

Goals Setting Skill – SMART

Goals to get things done; have a road map, follow a plan. A goal is a dream with a deadline. Arriving at a goal is the starting point for another.

A goal without a plan is just wishful thinking !



Drawing up your SMART Goals is like asking you to dream many small dreams to form 1 big dream. If you're to start with a very big dream in the beginning, you may get discouraged halfway, and give up chasing after that big dream in the end.

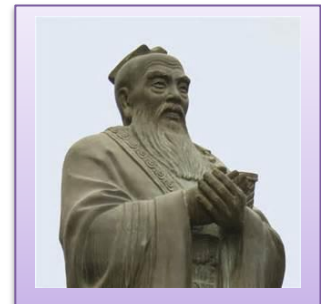
However, if you make small goals and accomplish them along the way, you will have the confidence to go on to higher goals.

Therefore, setting SMART Goals is the first step in turning your dreams into realities.

Setting goals is the first step in turning the invisible into the visible.

- Tony Robbins

Successful people always maintain a positive focus in life. They stay focused on their past successes rather than their past failures, and take the necessary action steps needed to get them closer to their goals.



Confucius said, "When it is obvious that the goals cannot be reached don't adjust the goals, adjust the action steps."

Achieving your SMARTgoals make you more confident, motivated, and become a bigger dreamer. Learn to set SMART goals and take the action steps to success.

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