

*Community Resources
For White County
Bondecroft & Sparta
Head Start Centers
2023-2024*



To locate additional information on Community Resources access:

<https://empoweruppercumberland.org/discoverresources/>.

Or <https://ucassist.org/search/>

Developed and Distributed by L.B.J. & C. Head Start

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Adult Education:

St. Raphael's Episcopal Church

Crossville, TN 38555
931-484-2407
931-788-5073 = Directors Number
(Assists adults with reading comprehension, remedial work, and understanding English as a Second Language)

Roane State Community College

Crossville, TN 38555
931-456-9880
(Assists adults with furthering their formal education. Assistance with financial aid & scholarship sign-up is available)

TENNESSEE RECONNECT

Tennessee Reconnect Is The State Of Tennessee's Initiative To Help Adults Enter Higher Education So That They May Gain New Skills, Advance In The Workplace, And Fulfill Lifelong Dreams Of Completing A Degree Or Credential.
ask@tnreconnect.gov
Or call 800-342-1663

Tennessee Technology Center

910 Miller Ave.
Crossville, TN. 38555
(931) 484-7502
(Assists Adults to further their education and job skills training)

www.UCReconnect.com

931-526-2211

Adult Job Training Services:

American Job Center

931-520-9502
Anthony.scionti@tn.gov

Families Resource Center

Sponsored by: White County Board of Education
Sparta, TN. 38583
(931) 836-2229
aprilyoung@whitecoschools.net
(Assists Adults to further their education)

Career Center

60 Ridley Street
Crossville, TN. 38555
(941) 484-7456
(Assist adults to find jobs and provides basic training on job seeking skills)

Social Security Administration - SSI Program

1145 Perimeter Park Dr
Cookeville, TN 38501
1-888-717-1528
(Assists with Disability Services, Money/Employment Assistance. The SSA administer a program called SSI for persons with disabilities who are age 65 or older, a blind adult or child, or disabled adult or child - children under 18. If under 18, substantially reduced ability to function independently, appropriately and effectively in a manner expected of children of similar age due to a physical or mental impairment, which has lasted or is expected to last at least 12 months or end in death.)

Tennessee Technology Center

910 Miller Ave.
Crossville, TN. 38555
(931) 484-7502
(Assists Adults to further their education and job skills training)

Upper Cumberland Human Resource Agency – White County

826 Valley View Drive

Sparta, TN 38583

931-738-6255

(Assist with Children's Issues, Food, Health, Housing, and

Money/Employment Assistance

Transportation/Utilities. UCART

provides public transportation services

for low -income individuals, financial assistance for daycare expenses for

Family First participants, food

commodities program, emergency funds

for utility, rent and prescription

medication payment, meals on wheels

services, home energy assistance

program.

Resources for Bereavement:

Heart of the Cumberland

377 Short St or P.O. Box 717,

Cookeville, TN 38503

Phone: 931-525-2600

heartofthecumberland@gmail.com

Specifically for children and teens that are hurting because of losses suffered through death, divorce or family circumstances

Healthy Bereavement & Grief Classes/Education

Highlands Medical Center

401 Sewell Rd

Sparta, TN

931-738-9211

Gentiva Hospice

Sponsored by: Lazarus House Hospice

851 South Willow Ave Ste 102

Cookeville, TN.

931-520-1705

931-528-5133

Hospice of Cumberland County

Meets at the First United Methodist Church

First Tuesday of each month at 11:00 a.m.

Crossville, TN. 38555

(931) 484-4748

Childcare:

BLUE SPRINGS DAY CARE

2175 DORAN ROAD

SPARTA, TN 38583

(931) 738-9394

(Call for fees)

BONDECROFT HEAD START

9020 CROSSVILLE HWY

SPARTA, TN 38583

(931) 935-8420

(Free Service)

CASSVILLE ELEM PRE-KINDERGARTEN (-E-)

261 WILL THOMPSON ROAD

SPARTA, TN 38583

(931) 761-2277

(Call for fees)

DEBBIES DAYCARE

336 LEON DRIVE

SPARTA, TN 38583

931-836-8480

DOYLE ELEMENTARY SCHOOL AGE CARE (-E-)

174 W.GOOSENECK ROAD

DOYLE, TN 38559

(931) 657-2287

(Call for fees)

FINDLAY ELEMENTARY PRE-KINDERGARTEN (-E-)

576 HALE STREET
SPARTA, TN 38583
(931) 738-2412
(Call for fees)

HEAVENLY SUNSHINE

LISA SCOTT
COOKEVILLE, TN 38506
(931) 738-3882
(Call for fees)

Mary Poppins Daycare

Cliffview Dr
Sparta, TN 38583
931-492-1282

NORTHFIELD ELEMENTARY SCHOOL AGE CARE (-E-)

570 S.BUNKER HILL ROAD
SPARTA, TN 38583
(931) 761-7979
(Call for fees)

Shepard's Little Flock Preschool

1461 Sparta Hwy
Crossville, TN 38572
931-707-0508

SPARTA HEAD START

430 N Spring St
SPARTA, TN 38583
(931) 836-2615
(Free Service)

Tender Care

958 McMinnville Hwy
Sparta, TN 38583
931-739-8145

TLC

3235 MONTEREY HIGHWAY
SPARTA, TN 38583
(931) 739-7767
(Call for fees)

THE SECRET GARDEN

258 NORTH SPRING STREET
SPARTA, TN 38583
(931) 837-5337

WOODLAND PARK

ELEMENTARY B/A CARE (-E-)

88 PANTHER DRIVE
SPARTA, TN 38583
(931) 738-3505
(Call for fees)

Resources to Help in Child Abuse Situations

Avalon Center

Crossville, TN. 38555
1-800-641-3434 24-hour crisis line
(931) 484-4642 24-hour crisis line
(931) 456-0747 Center office
(Crisis line for those being physically or sexually assaulted)

Child Abuse Hotline

900 2nd Avenue North
Nashville, TN 37201
877-237-0004
(Hotline Only. Provides a 24-hour line to take reports of abuse and neglect from anyone who knows about a child abuse situation.)

Crossroads Counseling

Crossville, TN 38555
931-707-8921
Contact: Tom Netherton, LPC, LPE
(Child Abuse, Domestic Violence, Drug/Alcohol Abuse, Mental Health and Counseling, Rape & Sexual Abuse Provides individual counseling, sex offender counseling, anger management counseling, A&D/chemical dependency counseling, parenting counseling, psychological assessments,

psychosexual, psychosocial and/or psychological evaluations.)

Sparta City Police

323 E. Bockman Way

(931) 836-3734

911 Emergencies

(Assist with emergency situations)

**The Exchange Club/Stephens Center
for the Prevention of Child Abuse**

616-B North Church Street

Livingston, TN 38570

Contact: Carolyn Isbell, Executive
Director

931-823-6432 & 800-635-5199

*(Assist parents with building nurturing
home-environments and prevent
abuse/neglect through home-visitation
programs, parenting classes, &
community education programs)*

**Tennessee Commission on
Children/Youth**

1000 Neal Street

Cookeville, TN 38501

(931) 520-4445

*(Assist with issues concerning the
welfare of children)*

White County Health Department

135 Walker Street

Sparta, TN 38583

(931) 836-2201

White County Sheriff's Department

Justice Center 111 Depot St.

(931) 836-2700

911 Emergencies

(Assist with emergency situations)

Youth Services Officer

White County Justice Center

111 Depot Street

Sparta, TN 38583

(931) 836-2069

**Dental Providers who take
TennCare:**

Algood Family Dental

172 W Main St

Cookeville, TN 38506

931-537-9948

931-537-2808 fax

Cavity Commando

1265 Interstate Drive

Cookeville, TN 38501

931-783-1491

Cookeville Regional Dental Clinic

350 S. Lowe Ave.

Cookeville, TN 38501

(931) 528-5105

Crossville Dental Clinic

Dr. Teresa E. Ellis

1720 West Ave., suite 106

Crossville, TN 38555

(931) 484-3007

Cumberland Pediatric Dentistry

510 S Jefferson Ave

Cookeville, TN 38501

931-854-1200

Dr. Charles Burdeshaw

107 Bonnabrook Dr.

Hermitage, TN

1-800-373-3330

615-889-1654

Dr. Chuck Krusa

289 Highland Sq.

Crossville, TN 38555

(931) 484-3664

Dr. Gentzler
106 Babb Dr. Lebanon, TN 37087
615-443-3633

Dr. Richard Prichard
10480 Walden Street
Soddy Daisy, TN 37379
(423) 332-5544

Dr. David Snodgrass
4761 Andrew Jackson Parkway
Hermitage, TN 37076
615-866-3343

Dr. Witherington
815 Webber Avenue, #101
Crossville, TN 38555
(931) 484-3053
(Oral surgeon/need referral)

Dr. John Bell
2931 Essary Rd.
Knoxville, TN
(865) 687-4450

Dr. Eric Wood
206 Rivergate Parkway, Suite A
Goodlettsville, TN 37072
(615) 859-9994

Upper Cumberland Dental
554 W. Main St.
Algood, TN
(931) 537-2254

White County Health Department
135 Walker Street
Sparta, TN 38583
(931) 836-2201

**Dental Providers, who may not
take TennCare, but offer
services to low-income families:**

**Bread of Life Homeless Shelter and
Clinic**
281 4th Street
Crossville, TN 38555
931-707-0503
*(Primary care medical clinic for
uninsured no-income and low -income
persons. Medication, clinic, dental
services for extractions only. Long-term
day shelter program for families, single
men and women or single parents with
children. Employment and emergency
food assistance is available)*

Cookeville Rescue Mission
1331 S Jefferson Ave
Cookeville, TN 38506
931-528-5819

**Resources for persons with
Disabilities:**

ARC - Cumberland County
269 Hayes Avenue
Crossville, TN 38557
931-456-0206 or 931-432-7509

Children's Special Services
Sparta, TN
931-836-2201

Cumberland Veterans Affairs
2 N. Main St.
Crossville, TN 38555
(931) 456-0090

Hill Toppers
151 Sweeney Dr.
Crossville, TN 38555
(931) 484-2535

**Social Security Administration - SSI
Program**
1145 Perimeter Park dr.

Cookeville, TN 38501
1-888-717-1528

TN Early Intervention System (TEIS)

1519 E Spring St. #G
Cookeville, TN
Education/Training
(931) 528-1623
(Assist children/families birth - 3 yrs)

Tennessee Department of Human Services - White County

620 Roosevelt Drive
Sparta, TN. 38583
931-837-8256

Upper Cumberland Development District

1104 England Dr.
Cookeville, TN 38501
931-432-4111

Resources to help in Domestic Violence Situations:

Avalon Center

196 10th St.
Crossville, TN. 38555
1-800-641-3434 24-hour crisis line
(931) 484-4642 24-hour crisis line
(931) 456-0747 Center office
(Crisis line for those being physically or sexually assaulted)

Genesis House

Street location is confidential
Cookeville, TN N/A
(931) 525-1637

Hotline: 800-707-5197

(This shelter offers a 24 hour crisis line (will accept collect calls), emergency shelter for women and children, legal advocacy, children's advocacy, case plans for employment and housing, supportive and transitional housing, and individual counseling for domestic

violence issues. They will also provide services in non-crisis situation as well. They offer support groups for victims of domestic violence and rape/sexual assault).

Omni Community Health

665 S Jefferson Ave.
Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688

Sparta City Police

323 E. Bockman Way
(931) 836-3734
911 Emergencies
(Assist with emergency situations)

The Exchange Club/Stephens Center for the Prevention of Child Abuse

616-B North Church Street
Livingston, TN 38570
Contact: Carolyn Isbell, Executive Director
931-823-6432 & 800-635-5199

White County Sheriff's Department

Justice Center 111 Depot St.
(931) 836-2700
911 Emergencies
(Assist with emergency situations)

Resources available to help fight the Alcohol and Drug Abuse (Including METH) Problems in your area:

All Local Churches in Area

Alcoholics Anonymous

180 Janice Dr.
Sparta, TN 38583
931-239-3761

Cumberland Heights Drug Treatment Center

66 Hermans Ln
Crossville, TN 38555
931-250-5200
1-800-646-9998

Cumberland County Medical Center

421 South Main St.
Crossville TN 38555
(931) 484-9511

Cumberland Mtn. Mental Health Center

4325 Hwy 127 North
Crossville, TN 38555
(931) 484-8020

Department Of Children's Services

620 Roosevelt Drive
Sparta, TN
(931) 837-8259

Drug Tip Hotline

Sponsored by: Cumberland County
Sheriffs Department
(931) 484-4444

Drug Abuse Hotline

1-800-888-9383

Fourth Dimension Inc.

Hwy 70 North
Crossville, TN 38555
(931) 484-4255

House of Hope

Cumberland Children's Center
165 Bob Tollett Loop
Crossville, TN 38555
(931) 707-2273

Omni Community Health

665 S Jefferson Ave.
Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688

Mary Scott Turner Foundation

www.mstrc.org
180 Janice Dr. Sparta, TN 38583
931-239-3761

Meth Hotline/Statewide

1-877-866-6384

Narcotics Anonymous

2229 West Ave
Crossville, TN 38555
931-484-6384

Sparta City Police

323 E. Bockman Way
(931) 836-3734
911 Emergencies

Teen & Adult Challenge

200 Freedom Ln
Livingston, TN 38570
1-888-688-0470

Thirteenth Judicial Task Force

1270 W. Broad St.
Cookeville, TN. 38501
(931) 528-5400

Upper Cumberland-Community Services Agency

1000 England Drive #F
Suite A.200
Cookeville, TN 38501
(931) 520-0200

White County Sheriff's Department

Justice Center 111 Depot St.
(931) 836-2700
911 Emergencies

White Co Anti Drug Coalition

755 Millers Pt
Sparta TN
931-269-3761

**Assistance in the event of an
Emergency Situation:**

Air Evac Life Team
106 Emergency Services Dive
Albany, KY 42602
(606) 387-9099

**Bondecroft Volunteer Fire
Department**
Bondecroft, TN
931-935-9001

Disaster Assistance
DisasterAssistance.gov

Eastland Volunteer Fire Department
931-935-8200

**Putnam County Emergency
Management Agency**
700 County Services Dr.
Cookeville, TN
931-528-7575

Poison Control
1-800-222-1222

Sparta City Police
323 E. Bockman Way
(931) 836-3734
911 Emergencies

Shriners of Tennessee
1354 Brick Church Pike
Nashville, TN. 37207
615-226-7766

Sparta Fire Department
715 North Spring St.
(931) 738-7380
911 Emergencies

TEMA
www.tn.gov/tema

Thirteenth Judicial Task Force
1270 W. Broad St.
Cookeville, TN. 38501
(931) 528-5400

White County Sheriff's Department
Justice Center 111 Depot St.
(931) 836-2700
911 Emergencies

**Assistance with
Food/Clothing/Utilities Needs:**

**Bread of Life Homeless Shelter and
Clinic**
281 4th Street
Crossville, TN 38555
931-707-0503

Bondecroft Baptist Church
8345 Crossville, Hwy
Sparta, TN 38583
931-835-2090

Cumberland Co. Good Samaritans
281 10th St.
Crossville, TN 38555
(931) 484-3225

**Community Education Office for the
Food Stamp Program**
*Legal Aid Society of Middle Tennessee
and the Cumberlands*
9 South Jefferson Avenue, #102
Cookeville, Tennessee 38501
Phone: 931.528.7436 Toll Free:
800.262.6817

DeRossett Church of Christ
931-935-2662

First United Methodist Church
100 Braun Street
Crossville, TN. 38555
(931) 484-3537

Lansden Church of Christ
4250 Fanchers Mill
Sparta, TN
931-761-3240

Linary Church of Christ
1244 Old Hwy 28
Crossville, TN 38555
(931) 484-5961

New Beginnings Fellowship Church
12 Mariners Point
Crossville, TN. 38555
(931) 484-7729

Pennies for the Needy
5 W. Maple St., #35
Sparta, TN. 38583
931-836-2344

Pleasant Hill Baptist Church
No Kids Do Without
699 Pleasant Hill Rd
Sparta, TN 38583/Pastor Mike Prater

Pleasant Hill Community Church
67 Church St. Pleasant Hill, TN
(931) 277-3193

Saint Alphonsus Community Services
51 Saint Alphonsus Way
Crossville, TN 38555
(931) 484-8074

Tennessee Department of Human Services - White County
620 Roosevelt Drive
Sparta, TN. 38583
931-837-8256

United Fund of Crossville
348 Taylor St.
Crossville, TN 38555
(931) 484- 4082

Upper Cumberland Human Resource Agency – White County
826 Valley View Drive

Sparta, TN 38583
931-738-6255

Resources to assist with Housing/Homeless Needs:

Bread of Life Homeless Shelter and Clinic
281 4th Street
Crossville, TN 38555
931-707-0569

Crossville Housing Authority
67 Irwin Avenue
Crossville, TN. 38555-4746
Phone: (931) 484-2990

Habitat for Humanity
329 McLarty Lane
Crossville, TN 38555
931-484-4565

HART
Homeless Advocacy for Rural Tennessee
Grant based program, which allocates homeless assistance
P.O. Box 3311
Crossville, TN 38557
931-484-3207

Pennies for the Needy
Community Assistance Agency
5 West Maple St Suite 35 American Legion Bldg.
Sparta, TN. 38583
931-836-2344

Seeds of Hope of TN
Homeless Shelter and Resources
Seeds of Hope of TN is a Non-profit organization that helps families achieve Freedom from addiction & homelessness. They offer supportive services and assist families to maintain a

self-sufficient lifestyle in recovery using a trauma informed approach.

Sparta, TN 38583

seedsofhopetn@yahoo.com

Tina Lomax 931-303-6695

Stacy Scott 931-212-8915

Self-Help Housing Program

Crossville, TN. 38555

931-484-2990

Sparta Housing Authority

300 Cragrock Drive

Sparta, TN. 38583

931-836-3357

United States Department of Agriculture

Rural Development

390 South Lowe Avenue Suite K

Cookeville, TN 38501

(931) 528-6539

Upper Cumberland Homeless Shelter

15 Division Street

Crossville, TN. 38555

(931) 456-8172

Upper Cumberland Human Resource Agency - UCART

73 Methodist Campground Loop

Crossville, TN 38555

931-456-0691

WHITE COUNTY SCHOOL FAMILY RESOUCCE CENTER

CONTACT: BEVERLY

DRONEBARGER

931-738-9238

SERVICES OFFERED BY THE FRC

- EMERGENCY FOOD AND CLOTHING
- SECOND HARVEST FOOD BANK BACKPACK PROGRAM

- CONFIDENTIAL ASSISTANCE AND REFERRALS
- ACCESS TO RESOURCES SUCH AS SCHOOL SUPPLIES AND BOOKS
- SCOTTISH RITES SHOE PROJECT WHICH PROVIDES SHOES TO CHILDREN IN NEED
- THANKSGIVING AND CHRISTMAS MEALS AND GIFTS
- SWAT-STOP WITH ALL TOBACCO
- ACCESS TO RESOURCES SUCH AS A LENDING LIBRARY WITH VIDEOS AND BOOKS REGARDING LICE EDUCATION, PUBERTY, SELF-ESTEEM, DRUG ADDICTION, SEX EDUCATION, CONFLICT RESOLUTION, HEALTH, EXERCISE, CRISIS MANAGEMENT, AND PARENTING IS AVAILIBLE TO THE COMMUNITY AND SCHOOL STAFF.

Assistance with Insurance Needs:

Blue Cross Blue Shield

(865) 588-4612 Group Insurance

1-800-845-2738

(Affordable Insurance for Families & Individuals)

Coverkids

Tennessee Department of Human Services - White County

620 Roosevelt Drive

Sparta, TN. 38583

931-837-8256

(Assists with Children's Issues, Disability Services, Food, and Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities)

Partnership for Prescription Assistance

Phone: 1-888-477-2669

www.pparx.org

If you do not have prescription coverage and/or can not afford your medicines, this organization may be able to help

Tennessee Justice Center

211 7th Ave. North #100

Nashville, TN

615-255-0331

Assists with strategies for obtaining TennCare and appeals process, etc.

Legal/Governmental Assistance:

Child Support Services of Tennessee - Cookeville

580 South Jefferson Ave.

Cookeville, TN 38506

931-528-8598

Crossville Housing Authority

67 Irwin Avenue

Crossville, TN. 38555-4746

Phone: (931) 484-2990

Legal Aid Society of Middle Tennessee and the Cumberlands

9 South Jefferson Avenue

Cookeville, Tennessee 38501

Phone: 931.528.7436

Toll Free: 800.262.6817

Rape and Sexual Assault Response Center

1519 East Spring, Suite F

Cookeville, TN 38506

Hours of operation = 24 hrs/day, 7 days a week

Phone: = 931-526-5197

Hotline: 800-707-5197

Translation services offered: Yes

Tennessee Department of Human Services - White County

620 Roosevelt Drive

Sparta, TN. 38583

931-837-8256

Tennessee 211

1-800-318-9335

Upper Cumberland-Community Services Agency

417 East Broad Street

Suite A.200

Cookeville, TN 38501

(931) 520-0200

Resources to Strengthen Marriages:

Assessment/Counseling/training Services (ACTS)

377 Short St.#D

Cookeville, TN. 38501

(931) 528-9399

Christian Counseling

348 Taylor St.

Crossville, TN 38555

931-707-8200

Cumberland Mtn. Mental Health Center
4325 Hwy 127 North Crossville, TN
38555
(931) 484-8020

Cumberland Worship Center
145 Interstate Drive Crossville, TN.
38555
(931) 707-9855

Omni Community Health
665 S. Jefferson Ave.
Cookeville, TN. 38501
(931) 528-0051
1-800- 881-0359
(615) 781-0688

Patricia Guthrie, Therapist
44 Hayes Street Crossville, TN 38555
(931) 456-9367

Pastoral Counseling Center
291 Sparta Hwy.
Crossville, TN 38555
931-484-0203

**The Exchange Club/Stephens Center
for the Prevention of Child Abuse**
616-B North Church Street
Livingston, TN 38570
931-823-6432 & 800-635-5199

**Upper Cumberland Development
District**
1104 England Dr.
Cookeville, TN 38501
(931) 432-4111

WARRIOR COUNSELING
NATALIEWHORTON MA, LPC-
MHSP
705 HOWELL ST
SPARTA, TN

931-510-8365 COVER KIDS SELECT
& TNCARE SELECT AND OTHER
INSURANCES ACCEPTED

Pre- Marriage Counselors:

**Assessment/Counseling/training
Services (ACTS)**
377 Short St. #D
Cookeville, TN. 38501
(931) 528-9399
931-528-6167

Bethlehem Baptist Church
626 Potato Farm Rd.
Crossville, TN 38555
Church: (931) 456-0239

Cumberland Worship Center
145 Interstate Drive
Crossville, TN. 38555
(931) 707-9855

Linary Church of Christ
1244 Old Hwy 28
Crossville, TN 38555
931-484-5961

Never Fail Community Church
13348 US 70
Sparta, TN. 38583
(931) 277-5032

Patricia Guthrie, Therapist
44 Hayes Street
Crossville, TN 38555
(931) 456-9367

Saint Alphonsus Community Services
51 Saint Alphonsus Way
Crossville, TN 38555

(931) 484-8074

Tollet's Chapel

95 Tabor Loop
Crossville, TN 38555
(931) 484-5220

**Medical Providers who take
TennCare:**

Children's Special Services

Sparta, TN
931-836-2201

(Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)

Cookeville Pediatrics Associates

150 N. Willow Ave.
Cookeville, TN. 38501
(931) 528-1485
(Takes TennCare)

Crossville Medical Group

100 Lantana Road, Suite # 202
Crossville, TN. 38555
(931) 484-5141

Crossville Medical Group/Walk-in Clinic

60 Crossville Medical Group Drive
Suite # 109
Crossville, TN. 38555
931-484-5141

Cumberland County Medical Center

421 South Main St.
Crossville TN 38555
(931) 484-951

Dr. Berman

3234 Miller Ave.
Crossville TN 38555
(931) 707-8700

Dr. Kimberly Claypool-Johnson

49 Cleveland St. Suite 240
Crossville TN 38555
(931) 456-5814

Dr. Robert Baker

207 East Bockman Way
Sparta TN 38583
(931) 836-6461

Dr. Buchanan

1645 South Main Street
Crossville TN 38555

Dr. Mollie Dodson

705 Howell St.
Sparta TN 38583
(931) 836-6461 or 739-0048

Fast Pace Urgent Care

150 Sam Walton Dr
Sparta, TN 38583
931-739-4000

Dr. Flint

65 Sewell Drive
Sparta TN 38583
(931) 738-9316

Dr. Griffin

433 Sewell Drive
Sparta TN 38583
(931) 739-3000

Dr. Hallmark

1036 North Main St.
Crossville TN 38555
(931) 484-7040

Dr. Hassler

3234 Miller Ave.
Crossville TN 38555
(931) 707-8700

Dr. Johnson

4147 Hwy 127 N #102
Crossville, TN 38555
(931) 484-2220

Dr. Koucheiki
40 Elmo Dr.
Crossville TN 38555
(931) 484-5525

Dr. Victor Shada
1264 Dayton Ave.
Crossville, TN 38555
(931) 484-4560

Dr. Vish
15 Walker Hill Circle
Crossville TN 38555
(931) 484-1100

Dr. Ty Webb
457 Vista Drive
Sparta TN 38583
(931) 738-3383

Kids Kare /Dr. Climico
758 South Willow Ave.
Cookeville, TN. 38501
(931) 526-6173
(Takes TennCare)

Family Walk-in Clinic
42 Dooley Street
Crossville, TN. 38555
(931) 707-7117

Providence Family Medicine
Katina England Huff, PA-C
287 W. Turntable Rd.
Sparta, TN 38583
931-836-3262

White County Health Department
135 Walker Street
Sparta, TN 38583
(931) 836-2201

White County Hospital
Sparta, TN 38583
931-738-9211

White County Women's Health Care

435 Sewell Dr.
Sparta, TN 38583
931-738-9140

White County Walk-in Clinic
Sparta, TN 38583
931-836-2228

**Medical Providers, who may not
take TennCare, but offer
services to low-income families:**

**Bread of Life Homeless Shelter and
Clinic**

281 4th Street
Crossville, TN 38555
931-707-0569

*(Primary care medical clinic for
uninsured no-income and low -income
persons. Medication, clinic, dental
services for extractions only. Long-term
day shelter program for families, single
men and women or single parents with
children. Employment and emergency
food assistance is available)*

Children's Special Services

Sparta, TN
931-836-2201
*(Assists with the medical needs of
children and young adults from birth to
age 21 with chronic health issues. They
offer assistance with medical bills,
hearing aids, speech/language pathology
for children under age 3, transportation,
and TennCare appeals. Referrals are
made through the local county Health
Department. Eligibility is determined at
time of referral and is based on income
and access to other medical resources.)*

White County Health Department

135 Walker Street
Sparta, TN 38583
(931) 836-2201

White County Hospital
Sparta, TN 38583
931-738-9211

Mental Health Providers who take TennCare:

ACTS
377 Short St.
Cookeville, TN 38503
(931) 528-9399

Cumberland Plateau Recovery
335 Newman Dr. Ste. A
Livingston, TN. 38570
(931) 403-3577

Cumberland Mountain Mental Health Center
4325 Hwy 127 North
Crossville, TN 38571
(931) 484-8020

Dale Hollow Mental Health Center
501 Spruce Street
Livingston, TN. 38570
(931) 823-5678

Health Connect America
755 Millers Point Rd.
Sparta, TN 38583
(931) 837-6042

Plateau Mental Health
1200 S. Willow Ave.
Cookeville, TN. 38501
(931) 432-4357 *24-hour hotline*

Rape and Sexual Assault Response Center
1519 East Spring, Suite F
Cookeville, TN 38506
Hours of operation = 24 hrs/day,
7 days a week
Phone: = 931-526-5197
Hotline: 800-707-5197

Team Evaluation Center
600 North Holtzclaw Avenue
Chattanooga, TN 37404-1220
(423)-622-0500
(Team Evaluation Center provides diagnoses for social, emotional, educational, or physical problems. After a diagnosis is made, Team will then help develop an intervention plan that includes referrals for treatment. Provides services to pre-school children)

Volunteer Behavioral Health Care System - Plateau Mental Health Center
1200 South Willow
PO Box 3165
Cookeville, TN 38502
931-432-4123 **Hotline:** 1-800-281-4943
(Volunteer Behavioral Health Care provide a broad array of services and treatment strategies which include: psychiatric evaluations; individual, family, and group counseling; psychological assessments; chemotherapy; case management; residential facilities; crisis response; rehabilitative and supportive services – thus providing opportunity for people to help themselves)

Mental Health Providers, who may not take TennCare, but offer services to low-income families:

Assessment/Counseling/training Services (ACTS)
Cookeville, TN. 38501
(931) 528-9399
(Provide Assistance with Marriage & Mental Health Counseling)

Insightful Pediatric and Family Therapy, LLC

410 Spring St
Sparta, TN 38583
931-246-9449

Omni Community Health

Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688

*(A community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; **Child & adolescent counseling**: intensive and therapeutic case management: and family preservation.)*

Plateau Mental Health Center

Substance Abuse Services
1200 South Willow Avenue
Cookeville TN 38502
Phone: (931) 432-4123
Hotline: (877) 567-6051
(Assist persons with disabilities and mental illness in various ways)

Quit Tobacco Resources

Tennessee Tobacco Quitline:
1-800-784-8669

Cumberland County Health Department

Smoking Cessation
Ruth Lucas
1503 S Main St.
Crossville, TN 931-484-6196

White County Hospital

Quit 4 Life Smoking Cessation
Greg Williams
931-738-9211

**Cookeville Regional Medical Center-
Algood Room**

Quit 4 Life Smoking Cessation
Tandy Todd
142 W. 5th St.
Cookeville, TN 38501
931-528-5176

**March of Dimes and Tennessee
Department of Health, WIC Program**

S.M.A.R.T. – Smart Mothers are
Resisting Tobacco
1-800-884-9301

Nicotine Anonymous

www.nicotineanonymos.org

American Lung Association

Freedom From Smoking
www.lungusa.org

**American Lung Association of
Tennessee**

1-800-432-5864
www.lungusa.org

Former Smokers

The No Smoke Café
<http://clever.net/chrisco/nosmoke/stop.html>

**Resources to assist persons
raising children possibly other
than their own:**

**Agricultural Extension Service -
White County**

117 South Main Street
Sparta, TN 38583
931-836-3348

Department Of Children's Services

620 Roosevelt Drive
Sparta, TN
(931) 837-8259

CHANT

Upper Cumberland
Regional Office
1100 England Drive
Cookeville, TN 38501
931-520-4219

Omni Community Health

Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688

**The Exchange Club/Stephens Center
for the Prevention of Child Abuse**

616-B North Church Street
Livingston, TN 38570
Contact: Carolyn Isbell, Executive
Director
931-823-6432 & 800-635-5199

Relative Caregiver Program

1104 England Dr..
Cookeville, TN. 38501
(931) 526-6900

Youth Villages

1420 Neal Street
Cookeville, TN. 38501
(931) 525-6905

**Resources to assist with
Transportation Needs:****Upper Cumberland Human Resource
Agency – White County**

826 Valley View Drive
Sparta, TN 38583
931-738-6255

*(Assist with Children's Issues, Food,
Health, Housing, Money/Employment
Assistance, Transportation/Utilities.
UCART provides public transportation
services for low -income individuals,
financial assistance for daycare
expenses for Family First participants,*

*food commodities program, emergency
funds for utility, rent and prescription
medication payment, meals on wheels
services, home energy assistance
program.*

Holman's Taxi Service

15 West Maple Street
Sparta, TN 38583
931-836-3888

Promoting Youth Involvement:**Agricultural Extension Service -
White County/4-H Program**

117 South Main Street
Sparta, TN 38583
931-836-3348

*The Agricultural Extension Service of
Putnam County offers information on
basic food preparation, storage, safety
and/or preservation. The service also
offers family life skills information and
referrals related to parenting,
communication, discipline, economics,
and nutrition. Information relating to
health issues such as exercise, health
risks, stress, personal grooming, eating
disorders, etc. is also available.*

ASSE

International Student Exchange
Programs

404-754-1667

1-800-473-0696

*(Volunteers assist young people from
other Countries and encourages
American students to study abroad)*

**Crossville Recreational Youth Soccer
Association**

Crossville Centennial Park
Crossville, TN. 38555
(931) 456-6632

Contacts: Geir Berwin

(Provides opportunities for youth to become involved in soccer and community activities)

Cumberland Worship Center

145 Interstate Drive
Crossville, TN. 38555
(931) 707-9855
Contacts: Tyler Vaughn, Donna Mullins & Joyce Green
(Youth group provides opportunities for community involvement)

Cumberland Fellowship Baptist Church

1640 West Ave
Crossville, TN. 38555
(931) 707-1883
(Youth group provides opportunities for community involvement)

First United Methodist Church

100 Braun Street
Crossville, TN. 38555
(931) 484-3537
(Youth group provides opportunities for community involvement)

Neverfail Community Church

2080 Red Rd
Sparta, TN 38555
Contact: Elliott or Emily Roberts
(931) 277-5663
(931) 277 5032

Saint Alphonsus Community Services

51 Saint Alphonsus Way
Crossville, TN 38555
(931) 484-8074
Contact: Mary Mitter
(Youth group provides opportunities for community involvement)

Teens Against Drugs (TAD Center)

Crossville, TN.

WCTE American Graduate & Ready To Learn

LWray@wcte.org
CPutman@wcte.org
931-528-2222

YMCA

123 Moore Street
Sparta, TN. 38583
(931) 836-3330
(Assists young people to become involved in exercise activities and community events)

Language Assistance
(All Counties)

Brent Simpson
931-212-8097

County Health Depts. - Primary Health Care Services

County operated outpatient health care facilities that provide a broad range of diagnostic and treatment services including primary adult and pediatric care, prenatal care, dental care and specialty medicine as well as laboratory and radiological services and allied support services like nutrition and health education. Some public clinics may also offer public health services such as immunizations and communicable disease screening and treatment. Services are available on an ability-to-pay basis and target low-income and indigent residents of the community.
(Spanish Language Services)

Department of Human Services, Counties

A state government agency that provides the following financial assistance and health insurance programs to those who qualify: Families First - temporary cash assistance program; Food Stamp

Program/Electronic Benefit Transfer (EBT) - nutritional assistance program, EBT Helpline (1-888-997-9444); Medicaid/TennCare - processes applications for health insurance coverage; Child Care Resource & Referral; & Adult Protective Services - investigates reports of abuse, neglect, or financial exploitation of adults (1-888-277-8366). Interpreter Services available upon request

Hispanic Family Resource Center
(615) 227-7500
(800) 280-8682

Hispanic Association
732 Lafayette Rd Red Boiling Spgs, TN
37150
(615) 699-6279

Hispanic Service Ebenezer
PO Box 712
McMinnville, TN 37111
Phone: 9314741551

Omni Community Health
665 South Jefferson Avenue
Cookeville, TN 38501
(931) 528-0051
Provides a variety of counseling services such as academic and behavioral school issues, juvenile delinquency, marriage and family, separation and divorce, depression, alcohol and drug dependency & twelve step recovery, grief and loss, job and life transitions, parenting, and conflict resolution/communication training.
(Spanish Language)