



# ODE CNP CACFP Menu Form



**April 11-15, 2022**

**Sponsor name/site name** Gentog Menu C 2022

**Month and Year** \_\_\_\_\_

Meal Patterns	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> <ul style="list-style-type: none"> <li>Grains, or meat/meat alternate (no more than 3 times per week)</li> <li>Vegetables or Fruits</li> <li>Fluid Milk</li> <li>Other Foods</li> </ul>	Scrambled Eggs Toast (WW) Pears Whole or 1% Milk	Yogurt w/granola Toast (WW) Peaches Whole or 1% Milk	Orange Rolls Cheerios Fruit Cocktail Whole or 1% Milk	Sandwich – (WW) English Muffin w/Sausage Applesauce Whole or 1% Milk	Cereal Toast (WW) Pineapple Whole or 1% Milk
<b>AM Snack</b> (Select two of these five components) <ul style="list-style-type: none"> <li>Fluid Milk</li> <li>Meat or meat alternate</li> <li>Vegetables</li> <li>Fruits</li> <li>Grains</li> </ul>	Hard Boiled Egg Club Crackers	English Muffins Melted Cheese	Ritz Crackers Sliced Cheddar Cheese	String Cheese Pineapple	Yogurt Peaches
<b>Lunch</b> <ul style="list-style-type: none"> <li>Fluid Milk</li> <li>Meat or meat alternate</li> <li>Vegetables</li> <li>Fruits/Veg</li> <li>Grains</li> <li>Other Foods</li> </ul>	Pork Tenderloin Scalloped Potatoes Carrots & Peas Bread Mandarin Oranges Whole or 1% Milk	Cheeseburgers (Meat, Cheese, Lettuce & Tomatoes) French Fries Peas Pear Slices Whole or 1% Milk	Pancakes Scrambled Eggs Sausage Links Hash Browns Applesauce Whole or 1% Milk	Chicken Pot Pie Casserole w/Mixed Vegetables (HM) Bread (WG) Fruit Cocktail Whole or 1% Milk	Hamburger Tacos/Taco Salad Corn Corn Chips (WG) Refried Beans Peaches Whole or 1% Milk
<b>PM Snack</b> (Select two of these five components) <ul style="list-style-type: none"> <li>Fluid Milk</li> <li>Meat or meat alternate</li> <li>Vegetables</li> <li>Fruits</li> <li>Grains</li> </ul>	Sliced Apples Cheese Slices	Rice Cakes Orange Slices	Teddy Grahams Whole or 1% Milk	Bananas Graham Crackers	Ritz Crackers Cheddar Cheese Slices

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.