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FOR ALL APPOINTMENTS **PLEASE CALL 3488 8112**

Dr Lydia Mowlem (BHB, MBChB, FRACP)

Annual

Sleep Consultation

Tel: 3488 8112 Suite 23, Peninsula Specialist Centre **MORETON SLEEP & LUNG** Fax: 3319 6205 101 George St, Kippa-Ring PATIENT DETAILS INPATIENTS Patient Name: Hospital: Address: Ward/Rm no: Date of Birth: Telephone: (H) (W) (M) Medicare: Health Fund: Clinical History: Clinical Query: **RESPIRATORY/LUNG FUNCTION TESTS** Spirometry & Flow Volume Loops □ MIP/MEP Pre & Post Bronchodilator Six Minute Walk Test Comprehensive Lung Function Test Spirometry & Gas Transfer **OR** Mannitol Challenge Spirometry, Lung Volumes & Gas Transfer Pre & Post Bronchodilator

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CONSULTATION

Quarterly

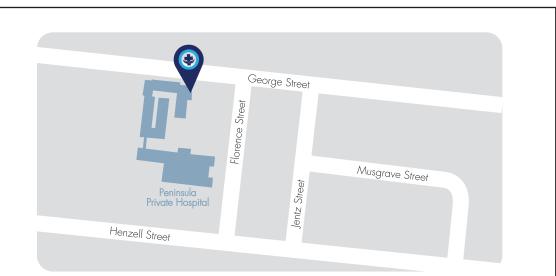
| SLE | EP SERVICES | | |
|-----|--------------------------------|-------|------|
| | Comprehensive Home Based Sleep | Study | Only |

Comprehensive Home Based Sleep Study and Consultation with Sleep Physician

Six Monthly

Respiratory Consultation

| CLINICAL DETAILS Snoring Witnessed Apnoea Additional Details: | Daytime Sleepiness Commercial Vehicle Licen | Cardiovascular Disease |
|--|---|---|
| REFERRING DOCTOR Provider No: Tel: Referring Doctor's Signature | | PLEASE REMEMBER: THIS REFERRAL MUST BE PRESENTED AT YOUR APPOINTMENT |



MORETON SLEEP & LUNG

Suite 23, Peninsula Specialist Centre 101 George Street, Kippa-Ring QLD 4021

SLEEP INFORMATION AND PREPARATION

COMPREHENSIVE HOME (AMBULATORY) SLEEP STUDY:

A home sleep study has the same physiologic measures as an in-lab sleep study but with the comfort of sleeping in your own bed at home.

Please shower before attending the sleep equipment fitting. Loose-fitting clothes to sleep in are recommended, eg: singlet/t-shirt, loose fitting shorts or long pants. It will take less than 40min for the sleep equipment to be fitted. Please remove nail polish or artificial nails. We recommend against the use of public transport as this equipment is highly visible.

For All Appointments and Reports Tel: **07 3488 8112** Fax: 07 3319 6205 E-mail: info@lmms.com.au www.lmms.com.au

RESPIRATORY INFORMATION AND PREPARATION

SPIROMETRY:

Spirometry is used to measure the air capacity of your lungs to help identify disease and monitor progress. Spirometry will take 20 minutes. Avoid short acting bronchodilators (Ventolin, Atrovent, Bricanyl) for the four hours prior to the test. Avoid smoking on the day of the test.

COMPREHENSIVE LUNG FUNCTION TEST:

This test assesses the function of airways and lung tissue to accurately evaluate the respiratory system. The test will take approximately 45 minutes. Avoid smoking on the day of the test.

SIX MINUTE WALK TEST:

Assessment of oxygen saturation and heart rate during a six minute walk. This can help guide decisions regarding home oxygen and treatment.

MANNITOL CHALLENGE:

Assessment for asthma. Avoid antihistamines for 72 hours, steroids for three weeks and tricyclic antidepressants for 7 days.

PLEASE REMEMBER: THIS REFERRAL MUST BE PRESENTED AT YOUR APPOINTMENT