



## Facility Speaker Bios, Disclosures & CE Details

# Continuing Education/Continuing Medical Education (CE/CME) Activity

**WHEN:** 1:30P (Central Standard Time) • Tuesday, March 23, 2021

## Palliative Care: Principles in Communication (1:30P)

### Presentation Purpose:

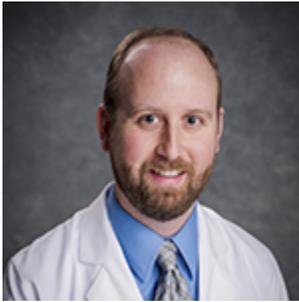
This activity will help you understand when we should be discussing goals of care and how to broadly determine what to expect and how to offer guidance in helping a patient/family to navigate serious illness.

ACTIVITY SNAPSHOT	
Activity Type:	Live/Enduring Activity
Release Date:	March 23, 2021
Expiration Date:	March 23, 2022
Continuing Education Credits:	
(ACCME)	1.0 CME/CE for Physicians
Assistants (AAPA)	1.0 CME/CE for Physician Assistants
+ NABP	1.0 CPE for Pharmacists (ACPE)
(ASWB)	1.0 CNE for Nurses (ANCC)
	1.0 ASWB for Social Workers
	1.0 Pharmacology Credit
Estimated Duration:	1 hour (Per Activity)
Content Last Reviewed:	March 22, 2021

**Learning Objectives:** Upon completion of this activity participants should be able to:

- Overview of how to differentiate palliative care vs hospice
- Understand framework for conversation in the context of a family meeting
- Review and relate specific strategies for approaching conversations that are uncomfortable or are likely to go poorly
- Understand the basics of advance care planning

## Speaker(s) Bio:



### **Garrett M. Hurst, M.D.**

Assistant Professor  
UAB School of Medicine

Dr. Hurst is from Columbia, SC and graduated from the Medical University of South Carolina in Charleston. He completed internship and residency at Wake Forest University and is board certified in Family Medicine and Palliative Medicine. He was fellowship trained in hospice and palliative care at UAB and currently serves as assistant professor in the Department of Medicine, Division of Gerontology, Geriatrics and Palliative Care. He has also joined the faculty at Children's of Alabama as a physician on the pediatric palliative care team. Academic interests include subcutaneous medication administration and novel methods of administering comfort medications. He spends weekends doing auto maintenance and repair and competing in autocross racing.

### **Training**

UAB SOM  
Fellowship, 2015

Wake Forest University  
Residency, 2014

Wake Forest University  
Internship, 2012

Medical University of South Carolina - College of Medicine  
Medical School, 2011

### **Board Certifications**

Hospice and Palliative Medicine  
American Board of Family Medicine, 2016

Family Medicine  
American Board of Family Medicine, 2014

### **Disclosures:**

**Faculty:** Garrett M. Hurst, M.D.

\* Has no relevant financial relationships with ACCME-defined commercial interests:

\* Will not be discussing the off-label or investigational use of products

*Course Chair reviewed and found no Conflict of Interest*

All Ascension planners and reviewers have no relevant financial relationships with ACCME-defined commercial interests.

**TARGET AUDIENCE:** This activity is designed for the interdisciplinary audience including physicians, nursing, pharmacy, physician assistants and social workers

**DISCLOSURE OF RELATIONSHIPS/CONTENT VALIDITY:** It is the policy of Ascension to adhere to Joint Accreditation Criteria, Policies, and Standards for Commercial Support and content validation in order to ensure fair balance, independence, objectivity, and scientific rigor in all its sponsored activities. All speakers, Course Directors, Co-Course Directors, planners, reviewers, and staff members participating in sponsored activities are expected to disclose relevant financial relationships pertaining to their contribution to the activity. Relationship information is analyzed to determine whether conflicts of interest exist. All conflicts of interest are resolved prior to participation in the planning or implementation of this activity. Presenters and authors are also expected to disclose any discussion of (1) off-label or investigational uses of FDA approved commercial products or devices or (2) products or devices not yet approved in the United States.

Ascension CE/CME activities are intended to be evidence-based and free of commercial bias. If you have any concerns, please call the Ascension CE/CME Department at 205-838-3225 to anonymously express them.

**Commercial Interest:** *No commercial interest was received for this ICPE activity*

### **Faculty/Course Director/Planners:**

All Ascension planners and reviewers have no relevant financial relationships with ACCME defined commercial interest.

Ascension has selected all faculty participating in this activity. It is the policy of Ascension that all CE/CME planning committees, faculty, authors, editors, and staff disclose relationships with commercial interests upon nomination or invitation of participation. Disclosure documents are reviewed for potential conflicts of interest and if relevant, they are resolved prior to confirmation of participation. Only those participants who have no conflict of interest or who agreed to an identified resolution process prior to their participation were involved in this activity.

**Conflict of Interest:** In accordance with the ACCME Standards for Commercial Support, it is the policy of Ascension to ensure balance, independence, objectivity and scientific rigor in all CE/CME activities. Full disclosure of conflicts and conflict resolution will be made in writing via handout materials or syllabus.

### **Credit Designation:**



JOINTLY ACCREDITED PROVIDER\*  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Ascension/St. Vincent's Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



This activity was planned by and for the healthcare team, and learners will receive 1.0 IPCE credits for learning and change.



### FOR PHYSICIANS:

The Ascension/St. Vincent's Health designates this Live Activity for a maximum of 1.0 credits *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



### FOR NURSING:

This activity is awarded 1.0 contact hours. (based on 60 minutes per contact hour)



### FOR PHYSICIAN ASSISTANTS:

Ascension/St. Vincent's Health has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 1.0 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.



### FOR PHARMACY:

This knowledge-based activity qualifies for 1.0 contact hours of continuing pharmacy education credit. Pharmacy CE credits will be submitted electronically to the NABP upon successful completion of the activity.



Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs. This activity is designated for 1.0 APA Category 1 ce credits for psychologists.

### Obtaining CE Credit:

1. Review the live/enduring activity
2. Complete the activity in its entirety
3. Complete the electronic activity evaluation
4. Certificate of completion will be sent 10 days after each activity viewed. CME, PA NP credits will receive a transcript; CE, Social Work, Allied Health credits will receive a CE certificate electronically to be downloaded to individual boards by the participant and ACPE Pharmacy CE credits will be submitted electronically to the NABP upon successful completion of the activity.