

Letting Go

Rachael Martin 7,6,2018

The past couple of weeks have been filled with changes and challenging moments with my family and around every corner has been Holy Spirit gently nudging me to let it go.

I feel the need to share with our readers the importance of trusting God – Who is the answer and Who is the ONLY ONE we can trust when it comes to matters of importance to us. I know we have all heard – the “let go and let God” speech and I’m not trying to be cliché. However, when hard times, struggles, challenges, and emotional times hit us in the face, if we don’t tumble into the hands of God, we will fall into the lies and traps of the enemy.

I was reminded yesterday that sometimes, letting go of a conversation even though you feel there is TONS more to say, can be the needle that pops the anger bubble.

If you don’t feed it, it won’t grow.

I’m reminded this week as my oldest daughter leaves for her week of camp that trusting God is all I can do after her father and I have done all we know to do to prepare her for it. This will be her 3rd year of camp and she has grown and gained friendships and I’m tremendously thankful for the outlet she has here but I continue to trust God SO MUCH as I pray for those serving at the camp and for the children who have gone and will continue to go until it’s over in August.

Letting go of doubts and concerns can be refreshing and it can be scary too, but I’ve seen the hand of God move on my families behalf more times than I can count when we surrender to Him and desperately cry out for Holy Spirit to take the wheel.

Friends, there is a maturity to letting go of things and allowing God to step in and as we pray for our families, friends, and the state of this Nation, we can rest assured that His all-knowing love will move and shift things and we can breathe evenly knowing He didn’t miss a beat, that when we do let go – it’s not dropped, broken or mis-handled because He knows exactly what we need as well when we do give it to Him and I’m sure trusting Him brings a smile to His face..... just sayin’ 😊

Ecclesiastes 3 - For everything there is a season, and a time for every matter under heaven: ² a time to be born, and a time to die; a time to plant, and a time to pluck up what is planted; ³ a time to kill, and a time to heal; a time to break down, and a time to build up; ⁴ a time to weep, and a time to laugh; a time to mourn, and a time to dance; ⁵ a time to cast away stones, and a time to gather stones together; a time to embrace, and a time to refrain from embracing; ⁶ a time to seek, and a time to lose; a time to keep, and a time to cast away; ⁷ a time to tear, and a time to sew; a time to keep silence, and a time to speak; ⁸ a time to love, and a time to hate; a time for war, and a time for peace.

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