

Teaching Resume
Robyn-Michele Jones, MA, CMT, RCST

August 2011 - Current: Approved Biodynamic Craniosacral Therapy Instructor
A-group Foundation Training, Santa Cruz, CA: January 2014 - January 2014
B-group Foundation Training, Santa Cruz, CA: September 2013 - November 2015
C-group Foundation Training, Ashland, OR: March 2015 - March 2017
D-group, Portland, OR: East West College Introduction course October, 2015
Foundation Training October 2015 - October 2017
On-going Post-Graduate classes on specific topics

January 2002 - Current: Intrinsic Touch Instructor, created the modality
Instructor at Twin Lakes College of the Healing Arts until June 2014
Currently teaching privately in Santa Cruz CA
May 2014: Craniosacral workshop, Ashland Institute of Massage, Oregon
February 2015: Visceral workshop, Ashland Institute of Massage, Oregon

June 1984 – Current: Part-time professional practice as a bodyworker.
Original training was in Swedish Massage and Polarity Therapy. Over the years continued education with Jin Shin Do Acupressure, a 2-year herbal training (including Western and Chinese herbs), Shiatsu, Regenesi, MariEl, Thai massage, Lymphatic massage, Reiki, Myofascial Release (which included Upledger style craniosacral therapy), Trauma Release Exercises, Anatomy at Cabrillo College, and Biodynamic Craniosacral Therapy. Practice has focused on trauma/chronic pain recovery and subtle energy therapies.

October 2009 - January 2013: BCST student teaching with Gary Peterson.

2004 – Current: Continuing studies with Robin Lysne, MA in Shamanic Healing and Heart Path (a hypnotherapy modality that assists the healing and integration of our varying inner aspects).

October 2008 – August 2010: BCST teaching assistant with Gary Peterson.

2010 - 2012: Developed and taught several times a weekend (15 hour) class “Practicing Presence: an Introduction to BCST” at Twin Lakes College of the Healing Arts in Santa Cruz, CA. The class focuses on the skills of Being and Relationship and on assisting the settling of the nervous system. The class manual, included an adaptation of the first section of thesis “What is Inherent Health?”.

January 2002 – June 2014: Vocational Instructor at Twin Lakes College of the Healing Arts. Taught beginning through advanced students. Developed and taught (since 2002) “Intrinsic Touch 1” and “Intrinsic Touch 2”, both are 10 week 35-hour classes. These classes are a combination of Myofascial Release and Biodynamic Craniosacral Therapy with a focus on the paradigm shift of listening to and supporting the wisdom inherent in

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the body. Other classes taught: “Biomechanics for Bodyworkers”, “Postural Analysis and Bodyreading”. For several years also supervised and supported beginning students in the Senior Outreach program.

October 2006 – July 2009: Master of Arts degree in Core Process Psychotherapy Practice (Mindfulness based) from Middlesex University through The Karuna Institute studying with Maura and Franklyn Sills. Thesis: “Inherent Health in Core Process Psychotherapy”.

May 2006 – Current: RCST status with BCTA/NA.

July 2004 – March 2006: BCST Foundation Training with Gary Peterson.

November 2005: Vision Quest with Robin Lysne. Over the years participated in and led numerous group and personal retreats, including a 10-day solo trip through the Southwest.

September 2003 – June 2004: 200-hour certification in Client-Centered Hypnotherapy. This training built on earlier studies of Mindell’s Process Oriented Psychotherapy.

March 2003: Received 1000 hour “Professional Massage Therapist and Natural Health Counselor” certificate from Twin Lakes College of the Healing Arts.

June 2002 – June 2005: Teaching Reiki classes privately, levels I, II, and III.

June 1998: Received 500 hour “Massage Therapist and Natural Health Counselor” certificate from Twin Lakes College of the Healing Arts.

May 1998 – October 2002: Myofascial Release training through Level 3 with John Barnes, PT. Study included 40 hours work in the Sedona clinic.

September 2001 – August 2002: Reiki training, received Master Teacher level.

1990’s: Assisted in the planning and execution of 3 women’s spiritual retreats. Also taught various classes (both weekend and weekly) centered around spiritual growth fostered by inner awareness and exploration.

September 1979 – December 2001: Head Teacher at The Secret Garden Preschool. I worked full-time until my children were born, worked part-time after that. Over the years, I have enjoyed noticing how my curriculum development abilities, classroom management skills, and energetic holding/awareness of the group field which I gained teaching 2 ½ - 6 year olds has been very applicable to my teaching of adults.

September 1974 – June 1979: Bachelor of Science at University of California, Davis. Major: Human Development, College of Agriculture & Environmental Science