

STITCHIN' for KIDS

FROM OUR HEARTS & HANDS TO YOURS

Sunday Best Dress

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This Sunday Best dress fits the 14" Glitter Girl doll. The instructions were written as part of an effort to give dolls with outfits to young patients in hospitals.

Important

Print pattern full size and check that the one inch square equals one inch before beginning to sew. If it does not, please adjust accordingly.

Requirements:

Pattern for Sunday Best Dress

Fabric: 1 fat quarter $\frac{1}{4}$ yard of light weight cotton (heavy fabrics not advised)

Lightweight lining for bodice

Hook and loop tape approx. 2" x $\frac{3}{8}$ "

Ribbon, small or baby rick-rack or other narrow trim if desired

Scissors, Thread, Pins, Needles, Sewing machine in good working order

Assumptions:

All seams are $\frac{1}{4}$ " unless specified

Preparation:

- Bodice – cut front and back bodice pieces of main fabric and lining
- Sleeves – cut 2 sleeves
- Skirt – cut one piece of fabric 20 $\frac{1}{2}$ " x 5"

Notes: (a) 14" skirt width creates a less full skirt, 22" width will make a fuller skirt.

(b) skirt can be made shorter or longer by varying the 5" height

Construction:

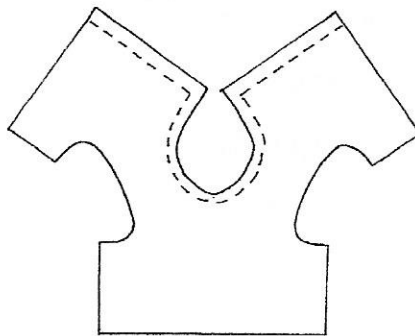
A. Bodice

- Sew main fabric bodice pieces together at the shoulders. Press seam allowances open. Repeat with lining bodice pieces.

Note: if embellishing bodice, do it while bodice is still flat

- Pin bodice and lining right sides together and sew:
 1. Sew up one back edge, around neck, and down other back edge.
 2. Clip corners and curves, turn bodice right side out.
 3. Push out corners, makes seams run exactly on the edges and press carefully.

Note: For next steps, treat lined bodice as one piece.



- Hem sleeves using $\frac{3}{8}$ " narrow hem. Gather sleeves at $\frac{1}{4}$ " and $\frac{1}{8}$ " between notches.
 1. Pin sleeves to armholes matching notches, and gather top of sleeve to fit between notches
 2. Sew sleeves to armholes and zig zag edges to finish.
Note: try bodice on doll, if bulk needs to be reduced under arms, trim seam a little before zig zagging edge.
 3. Right sides together, pin sides of bodice together pulling sleeve up, sew side seams of bodice from bottom up through sleeves to finish sides of bodice.

B. Preparing Skirt

1. Turn in back side edges $\frac{1}{4}$ ", then another $\frac{1}{4}$ ", press and stitch.
2. While skirt is still flat, turn up $\frac{1}{4}$ " and press, turn another $\frac{1}{2}$ ", press hem and stitch.
3. Using longest stitch on machine, stitch along top edge of skirt at $\frac{1}{4}$ " and again at $\frac{1}{8}$ " for gathering.
4. Gather skirt and match to right sides of bodice, spacing gathers evenly.
5. Carefully pin right side of skirt to right side of bodice aligning centers back, ensuring gathers are even and did not twist. Stitch skirt to bodice using normal stitch length and $\frac{1}{4}$: seam. Zig zag seam to finish edge.

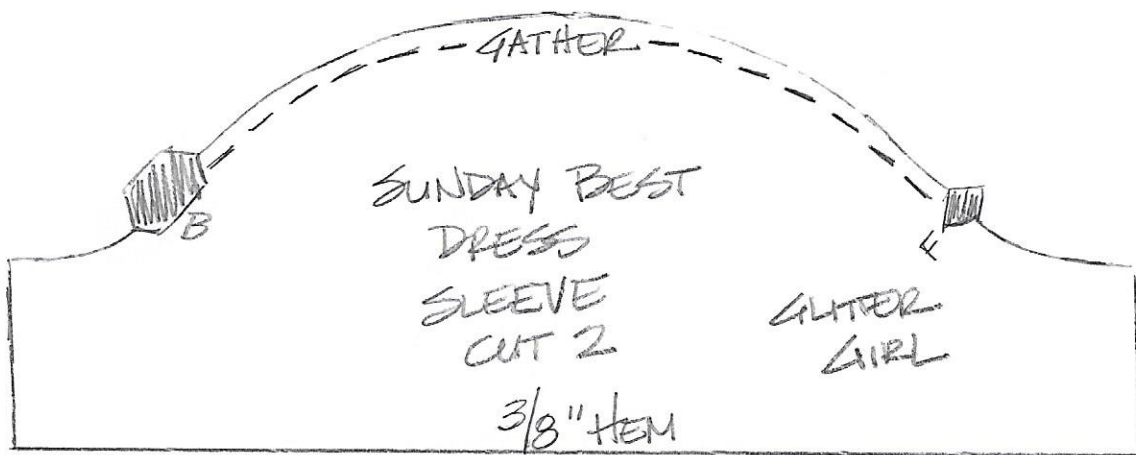
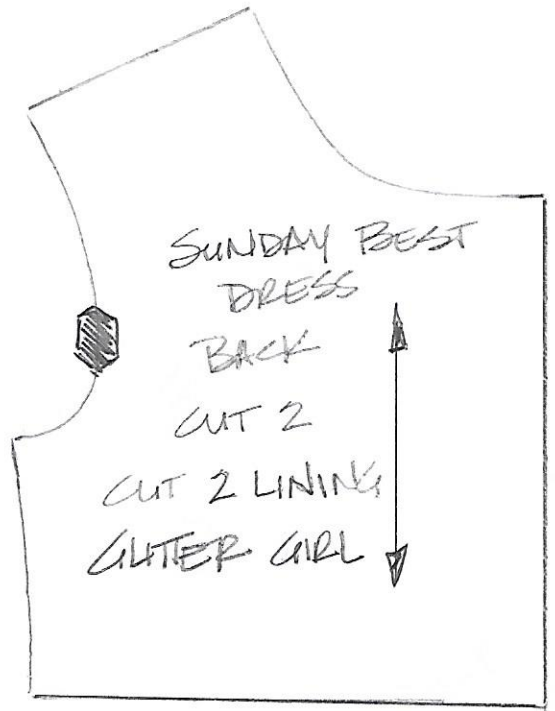
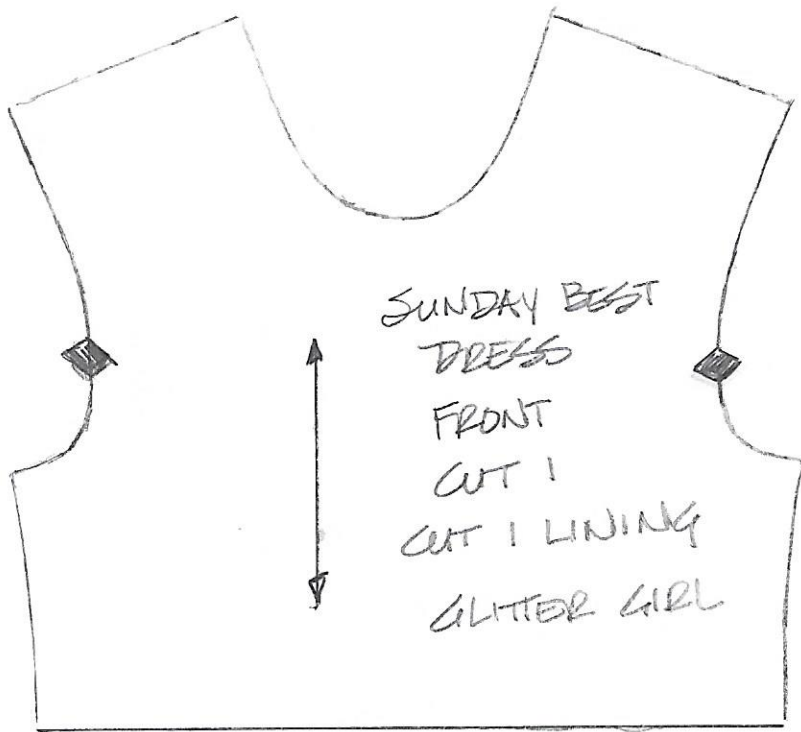
C. Finishing Back

1. Close bodice with hook and loop tape.
2. Overlap the centers back of the skirt so that the skirt hangs in line with the closed bodice.
3. Measure from the bottom of the hem up, place a pin at 1".
4. Sew on top of the $\frac{1}{2}$ " hem stitching across the overlap and then up to 1" pin mark. This closes the bottom of the skirt.

Adorning Skirt - Optional

1. If adding rick-rack, ribbon or other narrow trim, place over hem stitching and stitch in place.
2. Optionally, rick-rack can be stitched along bottom edge on inside of skirt.
3. Decorative trims can also be added while the skirt is flat.

1"



SKIRT - CUT 1 22" X 5"