








## Belgrade Senior Center – August 2019 Menu

Meals are served at noon, 12 pm, Suggested donation for 60+ years young are \$4.00 and for those under 60 years is \$6.00

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Salad Roast Pork Mashed Potatoes Vegetables Dessert	2 Salad Burgers Tator Tots Vegetables Dessert	3 
4	5 Salad Chicken Strips Potatoes Vegetables Dessert	6 Salad Lasagna Vegetables Dessert	7 Baked Potato Bar Dessert	8 Salad Hamburger Steak Potatoes Vegetables Dessert	9 Salad Tuna Melts Vegetables Dessert	10
11 	12 Salad Swedish Meatballs Rice Vegetables Dessert	13 Salad Bar Grilled Turkey Bacon & Tomato Sandwiches Dessert	14 Salad Taco Bar Chips & Salsa Dessert	15 Salad Hot Roast Beef Sandwiches Mashed Potatoes Vegetables Dessert	16 <b>Around the World Norway</b> Agurksalat (Cucumber Salad) Pork Farikas Potato Lefsa Sour Cream Raisin Pie	17 
18	19 Salad Baked Chicken Cheesy Grits Vegetables Dessert	20 Salad French Dip Sandwich Tator Tots Vegetables Dessert	21 <b>Birthday Celebration</b> Salad Chicken Fried Steak Mashed Potatoes Vegetables Dessert	22 <b>Breakfast Club</b> Salad Baked Ham Sweet Potatoes Vegetables Dessert	23 Salad Chicken Salad Sandwich Vegetables Dessert	24
25 	26 Salad Hoagie Sandwich Chips Vegetables Dessert	27 Salad Goulash Vegetables Dessert	28 Salad Meatloaf Potatoes Vegetables Dessert	29 Salad Smothered Beef Burritos Spanish Rice Vegetables Dessert	30 <b>Labor Day BBQ</b> Salad BBQ Pork ribs Potatoes Vegetables Dessert	31 

**BE SURE TO CALL BEFORE 10:30 AM TO SIGN UP FOR LUNCH**