



PARISH OF OUR MOTHER OF PERPETUAL HELP
Redemptorist Community
Rev Fr Patrick Massang, C.Ss.R. (Parish Priest)
Rev Fr Philip Lai, C.Ss.R. (Assistant Parish Priest)

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ATTENDING MASSES IN O.M.P.H. IPOH ONLY OMPH PARISHIONERS (citizens & non-citizens) and those serving in OMPH ministries are allowed to attend weekday and weekend masses at OMPH church.

WEEKDAY MASSES (Mondays till Fridays) will be in English at 6.30 am. (if falls on public holiday, Mass will be at 8 am)

WEEKEND MASSES (Saturdays **6 pm**) & Sundays (8am & 11 am)
 > Pre-registration with ministry/BEC heads or parish office. Attendance will be based on rostering exercise on first come first serve basis.
 > Please come 30-45 minutes earlier before Mass starts for attendance marking, temperature taking and checking in with MySejahtera App. Government SOPs apply.

LIGUORI BOOKSHOP
 In view of the rising cases of Covid-19 around Ipoh Gdn., we the Bookshop group have unanimously decided to close the bookshop for now until further notice.

ASCENSION THURSDAY – 13 May 2021.
Mass at 8.00 a.m & 6.00 p.m (E)
Tamil Mass at 11 a.m.
 > **Pre-registration** with ministry/BEC heads or parish office. Attendance will be based on rostering exercise on first come first serve basis.
 > Please come 30-45 minutes earlier before Mass starts for attendance marking, temperature taking and checking in with MySejahtera App. Government SOPs apply.

PENTECOST 2021 – Spirit of Hope
Pre-registration required for Pentecost sunset mass – Sat 22 May @ 6 pm
 Pentecost sunday mass – Sun 23 May @ 8 am

All are welcome to participate in our **PENTECOST VIGIL PRAYERS** held on – Sat. 22 May, 2021 from 8.30pm – 10.00pm
 NO need to pre-register.
 Check-in with MySejahtera between 8.00 p.m to 8.25p.m.
 All Government SOPs apply.

NEW-INTAKE (2021-2022) for "ADULTS ENQUIRY TO THE CATHOLIC FAITH"
 The RCIA (**Rite of Christian Initiation of Adults**)
 If you know of friends who are interested in making enquiry into the Catholic Faith, please register now at the parish office (055458220). Sessions will be held in English, Mandarin & Tamil on 1st week of July.

(food for thought) (Bulletin 9 May 2021)
 Gospel: John 15:9-17.

"Remain in my Love"

By commanding us to love, Jesus asks us to become instruments of something we didn't fully expect and of something we can never fully understand. On our journey we meet many ordinary people we simply don't take to. We do meet people who have deeply hurt us. We do meet people who we actively dislike. That's the journey we are taking.

The message of Jesus is quite simple: Love God and love each other. There is no need for us to refine, redefine or wrap this message with our own theological concepts of what He was talking about.

This Love should be a fire that consumes us, one that leaves us looking for more ways to love. There are no rules and regulations for this love. It is God's Spirit that enables us to experience God's love and then find ways we can best express it to others.

The message remains, and the challenge is still before us: remain in my love, stay with me...learn from me. The possibilities are many and we will each have to find our own way to "remain" in Christ's love. But this is the work to which we are called. This is the kingdom that this risen Jesus invites us to experience.

