



CAMC

Central Alberta Mountain Club

President's Report

I am writing to you on a matter of very serious importance to the Central Alberta Mountain Club. Over the eight years of the club's existence, the CAMC has tried to actively define itself within the community of outdoor clubs here in Central Alberta. Its constitution is a reflection of its big city roots in Edmonton. Initially the club with the very active support of Valhalla Pure and the Kerry Wood Nature Centre has grown to stand on its own. In doing so, it has tried to meet the widely divergent wants and needs of its many members. A strong contingent see it as an alternative to the Ramblers and Parkland ski club, there to provide activities at times when the other clubs are not. Others want the club for backpacking and scrambling. Still others enjoy the monthly presentations, or the occasional courses and simply the opportunity to network. The Club has run photo contests, does trail maintenance, publishes a newsletter, runs a web site, prepares T-Shirts and a number of social events. All these things have been done in response to various suggestions from Club members.

To provide some direction for this plethora of activities, the Club has an executive. Over the years filling the various positions on the executive has been a challenge, never more so than at the moment. Positions remain vacant. The sitting executive finds themselves multi tasked and over worked. Criticism and even verbal abuse are frequently directed at the executive. Instead of many hands making light work, a few hands are trying to keep the Club going in its traditional manner. This is no longer working.

A new vision for the Club is required; a vision that will meet the needs of most of its membership while reflecting the reality that the Club can no longer be all things to all people.

Your executive is proposing that a new constitution and by-laws for the Club be written around a vision that reflects the following:

In This Issue...

President's Report	...1
Treasurer's Report	...2
Trip Chair's Report	...2
Trip Reports	...3
Guest Presentation	...5
Newsletter Editor's Message	...5
Executive Contacts	...5
Proposed Summer Trip Schedule	...6
Winter Trip Schedule	...8

UPCOMING EVENTS

Wednesday, March 12th, 2008
General Meeting
7:30 pm at the Kerry Wood
Nature Centre (6300 45 Ave)

Mar. 8
Ribbon Creek, Kananaskis
Country - Ski

Mar. 22
Mount Shark, Kananaskis
Country - Snowshoe

CAMC be a spring/summer/fall hiking club that predominately caters to mid to high level hikers and backpackers. The Club will only have its general meetings during the hiking season from April to October with the exception of July and August. The April meeting will be to discuss the summer trips program and course(s). The October meeting will be to elect the next year's executive and to confirm details for Turkey Trek. Guest speakers will be solicited for the May, June and September meetings.

There will be no newsletter. The web site will be available to identify contacts for club activities.

At least one course a year will be run to assist members in learning wilderness skills.

Contests will no longer be run.

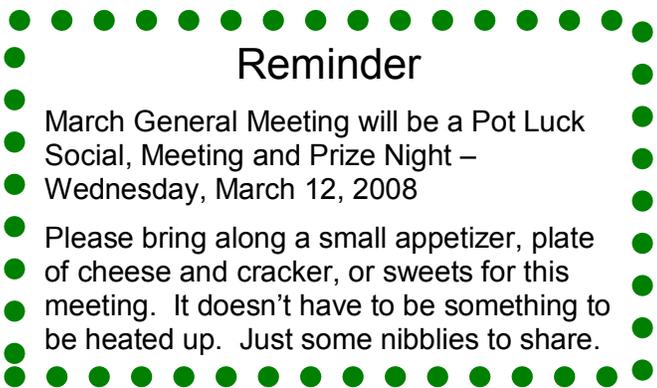
The only social event of the year will be Turkey Trek.

The above should provide you with a flavour of a radically new vision being proposed. This will be discussed at our next General Meeting on Wednesday, March 12th.

If you care about your Club and wish to help in the process of making it even better, I encourage you to be present.

If you can not make it, I would ask for your comments back to me via email so that I can represent them at the meeting on the 12th.

What we are proposing will change the dynamics of the Club in many ways and will have an impact on just about everything that we do. We do not propose this without considerable thought into the consequences and the need. I do hope that you can find the time and the passion to make your Club better.



Reminder

March General Meeting will be a Pot Luck Social, Meeting and Prize Night – Wednesday, March 12, 2008

Please bring along a small appetizer, plate of cheese and cracker, or sweets for this meeting. It doesn't have to be something to be heated up. Just some nibbles to share.

Treasurer's Report

Our bank balance at the end of February 2008 is \$2145.54.

Our membership for 2007 year is drawing to a close, and it is now the time to renew your membership for the 2008-09 year. I will have membership forms and waivers for people to sign to renew their memberships to the CAMC. Fees will remain the same - \$20.00 for individual yearly membership and \$30.00 for families.

With the newsletter available to view on the website – www.camchiking.ca it should hopefully eliminate the work in making sure we get everyone's email address correct.

There are some important items to bring forth for discussion at the March meeting with reference to the newsletter, so we need to see a good attendance.

That is all I have to report for financial activity. It has been a quiet winter so far.

I do have other information and reminders to pass along to all members on other topics besides financial info.

Trips Chair's Report

You will see in this month's newsletter, a copy of the proposed trip schedule for the summer 2008. It is a proposed schedule and has not been officially adopted by the Club at this time.

The schedule was first introduced at the February meeting for comment. I received none at that time. With the proposed changes to the club that will be discussed at our next meeting, this schedule may see significant revision. That said, your comments and suggestions are always welcome.

T-shirts should, at long last, be available for the March meeting. You can pick up your ordered T-shirt at that time.

See you on the trails.

**** You can find the proposed summer trip schedule on page 6 of this newsletter.****

Cross Country Ski Weekend – Lake Louise Trip Report

Banff National Park

Saturday, February 9th -10th, 2008

Submitted by: Ann

Trip Participants: Sylvia, Cody, Keri-Anne, and Ann



Friday morning we woke to very cold temperatures and stormy weather with road warnings, so 3 of our group decided to stay at home for the weekend. Myself, Cody and Sylvia were not leaving until later in the day so by then things seemed to have settled down. Besides it was still snowing a bit, and when it snows... I want to ski!!! We were willing to give the roads a try! We left Red Deer at about 3 pm to drive to Calgary to pick up Kari-Anne. We only encountered a short section of highway around Airdrie that the visibility was poor, but by the time we got to Calgary it wasn't even snowing. We drove as far as Canmore, and decided to stay there for the night rather than driving to Lake Louise. Visibility was poor, haven gotten dark, snowing again, and with blowing snow whenever big trucks passed us. The Lake Louise hostel kindly didn't bill us for the night and we found a comfortable lodging in Canmore that was a reasonable price.

One of the fun things about weekend trips, is getting to try out different restaurants. I had always wanted to try the "French Quarter" in Canmore but was never able to find it. We got directions and with a little difficulty did find it, and had a wonderful Louisiana style meal.

Next morning was still very cold about -27, so we didn't rush to leave too early. We then drove directly to the "Pipestone trails" by Lake Louise. We had a wonderful ski!! It was cold for sure, but it is amazing how with exercise and good layering of clothing it isn't long before you warm up. We skied www.camchiking.ca

for 1 and a half hours and then looped back to the car for lunch. The afternoon we skied for 2 and a half hours. The whole day it snowed lightly, so we were skiing on fresh snow most of the day. We had a great time! It is so exhilarating to get out in the mountain and fresh air!! The cold sure didn't spoil it for us!

After checking in to the hostel and a good cup of coffee. We went to the Post Hotel pub for supper. It too was a good meal, of home made fries and hamburgers.

Then a good game of Dominoes then off to bed. Next morning was only -12 when we got up and it continued to warm up all day. We skied the Great divide trail and the Telemark loops. Again it had snowed all night so we skied on fresh snow again. It was a fun day too. The Telemark loop on the upper side was most fun. We climbed to the top near Chateau Lake Louise then skied back down to the Great divide trail. Fun!!!

Then we drove to the Chateau for Lattes and Mochas. There were Ice sculptures at the chateau. A beautiful display of talent! I would like to see them being made some day.

Then we skied down "Tramline" to the Railway Station in town. That was a fun run too, the perfect ski to end the weekend.

After calling a cab for me to retrieve the car from the Chateau parking lot we headed home. all tired and happy for a great weekend!!!



Burstall Pass Trip Report

Kananaskis Country

Saturday, February 23rd, 2008

Submitted by: Peggy



It turned out to be the 4 Grandmas day out!! As it turns out old age has its perks-we can laugh at each other!! The trip started with heavy fog and a few memorable mishaps best forgotten. None of these mishaps were due to poor road conditions, heavy fog (except the fog in our brains), bad weather or poor snow conditions. It was purely due to misfortune and thank goodness at our age we have learned better coping skills, we could have cried at times and at other times we could have become engulfed by anger but as it was we just laughed it off and chucked it up to life experience. Some of our mishaps included keys getting locked in the ignition and refusing to be pulled out (this was easily resolved when we realized we were still slightly in gear) dah, and a brief discussion with the local sheriff and poor potty locations.

We had a wonderful 4 ½ km snowshoe around Holgarth Lakes at Burstall. We thought we needed a better workout then that so we decided to make our own trail and headed off around Burstall Pass. With Claudette in the lead, we honed our jumping skills with snow shoes on when we did some creek jumping along the way. Karen and Claudette mastered bush whacking in snow shoes.

Peter Lougheed was buzzing with action as there was some x-country marathon going on this weekend. We had wonderful weather and a great ride home with no misadventures and had a nice supper stop in Olds at one of our favorite haunts Boston Pizza mmm good. The perfect ending to a perfect day. This grandma can't wait for the next adventure. Till then happy trails everyone.



Ribbon Creek X-Country Ski Trip Update

I am scheduled to lead the day trip to Kananaskis Country to ski Ribbon Creek on Saturday, March 8th. I have not seen the sign up sheet, so I am wondering who among you is interested in going. Please contact me directly, email me or call me at 342-6157 to make some plans.

I am going to be upfront on this trip. First of all I would like to have confirmed a minimum of 3 or more people to make it worth it to drive out to K country. I don't think we need to leave the Southpoint common AMA parking lot before 7 am. I am not an early riser. The days are getting longer, so that should be plenty early enough.

This is an easy ski. I admit that I am out of shape, so it will likely be more of a leisurely ski. And another point is the snow conditions. If there is not enough snow at Ribbon Creek, and we discover that there is better snow elsewhere ie: Peter Lougheed, we may be changing plans at the last minute. So hopefully, we get a few of you out to the mountains, and hopefully it is a nice weekend.

I feel spring a comin'.



March Guest Presentation

Bonnie, Bertha and Betty will continue their presentation entitled, "Newfoundland, Here We Come!" Come out to see more of their pictures, and here some lively Newfoundland music



Newsletter Editor's Report

Looks like spring is on its way! YAY! Hope everyone is enjoying this nice weather. I sure am. Mike and I have made it out a few times X-country skiing and short hikes.

If anyone has anything they would like put in the April newsletter, **please have reports submitted no later than April 4th, 2008.**

CAMC Executive

President	Peggy	president@camchiking.ca
Vice President	Vacant	
Trips Chair	Jack	trips@camchiking.ca
Treasurer/Membership	Carmelle	treasurer@camchiking.ca
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Programs Chair	Maureen	programs@camchiking.ca
Newsletter Editor	Raeanne	newsletter@camchiking.ca
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**CAMC
PROPOSED SUMMER
TRIP SCHEDULE
2008**

DATE	ACTIVITY	WHERE	DIST	ELEV	COORD	NOTES
26 Apr	Hike	Barrier Lake Kananaskis	12 km	610m	Jack	Trip Coord Trg
10 May	Hike	Loudon Creek DTR	15 km	95m		
24 May	Hike	Ya Ha Tinda Ranch West of Sundre				Various exploratory hikes
7 Jun	Hike	Bighorn Meadows DTR	18 km	270m		
21 Jun	Hike	Stanley Glacier KNP	8km	365m		
28/29/30/1 Jun/Jul	Backpack	Tamarack Trail WNP	36 km	1000m	Jack	4 Day Backpack
5 Jul	Hike	Black Canyon Creek DTR	18 km	50m		
12 Jul	Hike/ Scramble	Rockbound Lake/Castle Mtn BNP	17/25 Km	760/ 1400 m		Choice between the hike or scramble or go as far as you want
19 Jul	Hike	Headwall Lakes Kananaskis	10 km	451m		
26 Jul	Hike	Sunset Pass BNP	17 km	725m		
2/3/4 Aug	Backpack	Kaufmann Lake KNP	32 km	570m		
9 Aug	Scramble	Mt. Rundle BNP	15 km	1570 m		
16 Aug	Hike	Ribbon Creek/Galatea Creek Kananaskis	23 km	1000m		We will link these 2 hikes. A very difficult hike (exposure) and a long day.
23 Aug	Hike	Iceline Trail YNP	14 km	690 m		
30/31/1 Aug	Backpack	Landslide Lake/ Wildhorse Creek DTR	24 km	900 m		
6 Sep	Hike	Glacier Lake BNP	18 km	None		

13 Sep	Trail Maint	Tuff Puff/ Kinglet Lake DTR	15 km	975 m		Trail Maintenance
27 Sep	Hike	Larch Valley BNP	12 km	724 m		
11 Oct	Hike	Mist Ridge Kananaskis	23 km	808 m		
25 Oct	Hike	Turkey Trek				Various

BNP Banff National Park
 KNP Kootenay National Park
 WNP Waterton National Park
 YNP Yoho National Park
 DTR David Thompson Region

CAMC 2007/2008

WINTER TRIP SCHEDULE

Date	Trip	Type	Notes
Mar. 1 2:00pm	Heritage Ranch	Snowshoe/ Ski	This is a show and go. Snow conditions will determine what is done.
Mar. 8	Ribbon Creek, Kananaskis	Ski	Meet AMA 0630
Mar. 22	Mount Shark, Kananaskis	Ski	Meet AMA 0630
Apr. 12	Barrier Lake Lookout, Kananaskis	Day Hike	Meet AMA 0630

- Please note that all the activities listed above are considered “easy” but this can vary considerably depending upon snow and weather conditions. Participants should always be prepared for bad weather and ready to change their plans if conditions demand.
- The club will not undertake any activity in avalanche terrain where the danger from avalanches is moderate to high. That said, avalanches can and do occur in areas where it is not expected. Even a small knoll at Riverbend Golf course can avalanche. Participants should always be aware of this danger when undertaking winter activities.