

VP NEWSLETTER

Week of May 6-12, 2021

Office Hours

Tuesday &

Wednesday

9am - 4pm

708-753-1975 (o)

10am Sundays

live and call in

515-606-5127

Access Code

981434

Mother Carr's Farm

SHARES

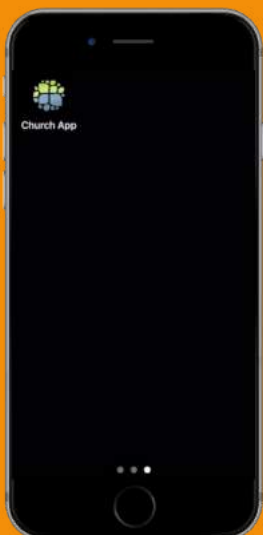
are now available.

SEE PAGE 5

For information and to
complete online form

VP Phone App

now available.



[CLICK
HERE](#)

Preparing to Return



Let's open the
doors of the
church, safely.
Take the brief
3-question
COVID Survey.

[CLICK HERE](#)

Mental Health Awareness Month



Page 3 contains our
Health & Wellness
Monthly Section

See Page 3 for information on...

amazonsmile
You shop. Amazon gives.
Choose Vernon Park Church of God as your charity

Dollars For Scholars

CHANGE

Campaign

PAGE 4

to find out how
YOU can support!





Wedding Anniversaries for the MONTH of MAY



Wilbur & Arleen Pierce

58 years...May 5th

Ministers Darwin & Tosha Jackson

10 years...May 7th

Aubrey & Sherri Volious

19 years...May 11th

Victor & Stacy Watts

27 years...May 14th

Donald & Dorothy Franklin

61 years...May 15th

Randy & Dietta Smith

46 years...May 24th

Larry & Gladys Brand

4 years...May 27th

Pray for our Bereaved

Sis. Jennifer Jordan & Family

in the passing of her Father

Rev. Dr. Wilfred Jordan

Mother Joyce Bennett & Family

in the passing of her Brother-in-law

Bro. Horace Mais

GIVING

Reminder: You can GIVE your tithes and offerings
via [Paypal](#) or [tithe.ly](#) at [VPCOG](#)

For your convenience you can give via text.

TEXT the word GIVE to 844-985-1891,

follow the link and complete a one-time set up for
giving to Vernon Park Church of God.

Content Available On:
Facebook YouTube
Instagram Twitter and
[VPCOG.ORG](#)

TUESDAYS

6pm Tellin' it like it TiS
(Tosha is Speaking)

8pm T~Time Teen Talk
with KT King Tucker

WEDNESDAYS

12pm "Lunch & Learn"
Bible Study
with Pastor Bruce

6pm Min. Kitty White
"A Kiss from God"

THURSDAYS

6am Prayer Call
515-606-5127
Access Code 981434

6pm Lady Maura
OMG Oh Maura Gale
[TUNE IN HERE](#)

8pm "Fall in Line"
"Man Up with Tuck"
1st Thursdays
"V-Formation
with Coach V"
3rd Thursdays

FRIDAYS

6pm Pastor Frank
"Frankly Speaking"

SATURDAYS

6pm S.A.L.T.
Bible Study

MENTAL HEALTH AWARENESS MONTH

Mental Health includes one's psychological, emotional and social well-being. A person's mental health affects how they think, feel and act. It also helps in determining how one handles stress, makes choices and relates to others. Mental health can affect one's daily life activities, relationships and physical health.

People suffering from mental health issues show various symptoms: little or no energy, pushing away people and pulling away from regular activities. Some may experience loss of sleep or the will to eat. Others may participate in unhealthy activities such as smoking, drinking, drug use. Helplessness and hopelessness many times lead to self-harm or harming others....



Seeking help from professionals, connecting with others, getting involved in physical activities, getting enough sleep and staying positive can all be beneficial in overcoming mental health issues.

For more information on mental health awareness, visit
<https://www.pinterest.org/mental-health-awareness-blog/>

Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth
3 John 2:1

Let's all strive to be healthy and safe!
Health & Wellness Ministry

All orders placed via
[Smile.Amazon.com](https://www.smile.amazon.com)

when the charity selection is:
Vernon Park Church of God
enables the ministry to be blessed, as you shop.

amazonsmile
You shop. Amazon gives.



Smile.Amazon.com

Amazon Smile donates to
Vernon Park Church of God
every time you make a purchase.

Visit [Smile.Amazon.com](https://www.smile.amazon.com)
Choose: PICK YOUR OWN CHARITY
type in: Vernon Park Church of God

For Members and Non-Members
Thank you for your support.

VERNON PARK CHURCH OF GOD



If you are an **ACTIVE** member of VPCOG and a **graduate** or **moving-on student**, please contact:

vpcog.scholarshipandedministry@gmail.com

3 WAYS TO SUPPORT - PAYPAL/TITHE.LY/CHECK

ACKNOWLEDGEMENT CELEBRATION ACADEMIC CIVIC

PAYPAL & TITHE.LY HAVE A DROP DOWN MENU
DESIGNATE **"SCHOLARSHIP"** AND THE **AMOUNT**

**FOR CHECK DONATIONS INDICATE AMOUNT
AND SCHOLARSHIP IN THE MEMO SECTION**

DOLLARS FOR SCHOLARS





Mother Carr's Farm

A Community Supported Agriculture Project of Vernon Park Village

Welcome to Mother Carr's Farm!

Located in Lynwood Illinois, our Community Supported Agriculture (CSA) has been in operation for 8 years and offers over 20 varieties of fresh pesticide-free produce to our members. Our season typically starts in mid-July and runs through November. During the season, which runs from early July to late November, members receive a bi-weekly distribution of freshly picked produce. We offer delivery service for an additional \$100 per season.

Purchasing a CSA membership share is a great way to get the highest quality of locally grown produce at an affordable price. It is also a wonderful way to support an African American business focused on practices that have the health of our land and our community in mind.

Our Planned 2021 Harvest ...

Banana Peppers

Basil

Beets

Bell Peppers

Broccoli

Butternut Squash

Cabbage

Collard Greens

Corn

Cucumbers

Eggplant

Green Beans

Jalapeno Peppers

Kale

Mustard Greens

Oregano

Peppermint

Purple Hull Peas

Rosemary

Swiss Chard

Thyme

Tomatoes

Turnips

Yellow Squash

Watermelon

2021 CSA Membership Options:

Half Share \$250.00

Full Share \$475.00

Sign-up online: <https://forms.gle/8u6HsLFvTHb2F5gAA>

For more information:

Call: 331-234-7417

Email: mothercarrfarm@gmail.com