



May 2021

Plant-Sourced Dining Outreach



7-8:30 pm ET / 4-5:30 PT

UPCOMING MEETUP w/Q&A



MAY. 21, Friday:
Interfaith Vegan
Coalition with
Lisa Levinson,
co-founder.

"The guiding ideals of most traditions are nonviolence and loving kindness. We work with all faith and secular-wisdom traditions to help them practice those ideals towards all animals."

More Virtual Meetups Scheduled
Dynamic Speakers • Exciting Topics

REGISTER

More Info, Dates, Topics

REPLAYS & SUMMARIES

- Healthy Nutrition w/ Dr. Klaper
- Food Justice w/ Jacque Salomon
- Vegan Athletes w/Ellen Jaffee Jones
- Kids, Families & Living Plant-Based/
Vegan w/ Heather Brice
- Coalition for Healthy School Food
w/ Ami Hamlin
- Healing Powers of Empathy &
Compassion w/ Don Robertson



Delicious, entirely plant-sourced/vegan foods sold at farmer's markets. Prepared by Nancy Poznak, BotaniCuisine founder and licensed chef, in a professional kitchen. One or more foods at a market:

- Quiche (w/ vegan "Just Egg")
- "Crab" Cakes w/ Bacon
GF option, limited quantity.
- Sausage, veggies, cheese wrapped
in pastry (*not GF*)
- Chocolate Truffles. *GF*
- Sweet 'N Nutty popcorn squares. *GF*
- Pumpkin Spice Muffins.
GF option, pre-order. Minimum six.

**GF is gluten-free

Visit Us at These Markets

Free literature, chats, and smiles.

ROTUNDA

Tuesdays, 11 – 2. May 18 – Oct. 26
711 W. 40th St, Baltimore 21211
Free parking, four hours.

DRUID HILL

Wednesdays, 3:30 – 7:30. June – Oct.
3100 Swann Dr., Baltimore 21217

B&O RAILROAD MUSEUM

Thursdays, 4 – 7 pm. May – Sept.
901 W. Pratt St., Baltimore 21223
May 6, 13, 20, 27 then ea. other week:
June 3, 17 • July 1, 15, 29
Aug. 12, 26 • Sept. 9, 23

FELLS POINT

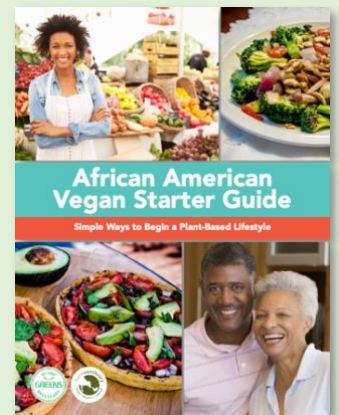
Saturdays, 8 am – 12:30 pm. May – Sept.
800 S. Broadway, Baltimore 21231
May 15, 29 • June 12, 26 • July 10, 24
Aug. 7, 21 • Sept. 4, 15

Afro-Vegan Society

Afro-Vegan Society is a national, nonprofit organization with a mission to provide resources and support to help people in marginalized communities transition to vegan living.

African-American Vegan Starter Guide

This guide is equally beneficial for everyone, regardless of ethnicity.



Peaceful Fields Animal Sanctuary

Virtual Tour

Sunday, June 21
2-3:30 pm EDT

Facebook Live

"Join a tour of our vegan rescue and sanctuary for farmed animals from the comfort and convenience of your home! Learn about the mission of Peaceful Fields Sanctuary, hear the stories of many of the rescued animal residents, and explore ways you can partner with us to save lives