

relation**SHAPE**[™] **BENEFITS**

FOR FAMILIES*

**The term "families" is meant to include any persons who commit their time, energy and good will to promote success in children. Examples: Parents, extended family members, foster parents, agency staff members, etc.*



Your new relation**SHAPE**[™] skills will:

- ❖ Reduce areas of conflict
- ❖ Identify your natural communication style
- ❖ Support you in easily adapting your style to the needs of your family members
- ❖ Create an environment where all feel valued and respected
- ❖ Recognize, accept and appreciate the similarities and differences between you and your family members
- ❖ Understand the best way to relate to each other and unlock the responses that motivate others and improve your relationships
- ❖ Diminish feelings of loneliness, disappointment, frustration, resentment or hurt

What our families say...

"I appreciate learning my parenting style and then adjusting my responses to recognize my son's style patterns. The action plan I developed with your guidance was easy to implement. This has made a positive difference in our relationship. Thanks!" (Alice B)

*"Parenting is difficult no matter how you slice it. Understanding how your child, your spouse and you communicate differently and then figuring out a **better** way to communicate reduces a lot of unnecessary squabbling. Thank you for giving me that insight!" (Mari P)*