

**MAY  
2021**

# Pickaway Senior Center

*"WE'RE LIVING IT UP"*

## Pickaway Senior Center

2105 Chickasaw Drive

P.O. Box 565

Circleville, OH 43113

740-474-8831

[www.pickawayseniors.org](http://www.pickawayseniors.org)

### IMPORTANT DATES:

**WEDNESDAY, MAY 12**  
**BOARD MEETING**  
**DRIVE-THRU LUNCH 11:00 AM**

**THURSDAY, MAY 13**  
**PRODUCE TRUCK 8:00 AM**

**TUESDAY, MAY 18**  
**COMMODITIES**

**WEDNESDAY, MAY 26**  
**DRIVE-THRU LUNCH 11:00 AM**

**THURSDAY, MAY 27**  
**PRODUCE TRUCK 8:00 AM**

**MONDAY, MAY 31**  
**CENTER CLOSED**



## From the Desk of the Director

Hello All! I hope everyone is doing well and has had a nice Spring so far!

Just a reminder, Mother's Day is Sunday, May 9. Happy Mother's Day to all the mothers!

Mark your calendars - we will be grilling out for our drive-thru lunches this month.

On Wednesday, May 12 from 11 a.m. until 12:15 p.m. we will be grilling hot dogs and brats for lunch. You will need to RSVP by Thursday, May 6 – **please specify if you will want a hot dog meal or a brat meal** so that we have a good count of how many we will need. Suggested donation is \$3.

Then on Wednesday, May 26 from 11 a.m. until 12:15 p.m. we will be grilling out tenderloin. You must RSVP no later than May 13 if you want a sandwich! **There will be a limited quantity of sandwiches so please RSVP early!** Suggested donation for the tenderloin is \$4. You can RSVP to the center at 740-474-8831.

As a reminder: The Home Energy Assistance Program (HEAP) is winding down, all applications must be received by May 31. Call the center for more information or if you need assistance.

Free produce will be distributed this month on Thursday, May 13<sup>th</sup> and May 27<sup>th</sup> starting at 8 a.m. on a first come, first service basis.

Mid-Ohio Commodity Food Boxes will be distributed on Tuesday, May 18 from 8 a.m. until 1 p.m. Until we can all be together again, Stay Safe and Stay Healthy!

Holly Cottrill, Executive Director



**Pickaway Senior Center  
Board of Directors:**

Brenda Strittmatter      President  
Tonya Thompson      Vice President  
Connie Kelly      Treasurer  
Sally Galecki      Secretary  
Al Canarsky      Membership Pres.  
Holly Cottrill      Executive Director  
Dennis Bothel      Fiscal Officer  
Lisa Robbins · Ed Boyer  
Pat Acord · David Evans  
Jackie Rish · Sheriff Matthew Hafey

**Pickaway County  
Commissioners:**

Jay Wippel · Gary Scherer  
Harold Henson

**PICKAWAY SENIOR  
CENTER**

2105 Chickasaw Drive  
P.O. Box 565  
Circleville, OH 43113

[www.pickawayseniors.org](http://www.pickawayseniors.org)

**Office: 740-474-8831**  
**Toll Free: 888-397-7246**  
**Nutrition: 740-474-8617**  
**Fax: 740-477-8114**

**Office Hours:**  
**Monday-Friday**  
**8am - 4:30 pm**

**\*Due to the COVID-19 some ser-  
vices, business hours and days  
have changed**

**Our services are provided for seniors ages 60 and over, Monday through Friday.**

**Adult Day Care:**

Provides relief for families caring for a loved one with dementia or Alzheimer's. This service is available Monday through Thursday from 8:30 AM to 1:30 PM. Lunch and transportation are provided.

**Congregate Meals:**

A hot lunch served at the Pickaway Senior Center at 11:30 AM on Monday, and at 12:00 noon Tuesday through Friday.

**Homemakers:**

Assistance with cleaning, laundry and running errands. Clients must meet certain eligibility criteria.

**Meals on Wheels:**

A hot lunch delivered to your home five days a week.

**National Family  
Caregiver Support  
Program:**

Respite and personal care, financial help with co-pays and medicine, utility bills, home repair. The care recipient must be over 60 years of age.

**Supportive Services:**

Assistance with Medicare & Medicaid papers, HEAP and Commodities paperwork.

**Transportation:**

Transportation for medical appointments, dialysis, and grocery shopping.

**For information  
on any of  
these services,  
call the Senior  
Center: 740-  
474-8831**

**The Pickaway Senior Center is a non-profit organization. We are supported by financial contributions from the following:**

- Title III administered through the Ohio Department of Aging
- Funds from a senior levy passed by Pickaway County voters
- Private donations and fundraisers





## PICKAWAY SENIOR CENTER MAY 2021 NEWSLETTER

### In Memory or Honor of...

*This Recognition Gift to the Pickaway Senior Center is a very thoughtful gift which means others in Pickaway County will be helped.*

Enclosed is my gift of \$ \_\_\_\_\_ In Memory or Honor of \_\_\_\_\_

Occasion: ☐ Birthday ☐ Anniversary ☐ Other \_\_\_\_\_

Given by \_\_\_\_\_

*Please make checks payable to the Pickaway Senior Center. Mail gift to:*

Pickaway Senior Center  
P.O. Box 565  
Circleville, OH 43113

### DRIVE-THRU LUNCHES

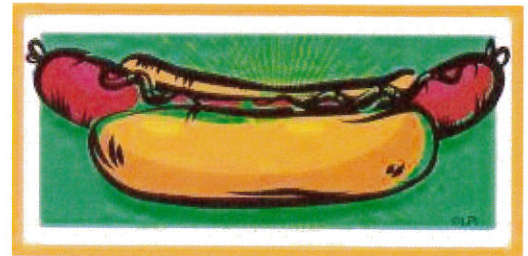
**Wednesday, May 12**

**Grilled Hot Dogs or Brats**

**11:00 am– 12:15 pm**

(please specify if you will want a hot dog meal or a brat meal)- **RSVP by May 6**

**Suggested Donation \$3**



**Wednesday, May 26**

**Grilled Tenderloin Sandwich & Chips**

**11:00 am– 12:15 pm**

**You must RSVP no later than May 13**

**\*There will be a limited amount of sandwiches\***

**Suggested Donation \$4**

If you are interested in stopping by and picking up a lunch on any of those days please call the Center at 740-474-8831 to RSVP.



## MAY BIRTHDAYS-HAPPY BIRTHDAY!

### MAY 1

LINDA DOWNS  
MARY HARDY  
PATRICIA FEATHERING-  
HAM  
SHIRLEY LORICK

### MAY 2

KENNETH HARNESS  
MARGARET SPANGLER  
MARY FULKS  
LANI DAVIS  
MARY MOSS  
LELAND JOHNSON

### MAY 3

NED YOUNG  
CHARLOTTE HILL  
MARY BROWN  
SHARON OLIVE

### MAY 4

MARY WOOLDRIDGE  
CHARLES MAXWELL  
DAVID GIBSON  
JOSEPH COOLEY

### MAY 5

JUDY HATFIELD  
JAN SLADEK  
SHARON BROWN  
BARBARA RAY

### MAY 6

DALE EDWARDS  
TEDD DAVIS  
KATHY O'BRYAN

### MAY 7

ANNE PACK  
LINDA SHAW

### MAY 8

CAROLYN CORNWELL  
CAROL CARTER  
JEANNE WILSON  
MARJORIA NORRIS  
JUDY WILSON  
WILLIAM SNYDER  
ANNEMARIE STEWART  
LYNN WALKER  
HARRIET MCCLISH  
DOUGLAS  
SCHOEPHOERSTER

### MAY 9

JOELLEN JACOBS  
JEFFREY PETERS  
MARILYN HANSHER  
VAN TISH

### MAY 10

WANETA NORMAN  
GRACILLE KUHN  
KATHRYN ULMAN  
JACK HUFFMAN  
SUE PETERS  
TOM SPRING

### MAY 11

NED SCHREINER  
CONNIE DAMRON  
STEVE HETTINGER  
ALLEN CALDWELL

### MAY 12

ANNA NEAL  
CAROL FIFE  
GARDENIA ROLL  
EDWARD VANFOSSEN  
GLENDA WINSTEAD

### MAY 13

CLARK REDDING

### MAY 14

SHIRLEY NORRIS  
BARBARA BROOKS

### MAY 15

ELIZABETH FETHEROLF

### MAY 16

DAVID BETZ  
LOU MOREHART  
GENEVA ARLEDGE  
ROBERT SCHROEDER  
LEONARD SOWERS  
TIM HARTINGER  
ADA BURKE

### MAY 17

RUBY BAYLOUS  
WAYNE ATWOOD  
DORENE LEATHERWOOD  
GLADYS HAWKS  
LOIS PECK  
CARL STRITTMATTER  
MARY WILLARD

### MAY 18

HARRIETT RISER  
BETTY GARRETT  
ISMAEL PEREZ  
ESTHER GIFFIN  
BOB BENSONHAVER  
CATHY MATTHEWS  
DOROTHY DAVIDSON

### MAY 19

LINDA MITHOFF  
HAZEL LUMLEY  
ED BOYER  
ROBERT POKRANDT  
ROSE PERSINGER

### MAY 20

LINDA DUNKLE  
VIRGINIA SINES  
CARRIE MCNEAL

### MAY 21

ANNA HEDGES  
CAROLYN YOUNG  
JOHN MYERS  
BETTY KEMPTON  
SULAYNE STREITENBERGER

### MAY 22

BERTHA MCGUIRE  
EILEEN KESTER  
BONNIE SUMMERS

### MAY 23

GLENN PARK  
JAMES SPEAKMAN  
SHARON CROSBY

### MAY 24

OLAMAE COX  
DONA GREENE  
STEVE EDSTROM  
JUDY HESKETT  
DIANE SMITH  
PENNY SAVAGE  
LINDA SAWYER

### MAY 25

MAUREEN JACKSON  
PAT GRIFFITH  
REGINA STEPHENS

### MAY 26

CAROLYN ADAMS  
THOMAS MANRING  
LINDA EASTER

### MAY 27

DIANE RHYMER

### MAY 28

CLIFTON RIPPETOE  
HELEN EVANS

### MAY 29

JAMES GRAVES  
GERALD MCNICHOLS

### MAY 30

CAROL REICHELDERFER  
JOAN KENNEDY  
ROSEMARY PARSONS

### MAY 31

NAOMI ADKINS  
MAXINE GARRISON  
ZELDA TOMPKINS  
JEAN HOWLEY  
DONNA MURPHY  
ESTHER HARRIS  
JOANN VAN BUSKIRK



## SPECIAL THANKS TO THE FOLLOWING PEOPLE...

### New Members

Karen Cockrell

Chuck Sims

Steve Jones



### \$10 Fund Donations

Linda Harden

Doris Dodson

Roscoe Bitzel

Stanley & Donna Gloyd

Marian Hallum

Harry Hosler

Judy Meenach

Peggy Stump

Carolyn Cornwell

Mary Sheets

Judy Gulick

Donald & Betty Smith

Colleen Davis

Patricia Drummond

### Memorial/Honor of

#### Donations

In Memory of  
My Husband, Alton Hallum

Given By,  
Marian Hallum

~~~~~  
In Memory of  
My Brother, Larry Black

Given By,  
Connie Swoyer

~~~~~  
In Memory of  
My Mother, Mary Grubb  
For Mother's Day

Given By,  
Julie Imler

~~~~~  
In Memory of  
Annabelle Spangler

Given By,  
Mable Green

~~~~~  
In Memory of  
Our Parents: Charles & Lucy  
Willeford &  
Bob & Betty Hoover

Given By,  
  
Jim & Melanie Willeford

~~~~~  
In Memory of  
Roscoe Blankenship

Given By,  
Loretta Blankenship

### Memorial/Honor of

#### Donations

In Memory of  
Jeffrey Hatfield, passed in April  
2020

Given By Mother,  
Judy Hatfield

~~~~~  
In Memory of  
Ralph Hart for his 75th Birthday

Given By,  
Barbara Hart

~~~~~  
In Memory of  
My Wife, Pat  
on May 20th it would be  
our 32nd Anniversary

Given By,  
Al Canarsky

~~~~~  
In Memory of  
Marilyn Burke

Given By,  
  
Jewell Roesse  
Sandra Burns  
Richard & Marsha Early  
Ernie & Martha Neubauer  
The Scudder Family  
Edward & Kathryn Bauersfeld

~~~~~  
In Memory of  
Jim Harber for our  
May 25th Anniversary

Given By,  
Rhea Harber



## MAY TRIVIA



1. What flowers are often associated with Mother's Day?
2. "Mother of Presidents" is the nickname of which U.S. state because 8 former U.S. Presidents were born and raised there?
3. Which U.S. President officially issued a proclamation to establish Mother's Day?
4. What is the most popular gift purchased for Mother's Day?
5. What was the original name for Memorial Day?
6. What state is the official birthplace of Memorial Day?
7. What item is placed on each grave at Arlington Cemetery every year during the National Memorial Day?
8. In what year did Memorial Day become a legal federal holiday?

Write your answers:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_



To be entered into May's Gift Card Raffle please mail back to the Center along with:

**Name & Phone Number:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Deadline May 31. Congrats to March Raffle Winner Jeane C.**



## PICKAWAY SENIOR CENTER MAY 2021 NEWSLETTER

### HEAP APPLICATIONS AVAILABLE

The Ohio Development Services Agency wants to remind Ohioans that assistance is available to help with their home energy bills. The Home Energy Assistance Program (HEAP) helps Ohioans at or below 175 percent of the federal poverty guidelines pay their heating bills. Applied directly to the customer's utility or bulk fuel bill, the benefit can help manage heating costs. Ohioans can visit [www.energyhelp.ohio.gov](http://www.energyhelp.ohio.gov) to apply online, download a copy of the application or find contact information for a local Energy Assistance Provider (EAP). When applying, individuals need to have copies of the following documents:

- Most recent utility bills./A list of all household members (including birth dates and Social Security numbers).
- Proof of income for the past 30 days for all household members (12 months for certain income types).
- Proof of U.S. citizenship or legal residency for all household members.
- Benefits are applied to an individual's energy bill after January 1st. Applications for the HEAP program must be received by May 31, 2021. For more information call the Center at 740-474-8831.



Just a reminder  
if you would  
like a donation  
such as a Me-  
morial/Honor  
of or a \$10

**Fund Donation in the newsletter we must receive the information at the Center by the first week of every month. If there is space permitting and more are received after the first week we may still be able to put the information in the newsletter.**

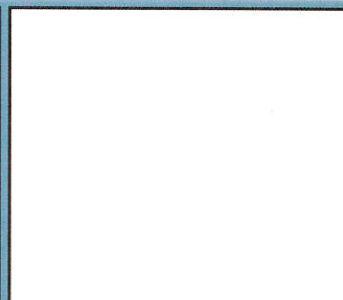
**Thank you.**

**Luebbe**  
Hearing Services  
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Hospice Care

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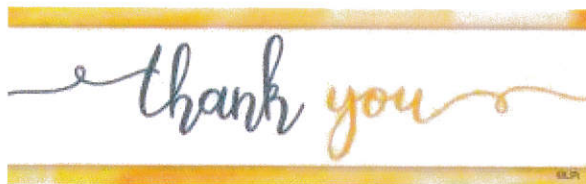


## PICKAWAY SENIOR CENTER MAY 2021 NEWSLETTER

### REMINDER

If you need to drop something off to the Center such as applications, donations, dues etc. we ask that you please use drop off box at front entrance or continue to mail them to:

Pickaway Senior Center, P.O. Box 565  
Circleville, OH 43113



### GIFT CARD RAFFLE

For your chance to be entered into a gift card drawing please complete the **May Trivia** on **page 6** and send us your answers. Deadline is **May 31**. Gift Card drawing will be held the first week of June. You can submit answers by mail to the Center at P.O. Box 565, Circleville, OH. Be sure to include your name, address and phone number. Winner will be contacted first week of June. Thank you.



## Don't yell at your Computer, let us fix it!

We will fix it or  
it's free.

**49.00 fixed rate for all seniors, computer tune ups,  
repairs, training, Virus removal, new setups,  
software installs and upgrades, at your senior center.  
Call (614) 398-1098 for an appointment.**

### PICKAWAY HOUSING AUTHORITY

Pickaway Terrace, Eden Place, Louise Terrace & Williamsport Terrace

• Providing affordable housing for  
elderly/62 years or older and/or disabled

176 Rustic Drive • Circleville, Ohio 43113

740-477-2514 • Fax: 740-477-7456

email: pmha@pickawaymha.com

TTY/TDD Customers:

Contact Ohio Relay Services at 711 or 1-800-750-0750

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- Home Health Aides

From our house... to yours

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Ross and Hocking Counties.

All employees bonded!

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Circleville, OH

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## CONNECTION CAFE

The Connection Café will feature the Master of Memory program series offered by OSU Extension this May. Are you concerned about memory problems? If so, join us for this 4 part series, **Master of Memory**.

Studies show that 80 percent of older adults complain about memory problems, but only 15 percent report them to their health professional. People of all ages complain about forgetting, but older people tend to worry more about forgetting and memory loss. Regardless of age, memory losses are increased by factors such as inattention, anxiety or depression. Living alone, stress, illness, adapting to the loss of relationships, and the negative stereotypes of society all may affect the older person and their memory.

*Master of Memory* encourages participants to recognize they can impact their memory function and identify factors that may enhance or detract from their memory function. We will share suggestions that may help address some of those concerns.

OSU Extension will offer The Connection Café on Wednesday mornings at 10 am beginning May 5. These four sessions will be offered online. Sessions will include information on memory strategies, nutrition, medications, medical conditions, and exercise for the body and mind.

Sessions are free - but registration is required. You may register here: <https://go.osu.edu/masterofmemory>

If you have questions, you may contact your local OSU Extension office at 740-474-7534 or by emailing Michelle Treber at [treber.1@osu.edu](mailto:treber.1@osu.edu)




**ALL THE CARE YOU EXPECT.  
ALL THE COMFORTS OF HOME.**

Learn more about virtual health visits and how to schedule yours at [OhioHealth.com/VirtualHealth](https://OhioHealth.com/VirtualHealth).

 **OhioHealth**  
BELIEVE IN WE™

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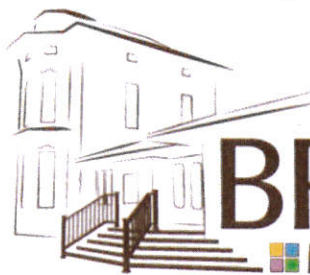
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[www.macintoshcompany.com/Pickawaymanor](http://www.macintoshcompany.com/Pickawaymanor)



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Circleville, OH 43113

Non-Profit Org.  
U.S. Postage  
PAID  
Permit #200  
Circleville, OH 43113

*RETURN SERVICE REQUESTED*

Current Resident



### **\$10 Fund Donations**

Richard Fisher  
John & Gloria Adams  
Ralph & Patsy Oldaker  
Dee Mogan  
Julie & Patrick Smith  
Charles & Susan Patrick  
Delbert & Arlene Poling  
Barb Hull  
James & Wanda Davis  
Gary & Debbie Greene

### **Don't miss our upcoming events and activities at the Center!**

Birthdays.....Pg 4  
Trivia.....Pg 6  
Gift Card Raffle.....Pg 8  
Menu.....Pg 10  
Activities Calendar.....Pg 11

### **\$10 Fund Donations**

Ruthanne Roush  
Damon Lively  
Jeane Crider  
Richard Groff  
Glenna Frazier  
Connie Swoyer  
Laura Groves  
Jack & Andra McGill  
Barbara VanBuskirk  
Mabel Green