

Cedar Rapids Prairie Invitational

FR-SO Girls 4K Prairie Campus - Cedar Rapids, IA 8/25/2018 Overcast, Wind WSW 5-10mph & 72°

| Place | School | 1 | 2 | 3 | 4 | 5 | 6 | 7 | Total | Ttl Time | Ave Time | Spread |
|-------|-------------------------|----|----|----|----|----|----|----|-------|-----------|----------|--------|
| 1 | Cedar Rapids Prairie | 1 | 3 | 4 | 5 | 8 | 12 | 22 | = 21 | 1:28:47.9 | 17:45.6 | 1:45.0 |
| 2 | Waukee | 2 | 9 | 10 | 11 | 13 | 14 | 19 | = 45 | 1:31:48.1 | 18:21.6 | 2:03.7 |
| 3 | Cedar Rapids Washington | 6 | 16 | 24 | 28 | 33 | 38 | 50 | = 107 | 1:42:05.1 | 20:25.0 | 3:53.1 |
| 4 | Xavier | 7 | 15 | 21 | 32 | 36 | 39 | 40 | = 111 | 1:42:33.4 | 20:30.7 | 3:59.1 |
| 5 | Mid-Prairie | 17 | 23 | 31 | 35 | 45 | 47 | 53 | = 151 | 1:47:39.0 | 21:31.8 | 4:02.3 |
| 6 | Cedar Rapids Kennedy | 18 | 20 | 30 | 43 | 46 | 48 | 51 | = 157 | 1:48:11.7 | 21:38.3 | 3:49.2 |
| 7 | Solon | 26 | 27 | 37 | 41 | 42 | 44 | 49 | = 173 | 1:50:54.0 | 22:10.8 | 1:39.1 |
| 8 | Muscatine | 25 | 29 | 34 | 52 | 54 | | | = 194 | 1:54:45.1 | 22:57.0 | 5:03.7 |

Incomplete Teams: Cascade

| Place | Score | Name | Year | School | Half | Time | Pace mpm |
|-------|-------|--------------------|------|----------------------|-------|---------|----------|
| 1 | 1 | Gabby Cortez | FR | Cedar Rapids Prairie | 8:00 | 16:43.4 | 6:44 |
| 2 | 2 | Abby Kinney | SO | Waukee | 7:59 | 16:57.7 | 6:49 |
| 3 | 3 | Grace Long | FR | Cedar Rapids Prairie | 8:23 | 17:37.6 | 7:06 |
| 4 | 4 | Alyza Koppes | FR | Cedar Rapids Prairie | 8:23 | 17:42.3 | 7:07 |
| 5 | 5 | Lily Johannes | FR | Cedar Rapids Prairie | 8:24 | 18:16.2 | 7:21 |
| 6 | 6 | Haven Diehl | FR | Cedar Rapids Washing | 8:52 | 18:27.5 | 7:26 |
| 7 | 7 | Lizzy Schmitt | SO | Xavier | 8:46 | 18:27.8 | 7:26 |
| 8 | 8 | Jamie Pilarczyk | FR | Cedar Rapids Prairie | 8:35 | 18:28.4 | 7:26 |
| 9 | 9 | Molly Statton | SO | Waukee | 8:42 | 18:29.8 | 7:26 |
| 10 | 10 | Madi Groetken | FR | Waukee | 8:46 | 18:39.0 | 7:30 |
| 11 | 11 | Vanessa Demarco | FR | Waukee | 8:44 | 18:40.2 | 7:31 |
| 12 | 12 | Bella Reiseck | FR | Cedar Rapids Prairie | 8:44 | 18:53.2 | 7:36 |
| 13 | 13 | Ellie Johnson | SO | Waukee | 9:03 | 19:01.4 | 7:39 |
| 14 | 14 | Kariin Roush | FR | Waukee | 8:54 | 19:01.5 | 7:39 |
| 15 | 15 | Ella Tallett | FR | Xavier | 8:55 | 19:22.2 | 7:48 |
| 16 | 16 | Sydney Mitvalscky | SO | Cedar Rapids Washing | 8:58 | 19:24.3 | 7:48 |
| 17 | 17 | Brittany Kinsinger | FR | Mid-Prairie | 9:15 | 19:24.7 | 7:49 |
| 18 | 18 | Ella Cadenhead | FR | Cedar Rapids Kennedy | 9:14 | 19:40.5 | 7:55 |
| 19 | 19 | Brooke Seashore | SO | Waukee | 9:11 | 19:47.9 | 7:58 |
| 20 | 20 | Addie Parker | FR | Cedar Rapids Kennedy | 9:22 | 20:02.7 | 8:04 |
| 21 | 21 | Ellie Koechner | FR | Xavier | 9:30 | 20:10.0 | 8:07 |
| 22 | 22 | Hannah Roe | FR | Cedar Rapids Prairie | 9:59 | 20:13.6 | 8:08 |
| 23 | 23 | Zoe Fisher | FR | Mid-Prairie | 9:25 | 20:19.8 | 8:11 |
| 24 | 24 | Ella Davis | SO | Cedar Rapids Washing | 9:45 | 20:27.0 | 8:14 |
| 25 | | Marisa Kelsey | FR | Cedar Rapids Prairie | 9:58 | 20:27.2 | 8:14 |
| 26 | | Aviella Holtz | FR | Waukee | 9:49 | 20:29.2 | 8:15 |
| 27 | | Ella Duenas | FR | Waukee | 9:37 | 20:29.6 | 8:15 |
| 28 | | Katie Simon | JR | Waukee | 9:49 | 20:32.5 | 8:16 |
| 29 | | Clare Vilmont | SO | Waukee | 9:49 | 20:36.3 | 8:17 |
| 30 | | Sophie Wempen | FR | Waukee | 9:58 | 20:42.4 | 8:20 |
| 31 | 25 | Molly Guerra | FR | Muscatine | 9:45 | 20:45.4 | 8:21 |
| 32 | | Julianne Hodges | SO | Cedar Rapids Prairie | 9:31 | 20:46.4 | 8:21 |
| 33 | | Morgan Larick | FR | Waukee | 9:59 | 20:46.5 | 8:22 |
| 34 | 26 | Selma Kliensmith | SO | Solon | 10:01 | 21:13.4 | 8:32 |
| 35 | | Delaney Keenan | FR | Cedar Rapids Prairie | 10:05 | 21:15.1 | 8:33 |
| 36 | | Bryn Inserra | FR | Waukee | 9:53 | 21:15.1 | 8:33 |
| 37 | 27 | Reilly Johnson | FR | Solon | 9:55 | 21:19.7 | 8:35 |
| 38 | | Lizzie Sorensen | FR | Waukee | 10:07 | 21:23.2 | 8:36 |
| 39 | 28 | Emily Fechhelm | FR | Cedar Rapids Washing | 9:46 | 21:25.7 | 8:37 |
| 40 | | Shelby Montague | FR | Cedar Rapids Prairie | 10:05 | 21:26.7 | 8:38 |
| 41 | | Kaitlyn Leitheiser | FR | Cedar Rapids Prairie | 10:05 | 21:26.8 | 8:38 |
| 42 | | Eadie Makenna | FR | Cedar Rapids Prairie | 10:02 | 21:29.3 | 8:39 |
| 43 | | Kaitlyn Ury | SO | Waukee | 10:20 | 21:43.6 | 8:44 |
| 44 | | Rachel Gantt | SO | Waukee | 10:14 | 21:46.2 | 8:46 |
| 45 | 29 | Rebekah McNeely | SO | Muscatine | 10:06 | 21:50.1 | 8:47 |
| 46 | | Annie Diener | FR | Waukee | 10:22 | 21:52.1 | 8:48 |
| 47 | | Lizzy Finch | SO | Waukee | 10:02 | 21:58.7 | 8:51 |
| 48 | 30 | Julia Sheyko | FR | Cedar Rapids Kennedy | 10:39 | 22:02.7 | 8:52 |
| 49 | | Baylor O'Neil | FR | Waukee | 10:23 | 22:03.3 | 8:52 |
| 50 | 31 | Sarah Meader | SO | Mid-Prairie | 10:55 | 22:04.4 | 8:53 |
| 51 | | Emma Hasanusta | FR | Waukee | 10:22 | 22:04.4 | 8:53 |
| 52 | 32 | Abby Kohl | SO | Xavier | 10:17 | 22:06.5 | 8:54 |
| 53 | | Jacy Coady | SO | Waukee | 10:20 | 22:16.1 | 8:58 |
| 54 | 33 | Ellie Rockwell | SO | Cedar Rapids Washing | 10:20 | 22:20.6 | 8:59 |
| 55 | 34 | Abby Stampler | FR | Muscatine | 10:38 | 22:22.5 | 9:00 |
| 56 | 35 | Ella Cadena | SO | Mid-Prairie | 10:55 | 22:23.1 | 9:00 |
| 57 | | Lauren Kim | JR | Waukee | 10:13 | 22:24.6 | 9:01 |
| 58 | 36 | Laura Bostwick | FR | Xavier | 10:30 | 22:26.8 | 9:02 |
| 59 | | Maddie Knapp | SO | Cascade | 10:25 | 22:27.0 | 9:02 |
| 60 | | Apeksha Adhikari | FR | Waukee | 10:33 | 22:29.5 | 9:03 |
| 61 | | Anna McDermott | SO | Cascade | 10:30 | 22:30.3 | 9:03 |
| 62 | 37 | Morgan Richard | SO | Solon | 10:33 | 22:37.1 | 9:06 |
| 63 | 38 | Amaya Nelson | SO | Cedar Rapids Washing | 10:19 | 22:38.3 | 9:06 |
| 64 | 39 | Alexandra Rump | SO | Xavier | 10:24 | 22:38.9 | 9:07 |
| 65 | | Jordyn Wagner | JR | Waukee | 10:38 | 22:44.4 | 9:09 |
| 66 | 40 | Faith Karl | FR | Xavier | 10:30 | 22:51.0 | 9:12 |

Cedar Rapids Prairie Invitational

FR-SO Girls 4K Prairie Campus - Cedar Rapids, IA 8/25/2018 Overcast, Wind WSW 5-10mph & 72°

| Place | Score | Name | Year | School | Half | Time | Pace | mpm |
|-------|-------|----------------------|------|----------------------|-------|---------|-------|-----|
| 67 | 41 | Eva Born | FR | Solon | 10:44 | 22:51.3 | 9:12 | |
| 68 | 42 | Olivia Heesh | SO | Solon | 10:57 | 22:52.5 | 9:12 | |
| 69 | 43 | Anna Lai | FR | Cedar Rapids Kennedy | 10:26 | 22:56.1 | 9:14 | |
| 70 | | Kilee Flockhart | FR | Cedar Rapids Prairie | 10:35 | 22:59.4 | 9:15 | |
| 71 | | Avery Arens | SO | Xavier | 10:50 | 23:00.9 | 9:16 | |
| 72 | | Iris Nikolaus | FR | Waukee | 10:37 | 23:04.8 | 9:17 | |
| 73 | | Alyssa Valde | SO | Cedar Rapids Prairie | 10:52 | 23:14.3 | 9:21 | |
| 74 | 44 | Gracie Chapman | SO | Solon | 10:21 | 23:24.0 | 9:25 | |
| 75 | | Kiley Uchyttil | FR | Cedar Rapids Prairie | 10:46 | 23:24.2 | 9:25 | |
| 76 | 45 | Anna Nafzinger | FR | Mid-Prairie | 11:05 | 23:27.0 | 9:26 | |
| 77 | 46 | Whitney Markham | SO | Cedar Rapids Kennedy | 10:38 | 23:29.7 | 9:27 | |
| 78 | | Stella Montgomery | FR | Waukee | 11:12 | 23:34.6 | 9:29 | |
| 79 | 47 | Lily Hayes | SO | Mid-Prairie | 11:05 | 23:35.4 | 9:29 | |
| 80 | 48 | Anna Tegatz | FR | Cedar Rapids Kennedy | 10:57 | 23:36.8 | 9:30 | |
| 81 | 49 | Bella Feaker | FR | Solon | 10:43 | 23:40.3 | 9:31 | |
| 82 | | Neva Cllaude | FR | Solon | 10:48 | 23:42.8 | 9:32 | |
| 83 | | Lauren Roskoph | FR | Solon | 10:53 | 23:43.7 | 9:33 | |
| 84 | 50 | Sophia Davis | SO | Cedar Rapids Washing | 10:25 | 23:50.4 | 9:36 | |
| 85 | 51 | Emma Herold | SO | Cedar Rapids Kennedy | 10:40 | 23:52.0 | 9:36 | |
| 86 | | Anna Finch | SR | Waukee | 11:15 | 23:57.9 | 9:39 | |
| 87 | 52 | Bosena Smith | FR | Muscatine | 11:17 | 23:58.0 | 9:39 | |
| 88 | | Jady Hanes | SO | Solon | 11:02 | 24:23.1 | 9:49 | |
| 89 | | Avanlee Kutler-Grutz | SO | Cedar Rapids Prairie | 11:10 | 24:43.6 | 9:57 | |
| 90 | | Olivia Weis | FR | Cedar Rapids Washing | 11:27 | 24:55.4 | 10:02 | |
| 91 | | Katelyn Coons | SO | Solon | 11:34 | 25:13.8 | 10:09 | |
| 92 | 53 | Zebi Kimani | SO | Mid-Prairie | 11:25 | 25:20.1 | 10:12 | |
| 93 | | Kitty Conway | SR | Mid-Prairie | 11:43 | 25:32.1 | 10:16 | |
| 94 | | Jenna Maifeld | FR | Waukee | 12:05 | 25:37.2 | 10:18 | |
| 95 | | McKenzie Stewart | SR | Waukee | 11:03 | 25:37.3 | 10:18 | |
| 96 | | Maggie Winders | SO | Solon | 12:13 | 25:40.4 | 10:20 | |
| 97 | 54 | Keira Kreuzenstein | FR | Muscatine | 11:59 | 25:49.1 | 10:23 | |
| 98 | | Alex Locke | FR | Solon | 11:50 | 25:53.2 | 10:25 | |
| 99 | | Anna Schenkel | SO | Xavier | 11:45 | 25:56.9 | 10:26 | |
| 100 | | Sarah Stallman | SO | Cedar Rapids Prairie | 11:48 | 26:10.1 | 10:32 | |
| 101 | | Sophie Reis | JR | Waukee | 12:04 | 26:24.0 | 10:37 | |
| 102 | | Ashley O'Rourke | FR | Xavier | 12:05 | 26:45.5 | 10:46 | |
| 103 | | Areej Iqbal | SO | Waukee | 12:15 | 27:19.3 | 11:00 | |
| 104 | | Virginia Russell | SO | Xavier | 12:02 | 27:22.8 | 11:01 | |
| 105 | | Bridget Gustafsen | FR | Cedar Rapids Prairie | 12:50 | 27:51.4 | 11:12 | |
| 106 | | Kaitlyn Tope | SR | Waukee | 13:59 | 31:07.3 | 12:31 | |
| 107 | | Brenlyn Stutzman | FR | Xavier | 13:51 | 31:36.3 | 12:43 | |

Cedar Rapids Prairie Invitational

FR-SO Girls 4K Prairie Campus - Cedar Rapids, IA 8/25/2018 Overcast, Wind WSW 5-10mph & 72°

| Place | Name | Time | mpm | Place | Name | Time | mpm |
|-----------------------------------|--------------------------|----------------|------------|--------------------------------|------------------------|----------------|--------------------|
| 1) Cedar Rapids Prairie | | | | 4) Xavier | | | |
| | | Score = | 21 | | | Score = | 111 |
| 1 | Gabby Cortez, FR | 16:43.4 | 6:44 | 7 | Lizzy Schmitt, SO | 18:27.8 | 7:26 |
| 3 | Grace Long, FR | 17:37.6 | 7:06 | 15 | Ella Tallett, FR | 19:22.2 | 7:48 |
| 4 | Alyza Koppes, FR | 17:42.3 | 7:07 | 21 | Ellie Koechner, FR | 20:10.0 | 8:07 |
| 5 | Lily Johannes, FR | 18:16.2 | 7:21 | 32 | Abby Kohl, SO | 22:06.5 | 8:54 |
| 8 | Jamie Pilarczyk, FR | 18:28.4 | 7:26 | 36 | Laura Bostwick, FR | 22:26.8 | 9:02 |
| 12 | Bella Reiseck, FR | 18:53.2 | 7:36 | 39 | Alexandra Rump, SO | 22:38.9 | 9:07 |
| 22 | Hannah Roe, FR | 20:13.6 | 8:08 | 40 | Faith Karl, FR | 22:51.0 | 9:12 |
| | Marisa Kelsey, FR | 20:27.2 | 8:14 | | Avery Arens, SO | 23:00.9 | 9:16 |
| | Julianne Hodges, SO | 20:46.4 | 8:21 | | Anna Schenkel, SO | 25:56.9 | 10:26 |
| | Delaney Keenan, FR | 21:15.1 | 8:33 | | Ashley O'Rourke, FR | 26:45.5 | 10:46 |
| | Shelby Montague, FR | 21:26.7 | 8:38 | | Virginia Russell, SO | 27:22.8 | 11:01 |
| | Kaitlyn Leitheiser, FR | 21:26.8 | 8:38 | | Brenlyn Stutzman, FR | 31:36.3 | 12:43 |
| | Eadie Makenna, FR | 21:29.3 | 8:39 | | | | |
| | Kilee Flockhart, FR | 22:59.4 | 9:15 | 5) Mid-Prairie | | | |
| | Alyssa Valde, SO | 23:14.3 | 9:21 | | | Score = | 151 |
| | Kiley Uchyttil, FR | 23:24.2 | 9:25 | 17 | Brittany Kinsinger, FR | 19:24.7 | 7:49 |
| | Avanlee Kutler-Grutz, SO | 24:43.6 | 9:57 | 23 | Zoe Fisher, FR | 20:19.8 | 8:11 |
| | Sarah Stallman, SO | 26:10.1 | 10:32 | 31 | Sarah Meader, SO | 22:04.4 | 8:53 |
| | Bridget Gustafsen, FR | 27:51.4 | 11:12 | 35 | Ella Cadena, SO | 22:23.1 | 9:00 |
| 2) Waukee | | | | | | 45 | Anna Nafzinger, FR |
| | | Score = | 45 | | | 47 | Lily Hayes, SO |
| 2 | Abby Kinney, SO | 16:57.7 | 6:49 | | | 53 | Zebi Kimani, SO |
| 9 | Molly Statton, SO | 18:29.8 | 7:26 | | | | Kitty Conway, SR |
| 10 | Madi Groetken, FR | 18:39.0 | 7:30 | 6) Cedar Rapids Kennedy | | | |
| 11 | Vanessa Demarco, FR | 18:40.2 | 7:31 | | | Score = | 157 |
| 13 | Ellie Johnson, SO | 19:01.4 | 7:39 | 18 | Ella Cadenhead, FR | 19:40.5 | 7:55 |
| 14 | Kariin Roush, FR | 19:01.5 | 7:39 | 20 | Addie Parker, FR | 20:02.7 | 8:04 |
| 19 | Brooke Seashore, SO | 19:47.9 | 7:58 | 30 | Julia Sheyko, FR | 22:02.7 | 8:52 |
| | Aviella Holtz, FR | 20:29.2 | 8:15 | 43 | Anna Lai, FR | 22:56.1 | 9:14 |
| | Ella Duenas, FR | 20:29.6 | 8:15 | 46 | Whitney Markham, SO | 23:29.7 | 9:27 |
| | Katie Simon, JR | 20:32.5 | 8:16 | 48 | Anna Teggatz, FR | 23:36.8 | 9:30 |
| | Clare Vilmont, SO | 20:36.3 | 8:17 | 51 | Emma Herold, SO | 23:52.0 | 9:36 |
| | Sophie Wempen, FR | 20:42.4 | 8:20 | 7) Solon | | | |
| | Morgan Larick, FR | 20:46.5 | 8:22 | | | Score = | 173 |
| | Bryn Inserra, FR | 21:15.1 | 8:33 | 26 | Selma Kliensmith, SO | 21:13.4 | 8:32 |
| | Lizzie Sorensen, FR | 21:23.2 | 8:36 | 27 | Reilly Johnson, FR | 21:19.7 | 8:35 |
| | Kaitlyn Ury, SO | 21:43.6 | 8:44 | 37 | Morgan Richard, SO | 22:37.1 | 9:06 |
| | Rachel Gantt, SO | 21:46.2 | 8:46 | 41 | Eva Born, FR | 22:51.3 | 9:12 |
| | Annie Diener, FR | 21:52.1 | 8:48 | 42 | Olivia Heesh, SO | 22:52.5 | 9:12 |
| | Lizzy Finch, SO | 21:58.7 | 8:51 | 44 | Gracie Chapman, SO | 23:24.0 | 9:25 |
| | Baylor O'Neil, FR | 22:03.3 | 8:52 | 49 | Bella Feaker, FR | 23:40.3 | 9:31 |
| | Emma Hasanusta, FR | 22:04.4 | 8:53 | | Neva Cllauide, FR | 23:42.8 | 9:32 |
| | Jacy Coady, SO | 22:16.1 | 8:58 | | Lauren Roskoph, FR | 23:43.7 | 9:33 |
| | Lauren Kim, JR | 22:24.6 | 9:01 | | Jadyn Hanes, SO | 24:23.1 | 9:49 |
| | Apeksha Adhikari, FR | 22:29.5 | 9:03 | | Katelyn Coons, SO | 25:13.8 | 10:09 |
| | Jordyn Wagner, JR | 22:44.4 | 9:09 | | Maggie Winders, SO | 25:40.4 | 10:20 |
| | Iris Nikolaus, FR | 23:04.8 | 9:17 | | Alex Locke, FR | 25:53.2 | 10:25 |
| | Stella Montgomery, FR | 23:34.6 | 9:29 | 8) Muscatine | | | |
| | Anna Finch, SR | 23:57.9 | 9:39 | | | Score = | 194 |
| | Jenna Maifeld, FR | 25:37.2 | 10:18 | 25 | Molly Guerra, FR | 20:45.4 | 8:21 |
| | McKenzie Stewart, SR | 25:37.3 | 10:18 | 29 | Rebekah McNeely, SO | 21:50.1 | 8:47 |
| | Sophie Reis, JR | 26:24.0 | 10:37 | 34 | Abby Stamler, FR | 22:22.5 | 9:00 |
| | Areej Iqbal, SO | 27:19.3 | 11:00 | 52 | Bosena Smith, FR | 23:58.0 | 9:39 |
| | Kaitlyn Tope, SR | 31:07.3 | 12:31 | 54 | Keira Kreuzenstein, FR | 25:49.1 | 10:23 |
| 3) Cedar Rapids Washington | | | | Incomplete Teams: | | | |
| | | Score = | 107 | Cascade | | | |
| 6 | Haven Diehl, FR | 18:27.5 | 7:26 | 59 | Maddie Knapp, SO | 22:27.0 | 9:02 |
| 16 | Sydney Mitvalsky, SO | 19:24.3 | 7:48 | 61 | Anna McDermott, SO | 22:30.3 | 9:03 |
| 24 | Ella Davis, SO | 20:27.0 | 8:14 | | | | |
| 28 | Emily Fechhelm, FR | 21:25.7 | 8:37 | | | | |
| 33 | Ellie Rockwell, SO | 22:20.6 | 8:59 | | | | |
| 38 | Amaya Nelson, SO | 22:38.3 | 9:06 | | | | |
| 50 | Sophia Davis, SO | 23:50.4 | 9:36 | | | | |
| | Olivia Weis, FR | 24:55.4 | 10:02 | | | | |