

★ Girls Just Wanna ★
Have Fun!



October 19-21 2018

hosted by

Mountain Brook Gymnastics

Girls Just Wanna Have Fun!

Host: Mountain Brook Gymnastics Foundation & AGEF

Site: The Mountain Brook Gymnastics Center

Mail Entries to:

Girls Just Wanna Have Fun!
P.O. Box 43267
Birmingham, AL 35243

Meet Director & Contact Info:

Helen Nabors
helen@mountainbrookgymnastics.com
(205) 969 – 4889 [Phone]
(205) 969 – 8496 [Fax]
Entry Forms/Additional Information can be found at
www.mountainbrookgymnastics.com

Equipment:

AAI & GMR Level 4 Vault Stations
¾" Vault Runways 1 3/8" thick
AAI Elite Uneven Bars
AAI Elite & Spieth Anderson "Crank" Beams
MIDWEST EAGLE 2000 PLASTIC SPRING FLOOR

Awards: Exceed USAG guidelines... We will award Team Champions after each session

Prizes will also be given to the coaches who come dressed to impress in their best 80's attire.

Entry Fees:

Levels 1 – 10 = \$85
Xcel-all levels = \$85
Team Entry = \$40 per Team Entered (The top 3 scores will constitute team awards.)
Teams will be kept together if at all possible.
Make checks payable to "A.G.E.F.", and please include each gymnast's t-shirt size on your entry forms .

Admission Fees:

Adults = \$6
Children Ages 5 – 12 = \$4
Children Under Age 4 and seniors are FREE!

Deadlines:

Entries: Friday, September 14th
Scratches/Refunds: Tuesday, September 18th

Area Hotels:

Hilton Garden Inn SE/Liberty Park
205-503-5221