



# Noreen's Kitchen

## Salt Free

### Seafood Seasoning Blend

#### Ingredients

2 tablespoons ground bay leaf	1 tablespoon white pepper
2 tablespoons ground celery seed	1 tablespoon ground ginger
2 tablespoons dried parsley	1 teaspoon ground cinnamon
2 tablespoons sweet paprika	1 teaspoon ground nutmeg
2 tablespoons smoked paprika	1 teaspoon ground cloves
2 tablespoons lemon juice powder (true lemon)	1 teaspoon ground allspice
1 tablespoon crushed red pepper flakes	1 teaspoon ground mace
1 tablespoon dry mustard	1 teaspoon ground cardamom
1 tablespoon dried thyme	1 teaspoon ground coriander
1 tablespoon ground black pepper	

#### Step by Step Instructions

Place all ingredients into a pint jar. Place the lid on tightly and shake well.

Shake before each use.

Sprinkle liberally on all seafood dishes. Great for crab and shrimp boils as well as sprinkling on broiled fish and all seafood.

**ENJOY!**