

June

2021

Jeremiah Program

June

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Bean & Cheese Tostadas GF V Zucchini & Squash GF DF V Fruit GF DF V	2 Chicken Alfredo Peas & Carrots GF DF V Fruit GF DF V	3 Pulled Pork sliders DF Sweet Potato Tots GF DF V Coleslaw GF DF V Fruit GF DF V	4 Cheese Pizza Veggies GF DF V Fruit GF DF V
7 Beef Baked Ziti GF Green Peas GF DF V Fruit GF DF V	8 Chicken Quesadilla Cauliflower Rice GF DF V Sweet Bell Peppers GF DF V Fruit GF DF V	9 Cheese Tortellini w/marinara V Roasted Broccoli GF DF V Fruit GF DF V	10 Cheese Sandwich Lentil Veggie Stew GF DF V Fruit GF DF V	11 Roast Turkey GF DF Mashed Potatoes GF V Carrots GF DF V Fruit GF DF V
14 Chicken & Rice DF Green Beans GF DF V Fruit GF DF V	15 Turkey Tacos DF Beans GF DF V Roasted Corn GF DF V Fruit GF DF V	16 Spaghetti & Meatballs Broccoli GF DF V Fruit GF DF V	17 Salmon Cakes Quinoa Salad GF DF V Cucumber Slices GF DF V Fruit GF DF V	18 Cheese Pizza Veggies GF DF V Fruit GF DF V
21 Turkey Lasagna Roasted Broccoli GF DF V Fruit GF DF V	22 Chicken Tostadas GF Roasted Corn & Bell Pepper GF DF V Fruit GF DF V	23 Tomato, Basil, Mozzarella Pasta V Carrots GF DF V Fruit GF DF V	24 BBQ Chicken GF DF Baked Beans GF DF V Zucchini & Squash GF DF V Fruit GF DF V	25 Beef Sliders w/fixins Sweet Potato Tots GF DF V Fruit GF DF V
28 Chicken Pot Pie Roasted Broccoli GF DF V Fruit GF DF V	29 Black Bean Quesadilla V Cucumber & sweet bell pepper GF DF V Fruit GF DF V	30 Swedish Meatballs Buttered Noodles V Carrots GF DF V Fruit GF DF V	***Alternative meals available***	