



**TSRDA SPRING SYMPOSIUM**  
**Green Valley Country Club**  
**201 Ridge Pike,**  
**Lafayette Hill, PA 19444**  
**Date: Wednesday, April 30, 2025**

## ***Agenda***

- 8:00 – 8:45 am ***Registration/Breakfast/Visit the Exhibits***
- 8:45 – 9:00 am ***Opening Comments***  
*Stephanie R. Brown, MS, RD, LDN, Chair, TSRDA*
- 9:00 – 10:00 am ***Cultural Cuisine in CKD***  
*Jenny Le, MHS, PA-C, RD (Southeast Asian Cuisine)*  
*Physician assistant, Neurosurgery, Penn Medicine*  
*Philadelphia, PA*  
*Anisa Gandhi, RD (Indian Cuisine)*  
*Certified Kidney Smart Educator, DaVita Kidney Care*  
*Monmouth, Ocean, Hudson, NJ*
- 10:00 – 10:45 am ***Break/Visit the Exhibits/Scavenger Hunt***
- 10:45 – 12:00 pm ***Starting Your Own Business – The Adventures of Self Employment***  
*Priscilla Ayeni, MPH, RD, LDN*  
*Owner of Aanu Home Care | Dietitian Services*  
*Philadelphia, PA*
- 12:00 – 12:45 pm ***Lunch***
- 12:45 – 1:00 pm ***Tri-State Business Meeting***
- 1:00 – 2:30 pm ***Functional Nutrition for the RD: Insights into Inflammation and Kidney Health***  
*Dana M. Elia, DCN, MS, RDN, LDN, FAND*  
*Fusion Integrative Health and Wellness, LLC*  
*Maryland University of Integrative Health*  
*Lancaster, PA*
- 2:30 – 2:40 pm ***Break***
- 2:40 – 3:55 pm ***AI in Nephrology/Nutrition***  
*Steven G. Dimitriou, DO, MS*  
*Nephrologist, Temple University & Thomas Jefferson Hospital*  
*Medical Director, DaVita Lehigh and Memphis*  
*Philadelphia, PA*
- 3:55 – 4:00 pm ***Collecting Evaluations and Dispersing Certificates***

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Cost Includes Breakfast, AM Snack, & Lunch.

\$85.00/Members, \$110.00/Non-Members (includes meeting & TSRDA membership until December 2025), \$90.00/Pay-at-the-door Members, cash or check only.

Make Checks Payable to: Tri-State Renal Dietitians Association. Contact TSRDA.org for mailing address.

PayPal payment is available on our website: [www.tsrda.org](http://www.tsrda.org)