

TRUE[®]

CARDIO

CS400

COMMERCIAL



PREMIUM FITNESS EQUIPMENT SINCE 1981

CS400 UPRIGHT BIKE

The TRUE CS400 Upright Bike combines quality materials with smart design for an overall package that is unbeatable in performance and durability. With one of the lowest step-up heights in the industry, the CS400 offers a safe and easy entry for users of all ages and fitness levels. Plus, the small footprint allows you to maximize the premium space in your facility.



CS400

TECHNICAL SPECIFICATIONS	Power Source	Optional 110V, Self-Generating (with Emerge or Escalate [®]), 220V Option Available (with Transcend ¹⁶ or Escalate ¹⁵)
	Cord Length	10' / 3.0M
	Drive System	Single Stage Drive System with Poly-V Belts
	Crank	3-Piece Forged Steel Crank System with Sealed Bearings
	Resistance Source	Hybrid Self-Generating Brake
	Resistance Levels	30
	Workload Range	20-450 Watts
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Pedals	Dual Sided and Weighted with Integrated Ratcheting Strap
	Seat	Ergonomic Seat with 15 Position Settings (Lever Under Seat)
	Handlebar Design	Multi-Position with Moisture Resistant Sleeves
	Contact Heart Rate Monitoring	Yes
	Wireless Heart Rate Monitoring	Polar [®] Compatible
	AVAILABLE CONSOLES	Transcend ¹⁶ , Transcend ¹⁰ , Escalate ¹⁵ , Escalate ⁹ , Emerge
REGULATORY APPROVALS	ETL UL1647, CSA, CE, EN957, FCC, AS4092, C-TICK	
EXTRAS	Accessories	Water Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder
PHYSICAL SPECIFICATIONS	Footprint	45" L x 24" W / 114 cm x 61 cm
	Machine Weight	146 lbs / 66 kg
	Shipping Weight	152 lbs / 69 kg
	Maximum User Weight	400 lbs / 181 kg
	Step-Over Height	16.75" / 42.5 cm
	Portability	2 Front Transport Wheels
WARRANTY	Warranty Type	Commercial (non-dues paying facilities with less than 8 hours of usage per day)
	Frame	Lifetime
	Parts	5 Years (Transcend ¹⁶ , Transcend ¹⁰ , Escalate ¹⁵ Consoles are 3 years)
	Labor	2 Years

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.

