



# ODE CNP CACFP Menu Form



Sponsor name/site name Gentog C-1

Month and Year March 4-8, 2019

Meal Patterns	Monday Mar 4	Tuesday Mar 5	Wednesday Mar 6	Thursday Mar 7	Friday Mar 8
<b>Breakfast</b> <ul style="list-style-type: none"> <li>• Grains, or meat/meat alternate (no more than 3 times per week)</li> <li>• Vegetables or Fruits</li> <li>• Fluid Milk</li> <li>• Other Foods</li> </ul>	French Toast (WG) Strawberries Whole or 1% Milk	Eggs (Meat Alt) Tasteeos Toasted Whole Grain Oat Cereal Oranges Whole or 1% Milk	Tasteeos Toasted Whole Grain Oat Cereal Toast (WG) Bananas Whole or 1% Milk	Granola Great Value Light Vanilla Low-fat Yogurt (Meat Alt) Grapes Whole or 1% Milk	Banana Bread Tasteeos Toasted Whole Grain Oat Cereal Peaches Whole or 1% Milk
<b>AM Snack</b> (Select two of these five components) <ul style="list-style-type: none"> <li>• Fluid Milk</li> <li>• Meat or meat alternate</li> <li>• Vegetables</li> <li>• Fruits</li> <li>• Grains</li> </ul>	Banana Slices Cheese Sticks	Apple Slices w/Peanut Butter	Pear Slices Crackers	Peanut Butter and Banana Tortilla Rollups	Applesauce Graham Crackers
<b>Lunch</b> <ul style="list-style-type: none"> <li>• Fluid Milk</li> <li>• Meat or meat alternate</li> <li>• Vegetables</li> <li>• Fruits/Veg</li> <li>• Grains</li> <li>• Other Foods</li> </ul>	Tomato Soup (CP) Grilled Cheese (WG) (Meat Alt) Pickles Tropical Fruit Cocktail Whole or 1% Milk	BBQ Chicken Potato Salad (CP) Dinner Rolls Sliced Cucumbers Pineapple Whole or 1% Milk	Pot Roast (Beef) Mashed Potatoes Cooked Carrots Bread (WG) Apricots Whole or 1% Milk	Caesar Chicken Salad(HM) (Grilled Chicken, Roasted Corn, Tomato, Lettuce, & Parmesan Cheese) Bread (WG) Peaches Whole or 1% Milk	Ham/Hash Brown Casserole (HM) Bread (WG) Peas Mandarin Oranges Whole or 1% Milk
<b>PM Snack</b> (Select two of these five components) <ul style="list-style-type: none"> <li>• Fluid Milk</li> <li>• Meat or meat alternate</li> <li>• Vegetables</li> <li>• Fruits</li> <li>• Grains</li> </ul>	Crackers and Beef Stick Whole or 1% Milk	Animal Crackers Whole or 1% Milk	Veggie Straws Whole or 1% Milk	Rice Cakes Whole or 1% Milk	Apple Slices Whole or 1% Milk

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.