The Pointer

May 2018 Edition

Soroptimist International of Grosse Pointe

President's Message

"To be a woman, you have to look like a girl, act like a lady, think like a man, and work like a dog."

Leah Chase, Chef New Orleans, Louisiana

It must get hot in her kitchen, because I would rather think *like a woman!*

As we move into our final months as your co-presidents, there are so many things we are thankful for: but it begins and ends with all of you: our members of SIGP! We have a rocking month of May to get you outside, or inside, and to give back to our wonderful community and greater community throughout the Region, Federation and World!

We will have a Mother's Day bag packing session at Mary Ellen's condo on Thursday, May 3rd at 7:00 pm. My understanding is we will be preparing over 60 bags for moms at Positive Images. It may be the only "gift" they receive on Mother's Day as they are struggling to transition to a better way of life. What we do for them is priceless! Thank you all for your donations of items, time and classes at PI! Our Dine Around Town raffle is beginning. There will be an update at the general meeting on Wednesday, May 9th as the first committee meeting is happening as we go to press. Our first-of-the-season Second Hand Sale is happening May 11th-12th, at Carrie Petrocelli's home at 1258 Hampton, Grosse Pointe Woods. Much of the success of these sales depends on donations we can make from the membership for goods and time!! You may drop off items now to Carrie, but a call or text to confirm would be appreciated...702-445-3475. There will be another sign-up sheet at our general meeting on the 9th! Please try to spend some time there! Mother's Day is May 13th this year. It is traditional to gift flowers to our mothers on this day and we, as mothers, frequently receive them from our children and grandchildren. I am going to share the "language of flowers" to educate you on what is best. The most historically significant flower is the white carnation, which is the symbol the Mother's Day founder, Anna Jarvis, valued. It means pure love and good luck! Pink carnations mean, "I'll never forget you". Orchids

symbolize love, refinement, and beauty. The orchid is also the Chinese symbol for "many children". Lilies are also popular. The day lily is the Chinese symbol of motherhood. Purple irises are also a special choice for mothers, symbolizing faith and hope! I am sure any gesture is appreciated, but it is so much better to be in the "know"! By the way, cactus symbolizes "endurance"! So you all know what you should do!! I am sending a bouquet of pink carnations to heaven for my Mother!

Our next scheduled Human Trafficking committee meeting is set for Wednesday, May 16^{th} . Details will be available at the general meeting on the 9^{th} .

Just a reminder our dues are DUE before the end of June. Please send to Jane Evola before they have to call you!! It is so easy! Drop them a check, or call them and put it on a credit card! Please do this before our June general meeting! It will save them a great deal of time. We especially appreciate Kerri and Jane. They have kept audit-worthy track of our finances for almost 4 years and it is not an easy job! If you have not yet done so, please thank them personally!! The women of Soroptimist are appreciated today and always!

Your presidents, Ross and Roseanne

All the best for women,

Roseanne and Ross



Our Co-Presidents Ross Braun & Roseanne Horne

DATES TO REMEMBER.

FOR A DETAILED ACCOUNT OF ACTIVITIES PLEASE VISIT OUR WEBSITE AND CLICK ON THE CALENDAR OF EVENTS TAB UNDER THE POINTER TAB May 2018

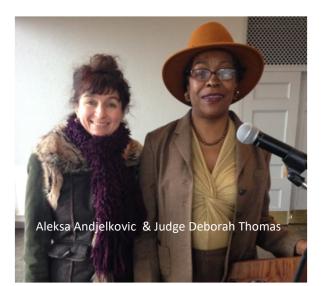
Sun 29 2018 Spring Conferer	Mon 30 • 7pm Dine Around T	Tue May 1	Wed 2 • 6:30pm Board Mee	Thu 3 • 7pm Mother's Day I	Fri 4	Sat 5 Cinco de Mayo
б	7 Mary Bryk Birthday	8 Mary Clare Toffanetti	9 • 6pm General Busin	10 Second Hand Sale (Gar Amanda Be Birthday	11 age Sale)	12
13 Mother's Day	14	15	16 • 7pm Anti HT Meetii	17	18	19
20	21	22	23	24 Katie Lucey Birthday	25 Ross Braun Birthday	26
27	28 Memorial Day Pointer Article Submit	29	30	31	Jun 1	2 +

HUMAN TRAFFICKING AWARENESS



How many of you remember Mayberry RFD?

Wolverine Dental Hygienist society presentation at Grosse Pointe War Memorial on Human Trafficking by Aleksa Andjelkovic and judge Deborah Thomas





The show was filmed in a North Carolina town called Mt. Airy which is where Andy Taylor grew up. The sign you see above is posted at a rest stop in Mt. Airy, NC.

Awareness is the key and we hold a ring of them.



Judge Deborah Thomas speaking to the Wolverine Dental Hygienist society at Grosse Pointe War Memorial on Human Trafficking

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PROGRAMS & SERVICES

Mother's Day Bags

This year we loaded Mother's Day bags at Mary Ellen Burke's home instead of the Grosse Pointe Woods Library. It turned out to be a great idea. We did not have to drag all the donations into and out of the library. We did not have a "closing" deadline so we did not have to rush.

I have decided I am no longer going to collect tote bags. There are too many variations on the size and style of bags, and it is too difficult to select 62. They also take up too much space to store. This year Dorothea Williams donated beautiful bags from the Dollar Tree, so we are going to purchase them along with the journals and pens.

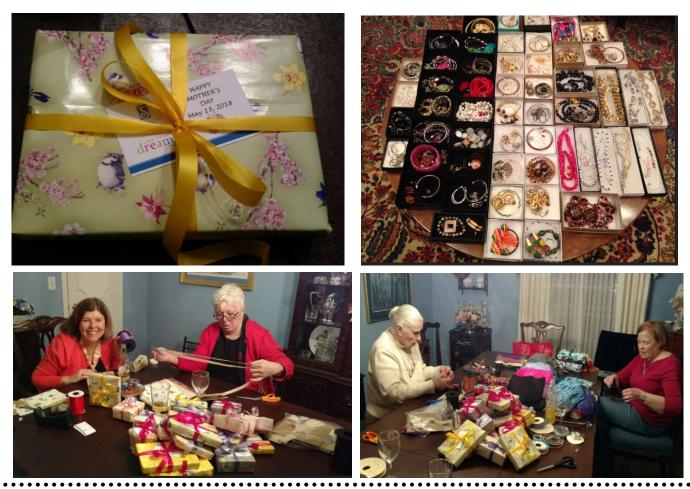
We organized a box of jewelry, which included a necklace, bracelet, and pair of earrings, which looked like a set. (see photo below) They were wrapped and Karrie made a Mother's Day card letting them know their gift was from SIGP.

Every Positive Images woman received a tote bag with an Oprah magazine, journal, pen, mug, a wrapped box of jewelry, scarf, cosmetic bag, lotions, toothbrushes, toothpaste, and small Kleenex tissue holder. Please **do not** give me tote bats, make up, nail polish, large lotions, watches, rings, and anything else not on the list. Mugs cannot have ads or chips on them. Do not donate any item that you would not be happy to receive on Mother's Day.

We desperately need jewelry boxes, necklaces, bracelets, and pins, cosmetic bags, mugs, and long scarves (not winter or small scarves)

Thank you to Dorothea Williams, Rosanne Morrow, Karrie Blankenship, Laura McCourt, Myra Golden, Kerri Green, Roseanne Horne, and Diana Langlois for helping to count and pack all these items this week. Thank you to Marge Mulvaine, Jane Evola's friend who donates mugs, and lotions every year. Thanks to Jessica Cutright, Mary Ellen's friend, who has donated the quilted Kleenex holders every year. Most of all thanks to all our members for donating all of these items every year to ensure every Positive Images resident gets a special gift on Mother's Day.

HAPPY MOTHER'S DAY EVERYONE



PROGRAMS & SERVICES



Ross Braun is explaining about healthy eating and making better choices, going fresh and perhaps organic!

"Healthy snacks are better than junk!"





Tina Edgar leads the girls in yoga stretches.



Marya Malkovich discusses the relaxing effects of a daily run

Crafts such as quilting and crocheting can be effective for reducing stress, according to Mary Ellen Burke.



Sarah Sheppard shares her experience as an author to guide the girls in journaling

Dream It, Be It session on helping the girls identify and relieve stress



Annual Club Dues Reminder!

We are reaching the end of our Soroptimist club fiscal year!

Annual dues are \$125 and are needed from all members by

Wednesday, June 13, 2018.

Please pay by cash, check, credit card, or PayPal.

(\$4 surcharge assessed for credit card/PayPal transactions.)

Any questions, please contact your Asst. Treasurer listed below!

Setup dates May 7 & 8. Garage Sale May 10—12 (Thurs - Sat)

We will be breaking down everything Sat 3p - ? since Sunday is Mother's Day.

Please contact Mary Ellen Burke at meb650@aol.com or Diana Langlois at dilang58@comcast.net to volunteer Jane Evola, SIGP Asst Treasurer <u>18126 Ash Creek Dr</u> Macomb, MI 48044 (586) 322-2394 janie730@msn.com



2018 SPRING CONFERENCE





First time attendees to spring conference receiving their gifts. Dorothea, Carolyn & Ellen

Pictured to the right are the 2018 Spring Conference attendees with Vivian Walczesky the 2016-2018 outgoing Midwestern Governor



Roseanne presenting her power pointe on Public Awareness at the morning workshop





PLEASE MEET YOUR 2018-2020 MIDWESTERN REGION BOARD

2018–2020 Governor Kris Armstrong

Governor-Elect: **Region Treasure: Region Secretary:** District I Director: District I Secretary: District II Director: District II Secretary: District III Director: District III Secretary: Lata Shastri District IV Director: District IV Secretary: Abby Bouton

Audry Jarvey Missie Austin Susan Frankel Connie Gindt Barb Flory Jennifer Prater Mary Pilon Christine Fowler-Shearer

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SI Monroe SI Fond du Lac SI Kenton/Hardin County SI Fond du Lac SI Fond du Lac SI Middletown SI Hancock County SI Wyandotte/Southgate/Taylor SI Wyandotte/Southgate/Taylor SI Canton/Stark County SI Columbus/Franklin County

The Pointer

Members Dorothea Williams, Mary Ellen Burke, actress Kathy Baetz, Diana Langlois and Eva Habib enjoyed KING CHARLES III performed at the Players Playhouse on Jefferson Ave. in Detroit on April 20th. Kathy played Charles's wife, Camille. She was wonderful in the role!

Michelle Strait and her friends, Geny Senior and Trudy, also attended but were not present at the time the photo was taken.



Dorothea Williams Mary Ellen Burke Kathy Baetz Diana Langlois Eva Habib

GETTING TO KNOW YOUR SOROPTIMIST MEMBERS!



Katherine Baetz (Camilla) Katherine, playing the role of Camilla, is no stranger to the FASD stage. She has been both behind the scenes and on stage playing roles in Becky's New Car, Family Christmas, It Ain't No Vacation, a scene from Sylvia, and most recently The Nerd. When she's not doing theater, Katherine enjoys equestrian sports, singing, piano, and hanging out with her three daughters.



SIGP members contributed to purchasing the 100 squares at \$10 each to obtain a \$1,000 level. Once the quilt is full a name is drawn and she becomes a Laurel Society member.

Carolyn Barth by a draw of my name became the Laurel Society chair by virtue of a lucky draw of my name.

Levels of Recognition	Contribution	Stone Color				
Attaché Envoy Diplomat Ambassador Inner Circle Inner Circle Inner Circle Inner Circle	\$1,000 \$2,500 \$10,000 \$25,000 \$50,000 \$75,000 \$100,000+	Sapphire Ruby Diamond Pearl Sapphire Ruby Diamond Pearl				
"I will proadly even my Havel Society pin, which will remind and inspire me brewing that Soroptimists are making a significant difference, helping women and girls across the world to achieve their dreams!" - Janet Kenney, SI/Olympia, WA						

The Laurel Society Explanation and 2015 Changes

What is the Laurel Society?

It is SIA's prestigious recognition program for \$1,000 and above donors. Since

1994 more than 6,000 Laurel Society Members have contributed \$10 million

through the Live Your Dream Awards, Dream It, Be It Award, or/ and

Unrestricted Program Awards which help fund all SIA Club Grants, the

Workplace Campaign to End Domestic Violence, and others.

What is the change in the Laurel Society?

The 2015 change is that a donation to any of these awards are credited to the

overall Laurel Society which will help fund all SIA programs including

Soroptimist Club Grants, the Workplace Campaign to End Domestic Violence,

and others.

Result for SIA Members

Donors from SI Grosse Pointe may contribute gifts to any of the three funds (Live Your Dream Awards, Dream it Be it Award, Unrestricted Support or Domestic Recovery Fund, etc.) and will be able to say, "I made a donation to fund the Live Your Dream Awards and am recognized in the Laurel Society for my gift." A monthly

gift can still be designated for a specific fund which can be selected from a drop

down menu on the SIA website.

SIGP Laurel Society Blanket squares:

SI of Grosse Pointe collects \$10 per square of a blanket which has 100 squares and makes a contribution when \$1000 is reached. The owner of the winning square becomes a Laurel Society member. Keep this in mind for a Mother's Day or birthday gift. Next time we meet you may purchase a square which is clearly marked with a white tag on which you may write whatever you want. Fage 11

ANTI-HUMAN TRAFFICKING

The Stop Traffic - 5K Race/Walk Fundraiser – Awareness

Thank you to all who attended the Anti-HT/5K meeting last night. For those of you who couldn't make it, here is what we discussed in a nutshell:

- The race will be held on Sat, Sept 29th at 8:00 am.
- The starting and ending point is St. Lucy's Church on Jefferson in Saint Clair Shores.
- Estimated cost to register is \$35 (not completely finalized, but that is the ballpark).
- Sarah has put together the route and is working with public safety.
- Karrie has been working on the insurance.
- Eva is starting to work on the flyer which she should have in time to distribute at the garage sale.

We need to discuss (via email) sponsorship levels so volunteers can start pounding the pavement. Potential exhibitors at the event will begin to be recruited at the WSU expo on Monday, April 16th.

The benefactors of the proceeds are still not confirmed, but this will also be a conversation to be continued via email.

The next meeting will be May 16th at 7:00 pm. Write it down ,but I promise to remind you.

WAIT! DON'T STOP READING YET! One other thing happened even after some of our attendees left the meeting last night...

We returned to the discussion about the "She's not for sale" image that Maddy brought to our attention (see below). It is so powerful and we have decided to explore that option for our tshirt, but we have to make sure we can afford



the licensing fee and see if they will allow printing to be done through our preferred company. I will be working on that.

ON THAT NOTE (promise this is the last thing)... Last night I had this moment where I thought that the title of this 5k may need to be "She's Not For Sale." Too much? I think, especially if we use that logo, we would certainly stand out in various lists of 5Ks out there. You can shut me down, but I just want to throw that out there. ;-)

K! That's really it for now! Thanks y'all!



END HUMAN TRAFFICKING NOW! Report a tip Call 1-888-3737-888 or text BEFREE <u>https://humantraffickinghotline.org/</u>

Business Name member of the Midwestern Region

2016-2018 Board Members & Chairs Roseanne Horne-Co-President Ross Braun-Co-President Aleksa Andjelkovic-Pres. Elect Program Chair Dorothea Williams-VP Membership Chair



Mary Ellen Burke-Past Pres

Kerri Green-Treasurer Jane Evola-Asst. Treasurer Fundraising Chair

> Ellen Chapin-Secretary Nancy Solak-Asst. Sec. Public Awareness Chair

Myra Golden-Director Marya Malkovich-Director Please have your article's to Karrie Blankenship by 9:00 pm on or before 28th of each month to: <u>karrieb40@gmail.com</u>

Soroptimist Pledge

I pledge allegiance to Soroptimist and to the ideals for which it stands:

> The sincerity of friendship, The joy of achievement, The dignity of service, The integrity of profession, and the love of country.

I will put forth my greatest effort to promote, uphold, and defend these ideals, for a larger fellowship in home, in society, in business, for country and for God

For upcoming events and to see what SIGP has been up to check out our website by clicking the link below <u>http://www.grossepointesoroptimist.org/</u>

Connections for Local, Region & HQ

District III Emails Contacts

Governor- Vivian Walczesky - (vivianwal@sbcglobal.net)

Governor-Elect Kris Armstrong - (krisquin@msn.com)

Secretary - Anita Newman - (siurbana@soroptimist.net)

Treasurer - Valencia Clark - (vclark003@columbus.rr.com)

District III Director - Darcy Merritt (dmerritt81@hotmail.com)

District III Secretary - Mary Pilon (pilonm@sbcglobal.net)

Soroptimist International of the Americas - (siahq@soroptimist.org)

Soroptimist Websites

Soroptimist International Midwest Region - (simwr.org)

Soroptimist International of the Americas (soroptimist.org)

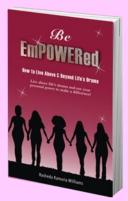
Soroptimist International (soroptimistinternational.org)





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I have been a Massage Therapist for over 15yrs and I am licensed with the state of Michigan, insured, and attend continuing educational classes to stay current with the latest techniques.

I am trained in many styles of message therapy techniques some of which are listed below:

Swedish (lighter style)
Therapeutic (getting into those sore areas)
Deep (getting deeper into those knots)
Reflexology (concentrated massage on the hands, feet, legs arms, can stay mostly dressed for this one)
Prenatal (massage for the Mom to be).

Massage's help many different aspects of your life such as circulation, stress/ anxiety, muscle soreness, headaches, insomnia, menstrual cramps, sinus problems, just to name a few. Since I work with the body muscles I can sell BioFreeze, a pain relief gel which comes in roll-on or gel in a tube for \$12 each.

YOU get my undivided attention, I work on you the whole time you pay for no cutting corners and I can design a massage program just for you and your specific needs. I have a massage special that can't be beat, a 70 minute massage for ONLY \$60, my office is located in a quiet and private area of the Eastin Inn complex, 2nd floor, located on Little Mack Ave. between Masonic Ave. and 13 Mile Road in Roseville, Michigan.

I offer gift certificates, I can travel to you, I also do private parties or come to your office to offer stress relief for the staff with my Massage Chair, the ideas are endless.

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KERRI GREEN Manager Supply Chain Services

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Katherine Baetz Limited Licensed Clinical Social Worker

Cell phone 313/530/7414 Email: Katherine@Baetz.net

Sarah Sheppard 313-804-4100



Writer, Book Editor, Copy Editor, Ghostwriter, Writing Instructor





Below is SIGP's book club picks for 2018.

If you are interested in reading any or all of this years picks and joining us in the discussion please contact Karrie Blankenship or Mary Ellen Burke for the details. We meet the third Thursday of each month at 7pm. Every month is hosted by a different member of the club.

Friday, February 16, 2018 Thursday, March 15, 2018 Thursday, April 19, 2018 Thursday, May 17, 2018 Thursday, June 21, 2018 Thursday, July 19, 2018 Thursday, August 16, 2018 Thursday, September 20, 2018 Thursday, October 18, 2018 Thursday, November 15, 2018 Thursday, December 20, 2018 The Leopard by Guiseppe Di Lampedusa A Thousand Splendid Suns by Khaled Hosseini Donut Dolly by Joan Puffer Kotcher A Gentleman in Moscow, by Amor Towles A Man Called Ove by Fredrik Backman The Tour by Jean Grainger The Wright Brothers by David McCullough Little Fires Everywhere by Celeste Ng The Tea Girl of Hummingbird Lane by Lisa See The Nightingale by Kristin Hannah Commonwealth by Ann Patchett



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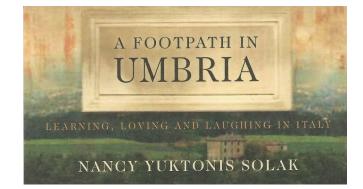
A Reluctant Traveler

Nancy Yuktonis Solak

Nonfiction Editor: memoir, travel, medical, health, history, essay, technical & how-to

E-mail: solaksinitaly@yahoo.com Website: www.areluctanttraveler.net







Do you like to cook? Do you like to eat great food? Would you like to try new recipes and cuisines?

The SIGP Foodies group (Diana, Laura, Carolyn, Marya and Maddy) meets once a month, rotating at the home of that month's host member, with everyone providing a menu item that compliments the "theme" chosen by the hostess. This year we have enjoyed trying new food experiences from Eastern Europe and Italy, while also learning more about soups and stews, making homemade ravioli, preparing a very portable Mediterranean picnic and making an elegant yet comforting beef dinner in a crockpot. We are eagerly looking forward to our second year of culinary delights.

Even more importantly, Foodies provides an ongoing opportunity to enjoy the fellowship of our SIGP members outside of our typical venues. We would like to extend this same opportunity to other members, particularly those new to our club. Ideally we would like to add 1-2 new members to Foodies. If you have any questions about our Foodies or are interested in joining us, please contact Maddy Jeffs at 509-551-1695.