

# WINTER POOL SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10 am – Noon Lap Swim	5:30 – 8:30 am Lap Swim	5:30 – 8:30 am Lap Swim	5:30 – 8:30 am Lap Swim	5:30 – 8:30 am Lap Swim	5:30 – 8:30 am Lap Swim	7 – 9:00 am Lap Swim
Noon – 4:45 pm Open Swim	8:30 – 10:00 am 1/2 Open Swim 1/2 Lap Swim	8:30 – 10:30 am 1/2 Open Swim 1/2 Lap Swim	8:30 – 10:00 am 1/2 Open Swim 1/2 Lap Swim	8:30 – 10:30 am 1/2 Open Swim 1/2 Lap Swim	8:30 – 10:00 am 1/2 Open Swim 1/2 Lap Swim	9:00 - 11:30 am Swim Lessons
	10:00 – 11:00 am Water Exercise Deep Water		10:00 – 10:30 am Preschool Lessons  10:00 - 11:00 am Water Exercise Deep Water		10:00 – 11:00 am Water Exercise Deep Water	
	10:30 – 11:30 am Water Exercise I	10:30 – 11:30 am Water Exercise II	10:30 – 11:30 am Water Exercise I	10:30 – 11:30 am Water Exercise I	10:45-11:30 am <b>NEW</b> Water Zumba	
	11:30 am – 1:30 pm Lap Swim	11:30 am–1:30 pm Lap Swim	11:30am–1:15 pm Lap Swim	11:30 am–1:15 pm Lap Swim	11:30 am–1:30 pm Lap Swim	11:30–1:30 pm Lap Swim
	1:30 pm – 4:00 pm Open Swim	1:30 – 3:30 pm Open Swim	1:15 – 2:30 pm ***2nd Grade Lessons	1:15 – 2:30 pm ***2nd Grade Lessons	1:30 – 2:15 pm Home School Swim	1:30–4:45 pm Open Swim
			2:30-3:30 pm *Dundee Lessons	2:30 - 3:30 pm Open Swim	2:15-4:00 pm Open Swim	
	4:00 – 6:30 pm * Swim Team	3:30 – 4:30 pm *After School Care	3:30 –4:00 pm Open Swim	3:30 – 4:30 pm *After School Care	4:00 – 6:30 pm * Swim Team	
		4:30 - 6:00 pm *Swim Team	4 – 5:00 pm * Swim Team	4:30- 6:00 pm *Swim Team		
		6:00—6:30 pm Open Swim	5:00—5:30 pm Open Swim	6:00—6:30 pm Open Swim		
	6:30 – 8:15 pm Open Swim	6:30 - 7:30 pm Aqua HITT w/ Arlene	5:30 – 8:00 pm Swim Lessons	6:30 - 7:30 pm Aqua HITTw/ Tracy		
		7:30 – 8:15 pm Open Swim		7:30 – 8:15 pm Open Swim	6:30 – 8:15 pm Open Swim	
	8:15 – 9:15 pm Lap Swim	8:15 – 9:15 pm Lap Swim	8:00– 9:15 pm Lap Swim	8:15 – 9:15 pm Lap Swim	8:15 – 9:15 pm Lap Swim	

## AQUATIC EXERCISE SCHEDULE

### Monday

10:30 am - 11:30 am - Water Exercise I  
10:00 am - 11:00 am - Water Exercise Deep Water

### Tuesday

10:30 am - 11:30 am - Water Exercise II  
6:30 pm - 7:30 pm - Aqua HIIT

### Wednesday

10:30 am - 11:30 am - Water Exercise I  
10:00 am - 11:00 am - Water Exercise Deep Water

### Thursday

10:30 am - 11:30 am - Water Exercise I  
6:30 pm - 7:30 pm - Aqua HIIT

### Friday

10:00 am - 11:00 am - Water Exercise Deep Water  
10:45 am - 11:30 am - Water Zumba

### Please Note:

- Swim Team begins in September and runs through June 21

**\*The Hot Tub will be CLOSED & there will be NO LAP SWIMMING during Swim Team & Afterschool Swim Times**

**Pool will be reserved for Kids Club from 1:30 - 3:00 pm on the following scheduled dates as well as any additional school closings or early dismissal days to be determined :**

<b>Christmas Break</b>	<b>12/26, 12/27, 12/28/18</b>
	<b>1/2, 1/3, 1/4/19</b>
<b>Martin Luther King Day</b>	<b>1/21/19</b>
<b>February Break</b>	<b>2/18/19 - 2/22/19</b>
<b>Conference Day</b>	<b>3/15/19</b>
<b>Spring Break</b>	<b>4/15/19 - 4/19/19</b>

**\*\*All class and program times, & dates are subject to change at any time.**