



MORETON SLEEP & LUNG

FOR ALL APPOINTMENTS PLEASE CALL 3488 8112

Dr Lydia Mowlem (BHB, MBChB, FRACP)

Tel: 3488 8112 Suite 23, Peninsula Specialist Centre
Fax: 3319 6205 101 George St, Kippa-Ring

PATIENT DETAILS

Patient Name: Hospital:
Address:
..... Ward/Rm no:
Date of Birth:
Telephone: (H) (W) (M)
Medicare: Health Fund:
Clinical History:
Clinical Query:

INPATIENTS

RESPIRATORY/LUNG FUNCTION TESTS

- | | |
|---|--|
| <input type="checkbox"/> Spirometry & Flow Volume Loops
<input type="checkbox"/> Pre & Post Bronchodilator | <input type="checkbox"/> MIP/MEP |
| <input type="checkbox"/> Comprehensive Lung Function Test
<input type="checkbox"/> Spirometry & Gas Transfer OR
<input type="checkbox"/> Spirometry, Lung Volumes & Gas Transfer
<input type="checkbox"/> Pre & Post Bronchodilator | <input type="checkbox"/> Six Minute Walk Test
<input type="checkbox"/> Mannitol Challenge |

Frequency of ongoing testing if required:

- Quarterly Six Monthly Annual

CONSULTATION

- Respiratory Consultation Sleep Consultation

SLEEP SERVICES

- Comprehensive Home Based Sleep Study Only
 Comprehensive Home Based Sleep Study and Consultation with Sleep Physician

CLINICAL DETAILS

- Snoring Daytime Sleepiness Cardiovascular Disease
 Witnessed Apnoea Commercial Vehicle Licence

Additional Details:

REFERRING DOCTOR

Provider No:

Tel:

Referring Doctor's Signature: Date:

**PLEASE REMEMBER: THIS REFERRAL MUST
BE PRESENTED AT YOUR APPOINTMENT**



MORETON SLEEP & LUNG
Suite 23, Peninsula Specialist Centre
101 George Street, Kippa-Ring QLD 4021

SLEEP INFORMATION AND PREPARATION

COMPREHENSIVE HOME (AMBULATORY) SLEEP STUDY:

A home sleep study has the same physiologic measures as an in-lab sleep study but with the comfort of sleeping in your own bed at home.

Please shower before attending the sleep equipment fitting. Loose-fitting clothes to sleep in are recommended, eg: singlet/t-shirt, loose fitting shorts or long pants. It will take less than 40min for the sleep equipment to be fitted. Please remove nail polish or artificial nails. We recommend against the use of public transport as this equipment is highly visible.

For All Appointments and Reports
Tel: **07 3488 8112**
Fax: 07 3319 6205
E-mail: info@lmms.com.au
www.lmms.com.au

RESPIRATORY INFORMATION AND PREPARATION

SPIROMETRY:

Spirometry is used to measure the air capacity of your lungs to help identify disease and monitor progress. Spirometry will take 20 minutes. Avoid short acting bronchodilators (Ventolin, Atrovent, Bricanyl) for the four hours prior to the test. Avoid smoking on the day of the test.

COMPREHENSIVE LUNG FUNCTION TEST:

This test assesses the function of airways and lung tissue to accurately evaluate the respiratory system. The test will take approximately 45 minutes. Avoid smoking on the day of the test.

SIX MINUTE WALK TEST:

Assessment of oxygen saturation and heart rate during a six minute walk. This can help guide decisions regarding home oxygen and treatment.

MANNITOL CHALLENGE:

Assessment for asthma. Avoid antihistamines for 72 hours, steroids for three weeks and tricyclic antidepressants for 7 days.

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