



ARGENTINA: Salta, Cafayate & Buenos

April 20-29, 2018

\$6,399 (based on double occupancy)

\$1,299 (single supplement)

BOOK NOW 888.747.7501

Salta is still very much a hidden treasure of Argentina. The charm and the character of this area lies in the culture and folklore of its people, in the architecture of its small towns, in the traditions and customs present in its markets, its food, its music and its religious festivities. The Calchaquies Valley, an unforgettable journey through a region that was molded by a turbulent pre-Incan and colonial history, in dramatic scenery carved by the wind and sun towns made of adobe clay that transport us back to remote times. Buenos Aires, Argentina has an elegant, old-worldly feel, with a touch of Paris here and of London there, a dash of New York cosmopolitanism and Italian exuberance.

Program Highlights

- 8-night (10 day) journey through **Argentina**
- Private guided exploration of Salta and Buenos Aires.
- Visit Cafayate region, home of the famous Torrontes grape varietal; make your own wine and taste spectacular wines from the region.
- Bike riding through the picturesque trails of La Estancia de Cafayate vineyard
- Explore the highlights of **Buenos Aires** including the Plaza de Mayo, Recoleta Cemetery & Caminito Street.

Focus on Community & Culture

- Talk to the people you meet on the street. You'll be delighted at how open to conversation the locals are, and you may surprise yourself with the new impressions formed.
- **Village Experience** Enjoy a BBQ with a local family and learn all about the essence of Asado.
- Get to know the distinctive cultural touchstones of Argentina during a lively **tango dinner and show** – a fun and interactive show where you learn about the music and unique dance style.
- Gather at a peña (folk concert) to celebrate the capital's cultural heritage through traditional song and dance.

Journey Leader: Bruce E. Becker, MD, MS

Clinical Professor, Department of Rehabilitation, University of Washington School of Medicine

Dr. Becker is the former editor-in-chief of *The Physiatrist*, the official newsletter of the American Academy of Physical Medicine & Rehabilitation, and the Director of Health Benefit Research for the National Swimming Pool Foundation. Former Medical Director at St. Luke's Rehabilitation Institute and former Director of the National Aquatics and Sports Medicine Institute at WSU, pursuing physiologic research during aquatic activity.







Why Nanda Journeys?
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