



**PARISH OF OUR MOTHER OF PERPETUAL HELP  
Redemptorist Community**

**Rev.Fr. Joseph Stephen, C.Ss.R.** (Parish Priest)  
**Rev.Fr. Patrick Massang, C.Ss.R.** (Assistant Parish Priest)  
*Celebrating, Listening and Walking as  
Pilgrims of Hope.*

**Address:** 19-21, Jalan La Salle, Ipoh Garden, Ipoh, Perak, 1, Jln Serindik, Ipoh Gdn., Ipoh  
**Tel. Nos.:** (office – 05 5458220) (Fax: 05 5468495) **website:** omhip.org

**ANNOUNCEMENTS:**



OMPH QR code accepts donation from any banks & e-wallet.

The QR code is displayed on the Notice-

Board and around the church for your kind donation. Every cent helps us maintain our building, our facilities and compound.

Your Parish contributions can be trf. to:- (Public Bank:) **“PARISH OF OUR MOTHER OF PERPETUAL HELP, IPOH GARDEN, IPOH”**

(Account number: 3096 86 4807)

OR, you can write a cheque made payable to : “PARISH OF OUR MOTHER OF PERPETUAL HELP, IPOH GARDEN, IPOH” and hand to the parish office.

Thank you for your support.  
(Parish priest)

**THANKSGIVING MASS**

We welcome Rev.Fr. Charles Anthony Prabhu, C.Ss.R. who will celebrate his first Thanksgiving Mass in OMPH church on Sat. 1 (E) & Sun. 2 (T) February, 2025. The parish wish him all the best in his ministry.

**PRESENTATION OF THE LORD –**

(Blessing of Candles)  
**Sat 1** (5.45p.m) &  
**Sun. 2** (8a.m) of Feb., 2025.

All are welcome to join in prayer for our priest and religious on this Feast of Presentation of Our Lord. On this day candles will be blessed for your personal & home use. Please leave your candles (*mark with your name*) on the table provided near St. Joseph shrine.

**PARISH ACTIVITIES & MEETINGS:** (February 2025)

- \* 3/2/2025 - 8.00 p.m. - Senior Citizen Lay Spirituality (St.Mk.Rm.)
- \* 5/2/2025 - 8.00 p.m - Legion of Mary ( C ) (St.Mt.Rm.)
- \* 5/2/2025 - 7.30 p.m - CCR praise & worship (church)
- \* 6/2/2025 - 7.30 p.m. - RCIA ( E ) (St.Mk.Rm.)
- 8.00 p.m - RCIA ( T ) (St.Paul Rm.)
- 8.00 p.m - RCIA ( BM ) (Wallace Rm.)
- \* 6/2/2025 - 8.00 p.m. - Liturgical Com. meeting (ven Francis Xavier Rm.)
- \* 7/2/2025 - 8.00 p.m. - RCIA ( C ) (ven Francis Xavier Rm.)
- \* 9/2/2025 - 4.00 p.m. - Eucharistic Ministers Retreat (St.Mk.Rm.)
- \* 10/2/2025 - 8.00 p.m. - Lay Spirituality for Senior Citizen (St.Mk.Rm.)
- \* 11/2/2025 - 9.00 a.m - RCIA Recollection day (St.Mk.Rm) + (ven Francis Xavier Rm.)
- \* 11/2/2025 - 7.30 p.m. - Lay Spirituality in Mission (St.Mk.Rm.)
- \* 11/2/2025 - 8.00 p.m - Legion of Mary ( C ) (St.Mt.Rm.)
- \* 12/2/2025 - 7.30 p.m - CCR praise & worship (church)
- \* 13/2/2025 - 7.30 p.m. - RCIA ( E ) (St.Mk.Rm.)
- 8.00 p.m - RCIA ( T ) (St.Paul Rm.)
- 8.00 p.m - RCIA ( BM ) (Wallace Rm.)
- \* 14/2/2025 - 8.00 p.m. - RCIA ( C ) (ven Francis Xavier Rm.)
- \* 14/2/2025 - 8.00 p.m. - Area Coordinators (St.Mk.Rm.)
- \* 15/2/2025 - 7.00 p.m. - Chinese community (Cafeteria)
- \* 16/2/2025 - 1.30 p.m. - Ecology Formation (ven Francis Xavier Rm.)
- \* 17/2/2025 - 8.00 p.m.- Lay Spirituality for Senior Citizen (St.Mk.Rm.)
- \* 24/2/2025 - 8.00 p.m.- Lay Spirituality for Senior Citizen (St.Mk.Rm.)

**JAN. & FEB. COFFEE MORNINGS:**

- 2/2/2025 - Maintenance group.
- 9/2/2025 - Tamil Hospitality
- 16/2/2025 - Eucharistic Ministers.
- 23/2/2025 - BEC St.Alphonsus Liguori.

**ETERNAL HAPPINESS TO:**

- + Joseph Chang Bee @ Chang Ba departed on 23 January, 2025.
- + Damien Thayundi Intachat departed on 24 January, 2025.
- + Maureen Lucia Santa Maria departed on 25 January, 2025.



**B.E.C. COORDINATORS MEETING-**  
**Every 2<sup>nd</sup> Friday of the month**  
**at 8.00 p.m.** in St. Mark's room.  
 All B.E.C. leaders, please take note that the Parish is trying to revive the B.E.C.s of all language groups. Kindly inform the parish office to insert into the bulletin of your BEC monthly meetings.

**EVENING FOR THE ENGAGED 2025**

**Please see your Parish Priest for registration.**

EE142	14-16 Feb 2025
EE143	16-18 May 2025
EE144	8-10 Aug 2025
EE145	7-9 Nov 2025

Couples planning to get married in the year 2025, please take note of the EE Weekends held in **english** during the year. You are requested to register six (6) weeks before the weekend For **Tamil marriage preparation** course **2025** –

Dormitory St. Anne, Bukit Mertajam.	Feb22 & 23/ May 24/25 Aug 23 & 24/ Nov 15 & 16
Church of St. Anthony, Nibong Tebal.	(Closing date on: 1st day of each month)

**Please see your Parish Priest for registration.**

**CHRISTIAN MEDITATION TIME**

All are welcome to join the Christian Meditation group which meets  
 \* **EVERY SATURDAY** AT 11.00 A.M. – 12 NOON in the Meditation room.

**BAPTISM:** Please contact the Parish Priest at least **ONE MONTH** in advance. Next infant Baptism will be on **Sunday 23 February, 2025.**

**MARRIAGE:**

Please contact the Parish Priest at least **SIX MONTHS** in advance.

**WEDDING BANNIS**

\* Augustino a/l Jude & Diana Rose a/p Robert

**OMPH Catholic Charismatic Renewal Group WEEKLY PRAYER MEETINGS**

ALL ARE WELCOME to CCR PRAYER Meeting on Wednesdays @ 7.30 p.m.  
 Join us in praise and worship, intercessory prayers, ministering and Word of God.

FORMATION FOR **ADORATION TO THE BLESSED SACRAMENT** – 1st Fri. of each month.  
 (date) **Friday, 7 February, 2025**  
 (time) 7.20 p.m. followed by Mass at 8.00 p.m.

**ECOLOGY FORMATION (E)**  
 Co-organized by Creation Justice Commission Penang & OMPH church, Ipoh on (date) **Sun. 16 Feb., 2025**  
 (time) 1.30 p.m. to 5.20 p.m.  
 (venue) ven Francis Xavier Rm. Register at OMPH parish office or with your Ministry Leader.

**Catechesis of the Good Shepherd (CGS) Level 1 Part 1 FORMATION**

Come and 4experience this beautiful journey where the child encounters God in a very special way in the Atrium.  
 (date) 14 to 18 March 2025 (5 days)  
 (venue) Atrium, OMPH church, Ipoh. Open to parents, catechists and anyone interested to journey n faith with young children.  
 Register now: Camelia 012 5782674/  
 Auselia 012 8092908/  
 Andy Choong 012 2282288.

**PASTORAL STATEMENT FOR DISPENSATION FROM FASTING during Chinese New Year 2025**

\* The Catholic Bishops Conference of Malaysia, Singapore and Brunei, in consultation with the Episcopal Regional Liturgy Commission of Malaysia, Singapore and Brunei offer the following guidance:

- (1) That the Fridays of January 31, 2025 & February 7, 2025, dispensation is given from abstinence.
- (2) That the faithful substitute these days with other forms of penance, especially works of charity and exercises of piety during this Year of Jubilee.