

***Community Resources
For Jackson County
Gainesboro & Shiloh
Head Start Centers
2025-2026***



To locate additional information on Community
Resources access:

<https://empoweruppercumberland.org/discoverresources/>.

Or <https://ucassist.org/search/>

Developed and Distributed by L.B.J. & C. Head Start

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Adult Education:

Genesis Career College
880-A East 10th Street
Cookeville, TN. 38501
(931) 526-8735

Nashville State Community College
1000 Neal Street
Cookeville, TN. 38501
(931) 526-2211
(931) 520-0551

Tennessee Technology Center
Livingston, TN. 38570
(931) 823-5525

Tennessee Technological University
Cookeville, Tennessee 38505
(800) 255-8881 or (931) 372-3888

UCHRA
238 A North Grundy Quarles Hwy
Gainesboro, TN 38562
931-268-9840

Volunteer State Community College
113 Windle Community RD.
Livingston, TN 38570
931-8235-7065

www.UCReconnect.com
931-526-2211

Youth CAN
5080 S Jefferson Ave
Cookeville, TN 38501
931-520-9538

Adult Job Training Services:

Adult Learning Center
1060-B Spring Street Cookeville, TN.
38501
(931) 528-8685 They offer: ESOL,
GED, Adult High School,

American Job Center
931-520-9502
Anthony.scionti@tn.gov

Career Center
580 S Jefferson Ave Cookeville, TN.
38501
(931) 520-8733

Genesis Career College
880-A East 10th Street Cookeville, TN.
38501
(931) 526-8735

Fortis Institute
Highway 111 Cookeville, TN.
(931) 526-3660

Nashville State Community College
1000 Neal Street Cookeville, TN. 38501
(931) 520-0551

Social Security Administration - SSI Program
665 S. Jefferson Avenue
Cookeville, TN 38501
931-528-9765 & **Hotline:** 800-347-4501

Tennessee Department of Human Services - Jackson County
931-268-0235

Tennessee Technology Center
Livingston, TN. 38570
(931) 823-5525

Upper Cumberland Human Resource Agency

238A North Grundy Quarles
Gainesboro, TN 38562
931-268-9840

Vocational Rehabilitation

Cookeville, TN. 38501
(931) 526-9783

Vocational Training Center

1605 Brown Ave.
Cookeville, TN. 38501
(931) 526-4721

Resources for Bereavement:

Compassionate Friends

Meets at the Putnam County Library
Broad Street
Cookeville, TN. 38501
(931) 526-1565
(A bereavement self-help group)

Heart of the Cumberland

P.O. Box 2474
Cookeville, TN 38503
Phone: 931-525-2600
heartofthecumberland@gmail.com
Specifically for children and teens that are hurting because of losses suffered through death, divorce or family circumstances

Hospice Grief Recovery Group

Sponsored by: Gentiva Hospice
851 South Willow Ave Ste 102
Cookeville, TN.
931-528-5133

Childcare:

DODSON BRANCH EL.PRE-K (-E-)

16221 DODSON BRANCH HWY
COOKEVILLE, TN 38562
(931) 268-0119
(Free Service)

GAINESBORO EL EARLY CHILDHOOD (-E-)

611 SOUTH MAIN STREET
GAINESBORO, TN 38562
(931) 268-9775
(Free Service)

Gainesboro Head Start

745 S. Grundy Quarles Hwy
Gainesboro, TN 38562
(931) 450-8250
(Free Service)

JACKSON CO/FOXY FOURS - TITLE I (-E-)

170 BLUE DEVIL LANE
GAINESBORO, TN 38562
(931) 268-9779
(Call for fees)

OVER THE RAINBOW C.D.C.

3357 S. GRUNDY QUARLES HY
GAINESBORO, TN 38562
(931) 268-5437
(Call for fees)

SHILOH HEAD START

824 P. BREWINGTON ROAD
COOKEVILLE, TN 38501
(931) 450-8259
(Free Service)

Resources to help in Child Abuse Situations:

Gainesboro City Police Department

(931) 268-0416
9-1-1 Emergencies

Child Abuse Hotline

900 2nd Avenue North
Nashville, TN 37201
877-237-0004

**Court Appointed Special Advocates
for Children (CASA)**

580 South Jefferson Ave
Cookeville, TN. 38506
931-520-8733

Department Of Children's Services

1300 Salem Road
Cookeville, TN 38506
(931) 646-3002

District Attorney General

1519-East Spring Street
Cookeville, TN. 38501
(931) 528-5015

Genesis House

Street location is confidential
Cookeville, TN N/A
(931) 526-4730
Hotline: 800-707-5197

LifeCare Family Services

Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688

Jackson County Sheriff's Department

Gainesboro, TN. 38562
(931) 268-0180
9-1-1 Emergencies

**Tennessee Commission on
Children/Youth**

1000 Neal Street
Cookeville, TN 38501
(931) 520-4445

**Dental Providers who take
TennCare:**

Cookeville Regional Dental

350 S Lowe Ave.
Cookeville, Tn. 38501
Phone: 931.528.5105

Cavity Commando's Dentistry

1265 Interstate Dr.
Cookeville, TN 38501
931-783-1491

Crossville Dental Clinic

510 Livingston Rd Crossville, TN.
38555
(931) 484-3007

Cumberland Pediatric Dental

510 S Jefferson Ave Cookeville, TN
38501
931-854-1200

Dr. Steven Ellis

Livingston, TN. 38570
(931) 823-5517

Dr. Alexa Miller

103 E. Gore Ave Gainesboro, TN. 38562
(931) 268-9323

Dr. Buckie Parsons

Livingston, TN. 38570
(931) 823-5517

**Hermitage Dental Clinic Dr. Charles
Burdeshaw**

107 Bonnahbrook Drive
Hermitage, TN 37076
1-800-373-3330

Jackson County Health Department

Gainesboro, TN. 38562 (931) 268-0218

**Dental Providers, who may not
take TennCare, but offer
services to low income families:**

**Bread of Life Homeless Shelter and
Clinic**

281 4th Street
Crossville, TN 38555
931-707-0569

Cookeville Rescue Mission

1331 S Jefferson Ave Cookeville, TN
38501
931-528-5819

**Resources for Persons with
Disabilities:****Project Affirm**

501 Spruce Street
Dale Hollow Mental Health Center
Livingston, TN 38570
931-432-5590 & **Hotline:** 931-823-5678
(Provides support services for families with
children ages 2 - 17 diagnosed with serious
emotional disturbance or dual diagnosis of
developmental and behavioral disorder.
They also provide respite alternatives
ranging from indirect to direct care services.
Services are not provided to children who
are in the custody of the Department of
Children's Services)

Bridges Support Group

Friends Drop-In Center
4801 Popular Grove Rd.
Cookeville, TN 38501
(931) 520-7410
(Assists people recovering from mental
illness)

Children's Special Services

Gainesboro, TN
931-268-0218
(Assists with the medical needs of children
and young adults from birth to age 21 with
chronic health issues. They offer assistance
with medical bills, hearing aids,
speech/language pathology for children
under age 3, transportation, and TennCare
appeals. Referrals are made through the
local county Health Department. Eligibility
is determined at time of referral and is based
on income and access to other medical
resources.)

Friends of T.I.P.S.

P.O. Box 5095
Tennessee Tech University
Cookeville, TN 38505
931-372-6247
(Assist with Children's Issues, Disability
Services. This group serves the Upper
Cumberland Region by providing
educational, medical, social, respite, and/or
support to families of special needs children
from birth to 3 years of age. The service will
coordinate with the family's schedule and
individual needs to provide home-based
services. A parent advisor will initially visit
with the family to develop a goal-directed
program. Monthly visits are then conducted
to help the family meet those goals. These
services will also coordinate with other local
resources such as daycares, medical
providers, etc. This program is limited to
special needs/developmentally delayed
children ages birth to 3 years, and their
family members. Referrals must go through
Philomena Palmer with the Tennessee Early
Intervention Program at 931-372-3561.)

**Independent Opportunities Inc.
(I.O.I.)**

25 West Broad Street
Suite # 8
Cookeville, TN. 38501
(931) 528-7701
(Non-profit organization providing high
quality residential services to persons with
developmental disabilities)

KIDS Putnam

105 Cherry Street
Cookeville, TN 38501
931-526-5437
(Assists with Children's Issues,
Disability Services)

Pacesetters Inc.

2511 HWY 111 North
Algood, TN. 38506
(931) 537-9100
(Assist persons with disabilities and mental
illness in various ways)

Social Security Administration - SSI Program

Cookeville, TN 38501

931-528-9765 & **Hotline:** 800-347-4501

(Assists with Disability Services, Money/Employment Assistance. The SSA administer a program called SSI for persons with disabilities who are age 65 or older, a blind adult or child, or disabled adult or child - children under 18. If under 18, substantially reduced ability to function independently, appropriately and effectively in a manner expected of children of similar age due to a physical or mental impairment, which has lasted or is expected to last at least 12 months or end in death.)

Support Group for Families of Children w/Disabilities

Sponsored by: Upper Cumberland Regional Health

200 West 10th Street

Cookeville, TN. 38501

(Provides support system for persons with disabilities and families of disabled individual)

Tennessee Department of Human Services - Jackson County

Gainesboro, TN 38562

931-268-0235

(Assists with Children's Issues, Disability Services, Food, Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities)

TN Early Intervention System (TEIS)

Education/training

(931) 372-3561

Assist children/families birth - 3 yrs)

Upper Cumberland Human Resource Agency - Jackson County

Gainesboro, TN 38562

931-268-9840

(Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities.

Provides the following services:

Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls)

Vocational Rehabilitation

Cookeville, TN. 38501

(931) 526-9783

(Provides assistance with re-education of disabled individuals and job skills training)

Vocational Training Center

1605 Brown Ave.

Cookeville, TN. 38501

(931) 526-4721

(Provides assistance with vocational education, work adjustments and job placement for people with disabilities)

Resources to help in Domestic Violence Situations:

Gainesboro City Police Department

Gainesboro, TN. 38562

(931) 268-0180

911 Emergencies

District Attorney General
1519-East Spring Street
Cookeville, TN. 38501
(931) 528-5015

Genesis House

Street location is confidential
Cookeville, TN N/A
(931) 526-4730
Hotline: 800-707-5197

LifeCare Family Services
Cookeville, TN. 38501
(931) 528-0051
1-800- 881-0359
(615) 781-0688

Jackson County Sheriff's Department
Gainesboro, TN. 38562
(931) 268-0180
911 Emergencies

Trinity Outreach Center
205 West Wall Street
Algood, TN 38506
931-537-9814

**Resources available to help fight
the Alcohol and Drug Abuse
(Including METH) Problems in
your area:**

*All Local Churches in Area (See listed
under Pre-Marriage Counselors)*

**Bradford Health Center @ Cookeville
Regional Office**
1330 Neal Street, Suite D
Cookeville, TN 38501
931-528-6803

Center Grove Church of Christ
Meetings on Meth Abuse
Cookeville, TN. 38501

**Community Prevention Coalition of
Jackson County**
201 Hull Ave
Gainesboro, TN 38562
931-268-4191

Drug Abuse Hotline
1-800-888-9383

Gainesboro City Police Department
Gainesboro, TN. 38562
(931) 268-0180
911 Emergencies

LifeCare Family Services
Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688

Meth Hotline
Spring Street
Cookeville, TN. 38501
(931) 525-6384

Meth Hotline/Statewide
1-877-866-6384

Plateau Mental Health Center
1200 South Willow Avenue
Cookeville TN 38502
Phone: (931) 432-4123
Hotline: (877) 567-6051

Jackson County Sheriff's Department
Gainesboro, TN. 38562
(931) 268-0180
911 Emergencies

Thirteenth Judicial Task Force
Cookeville, TN. 38501
(931) 528-5400

Teen & Adult Challenge
200 Freedom Ln
Livingston, TN 38570
1-888-688-0470

Upper Cumberland-Community Services Agency

417 East Broad Street
Suite A.200
Cookeville, TN 38501
(931) 520-0200

Upper Cumberland Human Resource Agency - Jackson County

Gainesboro, TN 38562
931-268-9840

Assistance in the event of an Emergency Situation:

Air Evac Life Team

106 Emergency Services Dive
Albany, KY 42602
(606) 387-9099
Emergency = 911
(Assist with emergency needs)

Disaster Assistance

DisasterAssistance.gov

Gainesboro City Police Department

Gainesboro, TN 38562
(931) 268-0180
911 Emergencies
(Assist with emergency needs)

Jackson County Fire Department

Gainesboro, TN. 38562
911 Emergencies
(Assist with emergency needs)

Jackson County Rescue Squad

Gainesboro, TN. 38562
931-268-3447
911 Emergencies
(Assist with emergency needs)

Jackson County Sheriff's Department

Gainesboro, TN. 38562

931-268-0180

911 Emergencies

(Assist with emergency needs)

Poison Control/National 1-800-222-1222

Shriners of Tennessee

1354 Brick Church Pike
Nashville, TN. 37207
(615) 226-7676
(Helping children with orthopedic and burn conditions at no cost to the families or outside agencies)

TEMA

www.tn.gov/tema

Thirteenth Judicial Task Force

Cookeville, TN. 38501
(931) 528-5400
(Drug Task Force)

Assistance with Food/Clothing/Utilities Needs:

Allons Church of Christ

Allons, TN.
(931) 823-4145
Contact: AJ Cox
(Assist with various needs)

Catholic Church

North Washington Ave.
Cookeville, TN. 38501
(931) 526-2575
(Assist with food needs)

Collegeside Church of Christ

252 East 9th Street
Cookeville, TN. 38501
(931) 526-4605
(Assist with food needs)

**Community Education Office for the
Food Stamp Program
Legal Aid Society of Middle Tennessee
and the Cumberlands**

9 South Jefferson Avenue
Cookeville, Tennessee 38501
Phone: 931.528.7436
Toll Free: 800.262.6817
(Provides Pre-screenings and
information for the Food Stamp program.
Serves all counties in the LBJ&C Head Start
Service area.)

Department of Human Services
931-268-0235
(Assist with food needs/Food Stamps)

First Baptist Church
18 South Walnut
Cookeville, TN. 38501
(931) 526-7108 (Assist with food needs)

**First United Methodist Church of
Cookeville**
165 E broad St
Cookeville, TN 38501
931-526-2177
(Assists with Clothing, Transportation and
Utilities. Helps the needy to pay for utilities
(except telephone), pay for rent, and pay for
gasoline. There is also a clothing store that
helps with providing clothes for the needy,
located on 2nd Street and is open Tuesday -
Thursday, 9:00 a.m. - 11:00 a.m.)

New Hope Baptist Church
Gainesboro, TN.
*(931) 268-0657 (Assists families in need
with food & cloths)*

Salvation Army
Cookeville, TN. 38501
*(931) 520-1654 (Assists with various
needs)*

Stevens Street Baptist Church
327 West Stevens Street

Cookeville, TN. 38501
(931) 526-6398 (Assist with food needs)

**Tennessee Department of Human
Services - Jackson County**
Gainesboro, TN 38562
931-268-0235
(Assists with Children's Issues, Disability
Services, Food, and Health. Responsible for
a variety of functions including, but not
limited to administering the Families First
and Food Stamp programs, processing
TennCare applications, regulating childcare
centers, managing child support services and
providing a wide-range of services to
Tennesseans with disabilities)

The Exchange
Located in the Old World Video
Building
Gainesboro, TN *(Assists with clothing &
household items)*

Trinity Outreach Center
205 West Wall Street
Algood, TN 38506
931-537-9814
(Assists in paying utilities, rent, prescription
drugs, and household items for Domestic
Violence cases. Individuals can also receive
food and clothing help.)

**Upper Cumberland Human Resource
Agency - Jackson County**
Gainesboro, TN 38562
931-268-9840
(Assists with Children's Issues, Clothing,
Disability Services, Drug/Alcohol Abuse,
Food, Health, Housing, Unruly and
Delinquent Youth, Legal/Governmental
Assistance, Mental Care and Counseling,
Money/Employment Assistance,
Transportation/Utilities, Youth Activities.
Provides the following services:
Homemaker Aide and Elderly Chore
Services; LIHEAP; WAP; Emergency
Assistance; Information and Referral
Services; Child and Adult Care Food; Child
Care Certificate; WIA; Youth; Dislocated

Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls)

Resources to assist with Housing/Homeless Needs:

Bread of Life Homeless Shelter and Clinic

281 4th Street

Crossville, TN 38555

931-707-0569

(Primary care medical clinic for uninsured no-income and low -income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)

HART

Homeless Advocacy for Rural Tennessee

Grant based program, which allocates homeless assistance

P.O. Box 3311

Crossville, TN 38557

931-484-3207

Highland Residential Services

Housing Authority

235 W Jackson

Cookeville, TN 38503

(931) 526-9793 Cookeville

(931) 268-9680

(This program offers low-income or no-income housing, after-school programs, TNT Partnership with the police, tutoring, computer centers, field trips, Character Counts, Teens Need Training, PALS - Police, and fundraisers. Older children get paid \$2 per day for attending school, and children ages 5 - 10 get paid \$1 per day. There is a waiting list for eligible persons

depending on the type of housing being applied for.)

Cookeville Rescue Mission

1331 S Jefferson Ave Cookeville,

TN.38506

(931) 528-5819 (*Homeless shelter*)

First United Methodist Church of Cookeville

Cookeville, TN 38501

931-526-2177

(Assists with Clothing, Transportation and Utilities. Helps the needy to pay for utilities (except telephone), pay for rent, and pay for gasoline. There is also a clothing store that helps with providing clothes for the needy, located on 2nd Street and is open Tuesday - Thursday, 9:00 a.m. - 11:00 a.m.)

Habitat for Humanity

Cookeville, TN. 38501

(931) 528-1711

(Habitat builds and sells houses to “partner families” at cost with no-interest mortgages)

Trinity Outreach Center

205 West Wall Street

Algood, TN 38506

931-537-9814

(Assists in paying utilities, rent, prescription drugs, and household items for Domestic Violence cases. Individuals can also receive food and clothing help.)

United States Department of Agriculture

Rural Development

390 South Lowe Avenue Suite K

Cookeville, TN 38501

(931) 528-6539

(Provides affordable home loans. Assists low-income homeowners finance needed home repairs)

Upper Cumberland Homeless Shelter

15 Division Street

Crossville, TN. 38555

(931) 456-8172

(Assists families who need a place to stay)

Upper Cumberland Human Resource Agency - Jackson County

Gainesboro, TN 38562

931-268-9840

(Assists with Children's Issues , Clothing , Disability Services , Drug/Alcohol Abuse, Food , Health , Housing , Unruly and Delinquent Youth , Legal/Governmental Assistance Mental Care and Counseling , Money/Employment Assistance , Transportation/Utilities , Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls)

Assistance with Insurance Needs:

Blue Cross Blue Shield

1-800-548-2738

(Affordable Insurance for Families & Individuals)

Farm Bureau

410 Veterans Drive

Cookeville, TN 38501

(931) 528-1571

(Affordable Insurance for Families & Individuals)

Farm Bureau

604 Hospital Drive

Gainesboro, TN 38562

(931) 268-0305

(Affordable Insurance for Families & Individuals)

State Farm Insurance

238 North Grundy Quarles Hwy.

Gainesboro, TN 38562

(931) 268-8790

(Affordable Insurance for Families & Individuals)

State Farm Insurance

595 E. 10th Street

Cookeville, TN 38501

(931) 526-8795

(Affordable Insurance for Families & Individuals)

Tennessee Department of Human Services - Jackson County

Coverkids

Gainesboro, TN 38562

931-268-0235

(Assists with Children's Issues, Disability Services, Food, and Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities)

Tennessee Justice Center

Nashville, TN

615-255-0331

(Assists with strategies for obtaining TennCare and appeals process, etc.)

Legal/Governmental Assistance:

Child Support Services of Tennessee - Cookeville

1525 East Spring Street

Suite G

Cookeville, TN 38506

931-528-8598

(Helps locate parents who are not paying child support. They will provide legal representation in child support hearings. They also provide paternity testing)

**Highlands Residential Services
(Housing Authority)**

235 W Jackson
Cookeville, TN 38503
(931) 526-9793 Cookeville
(This program offers low-income or no-income housing, after-school programs, TNT Partnership with the police, tutoring, computer centers, field trips, Character Counts, Teens Need Training, PALS - Police, and fundraisers. Older children get paid \$2 per day for attending school, and children ages 5 - 10 get paid \$1 per day. There is a waiting list for eligible persons depending on the type of housing being applied for.)

**Legal Aid Society of Middle Tennessee
and the Cumberland**

9 South Jefferson Avenue
Cookeville, Tennessee 38501
Phone: 931.528.7436
Toll Free: 800.262.6817
(Serves all counties in the LBJ&C Head Start Service area. Provides free legal assistance to low-income persons on such issues as TennCare, Medicare, Domestic Violence, Housing Problems, Special Education Issues, and Consumer Issues.)

**Rape and Sexual Assault Response
Center**

1519 East Spring, Suite F
Cookeville, TN 38506
Hours of operation = 24 hrs/day, 7 days a week
Phone: = 931-526-5197
Hotline: 800-707-5197
Translation services offered: Yes
(Serves all eight counties in L.B.J. & C. Head Start Service area. Provides free legal & governmental assistance, Rape and sexual

assault forensic exams, legal advocacy, court advocacy, counseling (individual and support group). Also qualifies for all Genesis House service).

Tennessee 211

1-800-318-9335
(Helps direct non-profit agencies within each local service area of the state. Services are networked to find suicide prevention hotlines, help caring for an elderly relative, help learning to read, emergency help with a utility bill, support groups, & transportation, etc.)

**Upper Cumberland-Community
Services Agency**

Gainesboro, TN 38562
(931) 520-0200
(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)

**Upper Cumberland Human Resource
Agency - Jackson County**

Gainesboro, TN 38562
931-268-9840
(Assists with Children's Issues , Clothing , Disability Services , Drug/Alcohol Abuse , Food , Health , Housing , Unruly and Delinquent Youth , Legal/Governmental Assistance , Mental Care and Counseling , Money/Employment Assistance , Transportation/Utilities , Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child

Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys; Lakeside Resort and Educational Complex; UCARTS; Van Pool; Job Access; Commodities; Van Buren County Head Start.

Resources to Strengthen Marriages:

Assessment/Counseling/training Services (ACTS)
Cookeville, TN. 38501
(931) 528-9399

LifeCare Family Services
Cookeville, TN. 38501
(931) 528-0051
1-800- 881-0359
(615) 781-0688

The Exchange Club/Stephens Center for the Prevention of Child Abuse
616-B North Church Street Livingston, TN 38570
Contact: Carolyn Isbell, Executive Director
931-823-6432 & 800-635-5199

Trinity Church
205 West Wall Street Algood, TN. 38506
(931) 537-9830

Upper Cumberland Development District
1225 South Willow Avenue Cookeville, TN 38501
(931) 432-4111

Westview Baptist Church
427 Laurel Ave.
Cookeville, TN. 38501

(931) 526-7220

Pre- Marriage Counselors:

Assessment/Counseling/training Services (ACTS)
Cookeville, TN. 38501
(931) 528-9399

Trinity Church
205 West Wall Street Algood, TN. 38506
(931) 537-9830

Westview Baptist Church
427 Laurel Ave.
Cookeville, TN. 38501
(931) 526-7220

Medical Providers who take TennCare:

Ascend Pediatrics
108 4th Ave Baxter
931-255-4100
Fax 931-520-8925

Children's Special Services
Gainesboro, TN
931-268-0218

(Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)

Cookeville Pediatrics Associates
345 West Broad Street
Cookeville, TN. 38501
(931) 528-1485
(Takes TennCare)

Cookeville Regional Medical Center

142 West 5th Street
Cookeville, TN. 38501
(931) 528-2541
(Takes TennCare)

Dr. Chakrabarty

225 North Willow Ave.
Cookeville, TN. 38501
(931) 526-6100
(Takes TennCare)

Dr. P.K. Jain

225 North Willow Ave.
Cookeville, TN. 38501
(931) 528-8899
(Takes TennCare)

Dr. Krusa

Highland Square Shopping Center
Crossville, TN. 38556
(931) 484-4364
(Takes TennCare)

Dr. David Snodgrass & King

4761 Andrew Jackson Parkway
Hermitage, TN. 37076
(615) 885-3525
(Takes TennCare)

Gainesboro Medical Center

402 E Gore Ave
Gainesboro, TN 38562
931-268-6899

Kids Kare

Dr. Climico
758 South Willow Ave.
Cookeville, TN. 38501
(931) 526-6173
(Takes TennCare)

Jackson County Health Department

Gainesboro, TN. 38562
(931) 268-0218

(Takes TennCare and has affordable rates for those who do not have TennCare)

Tennessee Pediatrics

435 North Cedar Street
Cookeville, TN. 38501
(931) 526-6100
(Takes TennCare)

Wheeler Eye Care

Dr. Jane Wheeler
46 West Broad Street
Cookeville, TN. 38501
(931) 528-7765
(Takes TennCare)

Medical Providers, who may not take TennCare, but offer services to low-income families:**Baxter Medical Clinic**

319 West Broad Street
Baxter, TN. 38544
(931) 858-2116
(Takes TennCare and has affordable rates for those who do not have TennCare)

Bread of Life Homeless Shelter and Clinic

281 4th Street
Crossville, TN 38555
931-707-0569
(Primary care medical clinic for uninsured no-income and low-income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)

Children's Special Services

Gainesboro, TN
931-268-0218

(Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)

Cookeville Regional Medical Center

142 West 5th Street
Cookeville, TN. 38501
(931) 528-2541
(Takes TennCare)

Jackson County Health Department

Gainesboro, TN. 38562
(931) 268-0218
(Takes TennCare and has affordable rates for those who do not have TennCare)

Partnership for Prescription Assistance

Phone: 1-888-477-2669

www.pparx.org

If you do not have prescription coverage and/or can not afford your medicines, this organization may be able to help

Mental Health Providers who take TennCare:

Cumberland Plateau Recovery

550 North Church Street
Livingston, TN. 38570
(931) 403-3577
(931) 265-5382
(Assists those recovering from substance abuse with counseling and support services)

Dale Hollow Mental Health Center

501 Spruce Street

Livingston, TN. 38570
(931) 823-5678
(Assist with family or individual counseling for drugs/alcohol/etc.)

Personal Growth and Learning Center

509 North Cedar Avenue
Cookeville, TN 38501
931-520-8435
(Provides out-patient psychiatric and psychotherapy services (individual - adult and child, family, couples, groups) with specialties in trauma and abuse recovery, eating disorders, child/play therapy, EMDR, employee assistance programs, expert witness, and other generalized mental health services)

Plateau Mental Health Center

Substance Abuse Services
1200 South Willow Avenue
Cookeville TN 38502
Phone: (931) 432-4123
Hotline: (877) 567-6051
(Assist persons with disabilities and mental illness in various ways)

Rape and Sexual Assault Response Center

1519 East Spring, Suite F
Cookeville, TN 38506
Hours of operation = 24 hrs/day, 7 days a week
Phone: = 931-526-5197
Hotline: 800-707-5197
(Serves all eight counties in L.B.J. & C. Head Start Service area. Provides free legal & governmental assistance, Rape and sexual assault forensic exams, legal advocacy, court advocacy, counseling (individual and support group). Also qualifies for all Genesis House service).

Team Evaluation Center

600 North Holtzclaw Avenue
Chattanooga, TN 37404-1220
(423)-622-0500

(Team Evaluation Center provides diagnoses for social, emotional, educational, or physical problems. After a diagnosis is made, Team will then help develop an intervention plan that includes referrals for treatment. Provides services to pre-school children)

Volunteer Behavioral Health Care System - Plateau Mental Health Center

1200 South Willow
PO Box 3165

Cookeville, TN 38502

931-432-4123 **Hotline:** 1-800-281-4943

(Volunteer Behavioral Health Care provide a broad array of services and treatment strategies which include: psychiatric evaluations; individual, family, and group counseling; psychological assessments; chemotherapy; case management; residential facilities; crisis response; rehabilitative and supportive services – thus providing opportunity for people to help themselves)

Mental Health Providers, who may not take TennCare, but offer services to low-income families:

Assessment/Counseling/training Services (ACTS)

Cookeville, TN. 38501
(931) 528-9399

LifeCare Family Services

Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688

Plateau Mental Health Center

Substance Abuse Services
1200 South Willow Avenue
Cookeville TN 38502
Phone: (931) 432-4123
Hotline: (877) 567-6051

Pacesetters Inc.

2511 HWY 111 North
Algood, TN. 38506
(931) 537-9100

Upper Cumberland-Community Services Agency

417 East Broad Street
Suite A.200
Cookeville, TN 38501
(931) 520-0200

Upper Cumberland Human Resource Agency - Jackson County

Gainesboro, TN 38562
931-268-9840

Quit Tobacco Resources

Cumberland County Health Department

Smoking Cessation
Ruth Lucas
131 South Webb
Crossville, TN
931-484-6196

Tennessee Department of Health, WIC Program

S.M.A.R.T. – Smart Mothers are Resisting Tobacco
1-800-342-5942

Nicotine Anonymous

800-642-0666

American Lung Association

Freedom from Smoking
800-586-4872
info@lung.org

American Lung Association of Tennessee

212 S. Peters Rd. Suite 106
Knoxville, TN 37923

865-691-7228

www.lungusa.org

Former Smokers

The No Smoke Café

<http://clever.net/chrisco/nosmoke/stop.html>

Resources to assist persons raising children possibly other than their own:

Agricultural Extension Service - Putnam County

900 South Walnut Avenue Cookeville, TN 38501
931-526-4561

Department Of Children's Services

1300 Salem Road Cookeville, TN 38506
(931) 646-3000

Help Us Grow Up Successful (HUGS) Regional Office

200 West 10th Street
Cookeville, TN 38501
931-528-7531

Parent's Encouraging Parents Support Group

200 West 10th Street Cookeville, TN 38501
(931) 646-7510

Relatives as Caregivers

1225 South Willow Ave. Cookeville, TN. 38501
(931) 432-4111

Single Mother's Support Group

Sponsored by: Friendship United Methodist Church
Cookeville, TN 38501
931-525-3555

The Exchange Club/Stephens Center for the Prevention of Child Abuse

Livingston, TN 38570

Contact: Carolyn Isbell, Executive Director

931-823-6432 & 800-635-5199

Upper Cumberland-Community Services Agency

417 East Broad Street Suite A.200
Cookeville, TN 38501
(931) 520-0200

Upper Cumberland Human Resource Agency - Jackson County

Gainesboro, TN 38562
931-268-9840

Youth Villages

1420 Neal Street Cookeville, TN 38501
(931) 525-6900

Resources to assist with Transportation Needs:

First United Methodist Church of Cookeville

204 East Springs Street
Cookeville, TN 38501
931-526-2177

(Assists with Clothing, Transportation and Utilities. Helps the needy to pay for utilities (except telephone), pay for rent, and pay for gasoline. There is also a clothing store that helps with providing clothes for the needy, located on 2nd Street and is open Tuesday - Thursday, 9:00 a.m. - 11:00 a.m.)

Upper Cumberland-Community Services Agency

417 East Broad Street
Suite A.200
Cookeville, TN 38501
(931) 520-0200

(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and

Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)

Upper Cumberland Human Resource Agency - Jackson County

Gainesboro, TN 38562

931-268-9840

(Assists with Children's Issues , Clothing , Disability Services , Drug/Alcohol Abuse , Food , Health , Housing , Unruly and Delinquent Youth , Legal/Governmental Assistance , Mental Care and Counseling , Money/Employment Assistance , Transportation/Utilities , Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; UCARTS; Job Access; Commodities; Van Buren County Head Start.)

Upper Cumberland Development District

1225 South Willow Avenue

Cookeville, TN 38501

(931) 432-4111

(Provide assistance with Disability Services, Housing, Legal/Governmental Assistance, Money/Employment Assistance, Parenting and Marriage Issues, Transportation/Utilities)

Promoting Youth Involvement:

Community Prevention Coalition

201 W Hull Ave

Gainesboro, TN.

(931) 268-4191

Baxter Branch Library

200 Main Street

Baxter, TN.

(931) 858-1888

(Assists with library cards, tax forms, research and Internet access)

Charles Ralph Holland

Memorial Library

305 W. Hull Ave.

Gainesboro, TN 38562

931-268-9190

Collegeside Church of Christ

252 East 9th Street

Cookeville, TN. 38501

(931) 528-2872

(Has Teenside & UCSC Programs for youth involvement)

Cookeville Children Theatre

460 E. Stevens Street

Cookeville, TN. 38501

(Assists young people to get involved with drama/theatre. Puts on plays for the community)

**Highland Residential Services
(Housing Authority)**

325 Jackson

Cookeville, TN 38503

(931) 526-9793 Cookeville

(931) 268-9680

(This program offers low-income or no-income housing, after-school programs, TNT Partnership with the police, tutoring, computer centers, field trips, Character Counts, Teens Need Training, PALS - Police, and fundraisers. Older children get paid \$2 per day for attending school, and

children ages 5 - 10 get paid \$1 per day.
There is a waiting list for eligible persons
depending on the type of housing being
applied for.)

Cumberland Soccer Complex

Board of Directors

(931) 528-6516

*(Assists young people to get involved
with soccer)*

**First United Methodist Church Youth
Group**

204 East Spring Street

Cookeville, TN. 38501

(931) 526-2177

*(Provide opportunities for youth to meet
and participate in activities)*

Grace Presbyterian Church

3 North Jefferson

Cookeville, TN. 38501

(931) 520-0893

Newman Catholic Group

421 North Washington Ave.

Cookeville, TN. 38501

(931) 526-2575

(Youth involvement Program)

Putnam County Library

50 E. Broad Street

Cookeville, TN. 38501

(931) 526-2416

*(Assists with library cards, tax forms,
research and Internet access)*

Putnam County Children's Library

50 E. Broad Street

Cookeville, TN. 38501

(931) 526-2416

*(Assists with library cards, has story
time and special projects for youth)*

River Community Church

108 North Washington Ave.

Cookeville, TN. 38501

(931) 528-3660

(Youth Program)

**Upper Cumberland-Community
Services Agency**

417 East Broad Street

Suite A.200

Cookeville, TN 38501

(931) 520-0200

(Assists with Children's Issues,

Drug/Alcohol Abuse, Unruly and

Delinquent Youth, Mental Care and

Counseling, Transportation/Utilities, Youth

Activities. Prevention case management

services to children at risk of being placed in

state custody, home studies requested

through the Court system and crisis

intervention. Family Crisis Intervention for

unruly youth, TennCare transportation,

Family Services Counseling, AmeriCorps

Tutoring and Mentoring, and Juvenile

Mental Health and Drug Court Counseling
are also available)

**Upper Cumberland Human Resource
Agency - Jackson County**

Gainesboro, TN 38562

931-268-9840

(Assists with Children's Issues , Clothing ,

Disability Services , Drug/Alcohol Abuse ,

Food , Health , Housing , Unruly and

Delinquent Youth , Legal/Governmental

Assistance , Mental Care and Counseling ,

Money/Employment Assistance ,

Transportation/Utilities , Youth Activities.

Provides the following services:

Homemaker Aide and Elderly Chore

Services; LIHEAP; WAP; Emergency

Assistance; Information and Referral

Services; Child and Adult Care Food; Child

Care Certificate; WIA; Youth; Dislocated

Worker; Adult; Families First Employment;

Title V Senior; 502E Senior; Drivers'

Education; Community Intervention for

Juvenile Offenders; Adult Community

Corrections; DUI/LIOP; CHANCE for Girl;

UCARTS; Job Access; Commodities; Van

Buren County Head Start)

YMCA

Cavalier Drive
Cookeville, TN. 38501
(931) 528-1133

(Assists young people to become involved in exercise activities and community events)

WCTE American Graduate & Ready to Learn

LWray@wcte.org
CPutman@wcte.org
931-528-2222

Language Assistance
(All Counties)

Brent Simpson
931-212-8097

County Health Depts. - Primary Health Care Services

County operated outpatient health care facilities that provide a broad range of diagnostic and treatment services including primary adult and pediatric care, prenatal care, dental care and specialty medicine as well as laboratory and radiological services and allied support services like nutrition and health education. Some public clinics may also offer public health services such as immunizations and communicable disease screening and treatment. Services are available on an ability-to-pay basis and target low-income and indigent residents of the community. (Spanish Language Services)

Department of Human Services, Counties

A state government agency that provides the following financial assistance and health insurance programs to those who qualify: Families First - temporary cash assistance program; Food Stamp Program/Electronic Benefit Transfer (EBT) - nutritional assistance program, EBT Helpline (1-888-997-9444); Medicaid/TennCare - processes

applications for health insurance coverage; Child Care Resource & Referral; & Adult Protective Services - investigates reports of abuse, neglect, or financial exploitation of adults (1-888-277-8366). Interpreter Services available upon request

Hispanic Family Resource Center

(615) 227-7500
(800) 280-8682

Hispanic Association

732 Lafayette Rd
Red Boiling Springs, TN 37150
(615) 699-6279

LifeCare Family Services - Cookeville - Counseling and Therapeutic Services

665 South Jefferson Avenue
Cookeville, TN 38501
(931) 528-0051

Provides a variety of counseling services such as academic and behavioral school issues, juvenile delinquency, marriage and family, separation and divorce, depression, alcohol and drug dependency & twelve step recovery, grief and loss, job and life transitions, parenting, and conflict resolution/communication training. (Spanish Language Services)