

California Diving Academy (CDA) ~ www.CALdiving.org

Current Diving List & New Dives to Learn

For you to get the most out of your time with CDA, prior to your first day, we would like to know a little more about your current diving list, experience, competition level, and dives you need, want, or would like to learn.

Please tell us all the dives you currently complete at each level (1m, 3m, Platform) & the highest scores in competition (if any) you've received for each dive. Please add YouTube or Social media links below.

DIVER'S NAME: _____ Years of Experience: _____

Name of Club(s): _____

Competition Level (last below) HS/AAU/USD/Other: _____

Most recent event: name, date, scores, final place (of) ~ _____

Please tag which dive(s) are your most:
 Fun ("FUN") Favorite ("FAV") Scariest ("SCARY") Easiest ("EASY") Best ("BEST")

Current Diving Lists:

1 meter	TAG	SCORE	3 meter	TAG	SCORE	Platform	TAG	5,7,10	SCORE
1.			1.			1.			
2.			2.			2.			
3.			3.			3.			
4.			4.			4.			
5.			5.			5.			
6.			6.			6.			
7.			7.			7.			
8.			8.			8.			
9.			9.			9.			
10.			10.			10.			
11.			11.			11.			

Dives you need or would like to learn:

1 meter	DD	WHY	3 meter	DD	WHY	Platform	DD	5,7,10	WHY
1.			1.			1.			
2.			2.			2.			
3.			3.			3.			
4.			4.			4.			
5.			5.			5.			

NOTES AND SOCIAL MEDIA LINKS:

