



9

the age a girl's
self-esteem peaks,
then takes a nose
dive

39%

of girls have been
put down or
discouraged when
trying to lead

21%

of girls believe they
currently have most
of the key qualities
required to be a
good leader

92%

of teen girls would
like to change
something about the
way they look with
body weight ranking
the highest

57%

of girls say that if
they went into a
STEM career, they
would have to work
harder to be taken
seriously

When girls support each other, incredible things happen.

Girls have great ideas and can make awesome leaders, but when they're not supported, or are discouraged from stepping up, the world misses out on their talents, strengths and uniqueness. Let's create a world where girls are celebrated, encouraged and supported! Join girls across the country and pledge to **STAND BESIDE HER!** When you support girls in your classroom, on the field and in your community, you're helping to change the culture so every girl can reach her fullest potential!

Join us for
National Stand Beside Her Week
October 28 - November 3, 2018

6 Ways Girls Can Stand Beside Her

- 1** Give a meaningful compliment.
- 2** Make sure everyone is included.
- 3** Stand up for other girls.
- 4** Take action! Girls can change the world!
- 5** Watch your words. Don't gossip, tease, or name call. Instead, say something nice!
- 6** Complete a Stand Beside Her Patch Program activity and #standbesideher today!

Created by girls for girls, the National Stand Beside Her Movement encourages girls and women to connect and support each other; to value ourselves and have the confidence to celebrate our own unique gifts and applaud the successes of others.

We commit to change our current culture of negative comparison and competition and learn to celebrate and lift up each woman and girl so that together, we can change the world.