

PLANTS FOR SOFT LANDINGS

Planting intentional soft landings under keystone trees builds healthy soil, provides food for songbirds and pollinators, sequesters more carbon than turf grass, and reduces time spent mowing.

NATIVE WILDFLOWERS FOR CT & NORTHEAST	
BOTANICAL NAME	COMMON NAME
<i>Aquilegia canadensis</i>	Wild Columbine
<i>Aralia nudicaulis</i>	Wild Sarsaparilla
<i>Asarum canadense</i>	Wild Ginger
<i>Asclepias exaltata</i>	Poke Milkweed
<i>Blephilia hirsuta</i>	Hairy Wood Mint
<i>Eurybia divaricata</i>	White Wood Aster
<i>Eurybia macrophylla</i>	Big Leaved Aster
<i>Geranium maculatum</i>	Wild Geranium
<i>Heuchera americana</i>	Alumroot
<i>Hydrophyllum virginianum</i>	Virginia Waterleaf
<i>Maianthemum racemosum</i>	False Solomon's Seal
<i>Mertensia virginica</i>	Virginia Bluebells
<i>Mitella diphylla</i>	Bishop's Cap
<i>Phlox divaricata</i>	Wild Blue Phlox
<i>Podophyllum peltatum</i>	May Apple
<i>Polemonium reptans</i>	Jacob's Ladder
<i>Polygonatum biflorum</i>	Solomon's Seal
<i>Sanguinaria canadensis</i>	Bloodroot
<i>Solidago caesia</i>	Blue-stemmed Goldenrod
<i>Solidago flexicaulis</i>	Zig-zag Goldenrod
<i>Symphyotrichum cordifolium</i>	Heart-leaved Aster
<i>Symphyotrichum lateriflorum</i>	Calico Aster
<i>Thalictrum dioicum</i>	Early Meadow Rue
<i>Tiarella cordifolia</i>	Foamflower
<i>Uvularia grandiflora</i>	Large-flowered Bellwort
<i>Viola canadensis</i>	Canada Violet
<i>Viola pubescens</i>	Downy Yellow Violet
<i>Viola sororia</i>	Common Blue Violet

Adapted from Plants for Soft Landings – Wild Ones Minnesota. ©2021 Heather Holm and Neighborhood Greening.

For more information on creating soft landings under trees, visit: www.PollinatorNativePlants.com/softlandings.html.

