

RULES OF PLAY 2016 SEASON

Welcome to Lemoore Youth Soccer League (LYSL). Following guidelines are issued so that coaches, league officials, players and referees will all be equally informed as to what is expected of you as a participant. We wish to remind you the LYSL is a recreational league. It is our desire that the youth in our program be instructed in the skills and knowledge of soccer first, with winning or losing being of secondary importance. Please read the California Youth Soccer Association (CYSA) Code of Conduct for Coaches, Players and Parents in your CYSA team manual. This can be found on the Cal North website at www.calnorth.org. All forms and rules can also be accessed by visiting our website at www.lemooreyouthsoccerleague.org.

COACHES CODE OF CONDUCT:

- Recreational soccer is designed as an opportunity for players to enjoyably learn the basic fundamentals through teamwork and happiness.
- The laws of soccer exist for the safety of the players, the spirit and letter of which no one should try to break.
- Visiting teams and spectators are honored guests.
- Officials and opponents should be treated and regarded with respect and honest intentions.
- Official decisions should be accepted with respect and considered final.
- Winning is desirable, but winning at any cost defeats the purpose of the game.
- In soccer, as in life, treat others as you would want them to treat you.

| AGE CLASSIFICATIONS | | | | | | | |
|---------------------|----------------|-------------|----------------|----------------------------|--------------|--|--|
| Age Group | Player Format | Game Length | Breakdown | Break between Intervals | Ball Size | | |
| U-4 | 4v4 | 24 min. | 4-6 min. Qtrs. | 5 min. | #3 | | |
| U-6 | 4v4 | 32 min. | 4-8 min. Qtrs. | 5 min. | #3 | | |
| U-8 | 5v5 (w/Keeper) | 40 min. | 2-20 min. Half | 10 min. | #3 | | |
| U-10 | 7v7 | 50 min. | 2-25 min. Half | 10 min. | #4 | | |
| U-12 | 7v7 | 60 min. | 2-30 min. Half | 10 min. | #4 | | |
| U-14 | 11v11 | 70 min. | 2-35 min. Half | 10 min. | #5 | | |
| U-16 | 11v11 | 80 min. | 2-40 min. Half | 10 min. | #5 | | |
| U-19 | 11v11 | 90 min. | 2-45 min. Half | 10 min. | #5 | | |

LYSL RULES AND INFORMATION:

Note: The following rules are modifications or reiterations of the FIFA Laws of the Game, CYSA procedures and carry the same weight as those laws.

1. <u>All players are required to wear protective shin guards</u> during practice and games. CYSA rules state, "It is mandatory that all players wear shin guards at all times during games and practice". **ALL CHILDREN MUST HAVE SHIN GUARDS!** Any child not wearing shin guards may not be covered by insurance. There are no exceptions to this rule. Practice will be stopped if a child is found to not be wearing shin guards, that individual child will be asked to sit out until proper attire is evident. Shin guards must be completely covered by socks.

2. <u>The player's uniform shall consist of the LEAGUE issued jersey, shorts and socks.</u> Failure to wear the correct uniform issued by the league will result in game forfeiture and future games forfeitures. Sweats, either under or over the uniform, are not permitted. Spandex "bike" shorts are permissible if they are black, white or the same color as the uniform short. Long-sleeved T-Shirts are permissible if the weather is cold and must be approved by the referee. Shirts must be tucked in to avoid injury. Goalies may wear additional items such as gloves; sweat pants and the designated Goalie shirt, which must be a contrasting color from that worn by the teams on the field. Players may not play if they are wearing a cast or hard material splint. No jewelry of any kind is to be worn, excepting medical alert I.D. bracelets or necklaces, both of these must be taped to the body. Barrettes and bobby pins may not be worn. Fingernails must be kept short. Referees will inspect the players prior to each game. Referees will not allow players on the fields without the appropriate league issued uniform and shin guards.

3. <u>It is required that all LYSL Head Coaches have been through the CYSA "F" License course.</u> It is recommended that LYSL Assistant Coaches also obtain certification. These courses are provided for LYSL coaches (see coaching coordinator for dates and information). Note: 2017 Season, CYSA "E" License will be required for U10 – U14, National "D" License will also be required for U15-U19.

4. <u>Coaches are required to have in their possession each player's medical release form</u> (1601) signed by their parents at all team activities, i.e. practices, games, parties, etc. Only registered coaches and team assistants may hold practices and other activities in order to remain covered by CYSA insurance. All coaches <u>must</u> have Pocket Concussion Recognition Tool. In an event where a coach does not follow protocol, he/she will be suspended. For teams that only have one coach, the following game will be forfeited. If a coach has an assistant coach, the assistant coach can fill-in for the next game however, the suspended coach will not be permitted on the premises.</u>

5. <u>Practice can only be held if the registered coach or team assistants are present</u> with the players medical release forms. We strongly recommend that two (2) adults be present at every practice. There will be no practices held on Fridays at the Soccer Complex to be able to prepare the fields for Saturday games. There are several fields available inside the LYSL boundaries, which the league covers with CYSA insurance. The complex is available Monday through Thursday and closes at 8:00 pm during Daylight Savings hours and 7:00pm after the time changes.

| Age Group | Time Per Practice | |
|-----------|-------------------|--|
| U-4 | 1 hour | |
| U-6 | 1 hour | |
| U-8 | 1 hour | |
| U-10 | 1.5 hours | |
| U-12 | 2 hours | |
| U-14 | 2 hours | |

6. Practice Schedule-Recommended Time Limits (Please see chart below)

7. <u>All coaches will report to the registration table at least 20 minutes prior to the scheduled game time</u> to complete their game cards. The last coach to fill out the game card shall bring it to the field and hand it to the head referee. Any information to be distributed to the coaches will be available in your team folder at this time. All coaches are responsible for distributing information to their players and parents, so it is essential for them to check their team folder weekly at the registration table. All information on upcoming events, tournaments, rules of play, team standings, etc. will be available at the LYSL registration table.

8. The first teams to play on any given field are responsible for preparing the field for play. The league officials will insure that the fields are properly lined. THE COACHES ARE TO ENSURE THAT THE GOAL NETS ARE PUT UP PROPERLY AND THE CORNER FLAGS ARE CORRECTLY PLACED. Trashcans are to be located at each side of the fields. The first teams of the day, must be on the field at least 30 minutes prior to game time. Referees have been instructed to signal the start of the game as scheduled. Play will begin ONLY when the field is ready and time elapsed from the beginning whistle will not be made up. The last teams to play will take down the nets and return them to the registration table along with the corner flags. Each team is responsible for removing all trash from the field after each game. HOWEVER, it is the responsibility of the last teams that played on that field, to insure that the field is completely clean and all trash has been removed. Coaches are responsible for the cleanliness of their sideline, upon completion of their game. If found in violation, the offending team will forfeit their next game.

9. <u>Player and coach passes are required for all games.</u> A completed pass should have the player/coach picture. They are to be presented to the referees prior to the start of each game for verification during the pre-game inspections, except U-4/6 where they must be available for inspection by any league official on request. All passes will be returned at the end of the game, except for those of players or coaches who have been ejected or red carded. These will be turned into the league official at the registration table along with the game report detailing the red card incident. It is also the responsibility of the coach to make sure that the passes are returned at the end of the game. It is the coach's responsibility to retrieve player passes that have been suspended, due to red card. All Coaches will be issued lanyards by LYSL for their passes that must be worn during all games and practices.

10. Every team member present will have at least 50% playing time in each game. A game could be forfeited if any eligible player present at the start of the game does not play the allotted time. The only exceptions will be medical reasons including injury that may happen during a game, benching a player for disciplinary reasons which must be reported on the game card and to the official prior to the start of the game. Injured players may be removed from the game as needs dictate. The U-8 goalies may play no more than one quarter (1/3) in that position in any given game.

11. <u>Substitutions: will be made at the halfway line and only after the referee has signaled approval</u>. The replaced player(s) must exit the field before the substitute(s) enters the field of play. Violation of this rule could lead to a caution (yellow card) being issued. Any player receiving a yellow card shall be substituted for a time out period, at the coach's discretion. This player may be substituted back in at the next substitution time or at the discretion of the referee.

A. Substitutions may be made at your throw-in.

B. At any goal kick.

C. When there is an injury to a player the injured player may be substituted after the referee has stopped the game.

D. When play is stopped after a goal by either team.

E. At half time.

12. If the referee stops the game for reasons due to weather or unsafe field conditions, the score shall stand as it is if at least one-half of the game has been played. If less than one-half of the game has been completed a make-up game may be rescheduled as necessary by the board of LYSL.

13. SCORING: League play for U-10 and above, the LYSL adopts the following points scoring system.

A. Three (3) points for a win.

B. One (1) point for a tie.

C. Zero (0) points for a loss.

D. One (1) point will be deducted for each red card issued to a player and two (2) points will be deducted for each red card/ejection for a coach.

E. Teams winning with a goal differential of more than 6 goals will have one (1) point deducted (if the differential is 7 or 8) and two (2) points deducted if the differential is 9 or more. Double digit differentials could lead to a forfeit of the game as determined by the LYSL board.

F. If teams are tied on points the following methods will be used to break the tie.

- I. Head to head competition
- II. Goal differential up to +/- 4 per game for each game.
- III. Least goals allowed.
- IV. Most goals scored up to 4 per game for each game.
- V. Penalty kicks per CYSA and FIFA.

14. <u>FORMATION OF THE TEAMS:</u> All teams in LYSL will be formed by a draft on a date set by the board of directors of LYSL. Each team shall be allowed up to three protected players (except where a sibling option is exercised). Each coach, assistant coach and sponsor will be allowed to protect one (1) child of immediate family relation only. (Immediate Family Relationships Include: Son, Daughter, Stepchildren, Brother, Sister, Grandson, and Granddaughter)

These players can only be protected at the draft if coach registration has been accepted by the league and sponsorship fees have been paid. Coaches and sponsors will not be permitted to protect players who are not of immediate family relation. Board will have final approval of player playing up an age group. Teams formed by geographical area where more than 50% of the team is returning may be classified as a Class III (3) team, which may play other Class IV (4) teams, in league play but only scores against other Class III teams will be counted. Determination of the team classifications will be determined by the board of LYSL based on last seasons play in all competitions. In geographical areas if there are enough players to form more than one team the players will be drafted by LYSL. Teams formed by geographical area must provide school documentation from each player showing proof of school of attendance.

15. The Board may, from time to time find it necessary to form partnerships with adjoining CYSA leagues to create a playing league; these playing leagues or associations may have separate playing rules as necessary approved by the board of LYSL.

16. All teams entering the District VII playing programs must abide by the playing league rules and the rules of Lemoore Youth Soccer League. Especially in the areas of set up and take down of fields and clean up.

COACHES

Please read the following items carefully and make sure that your parents are aware of and understand these rules.

1. All coaches and players will be within the coaches' box which extends 10 yards on either side of the halfway line, one (1) yard back from the touchline. All spectators must remain three (3) yards behind the touchline. This allows the assistant referees to have an open pathway to safely officiate the match. No one is allowed behind the goals or goal line during the game.

2. Team members and parents, etc. are to remain on opposite sides of the field. Assigned coaches will remain on one side of the field, spectators, parents etc. will remain on the other side of the field.

3. After the referee has signaled the start of the first or second half of a game and until the referee signals the end of either half, A COACH MAY ENTER THE FIELD OF PLAY ONLY IN THE CASE OF AN INJURY AND ONLY AT THE INVITATION OF THE REFEREE.

4. <u>Coaches are responsible for the conduct of all team members and spectators on their side of the field.</u> Coaches or spectators shall not call out alleged fouls such as "hands" or "off-sides" or otherwise indulge in a running commentary of presumed infractions of the laws of the game. Neither coaches nor players nor spectators shall indulge in any intimidating tactics by word or by gesture at any player, coach, official or spectator. We are all role models and we much always model good sporting conduct regardless of personal feelings. Coaches, players and parents SHALL NOT criticize game officials at any time and shall encourage the same attitude among other spectators. THE REFEREE MAY TELL OFFENDING INDIVIDUALS OR GROUPS TO LEAVE THE SOCCER COMPLEX. IF THE COACHES AND/OR SPECTATORS CANNOT CONFORM TO THESE GUIDELINES THE REFEREE OR A LEAGUE OFFICIAL MAY STOP THE GAME AND THE OFFENDING TEAM MAY FORFEIT THE GAME. A. Coaches are responsible for the cleanliness of their sideline upon completion of their game. If found in violation, the offending team will forfeit their next game

5. **ONLY THE PLAYING CAPTAIN'S MAY ADDRESS THE REFEREE**. No person, including the coaches, shall interfere with or address the referee during play or at halftime. The coach may only address the referee in the following situations:

- A. Prior to the start of the game
- B. When he/she wishes to make a substitution
- C. To draw attention to an injured player of either team
- D. When the referee has addressed the coach.

6. Infractions called by the referee are final. Arguing with the referee is NOT PERMITTED and may result in the issuance of a caution (yellow card) or ejection (red card). Coaches SHALL NOT dispute or question by word or gesture the calls or decisions of the referee or the assistant referees. ALL RED CARDS carry a minimum one (1) game suspension for a player for the next scheduled game and a minimum three (3) game suspension for a coach for the next three scheduled games. (Refer to the CYSA handbook for details regarding disciplinary guidelines).

7. No protests of the game are allowed. Any problems may be presented to the LYSL Board of Directors, in writing, within 24 hours of the game in question. Please send correspondence to the Lemoore Youth Soccer League, PO Box 324, Lemoore CA 93245

8. No alcoholic beverages, no smoking and no animals are allowed within the Lemoore Sports Complex or at any CYSA sanctioned match, with the exception of service animals.

9. ALL COACHES AND TEAM MANAGERS NEED TO REVIEW THEIR CYSA TEAM MANUAL AND IN HOUSE RULES online at www.calnorth.org

10. ALL COACHES MUST CONTACT ALL PLAYERS ON THE ROSTER WITHIN TWO (2) CALENDAR DAYS AFTER COACHES MEETING HAS BEEN HELD.

11. CYSA will require all Head Coaches, Assistant Coaches and anyone over the age of 18 who will be assisting with the team, to be fingerprinted by an organization selected by LYSL. LYSL agrees to incur the costs of the fingerprinting fees for all coaches. LYSL reserves the right to deny any person offering to coach unwilling to perform the fingerprinting process.

Complaint Form

| Claimant Last, First Name | Phone Number | Date |
|---|---|--|
| Address | Age Group | Team Color |
| Witness Name(s): | Phone Number | |
| Complaint/Incident Description: | | |
| BOARD MEMBER USE ONLY Received By: | Date Received: | |
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PLAYERS

- 1. All eligible players must participate in the mandatory pre-paid fundraiser. Fundraiser will include the sale of 10 raffle tickets sold at \$2 each. Each player has a choice to sell the raffle tickets and retain the monies as reimbursement or keep raffle tickets to enter to win the prizes themselves. (Cost of fundraiser tickets is already included in registration fees.)
- 2. In the event that the fundraiser is not paid, the player will not be registered to a team.

ALL STARS

If all stars are held Under 10 and Under 12 age brackets are the only eligible age groups to compete in All Stars.

Any coach interested in coaching an All Star team will need to submit a letter of interest by November 6,2015 to LYSL board. The head coach of each team will select player(s) from their team to be placed on the All Star team. The ratio of players to be selected for the All Star teams will be based on the number of teams in that age group evenly. Not to exceed 3 players per team.

COMP TEAMS

Competitive team coaches must notify the treasure of monies received within 24 hours and have the monies to the treasure for deposit within 72 hours. All comp teams are required to maintain a minimum of a \$300 balance in their team accounts during the season. Prior board approval is required for all fundraising.

The first teams to play on any given field are responsible for preparing the field for play. The league officials will insure that the fields are properly lined. THE COACHES ARE TO ENSURE THAT THE GOAL NETS ARE PUT UP PROPERLY AND THE CORNER FLAGS ARE CORRECTLY PLACED. Trashcans are to be located at each side of the fields. The first teams of the day, must be on the field at least 30 minutes prior to game time. Referees have been instructed to signal the start of the game as scheduled. Play will begin ONLY when the field is ready and time elapsed from the beginning whistle will not be made up. The last teams to play will take down the nets and return them to the registration table along with the corner flags. Each team is responsible for removing all trash from the field after each game. HOWEVER, it is the responsibility of the last teams that played on that field, to insure that the field is completely clean and all trash has been removed. Coaches are responsible for the cleanliness of their sideline, upon completion of their game. If found in violation, the offending team will forfeit their next game.

Player Passes

- 1. All Players and Team Officials (e.g. Coaches, Assistant Coaches, Team Managers & Team Assistants) must have a US Youth Soccer Member Pass stamped with the official District Registrar "seal" for all teams that are participating in Inter-League or Inter-District play.
- 2. All Team Officials must have a US Youth Soccer Member Pass highlighted on the edges of the pass with the approved highlighter color designated by the District.
- 3. A current photograph showing the player's appropriate age **MUST** be used.
- 4. Photograph should be approximately 1" by 1-1/2."
- 5. No sunglasses or hats are allowed in the photographs. The face should be clearly visible.
- 6. Passes **MUST** be completely laminated in plastic with no open ends or sides (PIM88-4).

