Join us at Dance Endeavors for ... Winter MINI SESSION 2020



Dance Endeavors

10820 Nesbitt Ave S Bloomington, MN 55437 952-212-4456

www.danceendeavors.com info@danceendeavors.com

6 weekly classes—no performance! Dance & fitness options for all ages! Try dance for the first time or try a new style!

Registration opens online 7:00pm December 10th www.danceendeavors.com



Tiny Tots (Age 2)

Your little one loves to move, wiggle and dance so get them started in the studio with this fun creative movement class! Dancewear and ballet shoes required. If your dancer is not potty trained they must wear a pull-up!

• Mondays, 6:30-7:00pm January 6, 13, 20, 27, February 3, 10

Ballet/Tap Combo (Age 3—Gr. 1)

A combination of tap and ballet for young Dancers. Learn ballet and tap techniques while enjoying creativity in dance. The focus is on movement and enjoyment. Dancewear, ballet & tap shoes required.

- Preschool (age 3 & 4):
 Mondays, 4:15-5:00pm
 January 6, 13, 20, 27, February 3, 10
 Wednesdays, 6:30-7:15pm
 January 8, 15, 22, 29, February 5 & 12
- Elementary (Grades K-1): Tuesdays, 7:00-7:45pm January 7, 14, 21, 28, February 4 & 11 Wednesdays, 5:45-6:30pm January 8, 15, 22, 29, February 5 & 12

MNI SESSION Tuition

Tuition is based on class length & includes all 6 classes in the session:

30 minute class = \$55.50 45 minute class = \$69.00 1 hour class = \$84.00 90 minute class = \$97.50

*3-class Catch-Up session = \$35.00

Make sure you are ready for class: danceendeavors.com/what-to-wear-to-class.html

NEW! COTCH-UP CLOSS (Ages 9+)

Always wanted to take dance, but didn't start when you were younger? No problem! This catch-up glass will get you ready for regular class integration with your friends. Learn in a relaxed atmosphere with other beginners! Learn the basics of tap/ballet/jazz (will adapt the class to the needs of registered students!).

• Thursdays, 7:45-8:30pm January 9, 16 & 30 (Join a regular class Feb 1)*

MERMAID TUMBLING (Grades K-3)

Do Acro Tumbling in a Mermaid Tail! How fun is that?? *Mermaid Tumbling* is the latest rage and we have it here! Begin with a warm-up, followed by stretching, stationary skills, and move on to moving motor skills and finally basic acro/tumbling combinations. We provide the mermaid tails! No shoes required.

• Mondays, 7:00-7:45pm January 6, 13, 20 27, February 3, 10

POM/CHEER (Grades K-5)

POM is a fun movement-based class focusing on sharp arm movements and the latest dance team/cheer skills. Dancers will learn fundamentals of Pom positions, performance skills and expand on high energy, entertainment skills.

• Wednesdays, 7:15-7:45pm January 8, 15, 22, 29, February 5 & 12

Jazz/Lyrical Combo (Grades 2-3)

The fluid motion of jazz dance brings you flexibility and musicality. Dance to current and upbeat music. Students will enjoy the freedom of movement in this quick paced class. Lyrical is a flowing jazz style emphasizing interpretation and expressiveness. Learn flexibility, grace and fluidity in this beautiful dance style. Dancers learn to minimize transitions as they connect each step.

• Thursdays, 5:15-6:15pm January 9, 16, 30, February 6, 13 & 20

HIP HOP (Grades 2-5)

Learn moves you can perform on the stage, at a school dance, or anywhere! Our age appropriate style of Hip Hop includes warm-up, stretching, conditioning and choreography. Each class promises to challenge even the most seasoned vets while still allowing complete beginners to get a solid and fun introduction to hip hop.

• Thursdays, 7:00-7:45pm January 9, 16, 30, February 6, 13 & 20

DanceLine (Grades 4-12)

A little high kick and a little funk in this precision style of dance. Work on flexibility, combinations, formations and skills to master the steps used on both high school and college lines. Get a head start for your school teams or just KICK with us!

- Grades 4-5: Tuesdays, 7:00-7:45pm January 7, 13, 20, 28, February 4, 11
- Grade 6-12: Mondays, 3:45-4:45pm January 6, 13, 20, February 3, 10, 24

BARRE BLAST! (Adults)

This fast-growing exercise trend targets the entire body through mat Pilates and barre-based ballet exercises; providing a cardiovascular workout with grace! No dance experience necessary, but the results will give you the look and feel of a dancer! Yoga/fitness mat required. Class attire is yoga style workout wear and socks or bare feet. Childcare not available.

• Tuesdays, 7:30-8:15pm January 7, 13, 20, 28, February 4, 11