

REGIONAL PREVIEW

Winchester, VA
 S/SE Regional Preview
 Course Conditions: Partly Sunny, 46 degrees breezy
 Host: Shenandoah University
 October 17, 2015

MEET OFFICIALS

Meet Director:
 Justin Potter
Meet Referee:
 Andrew Marrocco
Timing:
 Blue Ridge Timing



OFFICIAL MEET REPORT
 printed: 10/17/2015 5:55 PM

Race #2
WOMEN • 6 Kilometers (3.73 Miles)

FINAL RESULTS**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Finish Order	Spread
1 Washington and	44	1-2-3-16-22(23)(31)	1:57:41	23:33	1-2-3-16-23-24-35	2:15.5
2 Mary Washingto	47	7-8-9-11-12(14)(15)	2:00:36	24:08	7-8-9-11-12-14-15	0:36.6
3 Roanoke	63	4-5-10-19-25(26)(28)	2:00:31	24:07	4-5-10-19-27-28-30	1:43.4
4 Texas-Tyler	88	6-17-18-20-27(29)(35)	2:02:44	24:33	6-17-18-20-29-32-44	1:24.9
5 Meredith	154	13-21-34-42-44(48)(50)	2:09:32	25:55	13-22-42-58-62-66-68	2:56.6
6 Mary Baldwin	188	24-38-39-40-47(53)(56)	2:12:31	26:31	25-50-51-53-65-73-78	2:55.9
7 Virginia Wesle	206	30-32-41-51-52	2:14:08	26:50	33-37-54-69-71	3:01.2
8 Guilford	225	33-36-43-55-58(59)	2:22:29	28:30	40-47-60-76-92-93	8:38.8
9 Emory & Henry	231	37-45-46-49-54(57)	2:18:34	27:43	48-63-64-67-74-91	2:01.0

INDIVIDUAL RESULTS

Athlete	Year	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM	3km Split Time
1 Samantha YATES	FR	629	Washington and	1	22:37.0	--	6:03.8	3:46.2	11:23.99(1)
2 Margaret SEYBOLD	FR	626	Washington and	2	22:48.1	0:11.1	6:06.8	3:48.0	11:24.40(3)
3 Rachel STEFFEN	SO	628	Washington and	3	22:48.3	0:11.3	6:06.8	3:48.0	11:24.04(2)
4 Kerri DALTON	JR	588	Roanoke	4	23:15.4	0:38.4	6:14.1	3:52.6	
5 Caity ASHLEY	JR	581	Roanoke	5	23:22.9	0:45.9	6:16.1	3:53.8	11:39.34(4)
6 Brittany BRUNSON	SR	598	Texas-Tyler	6	23:39.0	1:02.1	6:20.4	3:56.5	11:39.51(5)
7 Claudia AUTORE	SR	545	Mary Washington	7	23:48.7	1:11.7	6:23.0	3:58.1	11:50.05(6)
8 Samantha PARK	SR	553	Mary Washington	8	23:57.7	1:20.7	6:25.4	3:59.6	
9 Colleen BOYLE	SR	548	Mary Washington	9	24:03.5	1:26.5	6:27.0	4:00.6	11:53.26(7)
10 Claire BROOKS	JR	587	Roanoke	10	24:14.3	1:37.4	6:29.9	4:02.4	12:21.75(19)
11 Emily KNERR	FR	551	Mary Washington	11	24:20.3	1:43.3	6:31.5	4:03.4	12:06.85(12)
12 Amanda PATTERSON	SR	554	Mary Washington	12	24:25.3	1:48.3	6:32.8	4:04.2	
13 Itzel GONZALEZ	JR	562	Meredith	13	24:27.4	1:50.4	6:33.4	4:04.6	12:05.19(10)
14 Brianna DOLECKI	FR	550	Mary Washington	(14)	24:29.8	1:52.8	6:34.0	4:05.0	12:07.06(13)
15 Jillian WEISBECK	FR	555	Mary Washington	(15)	24:32.0	1:55.0	6:34.6	4:05.3	12:06.21(11)
16 Liliana ARNOLD	SO	615	Washington and	16	24:34.4	1:57.4	6:35.3	4:05.7	12:21.29(18)
17 Krista PAINTER	SO	603	Texas-Tyler	17	24:36.1	1:59.1	6:35.7	4:06.0	12:11.05(14)
18 Holly NOHAVITZA	JR	602	Texas-Tyler	18	24:37.8	2:00.8	6:36.2	4:06.3	12:00.31(8)
19 Nora DEBOER	SO	589	Roanoke	19	24:39.3	2:02.3	6:36.6	4:06.5	12:21.87(20)
20 Lauren HALLIDAY	JR	600	Texas-Tyler	20	24:47.0	2:10.0	6:38.7	4:07.8	12:25.33(21)
21 Victoria PARENT	JR	552	Mary Washington	-	24:47.2	2:10.2	6:38.7	4:07.9	12:04.36(9)
22 Macy BRINSON	FR	557	Meredith	21	24:49.3	2:12.3	6:39.3	4:08.2	12:19.92(16)
23 Caroline NOWLIN	FR	624	Washington and	22	24:52.4	2:15.4	6:40.1	4:08.7	12:29.94(24)
24 Kirsten MCMICHAEL	FR	621	Washington and	(23)	24:55.0	2:18.0	6:40.8	4:09.2	
25 Kathryn CARR	FR	532	Mary Baldwin	24	24:56.3	2:19.3	6:41.1	4:09.4	12:19.51(15)
26 Morgan ALVIS	FR	526	Lynchburg	-	24:57.3	2:20.3	6:41.4	4:09.5	12:27.17(22)
27 Jennifer BARTHOL	SO	582	Roanoke	25	24:58.8	2:21.8	6:41.8	4:09.8	12:28.42(23)
28 Ellen BAUER	SO	583	Roanoke	(26)	25:00.6	2:23.6	6:42.3	4:10.1	12:33.73(27)
29 Rachel WILLIS	SO	604	Texas-Tyler	27	25:03.9	2:26.9	6:43.2	4:10.6	12:20.32(17)
30 Haylee MCGUIRE	SO	590	Roanoke	(28)	25:06.0	2:29.0	6:43.7	4:11.0	12:44.49(35)
31 Liz RUHLAND	FR	531	Lynchburg	-	25:09.9	2:32.9	6:44.8	4:11.6	12:39.02(31)
32 Paige MALY	JR	601	Texas-Tyler	(29)	25:16.8	2:39.8	6:46.6	4:12.8	

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Race #2
WOMEN • 6 Kilometers (3.73 Miles)

FINAL RESULTS**INDIVIDUAL RESULTS (continued)**

Athlete	Year	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM	3km Split Time
33 Shakiella DANIEL	SR	608	Virginia Wesleyan	30	25:17.1	2:40.1	6:46.7	4:12.8	12:40.17(34)
34 Lindsey CRILL	SR	527	Lynchburg	-	25:20.7	2:43.7	6:47.7	4:13.4	12:33.90(28)
35 Kristi MILUSKI	FR	623	Washington and	(31)	25:23.5	2:46.5	6:48.4	4:13.9	12:38.17(30)
36 Kaitlin BONARO	SR	616	Washington and	-	25:30.0	2:53.0	6:50.2	4:15.0	12:38.01(29)
37 Kyla EDWARDS-HENDERSON	SO	609	Virginia Wesleyan	32	25:31.1	2:54.1	6:50.5	4:15.2	12:50.73(37)
38 Marin BADER	SO	546	Mary Washington	-	25:33.0	2:56.0	6:51.0	4:15.5	12:32.61(26)
39 Rachel SOLOMAN	SR	627	Washington and	-	25:41.6	3:04.6	6:53.3	4:16.9	12:30.23(25)
40 Sommer FANNEY	SO	519	Guilford	33	25:49.5	3:12.5	6:55.4	4:18.2	
41 Anne CHAPPEL BARKETT	SO	502	Bridgewater (Va.)	-	25:50.0	3:13.0	6:55.5	4:18.3	12:54.70(39)
42 Mary Kate MORGAN	SO	567	Meredith	34	25:51.8	3:14.8	6:56.0	4:18.6	12:39.40(32)
43 Kayla MCGHEE	FR	594	Shenandoah	-	25:52.5	3:15.6	6:56.2	4:18.8	12:57.24(41)
44 Amy WYATT	FR	605	Texas-Tyler	(35)	26:02.5	3:25.5	6:58.9	4:20.4	
45 Taylor RAMA	JR	577	Randolph	-	26:04.6	3:27.6	6:59.4	4:20.8	12:53.01(38)
46 Nicole LEGARE	SR	592	Shenandoah	-	26:13.1	3:36.1	7:01.7	4:22.2	12:56.76(40)
47 Rebecca REYNA	SR	524	Guilford	36	26:14.5	3:37.5	7:02.1	4:22.4	13:28.24(53)
48 Elizabeth WILSON	JR	515	Emory & Henry	37	26:26.3	3:49.3	7:05.3	4:24.4	13:03.95(44)
49 Emily YOUNG	SO	506	Bridgewater (Va.)	-	26:29.2	3:52.2	7:06.0	4:24.9	12:39.48(33)
50 Gillian GLOSKA	FR	535	Mary Baldwin	38	26:29.4	3:52.4	7:06.1	4:24.9	13:05.73(47)
51 Wendy DEPTULA	SR	534	Mary Baldwin	39	26:31.7	3:54.7	7:06.7	4:25.3	12:58.88(42)
52 Sarah MANN	FR	593	Shenandoah	-	26:34.7	3:57.7	7:07.5	4:25.8	13:03.09(43)
53 Virginia KING	FR	538	Mary Baldwin	40	26:41.3	4:04.3	7:09.3	4:26.9	13:05.73(46)
54 Kayla WRIGHT	FR	614	Virginia Wesleyan	41	26:44.6	4:07.6	7:10.2	4:27.4	12:46.06(36)
55 Danielle HILL	JR	575	Randolph	-	26:46.4	4:09.4	7:10.7	4:27.7	13:41.28(57)
56 Meagan GALLAGHER	SR	529	Lynchburg	-	26:47.7	4:10.7	7:11.0	4:27.9	13:28.83(54)
57 Melissa BAUERLE	SR	584	Roanoke	-	26:53.1	4:16.1	7:12.4	4:28.8	13:05.06(45)
58 Mattie Sue STRICKLAN	SR	570	Meredith	42	26:59.0	4:22.0	7:14.0	4:29.8	13:15.63(49)
59 Jenna REA	FR	505	Bridgewater (Va.)	-	27:04.5	4:27.5	7:15.5	4:30.7	13:15.04(48)
60 Elisabeth MARSHALL	FR	521	Guilford	43	27:14.0	4:37.0	7:18.1	4:32.3	13:30.05(55)
61 Megan BOYLES	SO	585	Roanoke	-	27:21.2	4:44.2	7:20.0	4:33.5	13:19.63(51)
62 Meghan EVANS	FR	559	Meredith	44	27:23.9	4:46.9	7:20.7	4:34.0	13:40.95(56)
63 Kenna TANKERSLEY	FR	514	Emory & Henry	45	27:43.3	5:06.3	7:25.9	4:37.2	13:45.08(59)
64 Kelly LIGHT	FR	510	Emory & Henry	46	27:43.8	5:06.8	7:26.1	4:37.3	13:26.91(52)
65 Katherine NARVAEZ	SR	542	Mary Baldwin	47	27:52.1	5:15.1	7:28.3	4:38.7	13:17.07(50)
66 Kiara GLOVER	JR	561	Meredith	(48)	27:52.6	5:15.6	7:28.4	4:38.8	
67 Lindsey PRATT	SO	512	Emory & Henry	49	28:12.6	5:35.6	7:33.8	4:42.1	13:52.79(61)
68 Briana LANDIS	FR	566	Meredith	(50)	28:13.4	5:36.4	7:34.0	4:42.2	14:05.22(67)
69 Jasmine WILSON	SR	613	Virginia Wesleyan	51	28:16.2	5:39.2	7:34.7	4:42.7	14:02.56(64)
70 Heather WEST	JR	571	Meredith	-	28:18.0	5:41.0	7:35.2	4:43.0	13:46.58(60)
71 Emma PHILLIPS	JR	611	Virginia Wesleyan	52	28:18.3	5:41.3	7:35.3	4:43.0	14:00.64(63)
72 Aislynn SMITH	FR	597	Shenandoah	-	28:19.2	5:42.2	7:35.5	4:43.2	13:44.17(58)
73 Kaylyn LONERGAN	SR	540	Mary Baldwin	(53)	28:19.3	5:42.3	7:35.6	4:43.2	13:55.83(62)
74 Taylor HENDERSON	FR	508	Emory & Henry	54	28:27.3	5:50.3	7:37.7	4:44.5	14:02.99(65)
75 Autumn GILL	FR	503	Bridgewater (Va.)	-	28:36.5	5:59.5	7:40.2	4:46.1	14:05.81(68)
76 Samantha BROOKS	FR	516	Guilford	55	28:42.4	6:05.4	7:41.8	4:47.1	14:03.91(66)
77 Sophia DILL	SO	573	Randolph	-	29:27.3	6:50.3	7:53.8	4:54.5	14:07.61(69)

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FINAL RESULTS**INDIVIDUAL RESULTS (continued)**

Athlete	Year	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM	3km Split Time
78 Jochebed KOOMSON	JR	539	Mary Baldwin	(56)	29:28.1	6:51.1	7:54.0	4:54.7	14:28.14(72)
79 Lindsay SOPKO	FR	544	Mary Baldwin	-	29:35.4	6:58.4	7:56.0	4:55.9	14:22.84(70)
80 Theresa JONES	FR	537	Mary Baldwin	-	29:35.6	6:58.6	7:56.0	4:55.9	14:23.25(71)
81 Monique MCGOUGH	SO	541	Mary Baldwin	-	30:02.1	7:25.1	8:03.1	5:00.3	
82 Breanna HOLLAR	JR	564	Meredith	-	30:12.3	7:35.3	8:05.9	5:02.0	14:54.79(73)
83 Rylee HALE	FR	574	Randolph	-	30:27.2	7:50.2	8:09.9	5:04.5	15:20.80(75)
84 Holly CHAOS	JR	617	Washington and	-	30:37.8	8:00.8	8:12.7	5:06.3	15:14.94(74)
85 Katelyn STEADMAN	FR	569	Meredith	-	32:08.9	9:31.9	8:37.1	5:21.5	15:46.94(76)
86 Matilda BLISS	JR	556	Meredith	-	32:28.1	9:51.1	8:42.3	5:24.7	15:47.88(77)
87 Ana Lucia RODRIQUEZ	FR	568	Meredith	-	32:48.5	10:11.5	8:47.7	5:28.1	15:48.86(78)
88 Alexandra MEILECH	SO	622	Washington and	-	32:52.0	10:15.0	8:48.7	5:28.7	16:15.40(80)
89 Meredith WYATT	FR	572	Meredith	-	33:04.9	10:27.9	8:52.1	5:30.8	16:03.79(79)
90 Campbell SCOLLO	SO	543	Mary Baldwin	-	33:21.0	10:44.0	8:56.5	5:33.5	17:03.09(82)
91 Annie Kate LEINIUS	FR	509	Emory & Henry	(57)	33:54.0	11:17.0	9:05.3	5:39.0	16:42.62(81)
92 Sydney MACDONALD	SR	520	Guilford	58	34:28.3	11:51.3	9:14.5	5:44.7	17:12.62(83)
93 Jamie MCCREARY	FR	522	Guilford	(59)	36:03.2	13:26.2	9:39.9	6:00.5	17:17.42(84)

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Race #3
MEN • 8 Kilometers (4.97 Miles)

FINAL RESULTS**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Finish Order	Spread
1 Lynchburg	38	2-5-6-11-14(28)(47)	2:15:22	27:05	2-5-6-11-14-29-54	0:47.6
2 Mary Washingto	57	3-10-12-15-17(19)(22)	2:16:09	27:14	3-10-12-15-17-19-22	1:02.9
3 Roanoke	60	1-4-9-20-26(38)(43)	2:16:27	27:18	1-4-9-20-27-44-49	1:44.8
4 Shenandoah	108	7-18-23-24-36(49)(50)	2:19:59	28:00	7-18-23-25-42-56-57	1:54.6
5 Texas-Tyler	117	8-13-25-31-40	2:20:30	28:06	8-13-26-33-46	2:11.3
6 Emory & Henry	164	27-29-33-34-41(48)(51)	2:23:29	28:42	28-30-35-38-47-55-59	1:06.7
7 Catholic	191	21-32-42-44-52(55)(61)	2:25:26	29:06	21-34-48-50-60-66-75	2:09.4
8 Bridgewater (V)	211	30-35-37-53-56	2:27:10	29:26	32-41-43-61-68	2:07.9
9 Virginia Wesle	230	16-45-54-57-58(59)(62)	2:28:47	29:46	16-51-64-69-70-71-77	3:16.7
10 Guilford	272	39-46-60-63-64(65)(66)	2:35:10	31:02	45-53-74-81-83-87-92	3:31.6

INDIVIDUAL RESULTS

Athlete	Year	#	Team	Score	Time	Gap	Avg. Mile	Avg. KM	4km Split Time
1 Harrison TONEY	SR	719	Roanoke	1	26:25.5	--	5:19.0	3:18.2	13:31.16(2)
2 Anthony MCBRIDE	SR	688	Lynchburg	2	26:36.7	0:11.2	5:21.3	3:19.6	13:32.00(3)
3 Ben SORENSEN	JR	705	Mary Washington	3	26:36.8	0:11.3	5:21.3	3:19.6	13:19.02(1)
4 Kevin WATERMAN	SO	720	Roanoke	4	26:45.4	0:19.9	5:23.0	3:20.7	13:50.97(11)
5 Drew SMITH	JR	692	Lynchburg	5	27:01.3	0:35.8	5:26.2	3:22.7	
6 Andrew OSBORNE	JR	689	Lynchburg	6	27:05.4	0:39.9	5:27.0	3:23.2	13:52.50(12)
7 Justin MEHRER	FR	730	Shenandoah	7	27:07.1	0:41.6	5:27.4	3:23.4	
8 Matthew MARKERT	SR	738	Texas-Tyler	8	27:10.4	0:44.9	5:28.0	3:23.8	13:42.74(5)
9 Howard DANIELS	SO	714	Roanoke	9	27:10.9	0:45.4	5:28.1	3:23.9	13:52.84(13)
10 Ian GRANGER	SR	696	Mary Washington	10	27:12.6	0:47.1	5:28.5	3:24.1	13:42.49(4)
11 Tyler TIMBLIN	JR	693	Lynchburg	11	27:13.7	0:48.2	5:28.7	3:24.2	13:53.42(16)
12 Kevin JONES	SO	699	Mary Washington	12	27:15.5	0:50.1	5:29.1	3:24.4	13:42.83(6)
13 Conner BENSON	SR	735	Texas-Tyler	13	27:21.5	0:56.0	5:30.3	3:25.2	13:43.22(7)
14 Josh SHAW	FR	691	Lynchburg	14	27:24.2	0:58.7	5:30.8	3:25.5	13:53.34(15)
15 Kevin SPERAY	SR	706	Mary Washington	15	27:24.6	0:59.1	5:30.9	3:25.6	13:45.70(8)
16 Trevor MALONEY	JR	753	Virginia Wesleyan	16	27:25.9	1:00.4	5:31.2	3:25.7	13:53.03(14)
17 Calhoun STIRLING	FR	707	Mary Washington	17	27:39.6	1:14.1	5:33.9	3:27.4	
18 Matthew HORTON	SO	728	Shenandoah	18	27:50.1	1:24.6	5:36.0	3:28.8	13:48.61(9)
19 Kevin MCCARTHY	JR	701	Mary Washington	(19)	27:52.3	1:26.8	5:36.5	3:29.0	14:03.22(19)
20 Colin BRENNAN	SO	713	Roanoke	20	27:54.7	1:29.2	5:36.9	3:29.3	14:06.43(21)
21 John BREWER	SR	650	Catholic	21	27:55.5	1:30.1	5:37.1	3:29.4	13:49.80(10)
22 Sean MILLER	FR	702	Mary Washington	(22)	27:57.0	1:31.5	5:37.4	3:29.6	
23 Ray PARSONS	SO	731	Shenandoah	23	27:58.5	1:33.0	5:37.7	3:29.8	13:58.34(17)
24 Chris ANDERSON	SR	694	Mary Washington	-	28:00.9	1:35.4	5:38.2	3:30.1	14:08.92(22)
25 Bradley ZARTMAN	FR	734	Shenandoah	24	28:01.6	1:36.1	5:38.3	3:30.2	
26 Justin TOKUZ	SO	740	Texas-Tyler	25	28:08.4	1:42.9	5:39.7	3:31.0	14:10.01(23)
27 John WIGGINS	JR	721	Roanoke	26	28:10.3	1:44.8	5:40.1	3:31.3	14:17.62(28)
28 Michael CAWOOD	SO	664	Emory & Henry	27	28:15.6	1:50.1	5:41.2	3:31.9	14:20.73(31)
29 Tristan LUCY-SPEIDEL	FR	687	Lynchburg	(28)	28:17.5	1:52.0	5:41.5	3:32.2	13:59.53(18)
30 Michael LOGRANDE	SO	670	Emory & Henry	29	28:22.4	1:56.9	5:42.5	3:32.8	14:23.32(33)
31 John BURKLOW	FR	695	Mary Washington	-	28:23.9	1:58.4	5:42.8	3:33.0	14:04.06(20)

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MEN • 8 Kilometers (4.97 Miles)

FINAL RESULTS**INDIVIDUAL RESULTS (continued)**

Athlete	Year	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM	4km Split Time
32 Brendan RHODERICK	FR	644	Bridgewater (Va.)	30	28:25.1	1:59.6	5:43.1	3:33.1	14:14.14(26)
33 Steven HARVEY	SR	736	Texas-Tyler	31	28:27.2	2:01.7	5:43.5	3:33.4	14:12.45(25)
34 Patrick JONES	SO	654	Catholic	32	28:32.4	2:06.9	5:44.5	3:34.0	14:20.65(30)
35 Alex COOPER	JR	665	Emory & Henry	33	28:37.7	2:12.2	5:45.6	3:34.7	14:24.04(34)
36 Chris MARKHAM	JR	700	Mary Washington	-	28:40.2	2:14.7	5:46.1	3:35.0	14:17.32(27)
37 Tom HUDSON	SR	698	Mary Washington	-	28:44.6	2:19.1	5:47.0	3:35.6	14:30.57(36)
38 Austin TOLBERT	FR	674	Emory & Henry	34	28:50.7	2:25.2	5:48.2	3:36.3	14:20.97(32)
39 Tate HOUFF	SR	697	Mary Washington	-	28:51.4	2:25.9	5:48.4	3:36.4	
40 Chris SANDOVAL	JR	704	Mary Washington	-	28:57.0	2:31.5	5:49.5	3:37.1	14:19.25(29)
41 John DENLINGER	SO	641	Bridgewater (Va.)	35	28:57.7	2:32.3	5:49.6	3:37.2	14:10.40(24)
42 Zachary BARTON	FR	723	Shenandoah	36	29:01.7	2:36.2	5:50.4	3:37.7	14:24.37(35)
43 Brady WILT	FR	646	Bridgewater (Va.)	37	29:05.6	2:40.2	5:51.2	3:38.2	
44 Justin GINNINGS	SO	717	Roanoke	(38)	29:16.2	2:50.7	5:53.4	3:39.5	14:48.00(42)
45 Trent EVANS	SR	680	Guilford	39	29:19.2	2:53.7	5:54.0	3:39.9	15:08.12(48)
46 Gerardo VIERA	JR	741	Texas-Tyler	40	29:21.7	2:56.2	5:54.5	3:40.2	14:39.90(40)
47 Kevin WATTS	JR	675	Emory & Henry	41	29:22.3	2:56.8	5:54.6	3:40.3	14:55.36(46)
48 Michael MALDONADO	SO	658	Catholic	42	29:23.3	2:57.8	5:54.8	3:40.4	
49 Cody STATLER	JR	718	Roanoke	(43)	29:26.5	3:01.1	5:55.4	3:40.8	14:48.99(43)
50 Robert BONASIA	SO	649	Catholic	44	29:29.2	3:03.7	5:56.0	3:41.1	14:37.54(38)
51 Matt COOKE	JR	746	Virginia Wesleyan	45	29:29.5	3:04.0	5:56.0	3:41.2	15:00.88(47)
52 Alex CLEM	FR	709	Randolph	-	29:33.3	3:07.9	5:56.8	3:41.7	14:31.84(37)
53 Nick REYNOLDS	JR	682	Guilford	46	29:34.0	3:08.5	5:56.9	3:41.7	15:08.41(49)
54 Levi REES	SO	690	Lynchburg	(47)	29:43.7	3:18.2	5:58.9	3:43.0	14:40.35(41)
55 Buck KIRTLAND	SO	669	Emory & Henry	(48)	29:49.6	3:24.1	6:00.1	3:43.7	15:10.02(53)
56 Winston DAVIS	SO	725	Shenandoah	(49)	29:54.4	3:28.9	6:01.0	3:44.3	14:50.54(45)
57 Matthew GUSSIAAS	JR	727	Shenandoah	(50)	29:55.5	3:30.0	6:01.3	3:44.4	14:49.22(44)
58 Matthieu MEYER	SO	711	Randolph	-	29:57.7	3:32.3	6:01.7	3:44.7	
59 Zane MORAN	FR	671	Emory & Henry	(51)	29:58.3	3:32.8	6:01.8	3:44.8	
60 Michael WOOD	SR	663	Catholic	52	30:04.9	3:39.4	6:03.2	3:45.6	15:10.56(54)
61 Joshua WILT	FR	647	Bridgewater (Va.)	53	30:08.6	3:43.1	6:03.9	3:46.1	14:37.82(39)
62 Nathan FISHELL	SR	667	Emory & Henry	-	30:13.7	3:48.2	6:04.9	3:46.7	15:09.56(51)
63 Seth HEIN	SO	668	Emory & Henry	-	30:22.1	3:56.6	6:06.6	3:47.8	
64 Dustin OGBURN	FR	754	Virginia Wesleyan	54	30:27.0	4:01.5	6:07.6	3:48.4	15:27.11(58)
65 Jackson FEEZELL	JR	666	Emory & Henry	-	30:29.7	4:04.2	6:08.1	3:48.7	15:09.96(52)
66 Kevin KUCHLER	FR	655	Catholic	(55)	30:32.4	4:06.9	6:08.7	3:49.0	
67 Jacob FLECK	JR	686	Lynchburg	-	30:32.8	4:07.3	6:08.8	3:49.1	
68 Ian VEST	FR	645	Bridgewater (Va.)	56	30:33.0	4:07.5	6:08.8	3:49.1	15:19.35(56)
69 Andrew WERNER	SR	756	Virginia Wesleyan	57	30:41.5	4:16.0	6:10.5	3:50.2	15:39.74(60)
70 Glenn ROSE	SR	755	Virginia Wesleyan	58	30:42.6	4:17.1	6:10.7	3:50.3	15:17.62(55)
71 Keane DYE	SR	747	Virginia Wesleyan	(59)	30:43.4	4:17.9	6:10.9	3:50.4	15:46.79(64)
72 Timothy ENG	FR	716	Roanoke	-	30:45.1	4:19.6	6:11.2	3:50.6	15:42.51(62)
73 Kevin ELLIOTT	FR	715	Roanoke	-	30:45.1	4:19.6	6:11.2	3:50.6	15:43.16(63)
74 Caleb AMSTUTZ	FR	676	Guilford	60	30:54.9	4:29.5	6:13.2	3:51.9	15:09.34(50)
75 Michael CORADO	FR	651	Catholic	(61)	31:08.2	4:42.7	6:15.9	3:53.5	15:22.51(57)
76 Michael TAYLOR	JR	661	Catholic	-	31:19.7	4:54.2	6:18.2	3:55.0	15:42.05(61)

REGIONAL PREVIEW

Winchester, VA
 S/SE Regional Preview
 Course Conditions: Partly Sunny, 46 degrees breezy
 Host: Shenandoah University
 October 17, 2015

MEET OFFICIALS

Meet Director:
 Justin Potter
Meet Referee:
 Andrew Marrocco
Timing:
 Blue Ridge Timing



OFFICIAL MEET REPORT
 printed: 10/17/2015 5:55 PM

Race #3
MEN • 8 Kilometers (4.97 Miles)

FINAL RESULTS**INDIVIDUAL RESULTS (continued)**

Athlete	Year	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM	4km Split Time
77 Michael CLASS	FR	745	Virginia Wesleyan	(62)	31:20.0	4:54.5	6:18.3	3:55.0	16:07.91(66)
78 Daniel REED	FR	703	Mary Washington	-	31:36.0	5:10.5	6:21.5	3:57.0	15:33.04(59)
79 Gabe HIGGINS	JR	750	Virginia Wesleyan	-	32:03.8	5:38.3	6:27.1	4:00.5	16:12.11(67)
80 Donald SHUBROOKS	JR	733	Shenandoah	-	32:04.1	5:38.6	6:27.1	4:00.5	15:50.19(65)
81 Jonathan SUMNER	JR	685	Guilford	63	32:31.3	6:05.8	6:32.6	4:03.9	16:39.97(74)
82 Spencer HAWVER	JR	749	Virginia Wesleyan	-	32:38.9	6:13.4	6:34.1	4:04.9	16:37.11(72)
83 Quint SIMONES	JR	683	Guilford	64	32:50.7	6:25.2	6:36.5	4:06.3	16:41.15(75)
84 Michael KVARTUNAS	JR	656	Catholic	-	32:57.7	6:32.2	6:37.9	4:07.2	16:26.93(69)
85 Gavin FRY	FR	748	Virginia Wesleyan	-	33:05.9	6:40.4	6:39.6	4:08.2	16:18.20(68)
86 Peter BINCK	FR	648	Catholic	-	33:15.3	6:49.9	6:41.5	4:09.4	16:27.64(70)
87 Caleb ANDERSON	SO	677	Guilford	(65)	33:26.3	7:00.9	6:43.7	4:10.8	
88 Tyler DEBRINO	FR	652	Catholic	-	33:56.0	7:30.5	6:49.6	4:14.5	16:27.76(71)
89 Caleb SIMPSON	SO	672	Emory & Henry	-	34:11.0	7:45.5	6:52.7	4:16.4	16:37.84(73)
90 Lucas MILONE	SR	659	Catholic	-	34:40.6	8:15.1	6:58.6	4:20.1	17:13.77(76)
91 Robert LEESON	SR	657	Catholic	-	34:46.2	8:20.7	6:59.7	4:20.8	18:13.12(79)
92 Connor STEPHENS	FR	684	Guilford	(66)	36:07.6	9:42.1	7:16.1	4:30.9	17:55.86(77)
93 Justin SMITH	SR	673	Emory & Henry	-	36:33.3	10:07.9	7:21.3	4:34.2	18:23.73(80)
94 Michael GAMBINO	FR	710	Randolph	-	36:47.5	10:22.0	7:24.2	4:35.9	18:33.76(82)
95 Amadou BEYE	FR	708	Randolph	-	36:55.4	10:29.9	7:25.7	4:36.9	18:44.59(83)
96 Austin BRYLA	FR	678	Guilford	-	37:11.2	10:45.7	7:28.9	4:38.9	18:29.92(81)
97 Yashua CLEMONS	SR	679	Guilford	-	37:53.5	11:28.0	7:37.4	4:44.2	18:04.89(78)
98 Collin ROSZYK	SR	660	Catholic	-	38:34.2	12:08.7	7:45.6	4:49.3	

REGIONAL PREVIEW

Winchester, VA
 S/SE Regional Preview
 Course Conditions: Partly Sunny, 46 degrees breezy
 Host: Shenandoah University
 October 17, 2015

MEET OFFICIALS

Meet Director:
 Justin Potter
Meet Referee:
 Andrew Marrocco
Timing:
 Blue Ridge Timing



OFFICIAL MEET REPORT
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Race #4
WOMEN • 2 Miles (3.22 Kilometers)

FINAL RESULTS**TEAM SCORING SUMMARY****INDIVIDUAL RESULTS**

Athlete	Year	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 Ashley THOMASEY		838	Unattached	-	13:06.9	--	6:33.5	4:04.4
2 Dorothy EARNER		630	Una-Shen	-	14:06.7	0:59.8	7:03.4	4:23.0
3 Tiana HUGHES	SR	610	Virginia Wesleyan	-	16:16.2	3:09.3	8:08.1	5:03.2
4 Emily COBB		631	Una-Shen	-	17:16.6	4:09.7	8:38.3	5:21.9
5 Jaclyn MOHLMANN		765	Unattached	-	17:17.2	4:10.3	8:38.6	5:22.1
6 Beth TOLAND		637	Unattached	-	18:18.9	5:12.0	9:09.5	5:41.3
7 Brianna O'BRIEN		633	Una-Shen	-	18:48.1	5:41.2	9:24.1	5:50.3
8 Mary Claire MILLER		638	Unattached	-	19:15.1	6:08.2	9:37.6	5:58.7
9 Bailey RANKIN		632	Una-Shen	-	19:15.3	6:08.4	9:37.7	5:58.8

REGIONAL PREVIEW

Winchester, VA
 S/SE Regional Preview
 Course Conditions: Partly Sunny, 46 degrees breezy
 Host: Shenandoah University
 October 17, 2015

MEET OFFICIALS

Meet Director:
 Justin Potter
Meet Referee:
 Andrew Marrocco
Timing:
 Blue Ridge Timing



OFFICIAL MEET REPORT
 printed: 10/17/2015 5:55 PM

Race #5
MEN • 2 Miles (3.22 Kilometers)

FINAL RESULTS**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Finish Order	Spread
1 Shenandoah	15	1-2-3-4-5	1:04:50	12:58	2-4-5-7-10	2:19.9

INDIVIDUAL RESULTS

Athlete	Year	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 John NORTHRUP		764	Unattached	-	11:59.5	--	5:59.7	3:43.4
2 David SEGOVIA	SO	732	Shenandoah	1	12:13.7	0:14.2	6:06.8	3:47.8
3 Timothy ROBINSON		759	Una-Shen	-	12:14.5	0:15.0	6:07.2	3:48.1
4 Ansel BORHAUER	JR	724	Shenandoah	2	12:29.3	0:29.8	6:14.6	3:52.7
5 Scott BAKER	SO	722	Shenandoah	3	12:39.9	0:40.4	6:19.9	3:56.0
6 Kyle GUTIERREZ		758	Una-Shen	-	12:47.8	0:48.3	6:23.9	3:58.4
7 Kevin LEWIS	FR	729	Shenandoah	4	12:53.0	0:53.5	6:26.5	4:00.0
8 Derek STANTON		763	Unattached	-	12:58.9	0:59.4	6:29.4	4:01.9
9 Nolan MYERS		635	Unattached	-	14:29.6	2:30.1	7:14.8	4:30.1
10 Adam GLEISSNER	FR	726	Shenandoah	5	14:33.5	2:34.0	7:16.7	4:31.3
11 Kyle LOMBARDI		760	Una-Shen	-	14:40.3	2:40.8	7:20.1	4:33.4
12 Travis ENTERLINE		761	Una-Shen	-	15:45.2	3:45.7	7:52.6	4:53.5
13 Gray BARTON		634	Unattached	-	19:45.4	7:45.9	9:52.7	6:08.1