

<u>Noreen's Kitchen</u> <u>Quick Weeknight Gumbo</u>

Ingredients

1 Pound chicken breast cubed

1 pound smoked sausage halved and sliced

1 pound (2 cups) baby shrimp

1 tablespoon vegetable oil

2 cups frozen okra

4 cloves garlic, minced

1 medium onion, chopped

1 cup celery chopped

1 red bell pepper, chopped

1 green bell pepper, chopped

1 cup rice, either long grain, brown or

par cooked, but not instant

1 box or 1 quart chicken stock

1 28 ounce can diced tomatoes

1 teaspoon dried marjoram

1 teaspoon dried thyme

1 teaspoon cayenne pepper

1 teaspoon salt

1 teaspoon Old Bay Seasoning

Step by Step Instructions

Heat oil in a large stock pot.

Brown chicken until opaque then add sausage and cook until slightly browned.

Remove chicken and sausage from the pot and set aside.

Add onion, celery, peppers and garlic to the pot and cook briefly.

Add in spices and stir to combine.

Add meat back to the pot, along with rice, stir to combine and coat the rice with oil.

Add chicken stock and diced tomatoes and stir.

Reduce heat to medium, place a lid on the pot and simmer for 25 minutes or until rice is tender.

Add shrimp and okra and cook for an additional 5 minutes.

Serve your family a big satisfying bowl of gumbo!

Enjoy!