

Calendar Date						
BREAKFAST: Fluid Milk, Fruit/Vegetables/Juice Cereal/Bread/Alternate	MILK Apple Slices Lightly Toasted Wheat Bagel with butter	MILK Sliced Pears Waffles with choice of peanut butter or butter	MILK Raisins Lightly Toasted English Muffin with butter	MILK Pineapple Chunks Cheerios	MILK Pancakes with Mashed Banana	MILK Unsweetened Applesauce Lightly Toasted Wheat Bagel with butter
LUNCH: Fluid Milk Meat/meat Alternate Vegetable/Fruit Vegetable/Fruit Bread/Alternate	MILK 100% Beef Patty Green Beans Sliced Pears Buttered Wheat Bread	MILK White Meat Chicken Nuggets Peas & Carrots Unsweetened Applesauce Buttered Wheat Bread	MILK Mild Cheddar Cheese Chunks Broccoli Florets Apple Slices Buttered Roll	MILK Grilled American Cheese on Wheat Baked Potato Puffs Raisins	MILK Salisbury Steak Crinkle Cut Carrots Mandarin Oranges Macaroni & Cheese	MILK 100% Beef Patty Green Beans Sliced Pears Roll
PM SNACK: Fluid milk Fruit/vegetable Meat/Alternate Bread/Alternate	100% Welch's Grape Juice or Water or Milk Wheat Crackers	100% Welch's Grape Juice or Water or Milk Buttery Crackers	100% Apple Cherry Juice or Water or Milk Cheese Crackers	100% Apple Cherry Juice or Water or Milk Graham Crackers	100% Welch's White Grape Juice or Water or Milk Ritz Crackers	100% Welch's White Grape Juice or Water or Milk Vanilla Wafers

Calendar Date						
BREAKFAST: Fluid Milk, Fruit/Vegetables/Juice Cereal/Bread/Alternate	MILK Mandarin Oranges Waffles with choice of peanut butter or butter	MILK Raisins Lightly Toasted English Muffin with butter	MILK Orange Slices Homemade Biscuits with butter	MILK Sliced Pears Cheerios	MILK Sliced Peaches Waffles with choice of peanut butter or butter	MILK Banana Slices Corn Chex Cereal
LUNCH: Fluid Milk Meat/meat Alternate Vegetable/Fruit Vegetable/Fruit Bread/Alternate	MILK Scrambled Eggs Baked French Fries Pineapple Chunks Buttered Roll	MILK Cheese Pizza Mozzarella Cheese Stick Crinkle Cut Carrots Sliced Peaches	MILK Vanilla Lowfat Yogurt Beef Ravioli with Tomato Sauce Broccoli Florets Raisins	MILK Beef Hot Dogs Green Beans Banana Slices Roll	MILK Peanut Butter/Jelly on Wheat Bread Mild Cheddar Cheese Chunks Mixed Vegetables Sliced Pears	MILK Scrambled Eggs Baked French Fries Apple Slices Buttered Roll
PM SNACK: Fluid milk Fruit/vegetable Meat/Alternate Bread/Alternate	100% White Grape Juice or Water or Milk Animal Crackers	100% Kiwi Strawberry Juicy Juice or Water or Milk Apple Fruit Bar	100% Kiwi Strawberry Juicy Juice or Water or Milk Buttery Crackers	100% Pineapple Juice or Water or Milk Cheese Crackers	100% Pineapple Juice or Water or Milk Banana Muffin	100% White Grape Juice or Water or Milk Ritz Crackers