

Network(s)
<b>West Midlands Trauma Networks</b>
<b>Publication:</b>
Document name: Birmingham Children's Hospital Rehabilitation Pathway
Author: West Midlands Trauma Networks
Publication date: June 2017      Last reviewed: January 2026 Review due date: January 2030      Ref No. 69
Target audience: Major Trauma Centres, Trauma Units, Local Emergency Hospitals
Action required: Dissemination to MTC, TU, LEH personnel for circulation to trauma and rehabilitation teams.
Contact details for further information: West Midlands Critical Care, Trauma and Burns Networks <a href="http://www.mcctn.org.uk">www.mcctn.org.uk</a>
<b>Document status:</b> The controlled copy of this document is maintained by the Midlands Critical Care & Trauma Networks. Any copies of this document held outside of that area, in whatever format (e.g. paper, email attachment), are considered to have passed out of control and should be checked for currency and validity.

**Pediatric Major Trauma patients in Birmingham Children's Hospital requiring specialist rehabilitation** will be referred to:

The Children's Trust, Tadworth (national specialist neurorehabilitation centre)

## Or to Community based therapy

They may then be repatriated home or to a local Trauma Unit or Local Emergency Hospital who are able to meet the ongoing paediatric needs of the patient.

Paediatric Major Trauma patients in Birmingham Children's Hospital requiring specialist spinal cord injury rehabilitation will be referred to NSIC Stoke Mandeville.

**Paediatric Major Trauma patients who do not need / no longer need specialist rehabilitation** are typically stepped down into local community services rather than remaining within tertiary care. The exact destination depends on the child's age, needs, and postcode. They include:

## **1. Birmingham Community Healthcare (BCHC) Children's Therapy Services includes:**

- Paediatric Physiotherapy  
Accepts children aged 0–18 with developmental or neurological needs, and MSK needs up to age 14 depending on postcode.

- Occupational Therapy  
For functional, developmental, and equipment-related needs.
- Speech and Language Therapy  
For communication and feeding needs.
- Referrals accepted from hospital paediatricians and AHPs.

## **2. Community Paediatrics (BCHC)**

If the child needs developmental monitoring, medical oversight, or multi-agency coordination rather than therapy alone, they may be referred to community paediatrics.

- Provides assessment, diagnosis, and management for developmental concerns.
- Accepts referrals from hospital paediatricians and AHPs.

## **3. Education-based support**

For children whose primary needs relate to school participation rather than medical rehab:

- School Nursing
- SEND services
- Educational Psychology
- Physical Support Team (PST) – can refer into physiotherapy services.

## **4. Local authority or community-based early help services**

For children with social, behavioural, or family-support needs rather than clinical rehab.

## **5. Local services outside Birmingham**

If the child lives outside the BCH catchment, they are referred back to their home area community therapy teams