



THE ESSEX CORINTHIAN YACHT CLUB

OFFSHORE & WATERFRONT

Upcoming Off-Shore Events

We are gearing up for the **3rd Annual Cross Sound Challenge** on September 26th. It is a great regatta and we will be using Yachtscoring.com this year for boat entry and race time administration. Please stay tuned for more details or go to our website and click on the "Racing" tab.



On Sunday, October 11th, we will make another attempt at a **Hamburg Cove Raft-Up**. We hope that the weather gods will smile upon us this fall! More information will be provided as we get closer! Please refer to the new mooring regulations for Hamburg Cove before heading to the raft-up. If you have any questions please contact me.

New Dinghy Dock:

You may have noticed that we now have a great new dinghy dock! Thanks to Doug Domenie and the Brewer organization we have this private area at our disposal. Please contact me for usage conditions.

Have a GREAT September and I hope to see you on the water!

Steve Rodstrom

Vice Commodore

Email: vicecommodore@essexcorinthian.org



Race Committee Update:

THE ECYC RACING SEASON CONTINUES!

In August ECYC cooperated with Duck Island and North Cove Yacht Clubs on the **2015 Leukemia Cup Regatta**. Ruth Emblin, our Rear Commodore, is co-chair for the regatta and spearheaded the fundraiser as well as campaigned her boat in the regatta as a representative of ECYC. We are pleased to report that the Leukemia Cup Trophy is back in the ECYC trophy cabinet to reside there for another year until it will be brought out again for Leukemia Cup 2016!

IMPORTANT DATES:

- **September 15th:** Ladies on Deck
- **September 22nd:** BOG Meeting
- **September 25th:** Skippers Meeting
- **September 26th:** 3rd Annual Cross Sound Challenge
- **October 3rd:** Start of Tri-Club River Series - Willets Memorial Race (EYC)
- **October 10th:** Clark Memorial Race (ECYC)
- **October 11th:** Fall Raft-Up in Hamburg Cove
- **October 17th:** Birch Memorial Race (PYC)
- **November 7th:** Commodores' Gala



Refer to our event calendar on our website at www.essexcorinthian.org for event details!

VIEW FROM THE BRIDGE



Dear Friends!



Edward Varano

This has been a difficult year, indeed, having lost so many of our dear friends.

Just over a month ago, member **Edward Varano** passed away. We send our heartfelt condolences to Mary and will keep her and the Varano family in our thoughts and prayers.

The **First Inter Club Ideal 18 Team Race** on September 12th was very successful with ECYC dominating the day. See Terry Stewart's report for more details!

If you haven't done so yet, mark your calendars for the **Third Annual ECYC CROSS SOUND CHALLENGE**. Save the Date Invitations have been sent to all 2014 participants. The 2015 field will be limited to 50 boats. The Notice of Race is posted at:

www.essexcorinthian.org/ecyc-cross-sound-challenge.html.

The date is **Saturday, September 26th**.



The registration for **Cross Sound Challenge** (XSC for short) has now started. This is not a race to miss, neither is the post-race party to be held at Brewer Essex Island!

If you have a business and wish to become a **Cross Sound Challenge Sponsor**, please contact me and I will provide you with details or go to our website to download a

sponsorship form!

Boats may now register directly via **Yachtscoring.com**, a system for boat entry and race timing administration. Please go to www.yachtscoring.com/emenu.cfm?eID=1486 to register your PHRF-rated boat.

Priscilla Robinson

Race Committee Chair &
The ECYC 2015 Race Committee
Email: racechair@essexcorinthian.org

IDEAL 18 RACING:

September 12, 2015 will go down in club history as the first Ideal 18 team race between ECYC and EYC.

Given crew feedback from both clubs, Saturday's race will be the first of many to come as a traditional annual event.

Team racing in Essex began in 1960 with EYC (operating out of what is now the ECYC clubhouse) and Pettipaug competing in a team race called the Hawkins Race, named after EYC member Bert Hawkins. The Hawkins Race continues to be held annually and is today sailed in EYC's Ideal 18's.

With ECYC acquiring its third Ideal 18 this year, combined with our racing success in regular Ideal 18 racing, it was time to have team racing with EYC.

Team Racing Explained (from Wikipedia):

Team racing is a popular form of dinghy racing and yacht racing. Two teams consisting of 2, 3, or 4 boats compete together in a race, all the boats being of the one class and reasonably evenly matched. The results of each team are combined to decide the winner - as opposed to fleet racing where boats are scored on an individual basis, or an inter-club fleet race where boats from three or more clubs compete and the finishing points of boats from a club are added up to give the club's overall position. The low points scoring system is used in team racing: a boat that finishes 1st earns 1 point, a boat that finishes 2nd earns 2 points, and so on - with the winning team decided by adding together the points of all the boats in each team. The team with the fewest points wins, with additional rules applied to decide ties in the 2-boat and 4-boat formats.

Team races are usually sailed over very short (5 - 10 minute) courses in the form of a starboard (right) hand 'box' course (beat from start/finish, short reach, run, short reach, beat to start/finish) if only two teams are competing (so start and finish can be combined), otherwise the course is in the shape of a (digital) 'S' on its side (beat from start - mark to starboard, short reach (starboard), run (port), short reach (port), beat to finish). This format puts a premium on team racing tactics - rather than the outcome being decided by pure boat speed.

We are **Upgrading the Office Computer**. Please bear with us we install new computer hardware and software that will bring us into the 21st century. If you are unable to communicate with Jean Little via email during this period, please give her a call in the office. We anticipate that we'll be up and running on the new system by the middle of September. Included in these improvements will be a reliable and automated back-up system for our programs and data, as well as a modern firewall to help keep us protected from malware.

Following a Hiatus in 2014, the "**Corinthian Clam Fest**" put an event back on our calendar for the "end of summer" Labor Day Holiday. 51 members turned out to enjoy a spectacular early September day on the deck, enjoying the delicious fare prepared by Monique and Chef Ed. We thank Jean Brewer and Laurel Stewart for handling decorations, as well as day of event logistics with the assistance of Mimi Merton, Charlotte Robbins, Valerie Votto, Patricia Davidson and Katherine Berry. The afternoon featured an impromptu conch blowing contest, arranged by Ruth Emblin, details of which I will not go into here due to the sensitivity of the subject matter. The ever-modest and talented Peter Emblin was far and away the best at drawing the authentic and melodic sound from the conch shell. In all fairness to the well-winded Terry Stewart, however, it must be said that the judges did determine that he indeed produced a sound, and therefore was awarded 1st prize; by Tuesday afternoon most the blue in his face had subsided.



The **Inaugural Ideal 18 Interclub Team Race** was held on Saturday, September 12th. Team ECYC squared off against Team EYC in a team racing format. Toby Doyle (ECYC's team captain), Ed Birch and new member Tom Atkinson, together with their crews, represented our club in this event and won the day! We thank Peter Harding, EYC's regatta Chairman, for doing most of the heavy lifting to get this event started. Congratulations to the winners!



Ruth Emblin
Leukemia Cup 2015

August was a Busy Month on the Water.

August saw the last of the **Round the Buoys** friendly series between ECYC and EYC, the **Sam Wetherill Overnight Race**, the **Island Series** and the **Leukemia Cup Regatta**, which was sponsored jointly by North Cove YC, Essex Corinthian YC and Duck Island YC. ECYC was well represented at all of these events. While a number of our members achieved great success in these events this year, please join me in special congratulations to **Team Tartuca** for taking 3rd place in their class in the Leukemia Cup and more importantly, easily surpassing all of the fund raising teams on their way to raising **over \$10,000 for the Leukemia & Lymphoma Society**. Well done to Ruth and Peter Emblin, and to your entire crew!

Looking Forward to September, ECYC will send crews to fall Off Soundings on the 18th and 19th. We wish them well!

SAVE THE DATE: September 26th.

ECYC will host sailors and party-goers from near and far at our premier, and now annual on-water event, the **Cross Sound Challenge**. Priscilla Robinson, our Regatta Chair and members of the Race Committee, along with Steve Rodstrom and Ruth Emblin have been working hard to expand our ECSA sanctioned race and, of course, the after party. Corporate sponsorships are up over last year and Priscilla is promoting the race at yacht clubs and marinas throughout the area with the goal of increasing participation beyond the 34 boats we had last year.

You **DO NOT** have to be a racer or boat owner to participate! Plan to attend the after-party, which will be held at the spacious and spectacular Brewers Essex Island Marina. The party is open to all members, guests and friends of ECYC and participating crews.

Food, beer and live band is included in the party ticket price of \$15 per person in advance or \$20 per person at the door.

Cheers,

Tim Brewer
Commodore



On-the-water umpiring is now the norm, with boats having the option to do one penalty turn after an infringement - or two penalty turns if they sail on and are penalized by an umpire.

Team Racing Tactics

Team racing is a very tactical branch of dinghy racing and yacht racing, combining the need for adequate boat speed with superior handling, good teamwork, and sound understanding of strategies for converting a losing position into a winning one.

Consider the following situation in a 3-boat team race - the most common format. If one boat is in 1st place and its team-mates are in 4th and 6th then the team's points are $1 + 4 + 6 = 11$ points, whereas the opposition has $2 + 3 + 5 = 10$ points and so is ahead. For its team to win the race, the boat in 4th place will have to slow the 5th boat so that its 6th place team-mate moves up to 5th - it would be dangerous for the boat in 1st place to do anything because of the two opposition boats behind. The 4th boat can make its move, called a 'pass back' conversion, by using the Racing Rules of Sailing (RRS), including the special team racing rules of Appendix D, to position itself in such a way that the opposition has to sail extra distance to keep clear or sail in reduced wind and so lose ground.

There are two main 'moves' in team racing; the 'pass back' and the 'mark trap.' The goal of the pass back, involving three boats sailing upwind, is for the leading boat to slow the next (opposing team's) boat in order for the third boat (of the leading boat's team) to either tack away from the intermediate covering boat, or sail ahead faster than the covering boat. The mark trap is more complicated. It involves one boat stopping at a mark in a position where it can use the RRS to hinder opposing boats rounding the mark, so allowing team-mates to catch up and then sail ahead. Another tactic is for one boat to gybe onto (right of way) starboard tack when close to a downwind mark, forcing boats just behind to do the same and sail considerable extra distance, and so allow team-mates to catch up.

If one boat feels that another has breached the Racing Rules of Sailing in any situation, she may hail "protest". If the protested boat does not exonerate herself with a one-turn penalty the protesting boat may hail "umpire". An on-the-water umpire will then make a decision, almost instantly, and impose a two-turn penalty on any boat judged to have broken a rule in the incident.

Results:

First EYCYC EYC Ideal 18 Team Race Sept 12, 2015
We are pleased and proud to report the first EYCYC- EYC team race was won by EYCYC 4-2. Kudos to EYCYC skippers Past Commodore Ed Birch (with Marsha Birch as crew), EYCYC member Toby Doyle (with EYCYC Race Chair Priscilla Robinson as crew) and EYCYC member Tom Atkinson (with his son as crew). The competition between the clubs was purposeful and intense with "team-play" apparent. While competitive, there were no post-race protest hearings and EYC was an excellent host for the race.



What's next?

Much like our traditional fall river races (the EYC Willets Race, our own Clark Race, and the PYC Charles Birch Race) and the EYC- PYC Hawkins team race, the EYCYC-EYC team race will need a name and a suitable perpetual trophy. Stayed tuned!

Terry Stewart

Immediate Past Commodore

Email: pastcommodore@essexcorinthian.org

ON-SHORE & HOUSE

Our deck is starting to look very nice thanks to the hard work of our intrepid house committee. But never fear, there are still plenty of projects to be finished! Please volunteer to help if you can, it is a huge job to maintain our club year round, and any extra hand is welcome!



Galley News

September brings cooler temps, an abundance of garden fresh produce and a craving for Fall comfort foods. CCC's seasonal offerings will be sure to entice. Some upcoming themed dinners will include Oktoberfest and Vive la France.

Enjoy these waning days of summer with a meal on the deck!



Remember, we publish updated menus via e-blasts and on our website. Check back often to see what is new: www.essexcorinthian.org/dining.html

Looking forward to seeing you at the club!

Hollis Barry

Galley Liaison

Did You Know?

Sunday dinners may have ended, but the galley still serves a great **Sunday brunch!**

We want your feedback about our galley activities.

Please let us know what you think!

Email Hollis at galleyliaison@essexcorinthian.org

FEEDBACK

We want to know what you think about our galley!

Early Fall Galley Hours:

Lunch:

Wednesday, Thursday,
Friday and Saturday (self-service)
11.30 am to 2.00 pm

Dinner:

Wednesday (self-service),
Friday (table service)

Brunch:

Sunday (self-service)
11.00 am to 2.00 pm - special brunch
hours on selected holidays!



2016 EYCYC Board of Governors Call for Nominations.

A terrific way to expand your EYCYC experience and make new friends is serving on the Board of Governors. This is the time of year the Nominating Committee seeks candidates to lead the club into the future

Contact Chuck Grusse for assignments.

Our music program has been very successful, and we even added a Friday night performance on the occasion of Patriot's Day on September 11th.

Wednesday Night Music is continuing through fall, check out the complete music program, accessible via our [Event](#) page on our website, to find out who is playing next!

Our fourth "Ladies On Deck" get-together will be held on Tuesday, September 15th. Come, grab your favorite cocktail, bring an appetizer to share and enjoy! Bring a friend!

The planning for the **3rd Annual Cross Sound Challenge** is in full swing, and we are looking forward to a great event on September 26th. The regatta promises to be better than ever, and the post-race party, held at Brewer Essex Island, is shaping up nicely! We will have great food and drinks and a live band to keep everyone happy and entertained.

Come join us and support our premier event - EVERYONE is invited to come to the party, sailor or not!

More information on the race, party etc. is available on our website at www.essexcorinthian.org/ecyc-cross-sound-challenge.html

I would like to take this opportunity to thank everyone who supported the **2015 Leukemia Cup**. My gratitude to the ECYC boats that entered in the regatta to show their support (**Celebration**, Jeff Going, Class 1, third place; **Genesis**, Rod Hartung, Class 1, sixth place ; **Tesoro**, Tim Brewer, Class 2, fifth place ; **Dorian**, Chris Morano, Class 2, sixth place ; **Irish Lady**, Bill St. John - DNC) and of course all our friends who helped **Team Tartuca** bring the Leukemia cup trophy back to ECYC. Without your help and support we could not have done so. ECYC can be proud of the results!

Kudos also to our crew consisting of **six ECYCs and two other friends** who not only helped raise funds but also helped sail **Tartuca** successfully in the regatta, claiming third in Class 4.



Team Tartuca

A particular BIG thank you goes to **Cheryl Arndt**, who not only offered useful ideas and supported the event committee with her usual energy, and but also provided a number of great items for the silent auction as well as womanpower at the event itself!

The Leukemia & Lymphoma Society has asked me to continue as Co-Chair for the event and we as a club will support this important cause again in **2016 as part of our cooperation with Duck Island and North Cove Yacht Clubs**. If you are interested in finding out how you can help in 2016, please contact me!

Join a committee, whether on- or off-shore, we need you! If you have suggestions or comments, please feel free to contact me or any of our board members to share. ECYC lives and breathes with the help of our membership.

See you all soon at the best yacht club in Essex!

Ruth Emblin

Rear Commodore

Email: rearcommodore@essexcorinthian.org



House Committee Update:

Tenacious and a few pounds sweated off is the best way to describe the continuing effort to complete the painting of the deck railing. Throughout each of the days we were able to get some progress. Myron Stacks, Terry Stewart, and Ed Birch were stalwarts showing up

across our broad range of on and off shore activities.

To learn more, please contact members of the Nominating Committee (Past Commodore Terry Stewart [chair], Membership Chair Val Votto, and past BOG member Jane Pfeffer).

BURGEE OF THE MONTH (a.k.a. Yacht Club Visit of the Month)

During a recent trip to Colorado, Past Commodore Terry Stewart and Laurel, found an amazing site.

Nestled high atop the Colorado Rocky Mountains and noted for being the nation's highest sailing club at an elevation of 9,017 feet above sea level is the **Dillon Yacht Club**, about as far away from thoughts of tides, currents, and salt water as one can get.

Always up for a visit to another yacht club (our 80th!), we took the bait to see how a true yacht club could exist in such a place. And true it is!



After all the mountain passes and vistas we had driven through, it was amazing to see boats sailing amongst the Rockies. Founded in 1968, the Dillon Yacht Club offers sailing, yacht racing, entertainment, food and special events on beautiful Lake Dillon in the Colorado Rocky Mountains. Located just west of the Continental Divide and surrounded by 13,000 ft. peaks, Lake Dillon offers very exciting sailing conditions. Because of this, DYC sailors are known to be some of the best in the Rocky Mountain region.

Presently, the Dillon Yacht Club supports many racing fleets; Stars, J/80's, J/24's, J/22's, Ensigns, Etchells and a Handicapped fleet.

Ship's Store:

The Ship's Store will be selling a limited amount of 2015 Cross Sound Challenge Performance Long-Sleeve Shirts. These are high quality, moisture-wicking shirts that feel great on your skin and are perfect for the cooling days to come!

Get yours while they are still available!

If you would like to purchase ECYC merchandise please see Jean Brewer!



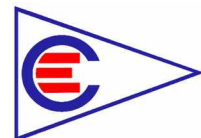
Jean Brewer

Ship's Store Manager

Did You Know?

DINGHY & KAYAK RACK:

The rack is reserved for ECYC members. If you are storing your dinghy or kayak there and have not picked up a sticker, please do so. Unstickered vessels may be removed at the owner's expense.



week after week. Herculean effort was put in by Alex Bell and Andy Roussel. Alex getting the new lumber, cutting, and installing the new top railing. Andy literally roasting in the late day sun getting the front deck and door completed over multiple sessions. The progress to date completing the scraping, sanding, and priming of the entire rail was only achieved with the contributing efforts of George Van Drasek, Earl & Liz Fowler, and Dan Watts. Dan additionally took on the initiative to research, acquire, and install the new, and now fully illuminated, rope lighting on the railing perimeter. Outstanding efforts by all.

But, we're not done yet. The top coat remains to be applied. It's my hope we can get it done with one more session. We will need a good turnout of at least 8-10 folks to knock it off in the few hours of shortening daylight. September is a busy month for me with business trips and family commitments, not a Monday or Tuesday available. I hope to arrange one of the Mondays in September to be the session to complete the top coat, with a stand-in for myself to coordinate. Please look for announcing blast.

As the summer season winds down (guess they're not so endless anymore), time to take stock and begin planning next projects. The single largest will be the creation of a small sub-team to evaluate options, design, and cost the effort to fully replace both front and rear decks, replace front door, and add electronic entry capability. Anyone interested to participate please contact me directly.

Again I thank, as should the entire membership, those who have stepped in to help get the progress achieved to date.

Chuck Grusse

House Chair

Email: house@essexcorinthian.org

Entertainment Committee Update:

Well, the summer is almost over. We enjoyed some great get-togethers. Our first Corinthian Clam Fest over the Labor Day weekend was quite popular. Laurel Stewart and Jean Brewer took the helm and organized a great afternoon for over 50 members and their guests. Thanks to all who participated and to the members of the entertainment committee who helped pull it together.

Our Ladies on Deck will meet again on the 15th of September. Come join us, enjoy a late summer evening on the deck, and get to know some of the ECYC ladies!

We are working towards our Cross Sound Challenge Regatta, and the post-race party, which is held on Brewer Essex Island this year. I will need plenty of help from our entertainment committee to get this to be as successful as last year.

Despite this being a sailing event, the party is open to ALL club members and their friends. It is a mere \$15.00 per person charge if you book ahead of time, and \$20.00 pp at the door. I encourage you all to come out and enjoy the food and music and celebrate the accomplishments of our fellow members. There will be plenty of food, drinks and live music to enjoy!

Our Wednesday night music will continue through the end of October with two appearances by Jim Paradis along with our ECYC band, Ear Candy for the Soul, Jos and Friends and more. These performances seem to be growing in popularity and we plan to repeat this again next year. If there is a particular artist or group you like to hear, please feel free to forward their info to me and we can try and book them for next summer. Charlotte Robbins has been instrumental in securing these artists so I would like to send out a special Thank You to Charlotte.

Kudos from the Entertainment Committee to ALL the folks on the House Committee for the fabulous job of scraping and painting done to greatly improve the looks of our club. I know it took hours of planning and many more hours of dedicated work. Thank You All!

Following on the heels of the Cross Sound Challenge will be our Annual Commodores' Gala on November 7th, so save the date! This is Tim Brewer's last Gala as Commodore, so please plan on being there.

Before you know it, the cold seasons will be upon us, so please come out and enjoy the events we have planned while the weather is good!



NO SMOKING AT ECYC;

Please remember that the clubhouse, the decks and the surrounding dock areas are non-smoking areas. Please remind your guests of this restriction, it is part of a facility-wide prohibition of open flames.

WEBSITE:

All of our events and announcements, as well as archive copies of the Bell 8 Newsletter are available online at our website, www.essexcorinthian.org

IMPORTANT REMINDER:

Please remember that with the change of domain to www.essexcorinthian.org over a year ago, the general office email address was changed to ecyc@essexcorinthian.org.

We noticed that some of you are still using the old email address, which will no longer work. Please make a note of it, if you have not already done so.



Green Tip of the Month:

Last weekend I participated in one of the beach clean ups that are being held throughout September in honor of International Coastal Clean-Up Month.

It was another reminder of how our trash can accumulate on our shorelines and not only make beaches and shores look ugly, but also negatively impact our wildlife and fish stocks. We recovered a lot of plastic pieces, as small as pull tabs, bottle caps, soda can rings, straws and straw wrappers, minute pieces of unidentifiable plastics that can kill wildlife when ingested, or will ultimately end up on your plate inside the fish you are having for dinner. Plastic bags and balloons were floating on and just under the water, blown into

bushes, and plenty of fishing lines were recovered, in addition to some more unusual items such as a computer CPU that seemed to have spent some time under water.

The trash pile in the picture represents about half of what 30 divers and 60 beach combers recovered within three hours of work. 750 lbs of trash that did not need to be there.

The site did not look "dirty" at first glance, but when we started digging in the sand and poking through the bushes the extent of the litter problem became clear. A lot of trash had washed into the water and was either floating or had sunk to the bottom. We need to continue educating the public about the impact of our trash on our environment. Even the smallest item has an accumulating effect.

Please recycle and take your trash home or to the next receptacle. Please ensure that trash cannot be blown off your boat while you are out there enjoying yourself! Don't participate in balloon releases and reuse your plastic bags if you really have to use them rather than purchasing the sturdy reusable shopping totes that are now available at all supermarkets. If every single one of us makes an effort to be a little more environmentally conscious we can reduce the amount of litter that ends up on our shore and in the waterways we so enjoy!

Thank you!

For more information on current beach clean-ups please go to <http://longislandsoundstudy.net/2015/09/beach-cleanup/>

Ruth Emblin

Rear Commodore & Fleet Communicator

Remember, our events are listed online at our website, just go to www.essexcorinthian.org ... and click on "Events"!

If you have any questions or suggestions, please call me at 860 227-1363 or email me at events@essexcorinthian.org .

Cheryl Arndt

Entertainment Chair

Email: events@essexcorinthian.org

Membership Update:

Please welcome and introduce yourselves to any new and reinstated members when you see them at the club. They can be identified by a red dot on their name tags! Invite them to join you at your table for dinner or include them in our activities, demonstrating what true Corinthian spirit really means.

Invite your friends to come to the Club to experience this truly special place, and all it has to offer - an unparalleled view of the river, activities for boaters and non-boaters alike, superlative galley service and an environment of good fellowship.

Val Votto

Membership Chair

Email: membership@essexcorinthian.org

Email: rearcommodore@essexcorinthian.org

The Essex Corinthian Yacht Club's Bell 8 Newsletter is a monthly publication issued by the Essex Corinthian Yacht Club of Essex, CT.

For general questions on ECYC please refer to our website at www.essexcorinthian.org, email us at ecyc@essexcorinthian.org, or snail-mail to

**Essex Corinthian Yacht Club
PO Box 759 - Essex, CT 06426
Telephone: (860) 767-3239**

Contact Information for individual BoG Members is posted at www.essexcorinthian.org/club-officers.html

Find us on Facebook at: www.facebook.com/EssexCorinthianYachtClub

Please note that schedules may change at any time without prior notice. ECYC and the editor are not responsible for any errors or inaccuracies derived from information provided by third parties.

