skills

Saturday November 9, 2019
9-11 AM

This session will provide participants the opportunity to explore the concept of 'positive discipline' in an early childhood program. Considering the current thinking in child development regarding positive strategies, we will look at the differences between positive discipline and punishment. The conversation will be guided using current brain development research and the affects punishment can have. Using participants' own experiences, they will be able to create a foundation in which to build appropriate discipline strategies that promote children's social/emotional development.

Workshop #3 "That child makes me so upset!" Helping Children Handle Their Feelings by Managing Our Own

Saturday January 11, 2010
9-11 AM

This workshop will enable participants to discover and understand how managing their own feelings better equips them to help young children manage their feelings. This workshop will be filled with activities and strategies to ultimately help us interact positively with young children.

Workshop #4 Creating Experiences that Foster Social-Emotional Skills

Saturday February 8, 2020
9-11 AM

Throughout this interactive session, participants and leaders will share and reflect on experiences that both happen naturally and can be created in the classroom to help children learn and reinforce social-emotional skills. Be ready to share your best ideas and leave with many resources to use in your setting!

To register, please visit www.NVAEYC.org today!