



THE ESSEX CORINTHIAN YACHT CLUB

## OFF-SHORE

### IDEAL 18 FLEET NEWS

ECYC teams have started sailing in the Fall Frostbiting Series. Two race days had to be canceled because of inclement weather, so it has not been a very newsworthy series so far. There are still a few openings available for qualified skippers and crews to Frostbite. Please contact our Fleet Captain for details. Once all remaining races are sailed, the Ideals will be hauled. After December 4th, our boats will be decommissioned and put into winter storage. Or, as our Fleet Captain Tom Atkinson put it "no winter sleigh rides on the Ideals!"



Our thanks to all racing teams and other members who have taken advantage of our boats and sailed this season. Our Ideal 18s are fun, agile boats open to everyone during the summer season. We will

have sailing lessons available again next year, and if you are a new member or haven't yet had a chance to try out these fun boats, mark your calendar for next year!

If you would like to find out more about our Ideal 18 sailing programs, please contact

**Tom Atkinson**

Fleet Captain

Email: [fleetcaptain@essexcorinthian.org](mailto:fleetcaptain@essexcorinthian.org)

### On-Shore & Entertainment Update:

First of all, I would like to use this opportunity for a heartfelt shout out to the amazing ECYC Entertainment Committee members and friends who helped us create a truly remarkable **Commodores' Halloween Gala!**

## IMPORTANT DATES:

- **November 6th:** Daylight Savings Time Ends...
- **November 15th:** BOG Meeting
- **November 24th:** Club closed for Thanksgiving
- **November 25th:** Holiday Decorating Get-Together
- **November 27th:** Trees in the Rigging & NEW Holiday Bazaar
- **December 3rd:** Decommissioning, Annual Meeting, Awards & Member Reception
- **December 11th:** Special Holiday Brunch
- **December 18th:** Last Brunch in 2016 & Children's Holiday Party
- **December 19th:** Galley closes for the rest of the year
- **December 20th:** BOG Meeting
- **December 31st:** New Year's Eve Party



Refer to our event calendar on our website at [www.essexcorinthian.org](http://www.essexcorinthian.org) for event details!

## VIEW FROM THE BRIDGE



## Fellow Corinthians!

Each fall as the color changes and the leaves drop I begin to think about that last ride on the boat. After work on November 1st, I headed up the Connecticut River to Seldon Creek and enjoyed the view one last time. The eagles were out and the fish were jumping. The trip back was a little sad knowing it will be six months before it's time to go again. I pulled the boat into the boatyard to be hauled and it was almost

The club's dining room was transformed into a **Haunted Mansion**, complete with arched windows, gothic columns, ancestral paintings, chandeliers, sparkling dinner settings and ghosts and goblins galore hanging from the rafters and popping out from many locations around the clubhouse. The event crew spent an entire morning and half an afternoon creating a stunning scene for 52 party-goers to enjoy. Thank you from the bottom of my heart to everyone who helped out! **Ellen Smoller**, you are my hero for lending us your huge collection of spooky characters, and for always being ready to lend a hand. It was great fun working on this party with you! **Nancy Simms**, **Cathy Gazikas**, **Chuck Grusse** (who hung all the critters and whatever else had to go up on the rafters), and **Steve Rodstrom**, you all were great co-conspirators and the results were stunning! Thank you also to friends from beyond ECYC, **Shelley Johnson** and **Betsey Haywood**, who both lent a hand with the preparations.



**The ECYC Bridge at the Halloween Gala**

And the party itself? Well, if you missed it, you missed a good one! If you were there, you know that we all had a great time, enjoying the evening complete with a fine buffet dinner created by the **Coastal Cooking Company**. And the party would not have been complete without the musical arrangements created by our very own DJ "**Captain Emblin**", who played everything from appropriately spooky background music during dinner to dancing tunes that got everyone on their feet, showing off their best moves. Thank you, **Peter**, for putting together a large variety of songs for everyone to enjoy.

With the exception of a few members, who elected to attend in cocktail attire (which was perfectly fine...), we truly appreciated the fact that the majority of participants were in character. The creativity of costumes was simply astounding! The jury had a hard time deciding on the three top awards. And thank you to those members who brought desserts for our competition! Everything was delicious and also very creative!

If you would like to see pictures from our Gala, please click on <http://tinyurl.com/HalloweenGala2016>

Though most of our major events are behind us now, we still have a few happenings up our sleeves. You can help us **decorate the club for the holidays** by joining us in the afternoon of November 25th. Next up is **Trees in the Rigging on Sunday November 27th**: come to watch the annual holiday parade on the Connecticut River from the deck! New this year will be our first **Holiday Bazaar** on the same day. Get a jump on your holiday shopping with gifts, crafts and baked goods donated to benefit the ECYC Entertainment Fund.

Soon after we are officially decommissioning the club - a bittersweet occasion but also an opportunity to look back on a very enjoyable year at ECYC and focusing on the future of our great organization. The **Decommissioning & Annual Meeting is on Saturday, December 3rd** starting at 4 pm. There will be our traditional awards presentation and a holiday reception for our members after all the club business is completed.

On **Sunday, December 11th**, the galley is holding a **Special Holiday Brunch**. We will share details shortly.

**Sunday, December 18th** is the date for the last brunch of the year, followed by the **Annual Children's Holiday Party**. Please note that this party had to be moved from the date we posted back in spring due to scheduling issues with our "holiday performers", **Santa** and **Red Supreme**.

And finally, we will close out the year 2016 with a **New Year's Eve Party on December 31st**. Details and invitation will follow shortly.



Please contact me at [vicecommandore@essexcorinthian.org](mailto:vicecommandore@essexcorinthian.org) if you would like to help out at any of our events, or even better, all our events! Our success hinges on the involvement of our volunteers. Please get involved!

Remember, our events are listed online at our website, just go to [www.essexcorinthian.org](http://www.essexcorinthian.org) ... and click on "Events"!

dark. I knew then it was time to put it away. Another year gone by!

This year our **Commodores' Gala** was a Halloween costume party, and I must admit I never thought so many folks would dress up to the extent they did. The decoration, music (not too loud) and food were terrific. The dessert contest turned out some great treats as well. This was another fun night at the Corinthian.

I am pleased to report that the Coastal Cooking Company has signed on again for 2017 and we look forward to working with Monique, Ed and their team.

#### **Board Positions and Committee Chairs:**

Our nominating committee headed by Tim Brewer has been hard at work and I am pleased to announce that we have filled all the open spots on the Board. You will be receiving the complete list in the mail in a few days. A great job, well done.

#### **Decommissioning and Annual Meeting:**

Mark your calendars for Saturday, December 3rd for our 2016 Decommissioning Ceremony and Annual Meeting. A BYOB member cocktail reception will follow immediately after. I hope to see you there.

Back by popular demand we will have a **New Year's Eve** event this year. Details will be posted soon. Remember to sign up early so we can plan ahead. Anyone interested in helping with this event please give me a call.

We are happy to report that our **Club Manager Jean Little has returned** from her medical leave and is back in the office. She will still need to take it a little easier for a while, but she is once again available to run the day-to-day office administration and answer any questions you may have!

Let's not forget to **remove your dinghy from our dock for the winter**. The marina barge needs to come along side their bulkhead for mooring removal.

Please remember new members are always welcome at the Commodore's Table !

#### **Hope you have a great month!**

**Steve Rodstrom**  
Commodore



Decommissioning

## **GALLEY NEWS**

As autumn moves into the Connecticut River Valley nights get cooler and we are looking forward to evenings in the dining room with the fireplace lit. Monique, Ed and the Coastal Cooking Company team are looking forward to serving you comfort food to take the chill out of the air!

Please remember to put your orders in early, make a line between appetizers and entrees, and add your table number at the bottom! Enjoy your evening among friends, open a bottle of wine, and relax in our beautiful location!

The **Sunday Brunch on December 11th will be a Special Holiday Brunch**. Menu details to follow via e-blast!

#### **PLEASE NOTE:**

The Galley will be serving lunch, brunch and dinner as scheduled through December 18th. The last brunch for 2016 will be on Sunday, December 18th. The Galley will be closed after December 18th through the end of the year, reopen for New Year's Eve, then close through the month of January. Please take this into account when making plans for dining at the club.

Looking forward to seeing you at the club,

**Catherine Gazikas**  
Galley Liaison

**Fall/Winter Galley Hours (until December 18th):**

## Ruth Emblin

Vice Commodore & 2016 On-Shore Events  
Email: [vicecommodore@essexcorinthian.org](mailto:vicecommodore@essexcorinthian.org)  
or [events@essexcorinthian.org](mailto:events@essexcorinthian.org)



### House Committee Update:

Jean is back in the office, yahoo! Although hobbled she's right back at it and fixing stuff as it happens. She is our "Jeannie on the spot". I for one am soooooo very happy she's back, and mending just fine.

Well I've done it again and accepted to remain on board and chair of the house committee. If anyone out there is listening, there's still time to talk me out of it (not you Rose). Figure I'll at least get the year started, and should unforeseen events occur, i.e. my real job gets crazy(ier), at least we'll have a start on 2017.

Speaking of 2017, the decommissioning is a month away, January closure 2 months, and spring 138 days away. At the decommissioning, the 2017 budget will be presented by Commodore Steve Rodstrom. I was kind of hoping it would include about \$100,000 in capital to get those major improvement projects I've been pining and talking about for years, but not quite again this year. Perhaps we can put a collection jar in the dining room, ummmm - should have come up with this 4 years ago - duh! None-theless, the major reason I've decided to hang in one more year is to finish the definition and project estimates to at least get each quantified and who knows, maybe funded.

Another feature of the upcoming of 2017 will be the forming of the house committee for the year. Please consider becoming a member, let me know via email, contact at club, on the street, carrier pigeon - whatever works to volunteer and become a member of this elite group.

Look for information for the January closing period and any work parties to be scheduled as we annually take advantage of the closure period for interior maintenance/improvements.

Have a great November and Thanksgiving holiday!

### Chuck Grusse

House Chair  
Email: [house@essexcorinthian.org](mailto:house@essexcorinthian.org)

### Membership Update:

At its regular October Board meeting, the Board of Governors approved the applications of two new households, both proposed by Judy and Bob Taylor:

**(Dr.) David and Beth Rubins, of Essex** - who are the Taylors' neighbors and experienced sailors. David and Beth moved to Essex from St. Petersburg, FL several years ago, when David became affiliated with Bristol Hospital as an orthopedic surgeon. After a visit to ECYC in September, the couple were immediately enchanted by the Club and envisioned it as a perfect setting to rekindle their love of boating, which included owning a 25-foot Hunter sailboat, day sailing frequently in the Gulf of Mexico, cruising on family power boats during earlier years, and teaching waterskiing at summer camps during college vacations. David and Beth look forward to enjoying ECYC hospitality and activities.

**Vincent and Kelley Sadosky, of Essex** - with whom Judy Taylor originally became acquainted through the Essex Garden Club. After moving to Essex three years ago, they jumped right into community service roles with the Garden Club and the Essex Auxiliary of Child & Family Services of Southeastern Connecticut, and are involved with their church. Retired from Xerox Corporation, Vinny kept a sailboat in Westbrook for eight years and has sailed extensively throughout the Northeast and on seven Caribbean charters. In 2005 the couple purchased Baitless, a 24-foot Everglade center console. In addition to boating and travel, they also enjoy Formula One auto racing.

Please give David, Beth, Vinny and Kelley a warm Corinthian welcome when

### Lunch:

**Wednesday, Thursday, Friday and Saturday (self-service):**  
11.30 am to 2.00 pm

### Dinner:

**Friday (table service):**  
6.00 pm to 8.30 pm

### Brunch:

**Sunday (self-service):**  
11.00 am to 2.30 pm - special brunch hours on selected holidays!

**CLUB & GALLEY CLOSED ON THANKSGIVING THURSDAY!**

### DID YOU KNOW?

The Galley serves a great lunch with soups, salads and all kinds of comfort food while you enjoy the early fall views across the Connecticut River! Why not come and give it a try? Daily Wednesdays through Saturdays, and brunch on Sundays.

Menus are available at  
[www.essexcorinthian.org/dining.html](http://www.essexcorinthian.org/dining.html)

**We want your feedback about our galley activities.**  
Please let us know what you think!  
Email [galleyliaison@essexcorinthian.org](mailto:galleyliaison@essexcorinthian.org)

**FEEDBACK**

**We want to know what you think about our galley!**

### Did You Know?

#### FALL CLUB HOURS IN EFFECT:

Tuesday and Thursday	9 am to 5 pm
Wednesday through 9/21 After 9/21	9 am to 9 pm 9 am to 5 pm
Friday	9 am to 9 pm
Saturday and Sunday	9 am to 5 pm

#### CLUB CLOSED ON THANKSGIVING

*Note: Private meetings may be scheduled after-hours, except Mondays. Please contact Jean Little for details.*

#### NO SMOKING AT ECYC:



The clubhouse, the decks and the surrounding dock areas are non-smoking areas. Please remind your guests of this restriction, it is part of a facility-wide prohibition of open flames.

#### WEBSITE:

All of our events and announcements, as well as archive copies of the Bell 8 Newsletter are available online at our website, [www.essexcorinthian.org](http://www.essexcorinthian.org)!

### Green Tip of the Month:

#### FALL TIPS

*Fall is traditionally a time for comfort foods and family get-togethers. Here are a few tips on how to keep the "green" in your preparations for family feasts and holidays!*

#### Buy Local



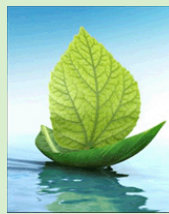
you meet them!

See you at our Trees in the Rigging festivities.

**Scott Konrad**

Membership Chair

Email: [membership@essexcorinthian.org](mailto:membership@essexcorinthian.org)



Look for local seasonal foods. By looking for farmers' markets in your area and frequenting local stores you can not only support your community but also ensure that fruits and vegetables in season for fall don't have to be trucked around the country.

#### **Decorate Naturally**

Nature supplies everything you need for fall decorations. You don't need to go to the store to buy artificial decorations potentially made with harmful toxins. Collect pinecones, gourds, dried flowers and grasses, leaves and acorns and create your own simple fall cornucopia by placing them in a decorative basket and adding fall-colored ribbons.

#### **Forego the Hormones**

If you want a turkey for Thanksgiving, elect to purchase a heritage turkey. Most turkeys sold in supermarkets are raised with hormones to make them fat. Not only is this inhumane, the addition of hormones can be harmful to you. Heritage turkeys are like their wild cousins, they grow naturally more slowly, are slightly smaller but tastier and are treated more humanely.

#### **...or even Go Meatless**

A lot of components of our traditional Thanksgiving Feasts are meatless anyway. There are a lot of vegetarian options and alternative to classic Thanksgiving recipes that might infuse some variety to a sometimes rather boring menu.

#### **Compost Is Great for Your Garden**

Invest in a compost bin and let all those squash and carrot peels enrich your potting soil. Collect your kitchen scraps and compost them instead of throwing them away in your kitchen garbage where they just rot away in a plastic bag that will never degrade.

#### **Reduce Food Waste**

Unfortunately there is a sobering statistic out there that shows that we Americans waste almost 40% of edible food, much of it due to improper storage. Learn to shop wisely, calculate portions ahead of time, and store food properly to reduce waste due to spoilage. Learn to introduce variety into meals made with leftovers instead of tossing them into the garbage because your family refuses to eat the same thing twice in a row.

**Thank you for being an environmentally aware ECYC member!**

**Ruth Emblin**

ECYC Fleet Communicator

**The Essex Corinthian Yacht Club's Bell 8 Newsletter is a monthly publication issued by the Essex Corinthian Yacht Club of Essex, CT.**

For general questions on ECYC please refer to our website at [www.essexcorinthian.org](http://www.essexcorinthian.org), email us at [ecyc@essexcorinthian.org](mailto:ecyc@essexcorinthian.org), or snail-mail to

Essex Corinthian Yacht Club  
PO Box 759 - Essex, CT 06426  
Telephone: (860) 767-3239

Contact Information for individual BoG Members is posted at [www.essexcorinthian.org/club-officers.html](http://www.essexcorinthian.org/club-officers.html)

Find us on Facebook at: [www.facebook.com/EssexCorinthianYachtClub](http://www.facebook.com/EssexCorinthianYachtClub)

*Please note that schedules may change at any time without prior notice. ECYC and the editor are not responsible for any errors or inaccuracies derived from information provided by third parties.*



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