

## A Mind that is Unsettled

*“A double minded man is unstable in all his ways” (James 1:8).*

The term double-minded comes from the Greek word dipsuchos, meaning “a person with two minds or souls. This individual is failing to accomplish something because his mind is divided. A double-minded person is confused, separated into parts in his thoughts, his actions, and his behavior.

You cannot be both certain and doubting in your actions or thoughts. A double-minded person is someone who doubts God and His promises. It also means those who are not submitting to God and are not resisting the devil. Part of being double minded spirituality means serving the flesh and instead of having a heart that focuses on Christ alone. Double-minded describes someone who is divided in his interests or loyalties, two-faced, half-hearted, etc.

Jamieson-Fausset-Brown Bible Commentary- comments on James 1:8: “Double-minded—literally, 'double-souled,' the one soul directed towards God, the other to something else. He is a fickle, 'wavering' man.”

Look at some dictionary definitions on double minded:

Having different minds at different times

Having a mind that is unsettled

Having a mind that is undetermined

Having a mind that is uncertain

A mind that is divided in interest

A mind that is doubting

I suspect that we are all guilty of being double-minded at some time or another. Life does have a tendency to put people into conflict. While many do not deliberately try to waver, that’s exactly what happens when one doubts His Word.

Are you torn in two directions right now? Are you torn between doing something and not doing it? The root issue of double-minded is fear. Many times you don’t realize that when you waver like this you have stepped into the double- minded zone.

Double-minded is saying you believe God without backing it up with actions or the “works” that reflect that belief. So come on, make that decision. God is with you. He will help you, even if you make the wrong decision you can trust Him to help you.

Rev. Dr. Gina Cobb, November 28, 2018