

Therapist use ONLY:

Score each 0-5 & TOTAL, Then DOUBLE to get %
Interpretation: 0-20%, Minimal Disability; 20-40%, Moderate Disability; 40-60%, Severe Disability; 60-80%, Crippled; 80-100%, Bed-bound.

LUMBAR

Flexion / T12	_____	_____	_____	60°
Flexion / Sacral	_____	_____	_____	45°
Extension / T12	_____	_____	_____	25°
Extension / Sacral	_____	_____	_____	10°
Lateral - Left / T12	_____	_____	_____	25°
Lateral - Left / Sacral	_____	_____	_____	10°
Lateral - Right / T12	_____	_____	_____	25°
Lateral - Right / Sacral	_____	_____	_____	10°
Straight Leg Raise	R _____	L _____		

Comments: _____

MMT

	R	L
Hip flexion	_____	_____
Hip extension	_____	_____
Hip IR	_____	_____
Hip ER	_____	_____
Hip Abduction	_____	_____
Hip Adduction	_____	_____
Knee flexion	_____	_____
Knee extension	_____	_____
Ankle DF	_____	_____
Ankle PF	_____	_____