

# 2019-20 COBA Rules and Philosophy

## League Philosophy

The main purpose of the league is to instruct, develop & prepare players for Middle School basketball.

A win at all costs attitude does not fit our league.

The main goal of the league is player development.

COBA is a developmental travel basketball league, dedicated to teaching fundamentals in a competitive school program atmosphere.

## Rules

Middle School basketball rules apply in our league- 15 minute warm-up, 6 minute quarters, 15 minute half-time. Full court press, zone or man defenses are permitted in grades 5 and 6.

A 28.5 women's ball is used. Allow at least 1 hour & 15 minutes for each game.

Playing Time- the league strongly recommends that all players play 50% of each game in order for all players to gain valuable game experience.

No Team may press or trap with a 15 pt. lead. Violating team will receive a technical assessed to the coach.

## 3rd and 4th Grade-

- Free throw line is reduced to 12 feet. Half Court Man to Man defense only.
- No Zone or trapping defense of any kind! Full court Man to Man defense will be allowed in the last 2 minutes of the game, both Boys and Girls
- 3rd and 4th Boys may press the full game after January 6th. Teams that violate this rule will be assessed a technical to the coach.

## Combined and School Team Divisions

4th, 5th and 6th grade Girls and Boys will consist of 3 Divisions, 1, 2, 3. Division 1 being the most competitive and Division 3 being the least. 3rd Grade will have Division 1 and 2, if the numbers allow. **Combined Division Teams** are defined as combined type teams with players from different School Districts. Any Team with all of the Players from the same School District will be considered a School Team.

**\*\*All independent/Combined Coaches must be members of AAU, clear a background check and pass a concussion training to coach in the league. Proof**

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**of Membership must be presented at the coaches meeting. Free course @ <http://nfhslearn.com/courses/61037/concussion-in-sports>**

**School or Community Programs** will assign the Division for their Teams. **Combined Team** placement is subject to the discretion of the League Administration and may or may not be allowed to play teams in the School Division. **\*All coaches must be cleared through a background check and pass concussion training to coach in the league. Free course @ <http://nfhslearn.com/courses/61037/concussion-in-sports>**

### **Participating Team and Program Responsibilities**

Teams (Programs) in our league are responsible for a home court game time in a clean and safe venue each week.

\*Registered Member Teams without gym time will be allowed to schedule at the main scheduling meeting and must share the costs involved with the hosting Team.\*

All Teams and Programs must have verifiable insurance. All Coaches must be cleared through a background check by their program or the AAU to coach in the league.

For those who need it, insurance is available by joining AAU (aausports.org) through our AAU Club. Club Name COBA, Club Code WWA4AF. You must choose the added benefit option when joining, to be covered. All players and coaches on the team must join to be covered.

Officials- the “home team” is responsible for scheduling and cost of two OHSAA Licensed Officials for each of their home games.

For help obtaining officials please contact: Terry Guice-terry.guice@yahoo.com or Bill Dennis bdennis@victorypackaging.com .

Scorekeepers & Timekeepers are the responsibility of the Home Team. Home Team is the Official Book.

Reversible numbered jerseys or a home and an away jersey are necessary.

### **Scheduling**

You can schedule games Sunday through Saturday & not necessarily the same day each week. Weeknight games shouldn't start any later than 7:30 pm & should end before 9:00 pm.

(Allow plenty of time for teams to travel to your location.) Cancel Early for bad weather conditions.

Teams must indicate Home Game times on their registration form.

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All Teams will be required to play 10 Division games. The scores will be used as seeding for the Tournament.

**Score Reporting is Mandatory. Home Team or Program must Email Scores weekly to: [cobascores@gmail.com](mailto:cobascores@gmail.com)** . In the subject line include the grade, gender, division, Team names with score.

Example: ***5th Grade Girls D1 Pickerington Purple 35 Dublin Rocks 34***

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