

— September 2025 —

# APLC Day School Newsletter



Director:  
Alejandra Kleinert



## CALENDAR DATES

**\*BOARD MEETING  
SEPT. 4**

**\*FIRST DAYS OF  
CHAPEL**

**SEPT. 9 & 10**

**\*WILLIE'S FUNDRAISER  
SEPT. 16**

**\*PARENT COFFEE  
SEPT. 18**

**\*BOARD MEETING  
OCT. 2**

**\*FIRE TRUCK VISIT  
OCT 7**

## Welcome Back To School

Welcome to a brand new year at APLC Day School! We are so excited to have you and your family join us as we begin another journey of learning, growth, and joy. Together, we look forward to creating a nurturing and inspiring environment where every child can thrive. With your partnership and support, we are confident this will be our best year yet!

*We are working hard to get to know all the new families of APLC. Please help us out by identifying yourself when you come into the office with a question or concern. Thanks so much for your cooperation.*

## Parent Coffee Gathering

Join us for our first Parent Coffee Gathering on Tuesday, September 18— right after drop-off in the gym. Come by and enjoy some food, fellowship and fun! If you are new to APLC—stop by and meet a new friend!

## Chapel Notes

Welcome back to another wonderful year at Chapel! I am so excited to see the children's smiling faces and to share this special time together. I'm sure they'll be ready to sing and sign with joy and enthusiasm!

Mrs. Barnes



## Parent Communicators

We have Parent Communicators for each class that will begin sending emails each week with reminders and other important information in your child's class and school-wide. They will send a test email first to confirm your email address—so please respond promptly! The Parent Communicators for this year are:

**PreK-2 class**—Kyle Jewasko (Collier's mom)

**PreK-3 class**—Ashley Ward (Donovan's mom)

**PreK-4/5 class**—Ayrui Moos (Apolo's mom)

Many thanks to these volunteers for taking on this very important job!

### *A quote from Fred Rogers:*

*When I was a boy and I would see scary things in the news my mother would say to me,*

**“LOOK FOR THE HELPERS.**

**You will always find people who are helping.”**

*To this day, especially in time of “disaster,” I remember my mother's words, and I am always comforted by realizing that there are still so many helpers—so many caring people in this world.*

## Snack and Lunch Ideas

As a reminder, the following foods are not allowed for children under 4 years since they present a choking hazard: hotdogs (whole or sliced), pretzels, whole grapes, spoonful of peanut butter, nuts or peanuts, raw carrots, popcorn, raw peas. Even if your child is in the PreK-3 class and turns four during the year—you must refrain from sending these foods since all the children have not turned four years old.

Check out the bulletin board as you pick up your child for some good suggestions for lunch and snack. A former parent of APLC, Erin Chase, has a website called **5dollarinnners.com** with fresh ideas for lunches.





# Community Events, Parenting Tips and Resources

## APLC Church Activities

Come join us for  
**Wonderful  
Wednesdays**

Pizza & Salad Dinner is  
served 5:30 – 6:30 pm  
\*Nursery Care is available  
from 5:30 – 8:30 pm\*

Activities for all ages:  
**Cherub choir** for ages 3  
through 1st grade  
**Chapel choir** for grades 2-  
5th  
**Youth handbells** for 6th  
grade and up.  
**Buzz session** for high  
school  
**Confirmation classes**  
**Sanctuary choir**

### MEDITATIVE ART CLASS

Sundays, Sept. 7 | 10:00 – 10:45 am |  
Room 206

*This class requires no previous experience with art, just an interest and willingness to tap into your childhood creativity. Balancing a mixed media on paper style art with music and quiet moments, this class is a great way to "pray" while playing. We don't have many opportunities as adults to "play," so join us for this fun and completely stress free way to create and be with God.*



## How to Get Kids to Think for Themselves

How can we make sure that our kids are doing their fair share of the thinking? How can we keep ourselves from getting pulled into working harder on their lives than they are? How can we help them become prepared for a world full of decisions and consequences?

### Replace statements with questions

This might seem like a very simple approach. However, like many of the techniques of Love and Logic, it is based on an understanding of how our brains work—and how the brains of our kids work. Some of the most powerful moments come when we empower kids by asking them what they plan to do about various situations instead of telling them what they need to do. The implied message we send says, “You are smart. You can come up with the answer.” Kids who are given this message of thinking for themselves are far more likely to succeed in school and in life.

On top of that, the human brain has a hard time ignoring the questions it hears. It wants to search for the answers– it just can't help itself. What a gift we give kids when we get them to think versus telling them what to do.

A child who is redirected with the question, “Are you sure this is the right place for that behavior?” will respond much better than the child who is told, “Stop that!” One method invites thinking, the other invites resistance and battles for control. Which do you prefer?

In either case, we are enticing young brains to do lots of thinking by simply asking questions rather than stating “how it is.” So, do your kids' brains a favor and feed them a steady diet of questions. Won't it be fun to see the smoke start rolling out of their ears?

Love and Logic, a parenting organization, began a logical collaboration with Amen Clinics, an organization focused on brain health. The integration of Love and Logic's psychological principles and technique with the powerful brain-health approach of Amen Clinics has created a synergy that can help you raise competent, resilient, and responsible kids.

This synergy can be seen in a new book, ‘Raising Mentally Strong Kids’, by Dr. Daniel Amen and Dr. Charles Fay. I highly recommend this book to all parents!



**When:** Saturday, September 6, 2025, 9:00 am - 12:00 pm

**Location:** Home Depot Locations

**Cost:** Free

Join Home Depot on the 1st Saturday of every month from 9am-12pm for a fun, free DIY activity. Kids Workshops provide a mix of skill-building, creativity, and safety for future DIYers.



Pack your curiosity and set out on an unforgettable afternoon of discovery! The Tobin Center's Annual Open House invites you to explore every corner of our campus with your very own passport to the arts. Each space offers something new to experience, from live performances and interactive activities to behind-the-scenes access and exclusive ticket discounts.

**When:** Sunday, September 7, from 2-6 PM

**Location:** Tobin Center for the Performing Arts (Multiple venues)

**Cost:** Free



Join San Antonio Parks and Recreation to celebrate National Hispanic Heritage Month and Mexican Independence Day! More than 40 students from Parks and Recreation's award-winning dance program will perform regional Mexican folklórico dances.

**When:** September 16, 2023

**Where:** Arneson River Theater, 418 Villita St  
Dances start at 11:00am

**Everyone Welcome**



[WWW.SAPARKSANDREC.COM](http://WWW.SAPARKSANDREC.COM)





*Join us for a*  
**SPIRIT NIGHT**

TO BENEFIT  
**APLC Day School**

*WHEN*

**Tuesday, September 16th**  
**ALL DAY**

*WHERE*

**San Pedro**

15801 San Pedro Avenue  
San Antonio, TX, 78232

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**APLC Day School**

& WILLIE'S WILL DONATE **15%** OF YOUR CHECK

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**PROMO CODE: SPIRITNIGHT**