

ROAD TO HOPE NEWS

The Road To Hope Inc.

Upcoming Events:

Mondays:

7:00 p.m. Ladies Lead Meeting

Wednesdays:

8:00 p.m. Men's Big Book Meeting

Thursdays:

12:00 p.m. 12 x 12 meeting

&

8:00 p.m. Open Lead Meeting

'Sharing The Journey'

Fridays:

8:00 p.m. Open Lead Meeting -

Elyria Friday Night

May 7, 2016 - 8th Annual Spring Fling

June 18, 2016 - Annual 5K/1Mile Walk

July 9, 2016 - RTH Day at the Crushers

August 20, 2016 - Road to Hope Golf Outing



April, 2016

Volume 6, Issue 6

Board of Directors:

- **President - Andrew Kaizer**
- **Vice President - Bud Yost**
- **Treasurer - Gene T. Cummings**
- **Secretary - Ken Dunbrook**
- **Trustee - Larry Karkoff**
- **Trustee - Brandon Oliver**
- **Trustee - Dr. David Knox**
- **Trustee - Rachel Minney**
- **Trustee - Kathy Rednour**

Executive Director:

- **Jeffrey Kamms**

Women's Director:

- **Carol LaVallee**

Resident Coordinator:

- **Anthony Thigpen**

Office Manager

- **Kristina Kamms**



The Road To Hope Inc.

158 Irondale

Elyria, Ohio 44035

Ph: (440) 309-4284

www.road-to-hope.org

Like us on Facebook !!!!



The Road To A Happy Destiny:

Treatment centers are wonderful places. What a great decision it is for someone like me, or anyone struggling with chemical dependency to begin a journey into a new life, free from addiction. Safe, medical detoxification and a bubble wrapped environment allowed me to focus on getting healthy and cleared my head long enough to get introduced to AA and the Twelve Steps.

When it was coming time to leave my treatment center, I was scared. I would never admit that to you, but I was. I know that all the chaos and troubles that I got to set down for the 46 days were waiting for me at the door. And I knew that my way to deal with those pressures would lead me back to my addiction (alcohol, in my case). I did a bit of research with the help of staff and found the Road to Hope with recommendation from the staff. And what a blessing it has been for me!

I came directly from treatment to Road to Hope in September 2014. It was here that I was given the ability to sort out my life with a constant blanket of sober support around me. I was able to sort out many trouble spots and deal with some rough patches within my life with focus and commitment to sobriety. The fiercely caring staff of the Road to Hope was there to guide me, and give me correct suggestions on how to live sober and ENJOY it! Something I never thought possible... By March of 2015, I decided to move out as I was the one who felt "ready". Truthfully, not everyone thought it was the best idea. By July of that same year, I was really struggling.

With my tail between my legs, I was lovingly urged to "come home". That's exactly what I did. I moved back, redoubling my efforts to live and take suggestions that were given to me. Not only that, I used all the tools that the Road to Hope had been offering me the whole time. Step work began right away with a renewed vigor with the help of my sponsor. I took the time to seek out and work with other alcoholics intensively and found my own niche there. I got active and in turn played an active role in the recovery of myself, as well as others. Thanks to all this and my previous experience with the Road To Hope I am back to strong, happy sobriety!

Though I moved out in January of 2016, I am anything but missing from the campus on Irondale Street. I now reside in Brunswick, but you will see me in Elyria a few nights a week staying active and doing the things the Road to Hope taught me. Working with other addicts and alcoholics, staying active and close to my sober support, and being willing to give of my time, talent and sometimes just my ear to further the efforts of the Road to Hope. This is something that will not change. I wake up today happy and free, all because of what I learned AND APPLIED here. In most cases I know how to correctly respond instead of react. And if I don't, you'd better believe I'm asking someone from Road to Hope.

I don't exactly know how to describe it. The Road to Hope either SAVED or RENEWED my life. Probably both! Today I don't hesitate to publicly talk about the miracles that are produced here. If you knew me 2 years ago, I'd bet you wouldn't quite recognize me today. And I mean that in the best possible way.

Thank you isn't enough, I'm compelled to keep close and continue to help in anyway I can. I am proud, and moreover grateful to be a part of such a wonderful cause and community.

With sincere gratitude and love,

Rob Krauss

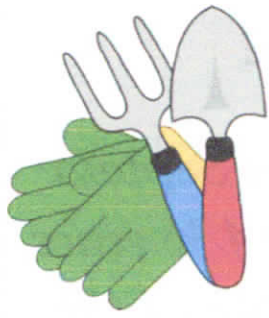
14 month resident - Road To Hope

The Road To A Happy Destiny:

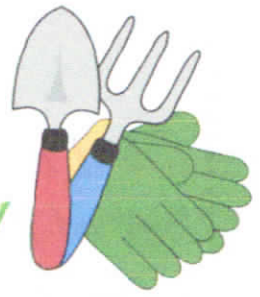
I begrudgingly came into Margeau's House in September of 2015, broken and lost. I had relapsed after 4 ½ years sober and needed a fresh start. After meeting some of the ladies and settling in, one morning I woke up to a beautiful sunrise and suddenly felt so lucky to be in such a safe and supportive environment. This is after struggling with the belief that I could "do this on my own." Then, with the help and unconditional love of my fellow residents and the staff as well as many women in the AA community, I began my new journey of personal growth and forgiveness.

I cannot begin to express the gratitude I feel for the entire Road To Hope community. I have been back home for almost two months now and feel well-equipped with the tools of recovery that have been so freely given from the undying support of those affiliated with Road To Hope and the recovery community around Lorain County. I have a home group and take an AA meeting into the local jail. New career opportunities are on the horizon and I thank God for the opportunity to have a new lease on life and to become the kind of mother, sister, fiancée, daughter, and friend that I have always aspired to be.

Tanya



*The nice weather is approaching...
& with that comes a lot of yard cleanup!!*

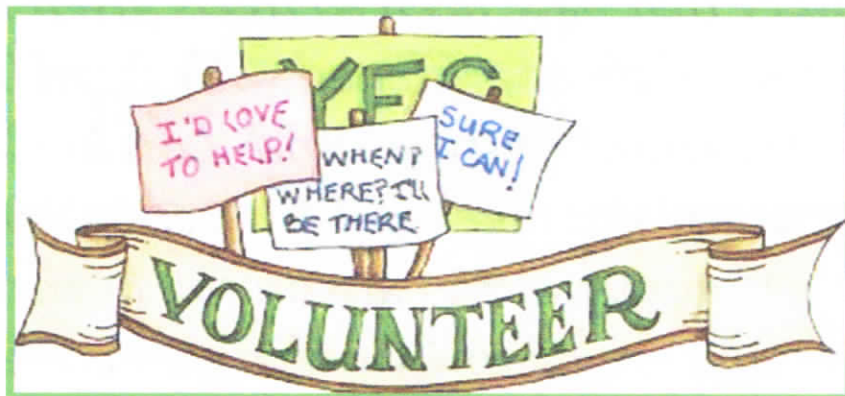


We encourage our residents to do volunteer work!

If you or anyone you know is elderly, needs assistance, has a medical condition or a disability and/or is in need of some help with yard clean up, mowing, weeding, pruning or painting, repairs, etc...

Please let us know we'd be happy to help!!

Call the office @ **(440) 309-4284**
to schedule a day and time!!



*This is strictly a volunteer program -
- please do not pay the volunteers!!*



Items Needed

- Twin sheets (*new*)
- Twin comforters (*new*)
- Pillows (*new*)
- Bath towels, hand towels, & wash cloths (*new*)
- Pillow cases (*new*)
- Personal care products: *shampoo, conditioner, toothpaste, tooth brushes, deodorant (men & women)*
- Disposable razors (*men & women*)
- Women's feminine products
- Laundry detergent & dryer sheets
- Cleaning supplies: *Hardwood floor cleaner, kitchen & bathroom cleaner, Clorox wipes, Lysol disinfectant spray, dish soap, bleach*
- Light bulbs
- Paper products: *Paper towels, Kleenex*
- Septic safe toilet paper, garbage bags (*13 & 33gal*)
- *Vacuums* *Always needed!!*



ROAD TO HOPE

8TH ANNUAL SPRING FLING

SATURDAY, MAY 7, 2016

ST. FRANCES CABRINI PARISH

2143 HOMEWOOD DRIVE, LORAIN (@ CORNER OF 57)

\$10 PER PERSON / 5 & UNDER FREE

*** \$15 / TICKET DAY OF ***

STARTS @ 12:00PM, DINNER @ 3:00PM,

DUAL LEAD @ 5:00PM

FOOD, MUSIC, RAFFLES, GAMES



Bring a cleaning supply item or a personal care item
to get entered into a special drawing!!!!

For more information & tickets call:

Tony Thigpen @ (440) 387-8387 or the office @ (440) 309-4284

ROAD TO HOPE ANNUAL 5K RUN/1 MILE WALK



**Lorain County Community College
1005 Abbe Road North, Elyria Ohio 44035**

JUNE 18, 2016

***\$25 pre-registration/\$30 day of**

***Check-in starts @ 8:00am - - - Race will begin @ 9:00am**

***Fee includes: T-Shirt for all pre-registered runners, refreshments,
trophy to top finishers & medals to all finishers!!**

***Register by mail & pay via check payable to Road to Hope,
or go to: www.road-to-hope.org to register & pay on-line!**

Can't race???

NO PROBLEM!!!

You can be a sponsor for the event!!!

Gold sponsor: \$1,000- 4x5 Ad on t-shirt

Silver sponsor: \$500- Business card on t-shirt

Bronze sponsor: \$100- Name on Event Banner

Call the office (440)309-4284 for more details and to become a sponsor!!!!



As you shop and spend on Amazon, please consider the following - **it costs you nothing!**

By registering for Amazon Smile (*see link below*) you can support The Road to Hope:

Amazon will donate 0.5% of the price of your eligible Amazon Smile purchases to The Road To Hope House Inc. whenever you shop on Amazon Smile.

Your consideration and simple sign-up/participation may mean a new opportunity for a man or woman in need. Please also pass this along to friends & family that shop on-line...

Your Amazon account will be the same. Simply log in through Amazon Smile, select **The Road to Hope, Inc.** as your organization and shop as usual.

Start your shopping at:

smile.amazon.com

or, for more info, visit:

<http://www.road-to-hope.org/home-1.html>

We thank you, so very much!
The Road to Hope, Inc.