



There **are** Puffins on Puffin Island

On a recent cruise around Anglesey aboard the MV Balmoral, on returning through the Sound we saw a number of Puffins on the wing and on the rocks.

It is lovely to see the Puffins being re-established on Puffin Island (Ynys Seriol). They were in short supply in the 90's when work was undertaken to eradicate the rat population and it looks like the continuing conservation and study work of this important home to many breeding populations of seabirds has been of great benefit to many species including our unmistakable Puffins.

We can recommend the MV Balmorals cruise around the Island, built in 1949, a member of the National Historic Fleet and one of the last surviving ships of its type. She's a fine old ship and we think it is indeed a rare and special way of viewing Anglesey from the water.



Find out more at www.whitefunnel.co.uk or scan the QR Code.



Puffin Island is on the Eastern tip of Anglesey a few miles from Beaumaris from where you can take a boat trip along the Straights and around the Island, it's the best way to see the huge variety of birds and the resident seal colony up close. Boats run throughout the summer with a choice of three operators, get your tickets at the Pier and enjoy the ride.

Beautiful Anglesey & Gwynedd

Môn Social Enterprises Cyf is a trading company of the charity Agoriad Cyf.

Both are dedicated to our local communities by providing employment opportunities and the development of sustainable local businesses to benefit the services and product providers of Anglesey and Gwynedd.



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Climb and Walk

taster days are popular with visiting families looking for something different to do in

Snowdonia



Anelu Aim Higher Founder Steve Jones with a schools group in the mountains.

Anelu Aim Higher was founded by Stephen Jones and is based in the beautiful Snowdonia National Park. It offers tailored activities to individuals, groups and families, from climbing taster days to accredited Mountain Skills courses. The team leaders and instructors are knowledgeable, qualified and experienced in taking clients out throughout the year and you can be assured of a professional and fun filled experience.

Snowdon is very popular and Anelu Aim Higher lead a range of walks to the summit. You may be new to mountain walking and choose the Llanberis Path; the PYG track offers a more varied route whilst the infamous Crib Goch traverse is for the more experienced walker. "We can help guide you along these routes to the summit whilst also highlighting the special environment we live and work in including the geology, flora and history of the area". All specialist clothing and equipment is available to hire or is included in the cost of the activity.

The "Climb and Walk" taster days are popular with visiting families who are looking for something different to do. Climb in the morning where you will learn all the basics including knots, equipment and looking after each other and we always finish with an exciting abseil where you will be able to descend the rock face safely! In the afternoon, head into the hills to learn about the

essential skills for walking safely in the outdoors including clothing, equipment and using a map and compass.

Safety is key - Anelu Aim Higher holds a licence from the Adventure Activities Licencing Authority, managed by the Health and Safety Executive, which means it has achieved and follows good safety management practises whilst taking under 18-year olds on adventurous activities. It works regularly with school groups and youth organisations to give children valuable experiences of the outdoors including walks to the summit of Snowdon, overnight residential experiences and climbing.

The accredited Hill and Mountain Skills scheme is very popular with individuals who wish to gain a concrete foundation in the essential skills for walking safely in the hills and mountains of the UK. On these 2-day courses you will learn practical skills such as navigating using a map and compass, route

choice, how the weather affects our journey, clothing and equipment choice and emergency procedures. You also get to spend 2 days walking in some fantastic scenery!

Regardless of the activity, Anelu Aim Higher takes its responsibilities to the environment seriously; by managing group sizes, applying considerate route choice and of course no litter is left in the outdoors. The instructors are proactive in collecting any rubbish they find on the mountains and it contributes financially to the upkeep of paths and maintenance whether on Ben Nevis or Snowdon.



"Supporting local communities and businesses is a central element of our company profile. Whether we are working in Scotland, England or Wales, we believe it is important to respect, support and contribute to the local communities. We highlight this to our clients and encourage them to do the same. This can range from being considerate in the way you park your car and use public transport, buying your packed lunch from a village store or calling in at a local café before heading home.

Mountains have been a part of my life for over 25 years and have led me from the Ogwen Valley in Snowdonia to the Swiss and French Alps, all over the UK and other parts of Europe, Norway, and Central America both in summer and winter.

I am a fluent Welsh speaker and keen to promote the Welsh language, history, attractions and communities of Wales and Snowdonia in particular.

The incentive behind Aim Higher is to provide safe, professional and friendly experiences."

Stephen Jones - Founder, Anelu Aim Higher



For more information visit www.mountain-hill-courses.co.uk or scan the QR code.

Llanddwyn Island (Ynys Llanddwyn) is truly a place of legends and a wonderful place for exploration and picnics with its massive dunes and large rock outcrops. It is located at the far end of Newborough Warren and not really an island as it remains accessible from the beach with the exception of the highest tides. It provides excellent views of Snowdonia and the Llyn Peninsula and forms part of the Newborough Warren National Nature reserve.



The lighthouse has stood at the tip of the Island since 1845.



The Pilot cottages at Llanddwyn.

The name Llanddwyn means "The church of St. Dwynwen". She is the Welsh patron saint of lovers. Her feast day, 25 January, is often celebrated with cards and flowers, just as is 14 February for St. Valentine.

Dwynwen lived during the 5th century AD, one of 24 daughters of St. Brychan, a Welsh prince of Brycheiniog (Brecon). She fell in love with a young man named Maelon, but rejected his advances. This, depending on which story you read, was either because she wished to remain chaste and become a nun or because her father wished her to marry another. She prayed to be released from the unhappy love and dreamed that she was given a potion to do this. However, the potion turned Maelon to ice. She then prayed that she be granted three wishes: that Maelon be revived, that all true lovers find happiness, and that she should never again wish to be married. She then retreated to the solitude of Llanddwyn Island to follow the life of a hermit.

Dwynwen became known as the patron saint of lovers and pilgrimages were made to her holy well on the island. Visitors would leave offerings at her shrine, and so popular was this place of pilgrimage that it became the richest in the area during Tudor times. This funded a substantial chapel built in the 16th century on the site of Dwynwen's original chapel. The ruins can still be seen today.

Llanddwyn Island is situated near the southern entrance to the Menai Strait. A beacon, called Tŵr Bach, was built at the tip of the Island with another more effective lighthouse, Tŵr Mawr, modelled on the windmills of Anglesey, built nearby in 1845.

During this time cottages were built near the towers to house pilots who guided ships into the Strait. Two of these cottages have been restored, with one housing an exhibition about the local wildlife. From 1840 a lifeboat was also stationed there. It was manned by the pilots as well as volunteers from Newborough; the cannon that was used to summon the lifeboat crew can still be seen. During its time up to the closure in 1903 the lifeboat saved 101 lives in 35 separate incidents.

In later years the Island has seen an influx of film crews, the Hollywood thriller 'Half Light' starring Demi Moore used the Island and Tŵr Mawr as a key part of the film and a scene from the blockbuster 'The Clash of the Titans' was filmed at Llanddwyn.

Bryn Terfel described Llanddwyn as "a very beautiful place" on the BBC after filming his video for 'Cavatina' on the Island.

Ynys Llanddwyn

the Island of Legends



Accessible walks in *Snowdonia*

If you're looking for walks where accessibility is a key factor and perhaps distance is also an important consideration, then these accessible walks should address both.



Whether you're looking for a long walk such as the Mawddach Trail or a short stroll along the Traeth Benar boardwalk, what these walks have in common is that they have been designed with accessibility in mind. These walks are relatively short and most have sections that are accessible to wheelchair users.

They are also suitable for those who want to use pushchairs and are great leisure walks. The Mawddach Trail is also suitable for cyclists and is considered one of the best trails in Britain. Most of these accessible walks have facilities nearby including parking, picnic tables and toilets.

Find out more at www.eryri-npa.gov.uk/visiting/walking/accessible-walks or scan the QR code.



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Details of accessible walks at Mawddach Trail, Aber Falls path, Foel Ispri path, Dol Idris path, Benar boardwalk and Llyn Cwellyn boardwalk with directions, are to be found on the excellent Snowdonia National Park website.



Learn all about it, fix it, hire it, buy it, ride it...
a new way of looking at bikes
CycleWales of Llangefni

CycleWales is an innovative business based at Llangefni Golf Club to get the best out of bikes for the occasional, everyday user and the committed cyclists whatever the level of experience.

At the Llangefni cycle workshop centre CycleWales offers training in cycle maintenance from a basic one day course up to full City and Guilds qualifications, these user friendly courses are carried out in a fully equipped workshop, suitable for beginners and committed cyclists and uniquely set with a maximum of five students per course delivering the very best attention to each student.



In addition to running the maintenance training courses CycleWales operates as a fully commercial cycle workshop. You can visit and use the facilities to fix your own bike and there is a comprehensive range of services offered for hand built wheels, a personal bike fit service and a custom bike build under the own brand Dragon Bikes with an extensive range of Titanium frames for Road, MTB, Track, Tandem or BMX.

Custom made roof racks can also be designed and built specifically for your vehicle application.

Used bikes and components are offered for sale and there is usually quite a choice from either items taken in part exchange or fully serviced bikes and electric ex-hire bikes.

Cycling around Anglesey has never been so popular with residents and tourists alike enjoying the open air on two wheels around the Island. The Llangefni hire a bike service offers a range of electric hybrid and road bikes to enable you to enjoy the beautiful roads and scenery of Anglesey, Snowdonia and its adjoining coastline.

If you are looking for hire for a few hours or a few days CycleWales will see to your needs. (Pre-booking is advised.)

For more information visit www.cyclewales.net or scan the QR code.



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Dwr Cerist own labels a hit at the Royal Welsh Show 2017 at Llanellwedd

The picture shows the Dwr Cerist display at the reception area of the RSA.

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LLYS LLEWELYN



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www.cybi-bikes.co.uk

www.llysllewelyn-tearooms.org.uk

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Caffi'r Parc

Tel: 01407 761317



www.cybi-bikes.co.uk

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CAFFI COED-Y-BRENIN

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Agoriad Cyf is delighted to be working with the Snowdonia National Park Authority as tenants of the Caffi at Pen-y-Pass.

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