

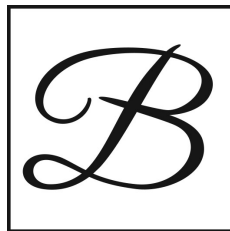
*Support Group  
6 Week  
Bible Study*



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# Support Group - 6 Week Bible Study

Purpose: Healing & Restoration

*Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth (3 John 2).*

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## Prayer for Salvation or Rededication

God, I believe that you sent Jesus to the earth to live as a man and that when he died he died for my sins. Please forgive my sins. I receive your grace and favor in my life. Help me to be a new creation and live all of the rest of my days for you. In Jesus' name I pray, amen.

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Signature

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Date

# *Chapter 1*

## *Wresting with God – Jacob*

Have you ever wrestled with someone physically? Have you ever arm wrestled someone? Have you ever wrestled with someone and gotten hurt physically? How about emotionally?

Have you ever wrestled with God?

Look up these Scriptures:

Genesis 25

Genesis 26

Genesis 27

Genesis 28

Genesis 29

Genesis 30

Genesis 31

Genesis 32

Answer these questions:

1 Are there circumstances in your life that are similar to the ones in Jacob's life? If so, what are they?

2 Have you ever wrestled with God? What are some of the things in these Bible verses can you relate to?



3 If you have ever wrestled with God, what was the outcome – or how do you see the outcome after wrestling with God?

4 How have you overcome difficult circumstances in your life?

5 Has God helped you turn disappointments into something good? If so, how?



*Chapter 2*  
*Turning Disappointments*  
*Around – Joseph*

What did God do for Joseph? How did God turn the isolation, abandonment, abuse, hatred, anger, resentments, and the pain of injustice around in Joseph's life?

Have you had a dream that you shared with others that caused others to be jealous? Did others act out with vengeance or rage? Have you shared an idea with others and someone else used it and you think they may have stolen your idea from you?

These characteristics are man's sin-like nature and not godly characteristics.

Look up these Scriptures:

Genesis 30:24-25

Genesis 33:1-7

Genesis 35:24

Genesis 37

Genesis 38

Genesis 39

Genesis 40

Genesis 41

Genesis 42

Genesis 43

Genesis 44

Genesis 45

Genesis 46

Genesis 47

Genesis 48

Genesis 49

Genesis 50

Answer these questions:

1 Are there circumstances in your life that are similar to the ones in Joseph's life? If so, what are they?

2 What are some of the things in these Bible verses can you relate to because you have hurt someone else?

3 What are some of the things in these Bible verses can you relate to because others have hurt you?

4 How have you overcome difficult circumstances in your life?

5 Has God helped you turn disappointments into something good? If so, how?





*Chapter 3*  
*Suffering through*  
*Sifting – Job*

Have you been refined by God? Have you been sifted by God? Have you lost family, wealth, friends, and your health? Have you felt like you were living as a good example and bad things happened that you do not understand?

Do you know that there is a battle in the heavenlies between Satan & God?

Have you had spiritual warfare that you do not understand? Have you suffered for righteousness sake? Do you ever ask God why you have had to suffer? Do you ever get angry at God for allowing you to go through something that was uncomfortable or unholy?

Do you ask God questions? Do you have difficult trials in your life? Do other people judge you when you have been sick thinking that you sinned and deserved it? Have you sinned and it caused you sickness?

Has your own tongue condemned you?

Do the wicked suffer? Have your friends suffered like you have suffered?

Have you come through a difficult storm in life? Can you look back and see why the trial was necessary? Can you see the bad and the good?

Have you been falsely accused? Can you see the purpose in your life which you were created for? Do you confess lack of understanding or humiliation which you didn't think you deserved? Are you in the sin of rebellion, doubt, or unbelief?

Look up these Scriptures:

The Book of Job (1-42)

Answer these questions:

1 Are there circumstances in your life that are similar to the ones in Job's life? If so, what are they?

2 What are some of the things in these Bible verses can you relate to because you have hurt someone else?

3 What are some of the things in these Bible verses can you relate to because others have hurt you?

4 How have you overcome difficult circumstances in your life?

5 Has God helped you turn disappointments into something good? If so, how?



*Chapter 4*  
*The Pain of Disobedience*  
*Jonah*



Has God ever asked you to do something and you refused to do it? Have you suffered because you did not do what God asked you to do? Did other people suffer because you did not do your part?

Are you oppressed because you have not been obedient to God? Do you want to be set free from sin that has held you back?

Do you like to help other people get free from bondages and oppression?

Can you see others who are living lives contrary to how God is requiring you to live? Are the other people Christian born-again believers? Are you a born-again believer?

If you were disobedient to God have you repented? Did you need to repent from a lot? Did you need to go to others and apologize for making mistakes in your life by your own decisions?

Have you ever refused to go speak to someone that God was asking you to speak to?

Look up these Scriptures:

The Book of Jonah (1-4)

Answer these questions:

1 Are there circumstances in your life that are similar to the ones in Jonah's life? If so, what are they?

2 What are some of the things in these Bible verses can you relate to from the life of Jonah?

3 What are some of the things in these Bible verses can you relate to because others were not doing what God told them to, or not living as good examples?

4 Did God give you a second chance to do what He asked you to do? How have you overcome difficult circumstances when you resisted what God was asking you to do in your life?

5 Has God helped you turn disappointments into something good? If so, how?



*Chapter 5*  
*The Pain of Obedience*  
*John the Baptist*

Today we hear of Christians having their heads being cut off because of their Christian beliefs. Some countries don't seem to be doing anything to stop the attack against Christians. Christians are persecuted in many ways all around the world.

Do you love or hate? Do your enemies believe that they are superior to you? Have you ever known anyone that was beheaded?

In the world today which has so many laws against murder, why is beheading still occurring?

There is only one true God and that is God Almighty also known as Jehovah. God Almighty is our Creator and those beheading Christians today are many times murdering in the name of Allah, who is not our god and Allah is not anyone's creator.

John the Baptist suffered persecution and his head was cut off as an evil deed. The obedience of one man to answer the call and do what God was asking Him to do has prepared and strengthened many people in the body of Christ by the testimonies written in the Holy Bible.

Look up these Scriptures:

Exodus 6:3

Matthew 14

Mark 6

Luke 1

Luke 9

Revelation 20:4-6

Answer these questions:

1 Are there circumstances in your life that are similar to the ones in John the Baptist's life? If so, what are they?

2 What are some of the things in these Bible verses can you relate to?



3 What are some of the things in that you can change in your life to be more like God? How about to be more like John the Baptist?

4 How have you overcome difficult circumstances in your life? What would you do differently now that you have read about John the Baptist?

5 Has God helped you turn disappointments into something good? If so, what has God done?

6 What are some areas which you can change in your life to be a better example?



*Chapter 6*  
*The Pain of Betrayal*  
*Jesus*

Have you ever betrayed anyone? Has anyone ever betrayed you? Do you know the pain of losing a friend who you wanted but you could not trust?

Patrons should be able to trust where they do their business but in today's world betrayal still happens many times because of greed and self-centeredness.

Betrayal happens in our families, our friendships, in our business dealings and also in the house of God.

The Holy Bible scriptures set a standard for us to live by and many who even know the Bible verses still betray others: maybe because they don't like them – or maybe because they think themselves better than others. For any reason, we are taught the Holy Scriptures so that we can be good examples by following the examples that God (and Jesus) have given to us, not to be bad examples.

Will Christians perish if they betray someone? Will they perish if they betray God? Does God want anyone to perish? Does He want anyone betrayed?

Jesus endured the betrayal of one of His followers. Will you run the race and endure what is set before you? Are you strong enough to handle the betrayal of a good friend or family member? How do you overcome being betrayed by someone?

Look up these Scriptures:

Psalm 41:9

Matthew 26

Mark 10

Mark 14

Luke 22

John 13

Acts 7:51-53

1 Corinthians 11

2 Peter 3:9

Answer these questions:

1 Are there circumstances of betrayal in your life that are similar to the ones in Jesus's life? If so, what are they?

2 What are some of the things in these Bible verses can you relate to because you have hurt someone else?

3 What are some of the things in these Bible verses can you relate to because others have hurt you?

4 How have you overcome difficult circumstances in your life?

5 Has God helped you turn disappointments into something good? If so, how?

6 Can you trust someone after they have betrayed you?



7 Has God healed relationships in your life where you betrayed someone else?

8 Has God healed relationships in your life where you were the one who was betrayed?

Option: Please take Holy Communion individually before the Lord or corporately if you are doing this study as a group. Ask God to cleanse you of anything that is in you that is not of Him. Seek Him privately to see if there is anything that He wants you to know and repent of. You can read the Bible verses in 1 Corinthians 11 as you take communion.





## Leaders' Guide:

It is the vision for Bible Study and Books Nonprofit to help people with disabilities write their Christian books and testimonies. The profit from selling these books helps us reach our ministry goals and vision. There are some key points that Bible study group leaders should keep in mind.

1 The location of your Bible study group can be almost anywhere where you feel comfortable as long as everyone can hear and has a place to sit. A table is good but not required because many people like to use the floor, chairs and sofas. You can have a Bible study in a restaurant or marketplace if you don't have the use of a church. Having a Bible study in the marketplace does have its spiritual advantages of changing the atmosphere of an environment and helps businesses by your purchases. If you are having this Bible study in a restaurant please make sure you tip your waiter's, waitresses, or those picking up your dishes. And always pick up after yourself and leave a good impression.

2 Make sure if you are using tables and chairs that there are enough chairs and table space for everyone to sit together.

3 Try to avoid distractions. A distraction takes people away from the study. Allow for interruptions at times because the input from an interruption may be something God wants someone to share. Keep an eye on the topic of discussion and bring the discussion back to the Bible study topic if needed.

4 When people share difficult circumstances in a Bible study you should be willing to pray for them and never use it against them. Using people's pasts against them does not honor anyone and it can be displeasing to God. When people share details of their lives and you repeat it to your friends it is consider gossip (a sinful behavior) unless there was a special request for assistance such as a need for a vehicle, housing, clothes, or food. When you do share requests from other people try not to use names of people unless you are given permission by that person. It is however acceptable to share the details of what you are learning in this Bible study especially when God shows you a new scripture or revelation from His Holy Bible.

5 It is important to keep people on track with the Bible study and set aside time at the end for prayer. That time should be based on the number of people attending the Bible study.

6 Always give everyone an opportunity to read during this Bible study and it can help if you just rotate from one person to another around the table or the room.

7 If someone is not feeling well it is okay for them to just pass on the reading of the Bible verses. But if they are really sick they should do their own Bible study work at home so that they can keep up with the group.

8 Have a plan for fellowship and ample time for greeting each other in a group.

9 Everyone should always encourage others, be short in their explanations during the group study, give good examples, and give good feedback. If there is any bad feedback it should be directed privately to the Bible study leader so they are aware of the problem you are experiencing.

10 Everyone is important to God and God may have people who are not like you in the group because they have something to share, or something to learn too.

11 If snacks are shared don't complain if you can't eat what is brought. You should bring things that you like for everyone to eat if what is brought is something you are not able to eat.

12 This Bible study is pretty simple and not intended to bring up arguments if you or someone in the group has been taught something different. This Bible study is designed for you to find your answers from the Holy Bible and not from other people. If you are uncomfortable with anything in this study you should seek God through prayer without causing a disruption within the group.

13 Always keep a peaceful environment where everyone feels welcome.

14 If you notice someone who needs help finding a Bible verse be gentle in how you help them.

15 There should be no strife, contention, name calling, fear or jealousy. The Bible study leader has the authority to warn someone if their behavior is not appropriate and after the first warning have measures in place for asking someone to leave the group.

16 It is good to recap Bible verses for everyone if the Bible verses or the chapter you are reading is long.

17 The group leader should read the questions for the chapter to everyone or designate someone to read the questions prior to reading the scriptures so that you can easily answer the questions when you are going through the Bible study.

18 The group leader or person designated by the group leader can make additional questions for each chapter, each week (or meeting time) if there is enough time allowed.

19 The group may not finish a chapter during the allotted time of the Bible study and it can either assign the chapter as homework to finish or continue it the next time you are meeting together.

20 Always start and end the Bible study with prayer thanking God for His blessings.

It would be good for the Bible study leader or a designated person to bring a dictionary and a large concordance to the Bible study. We hope that you enjoy this Bible study whether you are working on it independently or in a group. Thank you for using our discipleship manuals for your Bible study.

